



www.phmschools.org
(574) 258-9568

COMMUNITY EDUCATION

Spring 2026

COURSE SCHEDULE



SPRING CLASS INFORMATION

Learn to Swim and Summer Camp Information

welcome to

Lifelong Learning

4 Easy Ways to Register

See Page 18
for Detailed
Instructions

Register and pay online

- Visit them P-H-M Web Store at phm.revtrak.net
- Click on the “Community Education” button
- Select your class(es)
- Register for your class(es)

- Create an account
- Make a payment using an **eCheck, Discover, VISA, or MasterCard debit/credit card**. There is a 3.49 percent fee for using this service.
- Receive and print your receipt

Phone-In

Phone in your registration **Monday–Friday from 8 a.m.–4 p.m. to 574.258.9568**. The Community Education office is **closed from 12:30–1:30 p.m.** Please have your course name and payment information ready.

Walk-In

You may register in person at our office located in the Educational Services Center (just north of Penn), **55900 Bittersweet Road, Mishawaka, IN**. Office hours are **Monday–Friday from 8 a.m.–4 p.m.** The Community Education office is **closed from 12:30–1:30 p.m.** You can leave your registration form and payment with the receptionist during this time.

Mail-In

Fill out the registration form on page 19 and mail it with your check, money order or purchase order information.

Mail to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545.

Payment Information

Payment must be submitted at the time of registration. You must register BEFORE attending a class. *Instructors DO NOT accept registrations or payments.* We accept cash, check, money order or purchase order at the Community Education office. **A \$20.00 fee will be charged for processing checks returned for insufficient funds.**

You do not need to live within the P-H-M school district to take or teach our classes.

Introduction to Personal Computers

This introductory hands-on computer class is designed for the beginning computer user who wants to acquaint themselves with personal computers and their applications. In the most basic terms you will be introduced to word processing, spreadsheets and more. You'll learn formatting, exchanging files and other basic functions. **Enrollment is limited. You will need to bring a USB flash drive to each class to save your work. This course is very helpful for those with no prior experience on a computer. Prerequisite: None. Computers are provided to use during your class time.**

Dates: Four Mondays
March 2, 9, 16, 23

Time: 6:00 – 8:30 p.m.

Fee: \$75/\$65 senior citizens

Location: Penn High School, Room 141

Instructor: Kay Crum, experienced instructor

Intermediate Personal Computers

Know the basics, but want to learn more about how your personal computer works, then this hands-on class is for you! Learn a wide range of programs and improve your computer knowledge. This class will help you gain the confidence to move on to more complex computer programs you would like to learn. **Enrollment is limited. You will need to bring a USB flash drive to class to save your work. Prerequisite: Introduction to Personal Computers or equivalent experience. Computers are provided to use during your class time.**

Dates: Four Mondays
April 13, 20, 27

May 4

Time: 6:00 – 8:30 p.m.

Fee: \$75/\$65 senior citizens

Location: Penn High School, Room 141

Instructor: Kay Crum, experienced instructor

Rosemont Fashion Outlets Bus Trip

Rosemont Fashion Outlets of Chicago is an enclosed, two-level luxury outlet shopping center. It is a must-shop destination when visiting the Chicago area. With nearly 130 of the finest stores and great restaurants you can be sure to find what you are looking for! Enjoy a meal or an on-the-go snack, you're sure to find something.

Anchor stores such as Bloomingdale's The Outlet Store, Saks OFF 5th, and Nordstrom Rack are just a few. Other stores such as American Eagle Outfitters, Armani Outlet, Banana Republic Factory Store, Bath & Body Works, Burberry, Calvin Klein, Carter's Clark's Outlet, Coach Outlet, Express Factory Outlet, Gucci, J. Crew Factory, Janie and Jack Outlet, Jimmy Choo, Kate Spade New York, Lacoste, lululemon, Marc Jacobs, Michael Kors, Nike Factory Store, Polo Ralph Lauren Factory, Parada, Saint Laurent, Steve Madden, Swarovski, Tommy Hilfiger, Ugg, Under Armour, Vera Bradley, Versace and more.

