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(574) 258-9568

COMMUNITY EDUCATION
Fall 2026
COURSE SCHEDULE

FALL CLASS INFORMATION

Breakfast with Santa Information and Winter Class Schedule

welcome to Lifelong Learning 4 Easy Ways to Register

See Page 18
for Detailed
Instructions

Register and pay online

- Visit the P-H-M Web Store at **phm.revtrak.net**
- Click on the “**Community Education**” button
- Select your class(es)
- Register for your class(es)
- Create an account
- Make a payment using an **eCheck, Discover, VISA, or MasterCard debit/credit card**. There is a 3.49 percent fee for using this service.
- Receive and print your receipt

Phone-In

Phone in your registration **Monday–Friday from 8 a.m.–4 p.m. to 574.258.9568**. The Community Education office is **closed from 12:30–1:30 p.m.** Please have your course name and payment information ready.

Walk-In

You may register in person at our office located in the Educational Services Center (just north of Penn), **55900 Bittersweet Road, Mishawaka, IN**. Office hours are **Monday–Friday from 8 a.m.–4 p.m.** The Community Education office is **closed from 12:30–1:30 p.m.** You can leave your registration form and payment with the receptionist during this time.

Mail-In

Fill out the registration form on page 19 and mail it with your check, money order or purchase order information. **Mail to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545.**

Payment Information

Payment must be submitted at the time of registration. You must register **BEFORE** attending a class. *Instructors DO NOT accept registrations or payments.* We accept cash, check, money order or purchase order at the Community Education office. **A \$20.00 fee will be charged for processing checks returned for insufficient funds.**

You do not need to live within the P-H-M school district to take or teach our classes.

Introduction to Personal Computers

This introductory hands-on computer class is designed for the beginning computer user who wants to acquaint themselves with personal computers and their applications. In the most basic terms you will be introduced to word processing, spreadsheets and more. You'll learn formatting, exchanging files and other basic functions. **Enrollment is limited. You will need to bring a USB flash drive to each class to save your work. This course is very helpful for those with no prior experience on a computer. Prerequisite: None. Computers are provided to use during your class time.**

Dates: Four Mondays
September 28
October 5, 12, 19

Time: 6:00 – 8:30 p.m.

Fee: \$75/\$65 senior citizens

Location: Penn High School, Room 141

Instructor: Kay Crum, experienced instructor

Intermediate Personal Computers

Know the basics, but want to learn more about how your personal computer works, then this hands-on class is for you! Learn a wide range of programs and improve your computer knowledge. This class will help you gain the confidence to move on to more complex computer programs you would like to learn. **Enrollment is limited. You will need to bring a USB flash drive to class to save your work. Prerequisite: Introduction to Personal Computers or equivalent experience. Computers are provided to use during your class time.**

Dates: Four Mondays
November 2, 9, 16, 23

Time: 6:00 – 8:30 p.m.

Fee: \$75/\$65 senior citizens

Location: Penn High School, Room 141

Instructor: Kay Crum, experienced instructor



Woodfield Mall and IKEA Bus Trip

Spend the day at the largest shopping center in the Chicagoland area. With nearly 300 of the finest stores and many restaurants you can be sure you will find exactly what you are looking for at Woodfield and then take the free trolley to the IKEA which is nearby.

Enjoy stores such as Abercrombie, Aeropostale, American Eagle, Bath & Body Works, Box Lunch, Buckle, Charlotte Russe, Coach, Crocs, Dry Goods, Eddie Bauer, Express, Hollister, JcPenney, Lego Store, Macy's, Michael Kors, Nordstrom, Pink, Sephore, The Northface, Tillys, Urban Outfitters, Vans, White House/Black Market, Zumiez and more. Restaurants such as P.F. Chang's, Red Robin, The Cheesecake Factory, and many other food choices to pick from.

The bus will leave Penn promptly at 8:30 a.m. and return around 9:00 p.m. Payment for this trip must be received at the time of registration. No refunds will be given after payment is received. Please try to register prior to September 18 but seats may still be available after this date.

Date: One Saturday, October 17

Time: 8:30 a.m. – 9:00 p.m.

Fee: \$55 per person

Departure: Penn High School, north parking lot

Downtown Chicago Holiday Bus Trip

Enjoy the festive atmosphere of downtown Chicago with this fun holiday bus trip. Finish or start your shopping along Chicago's Magnificent Mile. Or simply take this opportunity to visit downtown Chicago and enjoy the festive shop windows, lights and the glitser and decor of the holiday season, all without the stress of driving or parking. The bus will drop passengers near Water Tower Place and then to Macy's on State Street and enjoy shopping there and the many stores along State Street and the Magnificent Mile.

The bus will leave Penn promptly at 8:30 a.m. and return around 9:00 p.m. Payment for this trip must be received at the time of registration. No refunds will be given after payment is received. Please try to register prior to October 16 but seats may still be available after this date.

Date: One Saturday, November 14

Time: 8:30 a.m. – 9:00 p.m.

Fee: \$55 per person

Departure: Penn High School, north parking lot

Try Scuba

October 8 is a one-night experience held before the scuba diving instruction course **for adults and children 10 years and older** who would like to try scuba. Take advantage of this exciting opportunity for finding out what scuba diving is all about.

Come to a question-answer session and video in the classroom before going to the pool area. Participants should also bring a bathing suit, towel and locker padlock to each class.

Date: One Thursday, October 8

Time: 6:30 – 9:00 p.m.

Fee: \$10

Location: Penn High School, Pool

Instructor: Michiana Scuba, certified instructor



Scuba Diving Instruction

Scuba diving is fun and easy to learn and anyone in good health, reasonably fit and comfortable in the water can learn to dive. **Adults and children 10 years and older may take this course.** Course is the PADI OPEN WATER COURSE, the first level of scuba certification and your entry into the adventure of the underwater world. Course includes academics, diving in the pool where skill development will take place and actual scuba diving in an open water environment. **The course is performance based, so you will have as much time as needed for skill development.**

The academic portion begins when you are ready, so through self study you will be able to learn at your own pace. Study materials include your student kit consisting of a book. **Due to the course format it is required that you contact the dive facility PRIOR to the start of class** to ensure that all students have the proper study materials and paperwork. Course fee includes everything a student diver will need except personal equipment. **Personal equipment is mask, fins, snorkel and booties. Participants should also bring a bathing suit, towel and locker padlock to each class. After registering and paying for the class, you must call Michiana Scuba at 574.264.3528.**

Dates: Two Thursdays & Two Tuesdays
November 10, 12, 17, 19

Time: 6:30 p.m. – 9:30 p.m.

