



*Working Together for Student Success*

## **Local School Wellness Policy: Triennial Assessment Template**

### **Background Information**

An assessment of your school wellness policy must be conducted a minimum of once every three years per United States Department of Agriculture (USDA) regulations; however, Local Educational Agencies (LEAs) may assess their policy more frequently if they wish.

### **Purpose**

The template below is offered as a way to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy 2) how the wellness policy compares to model wellness policies 3) progress made in attaining the goals of the wellness policy.

### **Results**

The copy of the assessment, as well as the current wellness policy, must be made available to the public. How these documents are shared publicly is the decision of the LEA. Many LEAs choose to post the results on their district website. Sponsors may use this template to organize the assessment conducted and make it available to the public.

### **Recordkeeping**

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. State agencies will assess compliance with the wellness policy requirements as a part of the General Areas of the Administrative Review every three years. Keep a copy of the results on file for at least three full school years plus the current year.

School(s) included in the assessment: Penn Harris Madison School District

Month and year of current assessment: April 2026

Date of last wellness policy revision: October 2023

Website address for the wellness policy and/or information on how the public can access a copy:  
phmschools.org

## Section 2. Compliance with the Wellness Policy and Progress Towards Goals

At a minimum, school wellness policies are required to include:

- Specific goals for:

Nutrition promotion

Nutrition education

Physical activity

Other school based activities that promote student wellness.

- Standards and nutrition guidelines for all foods and beverages *sold* to students on the school campus during the school day that are consistent with federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, *but not sold*, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of evaluation plan.

Using the tables below, indicate the language that is currently written in the school wellness policy in relation to each topic area. Next, assess and discuss whether the school is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<p><b>Wellness Coordinator:</b> Has identified at least one person as responsible for facilitating the wellness policy upkeep</p> <p>Name person responsible for facilitating the upkeep:</p> <p>Lindsay Schirripa</p>	<input checked="" type="checkbox"/>		
<p>Describe progress and next steps:</p>			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<p><b>Stakeholder Participation:</b> Allow parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, evaluation and update of the wellness policy</p>	<input checked="" type="checkbox"/>		
<p>Describe progress and next steps: <a href="#">PHM Wellness Committee Members</a></p>			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>USDA Requirements for School Meals:</b> Has assured school meals meet the USDA requirements	<input checked="" type="checkbox"/>		
Describe progress and next steps: In accordance with Policy 8500, entitled Food Services, the food service program shall comply with federal and state regulations pertaining to the selection, preparation, consumption, and disposal of food and beverages, as well as the fiscal management of the program.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Nutritional Guidelines for all foods and beverages sold:</b> Has set nutritional guidelines for foods and beverages sold on the school campus during the school day	<input checked="" type="checkbox"/>		
Describe progress and next steps: All food items and beverages available for sale to students for consumption on campus between midnight and 30 minutes after the close of the regular school day shall comply with current USDA Dietary Guidelines for Americans. This policy also requires that all food and beverages sold as fundraisers on school campuses during the school day meet current USDA competitive food regulations. Administration will develop guidelines for classroom celebrations and snacks.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Nutritional Guidelines for non-sold foods and beverages:</b> Has set nutritional guidelines for foods and beverages not sold but made available on the school campus during the school day	<input checked="" type="checkbox"/>		
Describe progress and next steps: Administration will develop guidelines for classroom celebrations and snacks; these guidelines have been established and are currently in place.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Food &amp; Beverage Marketing:</b> Allow marketing on the school campus during the school day of only those foods and beverages that meet the competitive food/beverage requirements (Smart Snacks)	<input checked="" type="checkbox"/>		
Describe progress and next steps: Any food or beverage items marketed or promoted to students during the school day shall meet or exceed USDA competitive food regulations.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Nutrition Education:</b> Has at least 2 goals for nutrition education  List goals: <ol style="list-style-type: none"> <li>1. Provide nutrition education in the health curriculum</li> <li>2. Offer nutrition information in lunchrooms</li> </ol>	<input checked="" type="checkbox"/>		
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Nutrition Promotion:</b> Has at least 2 goals for nutrition promotion  List goals: <ol style="list-style-type: none"> <li>1. Endorse nutrition education beyond the school by engaging P-H-M staff and involving families and the community.</li> <li>2. Provide information to parents designed to encourage them to reinforce at home, the nutrition standards and</li> </ol>	<input checked="" type="checkbox"/>		

indicators being taught in the classroom.			
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<p><b>Physical Activity:</b> Has at least 2 goals for physical activity</p> <p>List goals:</p> <ol style="list-style-type: none"> <li>1. Provide a sequential and comprehensive physical education curriculum to students with opportunities to learn, practice, and be assessed on developmentally appropriate knowledge, attitudes, and skills necessary to engage in lifelong health-enhancing physical activity..</li> <li>2. Provide planned instruction in physical education that requires all students to be engaged in moderate to vigorous physical activity for at least fifty percent (50%) of class time.</li> </ol>	<input checked="" type="checkbox"/>		
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<p><b>Other Activities:</b> Has at least 2 goals for Other School-Based Activities that promote student wellness</p> <p>List goals:</p> <ol style="list-style-type: none"> <li>1. Offer students opportunities for physical activity through a wide range of before-school and after-school programs.</li> <li>2. Encourage faculty, staff, parents and students to develop healthy lifelong habits.</li> </ol>	<input checked="" type="checkbox"/>		

Describe progress and next steps:

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<p><b>Evaluation:</b> Every three years LEA has evaluated the wellness policy with an evaluation tool and has notified the public of the results. The assessment will determine:</p> <ul style="list-style-type: none"> <li>● to what extent the LEA is in compliance with the school wellness policy</li> <li>● the extent to which the local wellness policy compares to model school wellness policies</li> <li>● the progress made in attaining the goals of the school wellness policy</li> </ul> <p>Name person responsible for monitoring the policy: Lindsay Schirripa</p>	<input checked="" type="checkbox"/>		

Describe progress and next steps: The policy is reviewed annually, and meetings are held to evaluate and revise current plans as needed.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<p><b>Communication:</b> Annually inform and update parents, students, staff, and the community about the content and implementation of the wellness policy and provide a way for additional stakeholders to be able to participate</p>	<input checked="" type="checkbox"/>		

Describe progress and next steps: Wellness information can be found on the PHM District website and is also shared through staff newsletters.

Include any additional notes, if necessary:

### **Section 3. Comparison to Model School Wellness Policies**

Indicate model policy language used for comparison. Model policies may be found [here](#).

- Alliance for a Healthier Generation: Model Policy
- Upgrade Sample Language
- Other (please specify):\_No model policies available from DOE as of 4/22/26

Describe how the school wellness policy compares to model wellness policies.