The bus will leave Penn promptly at 8:00 a.m. and return around 8:00 p.m. Payment for this trip must be received at the time of registration. No refunds will be given after payment is received. Please try to register prior to February 20. Seats may still be available after this date.

Date: One Saturday, March 7

Time: 8:00 a.m. – 8:00 p.m.

Fee: \$55 per person

Departure: Penn High School, north parking lot

Birch Run Outlet Mall/Frankenmuth Bus Trip

The first stop will be at Birch Run Premium Outlet Mall so you can do some shopping at the largest outdoor outlet mall in the Midwest. Visit some of your favorite stores such as American Eagle, Ann Taylor Factory Store, Banana Republic, Bath & Body Works, Calvin Klein, Carter's, Chico's Outlet, Christopher and Banks, Clarks, Coach Outlet, Eddie Bauer Outlet, Express, Flashback Vintage, Hey Dude, Kate Spade Outlet, Lane Bryant, Loft, lululemon, Michael Kors Outlet, Nike, Pottery Barn, The North Face, Tommy Hilfiger and many more shops!

The next stop will be at Bronner's Christmas Wonderland in Frankenmuth, which is the largest Christmas store in the World. Your final stop, you can then spend time enjoying many boutiques and specialty shops in the scenic Main Street storefronts and restaurants in Frankenmuth, Michigan.

The bus will leave Penn promptly at 7:30 a.m. and return around 9:30 p.m. Payment for this trip must be received at the time of registration. No refunds will be given after payment is received. Please try to register prior to March 27. Seats may still be available after this date.

Date: One Saturday, April 18

Time: 7:30 a.m. – 9:30 p.m.

Fee: \$75 per person

Departure: Penn High School, north parking lot

Discover Scuba

March 5 is a one-night experience held before the scuba diving instruction course [for adults and children 10 years and older](#) who would like to try scuba. Take advantage of this exciting opportunity for finding out what scuba diving is all about.

Come to a question-answer session in the pool area before going into to the pool. Participants should also bring a bathing suit, towel and locker padlock to the class.

Date: One Thursday, March 5

Time: 6:30 – 9:00 p.m.

Fee: \$10

Location: Penn High School, Pool

Instructor: Hart City Scuba, Greg Stone, certified instructor

Scuba Diving Instruction

Scuba diving is fun and easy to learn and anyone in good health, reasonably fit and comfortable in the water can learn to dive. [Adults and children 10 years and older](#) may take this course. Course is the PADI OPEN WATER COURSE, the first level of scuba certification and your entry into the adventure of the underwater world. Course includes academics, diving in the pool where skill development will take place and actual scuba diving in an open water environment. *The course is performance based, so you will have as much time as needed for skill development.*

The academic portion begins when you are ready, so through self study you will be able to learn at your own pace. Study materials include your student kit consisting of a book. *Due to the course format it is required that you contact the dive facility PRIOR to the start of the classes* to ensure that all students have the proper study materials and paperwork. Course fee includes everything a student diver will need for completion of the course [except](#) personal equipment. [Personal equipment is mask, fins, snorkel and booties. Participants should also bring a bathing suit, towel and locker padlock to each class. After registering and paying for the class, you must call Hart City Scuba at 574.264.3528.](#)

Dates: Two Tuesdays & Two Thursdays

March 24, 26, 31

April 2

Time: 6:30 p.m. – 9:30 p.m.

Fee: \$300 (includes study materials)

Location: Penn High School, Room 163 and Pool

Instructor: Hart City Scuba, Greg Stone, certified instructor



Register and pay online at
phm.revtrak.net



Basic Fundamentals of the Golf Swing

This class teaches the basics, which will help you with the proper grip, stance and swing. You will enjoy learning the fundamentals of the sport and also learn how to improve your game. Whether you're a beginner or an experienced golfer who just wants to take a few strokes off his/her game, this class will suit your needs. Discussion will be held during class on some necessary and optional equipment needs.