Fee: \$300 (includes study materials)

Location: Penn High School, Room 163 and Pool

Instructor: Michiana Scuba, certified instructor



Register and pay online at
phm.revtrak.net

Basic Fundamentals of the Golf Swing

This class teaches the basics, which will help you with the proper grip, stance and swing. You will enjoy learning the fundamentals of the sport and also learn how to improve your game. Whether you're a beginner or an experienced golfer who just wants to take a few strokes off his/her game, this class will suit your needs. Discussion will be held during class on some necessary and optional equipment needs.

*The first class will last 90 minutes. All other classes will be 60 minutes in length. **Driver only is required.** For those without clubs, Michiana Golf can supply you with the necessary equipment. **Class is designed for adults and children 16 years and older.***

Dates: Five Mondays
September 28
October 5, 12, 19, 26
Time: 6:00 – 7:00 p.m.
Fee: \$90
Location: Michiana Golf Academy
1915 N. Merrifield, Mishawaka, IN
Instructor: Don Wiseman, GSED

Scoring Shots

Mastering the short game is one of the most challenging aspects of golf. Join Don for a five-week course on chipping, putting, lob shots and sand shots. ***This program is intended for anyone, beginner or experienced, who is looking to improve their game. Please bring putter, pitching wedge and 7 iron to class.*** For those without clubs, Michiana Golf can supply you with the necessary equipment. **Class is designed for adults and children 16 years and older.**

Dates: Five Thursdays
October 1, 8, 15, 22, 29
Time: 6:00 – 7:00 p.m.
Fee: \$90
Location: Michiana Golf Academy
1915 N. Merrifield, Mishawaka, IN
Instructor: Don Wiseman, GSED

Cardio Drumming at Bittersweet

Cardio drumming combines dance and rhythm for fun, high-energy workouts, which can be described as a combination of drum line and modern dance. Unlike many other workout activities, cardio drumming never gets dull. In addition to hitting the ball in syncopation, you click the sticks in the air, jump and run in place and many other moves you will replicate in all different types of songs and genre'. All fitness levels are welcome. If you are not able to stand for long periods of time, you can also drum sitting down.

Participants should bring (a 65-75cm) fitness ball, a (16-24 gallon) bucket and drumsticks to each class. Also bring a water bottle and wear comfortable athletic clothing and athletic shoes. Class is designed for adults and children 13 years and older may enroll with an adult. Class meets two nights a week for a total of 21 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 10/21, 10/26, 11/25

Dates: Twenty-one Mondays/Wednesdays
September 28, 30
October 5, 7, 12, 14, 19, 28
November 2, 4, 9, 11, 16, 18, 23, 30
December 2, 7, 9, 14, 16
Time: 6:15 – 7:15 p.m.
Fee: \$60
Location: Bittersweet Elementary School, Gym
Instructor: Cheryl Burnett, experienced fitness instructor

Zumba at Elm Road-Will be back in the Spring!

Mindful Movement at Elm Road

Mindful movement is a fusion of yoga and Pilates that focuses on body awareness, mobility, flexibility, and relaxation. This class will focus on breathing techniques, core strengthening and overall flexibility. A great fitness program with easy to follow moves you will be able to follow easily.

Participants should bring a water bottle, towel, mat, and wear comfortable clothing and athletic shoes with low tread to each class. Instructor may ask you to bring other props you may need to help you in some of the poses ie: straps, block or bolsters. Class is designed for adults and children 15 years and older. Class meets one night a week for a total of 10 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 10/8, 11/26

Dates: Ten Thursdays
October 1, 15, 22, 29
November 5, 12, 19
December 3, 10, 17
Time: 6:15 – 7:15 p.m.
Fee: \$45
Location: Elm Road Elementary School, Gym
Instructor: Nicole DeWitt, certified instructor

Kettlebells at Elsie Rogers

Learn how to use a kettlebell and what a kettlebell can do for you and what muscles it works. You'll also learn to use other fitness equipment and techniques. Kettlebells work the whole body and also the core to build a strong midsection. Whether you want to increase lean muscle mass, tone up your muscles, or lose weight you can increase your overall fitness and burn up a lot of calories doing hard intensity workouts and see quick results. Does not stress the joints while providing both cardio and strength training.



Register and pay online at
phm.revtrak.net

Participants should bring a water bottle, towel and wear comfortable clothing and athletic shoes to each class as kettlebells are provided. Class is designed for adults and children 16 years and older. Class meets one night a week for a total of 9 classes. Class is not held on a few dates due to school closings or prior scheduled events. No class on 10/20, 11/3

Dates: Nine Tuesdays
October 6, 13, 27
November 10, 17, 24
December 1, 8, 15

Time: 6:15 – 7:15 p.m.

Fee: \$40

Location: Elsie Rogers Elementary School, Gym

Instructor: Julie Dozier, certified instructor

Kettlebell Step at Elsie Rogers

A kettlebell step class combines the high-energy movements of step aerobics with the functional strength training of kettlebells. It's a dynamic workout that includes stepping up and down on a platform, combined with kettlebell exercises like swings, squats, and rows to provide a full-body workout. Improves cardiovascular fitness, strength and coordination. All fitness levels are welcome.

Participants should bring a water bottle, towel and wear comfortable clothing and athletic shoes to each class as kettlebells and steps are provided. Class is designed for adults and children 16 years and older. Class meets one night a week for a total of 8 classes. Class is not held on a few dates due to school closings or prior scheduled events. No class on 11/19, 11/26

Dates: Eight Thursdays
October 8, 15, 22, 29
November 5, 12
December 3, 10

Time: 6:15 – 7:15 p.m.

Fee: \$35

Location: Elsie Rogers Elementary School, Gym

Instructor: Julie Dozier, certified instructor

Yoga at Northpoint

Learn yoga fundamentals emphasizing breathing techniques and postures. You will learn the fundamentals of mindful breathing, proper postural alignment to build strength and flexibility, stress reduction and relaxation. Learn how yoga props, such as blocks can help modify poses to accommodate individual needs and abilities. The class is designed for all fitness levels and body types.

Participants should bring a yoga mat, yoga strap, blanket or towel, and a water bottle and wear comfortable clothing and athletic shoes to each class. Class is designed for adults and children 16 years and older. Class meets two nights a week for a total of 19 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 10/21, 10/26, 11/2, 11/25, 12/9

Dates: Nineteen Mondays/Wednesdays
September 28, 30
October 5, 7, 12, 14, 19, 28
November 4, 9, 11, 16, 18, 23, 30
December 2, 7, 14, 16

Time: 6:15 – 7:15 p.m.

Fee: \$55

Location: Northpoint Elementary School, Gym

Instructor: Lauren Plennert and Valli Raman, certified instructors

Water Aerobics/Aqua Groove at Penn

This fun water exercise class focuses on both cardiovascular and strength benefits. Whether you're trying to maintain your current level of fitness or reach a new level, the benefit of training in water makes our aqua workouts safe without impact to the joints. Even people who suffer from arthritis may want to give this class a try!

Class may use resistance tools that include water weights and noodles. Because of their low-impact format, aqua aerobics classes are suitable for every fitness level and is a very popular way to exercise for seniors, people who are overweight and those who are recovering from injury.

Participants should bring a water bottle and a locker padlock. Water shoes/water belt are optional. Class is designed for adults, and children 12 years and older may enroll with an adult. Class meets two nights a week for a total of 20 classes. Class is not held on a few dates due to school closings or prior scheduled events. Locker rooms should be open at 7:30 p.m. No classes on 11/26, 12/3

Dates: Twenty Tuesdays/Thursdays
September 29
October 1, 6, 8, 13, 15, 20, 22, 27, 29
November 3, 5, 10, 12, 17, 19, 24
December 1, 8, 10

Time: 7:45 – 8:40 p.m.

Fee: \$65/\$60 for senior citizens

Location: Penn High School, Pool

Instructor: Nicci DeWitt, certified instructor

PLYOGA Fitness at Prairie Vista

Are you looking for a fun new workout? PLYOGA might be just for you! PLYOGA is a 4-part interval training system that uses the benefits of fundamental and accelerated yoga as an active recovery for plyometric (reactive) movement. Accelerating, strengthening and stabilizing your fitness at any level. Achieve more balance and flexibility using no equipment that can be done anywhere. Is suitable for people of all ages and fitness levels, from beginners to athletes.

Participants should bring a yoga mat, water bottle and wear comfortable clothing and athletic shoes with low tread to each class. Class is designed for adults and children 15 years and older. Class meets one night a week for a total of 10

classes. Class is not held on a few dates due to school closings or prior scheduled events. No class on 10/26, 11/2

Dates: Ten Mondays
September 28
October 5, 12, 19
November 9, 16, 23, 30
December 7, 14

Time: 6:30 – 7:30 p.m.

Fee: \$45

Location: Prairie Vista Elementary School, Gym

Instructor: Cameron Lykowski, certified instructor

Zumba at Prairie Vista

Zumba is a Latin-inspired dance-based fitness program that combines cardio and international music designed to help you dance your way fit! With dance moves set to upbeat music that encourages participants to move to the beat while getting a great work out and having fun too. Class is suitable to people of all ages and fitness levels, and can target the core, legs and glutes.

Participants should bring a water bottle and wear comfortable clothing and athletic shoes with low tread to each class. Class is designed for adults and children 15 years and older. Class meets one night a week for a total of 11 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 10/21, 11/25

Dates: Ten Wednesdays
September 30
October 7, 14, 28
November 4, 11, 18
December 2, 9, 16

Time: 6:30 – 7:30 p.m.

Fee: \$45

Location: Prairie Vista Elementary School, Gym

Instructor: Cameron Lykowski, certified instructor

Women's Self Defense

Learn about the combat mind-set of "Mama Bear" mentality in this very important class. Learn solutions to being vigilant and aware of surroundings and how to escape common grabs, choke holds, attacks and how to counter attack in order to get away. Learn where to strike specific pressure points and other vulnerable areas of the body.

Participants should wear athletic, comfortable clothing and athletic shoes. Please do not wear any jewelry to class. Bring a water bottle and small towel to each class. Class is designed for adults and children 14 years and older.

Choose one of the sessions offered.

Dates: **SESSION 1**— One Thursday, October 1
SESSION 2— One Thursday, December 17

Time: 6:30 – 8:30 p.m.

Fee: \$20 (per class session)

Location: Elsie Rogers Elementary School, Gym

Instructor: Jim Niedbalski, Policeman, experienced instructor

Low Carb & Keto Snacks

Staying low carb is a challenge I know all too well. Come learn to make some of Amy's favorites that can keep you sated and content with your Keto journey. You will learn to make seed crackers, Cheese-its, pumpkin pie, sesame crackers, no bake like cheesecake bites everything bagel cheese crackers and more.

All materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.

Dates: One Tuesday, September 29

Time: 6:30 – 8:30 p.m.

Fee: \$25

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

new!

Potato Soup

Potatoes are a versatile starch that can be made into soups loaded with yummys or left simple and even vegetarian. Come learn some of Amy's favorite ways to make them into a soup such as loaded baked potato, chunky corn chowder, sweet potato jalapeno, creamy crockpot potato and a pureed potato soup.

All materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.

Dates: One Tuesday, October 13

Time: 6:30 – 8:30 p.m.

Fee: \$25

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

new!

Potluck Salads

Sure the premade salads at the store are easy to pick up, but they can be loaded with sugar and other hidden ingredients. Come make some of Amy's favorites that stand the test of time. Italian & creamy pasta, potato, broccoli, cauliflower, tuna with a twist, basic chicken and creamy egg salad. These can be a meal, a sandwich, a dip or eaten as a side.

All materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.

Dates: One Tuesday, October 20

Time: 6:30 – 8:30 p.m.

Fee: \$25

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

new!

Arroz, Frijoles & Esquites

Come learn how the restaurants do it! Pinto, black & charro beans, red and green rice along with various types of street corn recipes.

Tacos & Quesadillas

Steak, ground beef, tinga chicken and scratch chorizo all seasoned and eaten as a taco or stuffed into a quesadilla.

You will also make toppings that will include salsa, crema and guacamole.

All materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.

Dates: 2 classes-One Tuesday, October 27 and One Thursday, October 29

Time: 6:30 – 8:30 p.m.

Fee: \$45

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

new!

Mexican Entrees

Learn to make sauces and complete meals of Enchiladas, Chilaquiles and Flautas an traditional fillings which will include potatoes and chicken and cheeses.