The first class will last 90 minutes. All other classes will be 60 minutes in length. Driver only is required. For those without clubs, Michiana Golf can supply you with the necessary equipment. Class is designed for adults and children 16 years and older.

Dates: Five Mondays
April 13, 20, 27
May 4, 11
Time: 6:00 – 7:00 p.m.
Fee: \$90
Location: Michiana Golf Academy
1915 N. Merrifield, Mishawaka, IN
Instructor: Don Wiseman, GSED

Scoring Shots

Mastering the short game is one of the most challenging aspects of golf. Join Don for a five-week course on chipping, putting, lob shots and sand shots. *This program is intended for anyone, beginner or experienced, who is looking to improve their game. Please bring putter, pitching wedge and 7 iron to class. For those without clubs, Michiana Golf can supply you with the necessary equipment. Class is designed for adults and children 16 years and older.*

Dates: Five Mondays
April 13, 20, 27
May 4, 11
Time: 7:30 – 8:30 p.m.
Fee: \$90
Location: Michiana Golf Academy
1915 N. Merrifield, Mishawaka, IN
Instructor: Don Wiseman, GSED

Cardio Drumming at Bittersweet

Cardio drumming combines dance and rhythm for fun, high-energy workouts, which can be described as a combination of drum line and modern dance. Unlike many other workout activities, cardio drumming never gets dull. In addition to hitting the ball in syncopation, you click the sticks in the air, jump and run in place and many other moves you will replicate in all different types of songs and genre'. All fitness levels are welcome. If your are not able to stand for long periods of time, you can also drum sitting down.

Participants should bring (a 65-75cm) fitness ball, a (16-24 gallon) bucket and drumsticks to each class. Also bring a water bottle and wear comfortable athletic clothing and athletic shoes. Class is designed for adults and children 13 years and older may enroll with an adult. Class meets two nights a week for a total of 16 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 4/6 & 4/8

Dates: Sixteen Mondays/Wednesdays
March 2, 4, 9, 11, 16, 18, 23, 25, 30
April 1, 13, 15, 20, 22, 27, 29
Time: 6:15 – 7:15 p.m.
Fee: \$50
Location: Bittersweet Elementary School, Gym
Instructor: Cheryl Burnett, experienced fitness instructor

Zumba at Elm Road

Zumba is a Latin-inspired dance-based fitness program that combines cardio and international music designed to help you dance your way fit! With dance moves set to upbeat music that encourages participants to move to the beat while getting a great work out and having fun too. Class is suitable to people of all ages and fitness levels, and can target the core, legs and glutes.

Participants should bring a water bottle and wear comfortable clothing and athletic shoes with low tread to each class. Class is designed for adults and children 15 years and older. Class meets one night a week for a total of 10 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 4/7 & 5/5

Dates: Ten Tuesdays
March 3, 10, 17, 24, 31
April 14, 21, 28
May 12, 19
Time: 6:15 – 7:15 p.m.
Fee: \$45
Location: Elm Road Elementary School, Gym
Instructor: Nicole DeWitt, certified instructor

Mindful Movement at Elm Road

Mindful movement is a fusion of yoga and Pilates that focuses on body awareness, mobility, flexibility, and relaxation. This class will focus on breathing techniques, core strengthening and overall flexibility. A great fitness program with easy to follow moves you will be able to follow easily.



Register and pay online at
phm.revtrak.net

Participants should bring a water bottle, towel, mat, and wear comfortable clothing and athletic shoes with low tread to each class. Instructor may ask you to bring other props you may need to help you in some of the poses ie: straps, block or bolsters. Class is designed for adults and children 15 years and older. Class meets one night a week for a total of 9 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 3/26 & 4/9

Dates: Nine Thursdays
March 5, 12, 19
April 2, 16, 23, 30
May 7, 14
Time: 6:15 – 7:15 p.m.
Fee: \$40
Location: Elm Road Elementary School, Gym
Instructor: Nicole DeWitt, certified instructor

Kettlebells at Elsie Rogers

Learn how to use a kettlebell and what a kettlebell can do for you and what muscles it works. You'll also learn to use other fitness equipment and techniques. Kettlebells work the whole body and also the core to build a strong midsection. Whether you want to increase lean muscle mass, tone up your muscles, or lose weight you can increase your overall fitness and burn up a lot of calories doing hard intensity workouts and see quick results. Does not stress the joints while providing both cardio and strength training.