Chile Rellenos & Al Pastor

These will be roasted, stuffed and then an fried poblano chiles with fresh salsa, served on handmade tortillas you will make in the class. Learn techniques for making corn and flour tortillas by hand and eat with fresh Al Pastor.

All materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.

Dates: 2 classes-One Thursday, November 5 and One Tuesday, November 10

Time: 6:30 – 8:30 p.m.

Fee: \$45

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

new!

Holiday Sides

In this hands-on class you will learn to make some classic holiday side dishes, just like Grandma use to make. Real mashed potatoes, gravy from scratch, fresh stuffing, corn casserole, green bean casserole (no cans or soup allowed!) and then learn how to make fresh cranberry sauce too.

All materials are included. Classes are designed for adults and children 16 years and older may enroll with an adult.

Dates: 2 classes-One Tuesday, November 17 and One Thursday, November 19

Time: 6:30 – 8:30 p.m.

Fee: \$45

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

Quick Breads

It will be holiday season soon and nothing is yummier than homemade quick breads. Learn different techniques and baking options for blueberry, cranberry, banana and other breads and muffins.

All materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.

Dates: One Tuesday, December 1

Time: 6:30 – 8:30 p.m.

Fee: \$25

new!

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

Gravy & Fixins

Want to learn in this hands-on class how to make some tasty gravies to go with any meat, pasta or potatoes.

Caramelized onion, creamy mushroom, savory garlic and herb, sausage gravy and biscuits, beef and chicken stroganoff and other simple brown gravy and mashed potatoes for all of them. Class will also cover some specials diets, how to make vegan, dairy free, keto and gluten free and others.

All materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.

Dates: One Tuesday, December 8

Time: 6:30 – 8:30 p.m.

Fee: \$25

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

Broth Soups

Come learn in this fun hands-on class how to make tortilla soup, roasted garlic soup, French onion and beef barley soups. Also, lest we not forget a hearty chicken noodle soup.

All materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.

Dates: One Tuesday, December 15

Time: 6:30 – 8:30 p.m.

Fee: \$25

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

new!

Cake Decorating

Want to learn to make beautiful cakes from a trained pastry chef? Come learn in this fun class some tricks on how to fill and decorate cakes like a professional! You will learn valuable skills and tips and what tools you will need and recipes will be shared.

Materials list will be shared before first class. Class is designed for adults and children 13 years and older may enroll with an adult.

Dates: Four Mondays
September 28
October 5, 12, 19

Time: 6:30 – 7:30 p.m.

Fee: \$45

Location: Penn High School, Room 134

Instructor: Anne Johnson, experienced Pastry Chef

new!



Register and pay online at
phm.revtrak.net

Fishing for Salmon on the Great Lakes

This class is designed for adults who would like to learn the art of salmon fishing. Specifically the types and colors of the baits used will be discussed. How to present them and what colors are best during the day. Will also cover how to use them in multi rod spread from your boat. Class is designed to cover the basics in these areas and will also include safety tips on the Great Lakes. *Class is designed for adults and children 16 years and older may enroll with an adult.*

Dates: Two Mondays
October 5, 12

Time: 6:30 – 8:00 p.m.

Fee: \$35

Location: Penn High School, Room 168

Instructor: Captain Jeffrey Eck, experienced instructor and Charter Captain

new!



Row by Row Quilt

You will learn the art of quilt making and the many techniques for the 8 different rows and the class will give you a good exposure in various piecing methods. Class requires a basic knowledge of sewing.

Sewing machines will be available to use during class or you may bring your own to each class. Class supplies and fabric requirements will be sent in an email by the instructor before the class starts. You will need to bring some basic sewing supplies to all the other classes: fabric, pins, scissors, thread, cutting mat and rotary cutter. Prerequisite: Basic sewing knowledge. Class meets one night a week for a total of 8 classes. Class is designed for adults and children 16 years and older may enroll with an adult.

Dates: Eight Tuesdays
September 29
October 6, 13, 20, 27
November 3, 10, 17

Time: 7:00 – 9:00 p.m.

Fee: \$55

Location: Penn High School, Room 131

Instructor: Becky Szeles, experienced instructor

new!

Chalk Creations

Join this fun workshop and make a keepsake sign or other home decor using silk screen transfers and chalk paste. Various designs will be available at each class session, so no two keepsakes will be the same. Sign up for one or both class sessions! Inspirational, seasonal and other *themes transfers will be available to use during class. Your supply fee with the instructor will be \$20 per person. Supply fee is payable to Cheryl at the class. Class is designed for adults and children 13 years and older may enroll with an adult. No experience is necessary.*

Choose one or both of the sessions offered.

Dates: **SESSION 1** — One Thursday—
October 1
SESSION 2 — One Thursday—
October 15

Time: 6:30 – 8:30 p.m.

Fee: \$15 (per class session) or \$25 for both sessions

Location: Penn High School, Room 164

Instructor: Cheryl Walsh, experienced instructor

DIY Winter Skin Soothers & Wraps

Looking for a fun way to take a break and relax? Learn about aromatherapy and make your own sugar scrub and soothing bath salt. You will create your own gift wrap so you can check a holiday present off your list too! Please Bring 2 small jars to bring your creations home.

Your supply fee with the instructor will be \$10 per person. Supply fee is payable to Elisabeth at the class. Class is designed for adults and children 16 years and older may enroll with an adult.

Date: One Wednesday, October 7

Time: 6:30 – 8:00 p.m.

Fee: \$20

Location: Penn High School, Room 134

Instructor: Elisabeth Simeri, experienced instructor

new!

Gardening for Pollinators & Wildlife

Want to make your own green space more pollinator and wildlife friendly? Come learn easy and mostly free ways you can transform even the tiniest space into a sanctuary for our animal, bird and insect friends. .

Class is designed for adults and children 16 years and older may enroll with an adult.

Date: One Wednesday, October 14

Time: 6:30 – 8:00 p.m.

Fee: \$20

Location: Penn High School, Room 134

Instructor: Elisabeth Simeri, experienced instructor

new!

Chalk Creations for Parent and Child

Join this fun parent and child workshop and make a keepsake project or wall decor using silk screen transfers and chalk paste. Various designs will be available at the class.

Themed transfers will be available to use during class. You will purchase supplies from the instructor at the class. Your supply fee with the instructor will be \$25 per 1 parent and 1 child. Additional child(ren) enrolled will have a supply fee of \$10 per child. Supply fee is payable to Cheryl at the class. Class is designed for adults and children 8 years and older enrolled together. No experience is necessary. Wear clothing that is OK to get messy or bring a paint shirt.

Date: One Thursday, November 5

Time: 6:30 – 8:00 p.m.

Fee: \$20 for 1 parent and child
\$10 for each additional child
(Additional \$20 supply fee)

Location: Penn High School, Room 164

Instructor: Cheryl Walsh, experienced instructor



Baby-Sitting Basics

This fun hands-on class is designed to prepare you for the responsibilities that come with child care. Class includes activities to keep children busy, safety, answering land line phones and the door, choking and rescue breathing, and more. You will also learn about setting fees, looking for baby-sitting jobs and common courtesies involved in baby-sitting. *Class is designed for boys and girls 11-15 years of age who are interested in baby-sitting. Students should bring a doll or stuffed animal for diaper practice skills during class.* A snack is provided. A certificate of achievement will be awarded to each student upon successful completion of all class requirements.

Date: One Saturday, October 3

Time: 8:00 a.m. – 12:30 p.m.

Fee: \$40 (Snack is provided)

Location: P-H-M Educational Services Center,
55900 Bittersweet Rd, Mishawaka, IN 46545
Use Main Front Entrance

Instructor: Linda Meeks, R.N., experienced instructor



Art Adventures for Young Children

This class is designed for younger children, *aged five to eight years old* who will be introduced to drawing and painting techniques and to the joys of making art. What could be more fun than working in a variety of media to create drawings and paintings of fun things like animals, landscapes and buildings and more. *All materials are included. Wear clothing that is OK to get messy or bring a paint shirt.*

Dates: Three Tuesdays

September 29

October 6, 13

Time: 6:10 – 7:10 p.m.

Fee: \$40 (supplies included)

Location: Bittersweet Elementary School,
Room to be determined

Instructor: Amy Prince, experienced Art teacher

Art Explorations for Young People

This class is designed for children *aged nine to eleven years old* and provides an introduction to drawing and painting techniques including color theory and perspective. Students will use a variety of materials including crayons, colored pencils, watercolors and chalk pastels. Various projects will include animals, landscapes and buildings with both drawings and paintings as the finished projects. Instruction geared to the interests and the experience of the students who enroll. *All materials are included. Wear clothing that is OK to get messy or bring a paint shirt.*

Dates: Three Tuesdays

September 29

October 6, 13

Time: 7:15 – 8:15 p.m.

Fee: \$40 (supplies included)

Location: Bittersweet Elementary School,
Room to be determined

Instructor: Amy Prince, experienced Art teacher



Register and pay online at
phm.revtrak.net



COMMUNITY EDUCATION NEEDS YOU!!

P-H-M Community Education is always looking for fresh, new classes to offer to the community! It is very easy to do this! Have a hobby or something your great at such as meal planning or baking/cooking a traditional dish? Share this love with others by teaching others through Community Education.

Call the P-H-M Community Education office at 574.258.9568 or email jforkner@phm.k12.in.us

Learn how you can teach a class or share your dream class ideas! It's great for the community and rewarding for the instructor.



Register and pay online at phm.revtrak.net



Breakfast with Santa 2026



Saturday, December 5

Show times are:

8 a.m., 9:30 a.m.,

11 a.m. and 12:30 p.m.

at Bittersweet Elementary School

\$8 for all tickets

Program Information

- First enjoy a dazzling “Laser Holidays” show in the state-of-the-art P-H-M Arthur M. Klinger Planetarium.***See note below***
- You will then eat a child-friendly breakfast prepared by P-H-M Food Service.
- Finally a personal visit with Santa. Be sure to bring your camera or phone to take pictures.

Ticket Information

Ticket sales begin on Monday, November 2, 2026 at 10 a.m. Tickets will only be available online on a first-come, first-served basis. **Space is limited to 100 participants per time slot.** Once all tickets are sold, all sales end. The program is for **Kindergarten through 3rd grade students only** and all children must be accompanied by an adult. Each person attending must purchase a ticket.

To purchase tickets on November 2, go to **phm.revtrak.net** and click on the Breakfast with Santa button, create an account (if you do not already have a Revtrak account), order your tickets and pay with an eCheck, Discover, VISA or MasterCard credit or debit card. There is a 3.49% fee for using this service. **Ticket sales open at 10 a.m. on November 2.** Tickets will then be mailed to you from the Community Education office prior to the event.

There will be no refunds and tickets will not be available at the door.

If you have any questions about the program, please call 574.258.9568 or email jforkner@phm.k12.in.us.

Please check the PHM website for the most up-to-date Breakfast with Santa information in late October as there is Planetarium construction which could impact whether we can offer the Laser Holidays show this year.

Program Sponsored by

P-H-M Community Education & P-H-M Arthur M. Klinger Planetarium

WINTER FITNESS CLASS SCHEDULE

Winter fitness classes will be offered in January and February 2027. **Registration begins on November 9, 2026.** Class fees and schedules could change prior to November, so please check online information in late October.

On November 9 or after call 574.258.9568 to register by phone or go online to **phm.revtrak.net** and click on Community Education classes. To register in person come to the P-H-M Educational Services Center, 55900 Bittersweet Road, Mishawaka, IN or mail your registration form and payment (checks payable to PHM Community Education) to 55900 Bittersweet Rd, Mishawaka, IN 46545. Registration hours are from 8 a.m. to 12:30 p.m. and 1:30 to 4 p.m., Monday-Friday. Payment must be received at the time of registration.

BITTERSWEET ELEMENTARY SCHOOL

Cardio Drumming-10 classes (No classes 2/15)

Mondays & Wednesdays, 6:15-7:15 p.m.

January 20, 25, 27 and February 1, 3, 8, 10, 17, 22, 24

Cost-\$45

ELM ROAD ELEMENTARY SCHOOL

Mindful Movement-7 classes (No class 2/11)

Thursdays, 6:15-7:15 p.m.

January 7, 14, 21, 28 and February 4, 18, 25

Cost-\$35

ELSIE ROGERS ELEMENTARY SCHOOL

Kettlebells-7 classes (No class 2/23)

Tuesdays, 6:15-7:15 p.m.

January 5, 12, 19, 26 and February 2, 9, 16

Cost-\$35

Kettlebell Step-8 classes

Thursdays, 6:15-7:15 p.m.