Participants should bring a water bottle, towel and wear comfortable clothing and athletic shoes to each class as kettlebells are provided. Class is designed for adults and children 16 years and older. Class meets one night a week for a total of 8 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 3/17, 3/31, 4/7 & 5/5

Dates: Eight Tuesdays
March 3, 10, 24
April 14, 21, 28
May 12, 19
Time: 6:15 – 7:15 p.m.
Fee: \$30
Location: Elsie Rogers Elementary School, Gym
Instructor: Julie Dozier, certified instructor

Kettlebell Step at Elsie Rogers

A kettlebell step class combines the high-energy movements of step aerobics with the functional strength training of kettlebells. It's a dynamic workout that includes stepping up and down on a platform, combined with kettlebell exercises like swings, squats, and rows to provide a full-body workout. Improves cardiovascular fitness, strength and coordination. All fitness levels are welcome.

Participants should bring a water bottle, towel and wear comfortable clothing and athletic shoes to each class as kettlebells and steps are provided. Class is designed for

adults and children 16 years and older. Class meets one night a week for a total of 8 classes. Class is not held on a few dates due to school closings or prior scheduled events. No class on 4/9

Dates: Eight Thursdays
March 12, 19, 26
April 2, 16, 23, 30
May 7
Time: 6:15 – 7:15 p.m.
Fee: \$30
Location: Elsie Rogers Elementary School, Gym
Instructor: Julie Dozier, certified instructor

Yoga at Northpoint

Learn yoga fundamentals emphasizing breathing techniques and postures. You will learn the fundamentals of mindful breathing, proper postural alignment to build strength and flexibility, stress reduction and relaxation. Learn how yoga props , such as blocks can help modify poses to accommodate individual needs and abilities. The class is designed for all fitness levels and body types.

Participants should bring a yoga mat, yoga strap, blanket or towel, and a water bottle and wear comfortable clothing and athletic shoes to each class. Class is designed for adults and children 16 years and older. Class meets two nights a week for a total of 20 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 4/6 & 4/8

Dates: Twenty Mondays/Wednesdays
March 2, 4, 9, 11, 16, 18, 23, 25, 30
April 1, 13, 15, 20, 22, 27, 29
May 4, 6, 11, 13
Time: 6:15 – 7:15 p.m.
Fee: \$55
Location: Northpoint Elementary School, Gym
Instructor: Lauren Plennert and Valli Raman, certified instructors

Water Aerobics/Aqua Groove at Penn

This fun water exercise class focuses on both cardiovascular and strength benefits. Whether you're trying to maintain your current level of fitness or reach a new level, the benefit of training in water makes our aqua workouts safe without impacting the joints. Even people who suffer from arthritis may want to give this class a try!

Class may use resistance tools that include water weights and noodles. Because of their low-impact format, aqua aerobics classes are suitable for every fitness level and is a very popular way to exercise for seniors, people who are overweight and those who are recovering from injury.

Participants should bring a water bottle and a locker padlock. Water shoes/water belt are optional. Class is designed for adults, and children 12 years and older may enroll with an adult. Class meets two nights a week for a total of 20 classes. Class is not held on a few dates due to school

closings or prior scheduled events. Locker rooms should be open at 7:30 p.m. No classes on 3/24, 4/7 & 4/9 & 5/5

Dates: Twenty Tuesdays/Thursdays
 March 3, 5, 10, 12, 17, 19, 26, 31
 April 2, 14, 16, 21, 23, 28, 30
 May 7, 12, 14, 19, 21
Time: 7:45 – 8:40 p.m.
Fee: \$65/\$60 for senior citizens
Location: Penn High School, Pool
Instructor: Nicci DeWitt, certified instructor

PLYOGA Fitness at Prairie Vista

Are you looking for a fun new workout? PLYOGA might be just for you! PLYOGA is a 4-part interval training system that uses the benefits of fundamental and accelerated yoga as an active recovery for plyometric (reactive) movement. Accelerating, strengthening and stabilizing your fitness at any level. Achieve more balance and flexibility using no equipment that can be done anywhere. Is suitable for people of all ages and fitness levels, from beginners to athletes.