January 7, 14, 21, 28 and February 4, 11, 18, 25

Cost-\$40

NORTHPOINT ELEMENTARY SCHOOL

Yoga-12 classes (No classes 1/18, 2/15)

Mondays & Wednesdays, 6:15-7:15 p.m.

January 4, 6, 11, 13, 20, 25, 27 and February 1, 3, 8, 10, 17

Cost-\$50

PENN HIGH SCHOOL

Water Aerobics-12 classes (No classes 1/12, 2/4, 2/9, 2/23)

Tuesdays & Thursdays, 7:45-8:40 p.m.

January 5, 7, 14, 19, 21, 26, 28 and February 2, 11, 16, 18, 25

Cost-\$55/\$50 Senior Citizen

PRAIRIE VISTA ELEMENTARY SCHOOL

PLYOGA Fitness-6 classes (No classes 1/18, 2/15)

Mondays, 6:30-7:30 p.m.

January 4, 11, 25 and February 1, 8, 22

Cost-\$30

Zumba-7 classes

Wednesdays, 6:30-7:30 p.m.

January 6, 13, 20, 27 and February 3, 10, 17

Cost-\$35

P-H-M Community Education WINTER— Walk-in/Mail-in Registration Form

WINTER Registration starts Monday, November 9, 2026

Name _____

Address _____

City _____ State _____ Zip _____

Cell Phone # _____ Alternate Phone # _____

Email _____

Winter Fitness Class _____ Fee _____

Winter Fitness Class _____ Fee _____

Winter Fitness Class _____ Fee _____

Total Enclosed _____

Payment Method: ☐ Cash-Receipt # _____ ☐ Check# _____ ☐ Money Order # _____

Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545

P-H-M Community Education WINTER— Walk-in/Mail-in Registration Form

WINTER Registration starts Monday, November 9, 2026

Name _____

Address _____

City _____ State _____ Zip _____

Cell Phone # _____ Alternate Phone # _____

Email _____

Winter Fitness Class _____ Fee _____

Winter Fitness Class _____ Fee _____

Winter Fitness Class _____ Fee _____

Total Enclosed _____

Payment Method: ☐ Cash-Receipt # _____ ☐ Check# _____ ☐ Money Order # _____

Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545

Finding Your Way Around P-H-M

Bittersweet Elementary School Classes

Bittersweet School is located directly behind the Educational Services Center just north of Penn High School on Bittersweet Road between Jefferson and McKinley Avenue. **Use the main entrance(A) for all classes.**

Elm Road Elementary School Classes

Elm Road School is located on Elm Road just south of Dagoon Trail in Mishawaka. **Use entrance F (to the right of the main entrance) for all classes.**

Elsie Rogers Elementary School Classes

Elsie Rogers School is located on Currant Road just south of McKinley in Mishawaka. **Use entrance F (to the right of the main entrance) for all classes.**

Northpoint Elementary School Classes

Northpoint is located on Cherry Road just north of State Road 23 near Adams Road in Granger. (Mary Frank Elementary School is to the southeast of Northpoint Elementary School.) **Use entrance A/Main entrance for all classes.**

Penn High School Classes

The entrances for some of the community education classes at Penn will be from the **Jefferson side parking lot (using entrance K for cooking, computer and quilting classes).**

Parking is available in the parking lot in front of the school for the scuba, water aquacize and the art/chalk classes. **Participants may park in the north lot and enter directly into the pool and gymnasium area (Entrance D) at the north end of the building.**

Prairie Vista Elementary School Classes

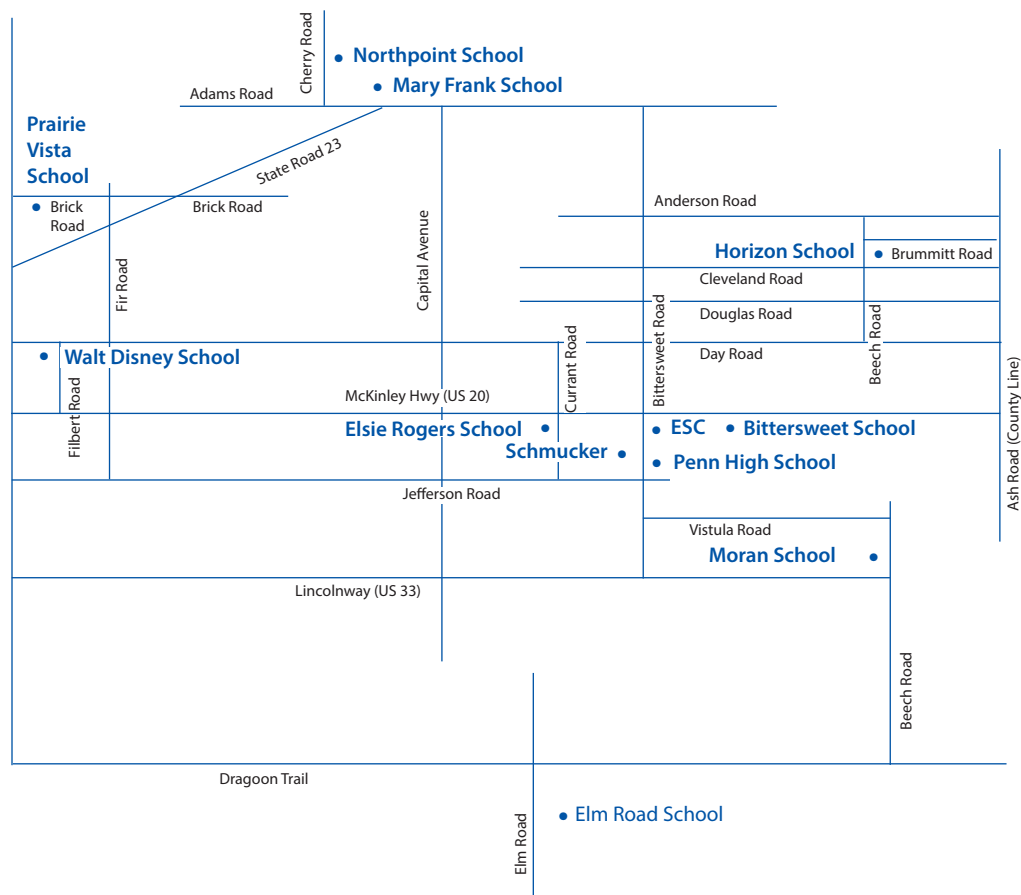
Prairie Vista is located on Brick Road between Fir and Gumwood Roads in Granger. **Use entrance A/Main entrance for all classes.**

Walt Disney Elementary School Classes

Walt Disney Elementary School is located at the corner of Filbert and Day Road. **Use Entrance C (enter off of Day Road and go behind the school to enter) for all classes.**

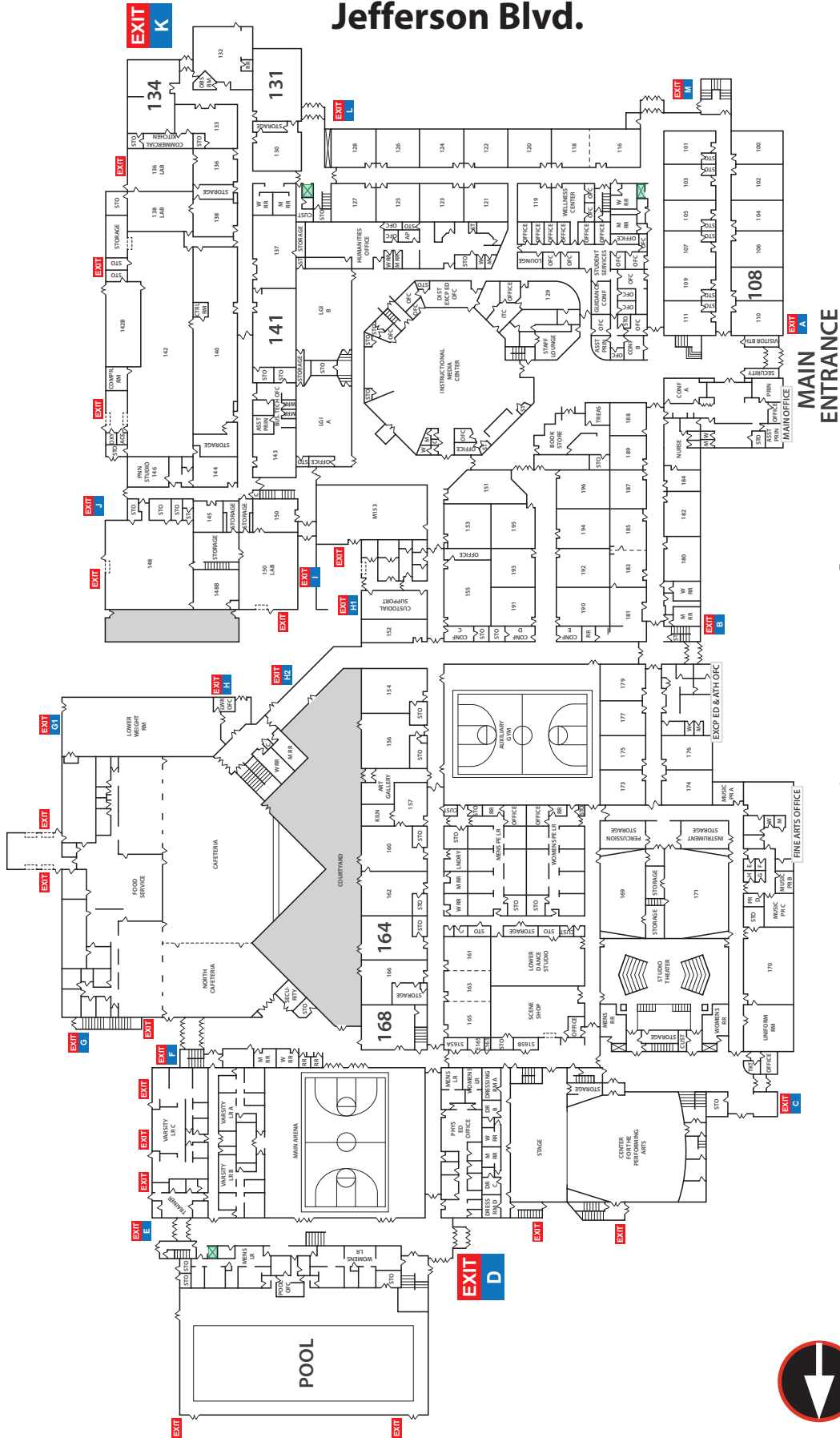
Still confused?

Feel free to call the Community Education office at 574.258.9568 between 8:00 a.m. and 4:00 p.m. for more details.



Finding Your Way Around Penn High School—First Floor

Jefferson Blvd.



Bittersweet Rd.



MAPS

Jefferson Blvd.



Registration Information

Online Registration and Payments

Online Registration

- Visit the P-H-M Web Store at phm.revtrak.net
- Click on the “Community Education” button
- Select your class(es)
- Register for your class(es)
- Create an account
- Make a payment using an **eCheck, Discover, VISA, or MasterCard debit/credit card**. There is a 3.49 percent fee for using this service.
- Receive and print your receipt

Phone-In Registration

Phone in your registration **Monday–Friday from 8 a.m.–4 p.m. to 574.258.9568**. The Community Education office is **closed from 12:30–1:30 p.m.** Please have your course name and payment information ready.

Walk-In Registration

You may register in person at our office located in the Educational Services Center (just north of Penn), **55900 Bittersweet Road, Mishawaka, IN**. Office hours are **Monday–Friday from 8 a.m.–4 p.m.** The Community Education office is **closed from 12:30–1:30 p.m.** but you can leave your registration form and payment with the receptionist during this time.

Mail-In Registration

Fill out the registration form on page 19 and mail it with your check, money order or purchase order information. **Mail to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545.**

Payment Information

Payment must be submitted at the time of registration. We accept cash, check, money order or purchase order at the Community Education office. **Instructors DO NOT accept registrations or payments.** A \$20 fee will be charged for processing checks returned for insufficient funds.

When Can I Register?

Registration begins immediately! Registrations are processed on a first-come, first-served basis. You may register until the day before a class begins. Due to a minimum number of students necessary for classes to be held, we encourage you to sign up early. **You must register and pay before attending a class or bus trip. Instructors can not accept registrations or payments as all registrations and payments are thru the Community Education office.**

Confirmation

You will only hear from us if there is a change in your class time or day or if a class is cancelled. You may call 574.258.9568 to verify receipt of your registration. **Online registrants will receive a confirmation email at the completion of their registration.**

What if a class is full?