Participants should bring a yoga mat, water bottle and wear comfortable clothing and athletic shoes with low tread to each class. Class is designed for adults and children 15 years and older. Class meets one night a week for a total of 9 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 4/6 & 4/13

Dates: Nine Mondays
 March 2, 9, 16, 23, 30
 April 20, 27
 May 4, 11
Time: 6:30 – 7:30 p.m.
Fee: \$40
Location: Prairie Vista Elementary School, Gym
Instructor: Cameron Lykowski, certified instructor

Zumba at Prairie Vista

Zumba is a Latin-inspired dance-based fitness program that combines cardio and international music designed to help you dance your way fit! With dance moves set to upbeat music that encourages participants to move to the beat while getting a great work out and having fun too. Class is suitable to people of all ages and fitness levels, and can target the core, legs and glutes.

Participants should bring a water bottle and wear comfortable clothing and athletic shoes with low tread to each class. Class is designed for adults and children 15 years and older. Class meets one night a week for a total of 9 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 4/8 & 4/15

Dates: Nine Wednesdays
 March 4, 11, 18, 25
 April 1, 22, 29
 May 6, 13

Time: 6:30 – 7:30 p.m.

Fee: \$40

Location: Prairie Vista Elementary School, Gym

Instructor: Cameron Lykowski, certified instructor

Cardio Drumming at Walt Disney

Cardio drumming combines dance and rhythm for fun, high-energy workouts which can be described as a combination of drum line and modern dance. Unlike many other workout activities, cardio drumming never gets dull. In addition to hitting the ball in syncopation, you click the sticks in the air, jump and run in place and many other moves you will replicate in all different types of songs and genre'. All fitness levels are welcome. If your are not able to stand for long periods of time, you can also drum sitting down.

Participants should bring (a 65-75cm) fitness ball, a (16-24 gallon) bucket and drumsticks to each class. Also bring a water bottle and wear comfortable athletic clothing and athletic shoes. Class is for adults and children 12 years and older may enroll with an adult. Class meets one night a week for a total of 8 classes. No classes on 4/9

Dates: Eight Thursdays
 March 5, 12, 19, 26
 April 2, 16, 23, 30
Time: 6:15 – 7:15 p.m.
Fee: \$40/\$35 for senior citizens
Location: Walt Disney Elementary School, Gym
Instructor: Cheryl Burnett, experienced fitness instructor

Women's Self Defense

Learn about the combat mind-set of "Mama Bear" mentality in this very important class. Learn solutions to being vigilant and aware of surroundings and how to escape common grabs, choke holds, attacks and how to counter attack in order to get away. Learn where to strike specific pressure points and other vulnerable areas of the body.

Participants should wear athletic, comfortable clothing and athletic shoes. Please do not wear any jewelry to class. Bring a water bottle and small towel to each class. Class is designed for adults and children 14 years and older.

Choose one of the sessions offered.

Dates: **SESSION 1**— One Thursday, March 5
SESSION 2— One Thursday, May 14
Time: 6:30 – 8:30 p.m.
Fee: \$20 (per class session)
Location: Elsie Rogers Elementary School, Gym
Instructor: Jim Niedbalski, Policeman, experienced instructor



Register and pay online at
phm.revtrak.net

Delicious Change *New!*

Curious about eating better without the overwhelm, then this hands-on class for you! Delicious change is an introduction to healthier food choices focusing on small, realistic changes that add up to big benefits. We'll make and taste delicious and simple recipes and share practical tips that fit real life. No diets, no guilt, just great food. *Bring your own storage container to take home some of the extra yummies we are making in class. All materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.*

Date: One Tuesday, March 3

Time: 6:30 – 8:30 p.m.