SIGN UP EARLY! Class size is limited. If the class you want to take is full, place yourself on the online wait list.

Online registrants will receive a registration confirmation email or that they have been placed on the wait list. If an opening occurs, we will contact you. If you mail a registration and the class is full, we will notify you.

Changes

Every effort is made to ensure the accuracy of the information presented in this brochure. All classes, instructors and locations are subject to change or deletion.

Cancellation/Refund Policy

The P-H-M Community Education office reserves the right to cancel classes due to insufficient enrollment. **If a class is cancelled, registered students will be notified in advance and a refund check will be mailed.**

If you withdraw from a class **before the first class**, you will receive **a refund minus a \$10.00 registration fee.**

If you withdraw from a class **after the first class**, you will receive **a course credit minus a \$10.00 registration fee.**

No course credits or refunds will be given to students withdrawing after the second class or after a one session class. Classes are not prorated.

All bus trips are non-refundable. Book fees and supply fees are refundable only to the specified date stated in the brochure description.

Refunds

Refunds for fees paid by cash, check and credit cards may take up to 3–4 weeks to process and a refund check is mailed to you. Online service fees are not refunded.

Discounts

We offer senior citizen discounts on a couple of our classes. **Seniors must be at least 55 years of age.** You will receive this same discount by registering online.

Inclement Weather

Classes are held **unless** the P-H-M School Corporation closes schools during the day due to inclement weather or because of a regularly scheduled school holiday or recess day. Area radio and TV stations may carry such notices.

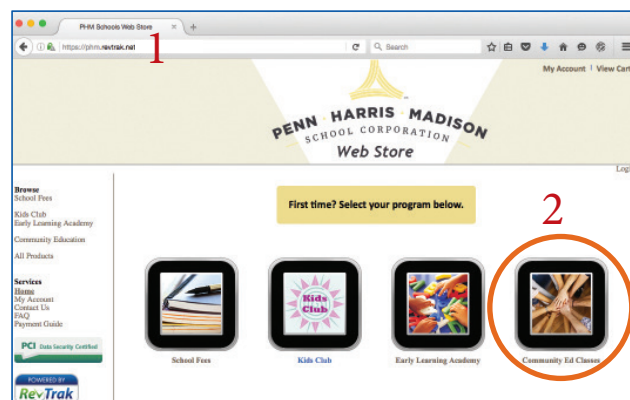
If weather conditions occur late in the day making classes questionable, please feel free to call our office **574.258.9568** or visit our website at www.phmschools.org for more information.

Every effort will be made to provide class status information on voice mail or email if the office is closed. Participants will be called only in special circumstances such as teacher illness or emergency. **On questionable inclement weather days**, you should check your email for information we might provide to you to let you know whether classes are being held.

Online Registration and Payments

Instructions for Enrolling in Community Education Classes

- 1 Visit our Web Store at phm.revtrak.net
- 2 Click on the **Community Education Classes** button on the home page
- 3 Select the category your class is under (e.g. Computers, Arts and Crafts, Fitness, etc.)
- 4 Then, select the class name from the class list



Advanced Kettlebells at Elsie Rogers

Advanced Kettlebells at Elsie Rogers Learn more hard intensity workouts with kettlebells and other fitness equipment and techniques. Kettlebells work the whole body and also the co...

4

Number: Advanced Kettlebells at Elsie Rogers WINTER 16-17	Date: 1/10/16-2/21/17	Day(s): Tu	Time: 6:05p-6:50p	Price: \$35.00
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- 5 After clicking into the class you will need to select the **Click Here to Register** link
- 6 First-time users create an account or returning users login
- 7 After creating an account, you will need to select the participant from the following page. You may also add a new person if they are not currently set up in your account
Note: The name of the selected participant MUST be the name of the person attending the course

- 8 In order to continue registration you must answer all required fields before either clicking **Check Out** or **Continue Shopping** at the bottom of the registration page

- 9 If you choose **Continue Shopping** to add additional registrations to your Shopping Cart, simply select the **Go To Check Out** button when you have finished all necessary registrations.
Note: Your Shopping Cart can be found on the left side of your screen in the Navigation Bar

- 10 At the **Shopping Cart** page, you will need to verify all billing information for accuracy then click **Complete Order**

- 11 Make payment using a eCheck, Discover, VISA or MasterCard debit or credit card. Payment will be processed and a receipt can be viewed and printed

- 12 When you are finished, **Logout**

ADVANCED KETTLEBELLS AT ELSIE ROGERS

Class #: Advanced Kettlebells at Elsie Rogers WINTER 16-17
Date: 1/10/2017 - 2/21/2017
Days: Tu
Time: 6:05 PM - 6:50 PM
Location: Elsie Rogers Elementary School:Gym
Instructor: Jena Lees
Price: \$35.00

5

[CLICK HERE to Register for this Class](#)

Register and pay
online at
phm.revtrak.net



There is a 3.49% for
using this service

P-H-M Community Education Fall 2026 — Walk-in/Mail-in Registration Form

Name _____

Address _____

City _____ State _____ Zip _____

Cell Phone # _____ Alternate Phone # _____

Email _____

For children's class(es), please list parent's names _____

Child's Age _____ Current Grade for 2026-2027 school year _____

Course Name _____ Fee _____

Course Name _____ Fee _____

Course Name _____ Fee _____

Total Enclosed _____

Payment Method: ☐ Cash-Receipt # _____ ☐ Check# _____ ☐ Money Order # _____

Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545

P-H-M Community Education Fall 2026 — Walk-in/Mail-in Registration Form

Name _____

Address _____

City _____ State _____ Zip _____

Cell Phone # _____ Alternate Phone # _____

Email _____

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Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545



— SCHOOL —
CORPORATION
Community Education
55900 Bittersweet Road
Mishawaka, IN 46545

Penn-Harris-Madison Community Education Fall Class Information and Schedule, Breakfast with Santa and Winter Class Information

Welcome to Penn-Harris-Madison Community Education. Enclosed you will find Fall class information, as well as Breakfast with Santa and Winter Class information. This brochure offers new class opportunities for personal enrichment, fitness and recreation, entertainment. Please call our office at 574.258.9568 or email jforkner@phm.k12.in.us if you have any questions about our classes or to register with a credit or debit card by phone. You can also go to phm.revtrak.net and register and pay online or you can mail your registration or come to our office to register and pay.

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*You do not
need to live within the P-H-M school district
to take or teach our classes.*