Fee: \$25

Location: Penn High School, Room 134

Instructor: Elisabeth Simeri, experienced instructor

Salsa Sauces and Tortilla Basics

Want to learn to make the best salsa ever? Come learn in this fun hands-on class some tricks and different ingredients that can make that happen. We will work on guacamole, salsa roja, salsa verde, pico de gallo and various chile sauces.

Learn about different peppers, their varying flavors and levels of hotness. Struggling to get tortillas that don't fall apart, we can help with that too!!!

Bring your own storage container to take home some of the extra yummies we are making in class. All materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.

Date: One Tuesday, March 10

Time: 6:30 – 8:30 p.m.

Fee: \$25

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

Basic Home Canning

Have you always canned? Learn the basics of safely canning your own foods in these fun one day hands-on class. Learn food safety while canning your vegetables and fruits in their peak seasons. Understand the difference and importance of water bath and pressure canning.

Learn what can and cannot be canned and how each must be processed for safety. Come learn the many tricks the instructor has to share! We will make jam, jelly & juice in class and you will take samples home with you.

All materials are included. Bring a sack lunch and a towel to take warm canning jars home. Class is designed for adults and children 16 years and older may enroll with an adult.

Date: One Saturday, April 25

Time: 8:00 a.m.– 2:00 p.m.

Fee: \$65

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

Gravy & Fixins *New!*

You will learn in this hands-on class how to make some tasty gravies to go with any meat, pasta or potatoe Caramelized onion, creamy mushroom, savory garlic and herb, sausage gravy and biscuits, beef and chicken, stroganoff and simple brown gravy and yummy mashed potatoes for all of them. We will also cover some special diets, how to make vegan, dairy free, keto, gluten free and others. *Bring your own storage container to take home some of the extra yummies we are making in class. All other materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.*

Date: Tuesday, March 31

Time: 6:30 – 8:30 p.m.

Fee: \$25

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

Italian Pasta Sauces

In this fun hands-on class learn how to make marinara, alfredo, pesto and more! We will also cook some pasta that is perfectly al dente. Use the bounty from your garden to make fresh marinara sauce for spaghetti and other pastas and to make easy alfredo sauce just like the restaurants.

Bring your own storage container to take home some of the extra yummies we are making in class. All materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.

Date: One Tuesday, April 14

Time: 6:30 – 8:30 p.m.

Fee: \$25

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

Soup Basics

Learn in this hands-on class the basics of making any soup and how to put your own spin on your favorite recipe! We will make Zuppa Toscana, broccoli & cheese, roasted tomato and more.

Bring your own storage container to take home some of the extra yummies we are making in class. All other materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.

Date: One Tuesday, April 28

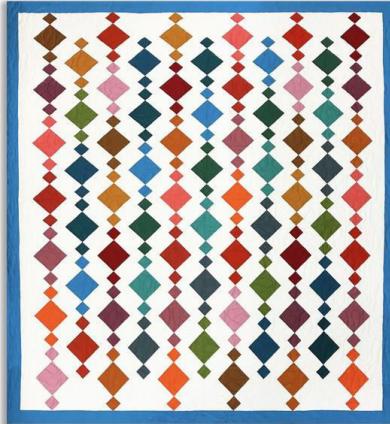
Time: 6:30 – 8:30 p.m.

Fee: \$25

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor





Chandelier Quilt *New!*

A great class for beginners and an easy to make quilt for any skill level. You will learn the basics of quilt making and make a throw size quilt that will finish during the classes. We will explore techniques and all the steps to complete the quilt.

Sewing machines will be available to use during class or you may bring your own to each class. Class supplies and fabric requirement lists (you will need to purchase) will be sent in an email by the instructor before the class starts. You will also need to bring some basic sewing supplies to all the other classes: fabric, pins, scissors, thread, cutting mat and rotary cutter. Prerequisite: Basic sewing knowledge. Class meets one night a week for a total of 8 classes. Class is designed for adults and children 16 years and older may enroll with an adult.

Dates: Eight Tuesdays
March 3, 10, 17, 24, 31
April 14, 21, 28
Time: 7:00 – 9:00 p.m.
Fee: \$65
Location: Penn High School, Room 131
Instructor: Becky Szeles, experienced instructor

Card Making

Handmade cards are a joy to make and send. You'll be surprised how easy it is to make them in this fun new class! Feel empowered as you learn how easy it is. Make 12 cards with envelopes at each session, covering a variety of topics and styles. Learn simple skills and tricks, adding your own personal touch to your creations.

Use of tools are furnished at the class. You will purchase supplies from the instructor at each class. Your supply fee will be \$25 per session-payable to the instructor at the class. Class is designed for adults and children 13 years and older may enroll with an adult. No experience is necessary.

Date: One Wednesday, March 18
Time: 6:00 – 8:30 p.m.
Fee: \$20
(Additional \$25 supply fee per session)
Location: Penn High School, Room 168
Instructor: Kay Crum, experienced instructor

Create Your Own Handmade Journal *New!*

Join us for this fun new class! In a relaxed, beginner class you'll create a handmade journal using simple tools and techniques. No two keepsakes will be the same as you create your own unique journal. You'll leave with a finished journal and the skills to make many more for yourself, friends and family. *You will purchase supplies from the instructor at the class. Your supply fee with the instructor will be \$10 (cash please), payable to Elisabeth at the class. Class is designed for adults and children 13 years and older may enroll with an adult.*

Date: One Tuesday, March 10
Time: 6:30 – 8:30 p.m.
Fee: \$20 (Additional \$10 supply fee)
Location: Penn High School, Room 168
Instructor: Elisabeth Simeri, experienced instructor

Green Up Your Clean Up *New!*

Bring in the green with this Spring clean! In this informative class you'll learn simple eco-friendly tools and techniques and ways to ditch harsh chemicals and make your home sparkle naturally. You will learn recipes for easy DIY swaps, safer products and habits that are kinder to your family, pets, your home and the planet. In this hands-on class you will make some products that you will take home. *You will purchase supplies from the instructor at the class. Your supply fee with the instructor will be \$10 (cash please), payable to Elisabeth at the class. Class is designed for adults and children 16 years and older may enroll with an adult.*

Date: One Thursday, April 16
Time: 6:30 – 8:30 p.m.
Fee: \$20 (Additional \$10 supply fee)
Location: Penn High School, Room 134
Instructor: Elisabeth Simeri, experienced instructor

Get Out of Debt *New!*

Join this informative class and learn how to save up to \$3000 per year and get out of debt. Is it getting tougher to balance the books? Don't give up! Learn a simple seven step method to get your spending under control and create positive monthly cash flow. You will also learn a technique to supercharge your payments to rapidly reduce your debt. There will also be discussion on simple behavioral changes and specific money-saving ideas that can dramatically reduce your monthly expenses. *Please bring a list of your debts, expenses and income to the class.* You'll leave with a budget, savings ideas and hope!

Choose one of the sessions offered.

Date: **SESSION 1**— One Thursday, March 12
SESSION 2— One Thursday, April 23
Time: 6:30 – 8:30 p.m.
Fee: \$20 (per session)
Location: Penn High School, Room 168
Instructor: Patrick Shearer, experienced instructor

Fishing for Salmon on the Great Lakes *New!*

This class is designed for adults who would like to learn the art of salmon fishing. It will cover an introduction to trolling on Lake Michigan for salmon, steelhead, lake trout and brown trout. You will learn about location, presentation and fighting the fish. Class is designed to cover the basics in these areas and will also include safety tips on the Great Lakes. There will also be discussion on baits to use and starting Spring coho fishing progressing through Spring and Fall.

Dates: Two Mondays
March 9, 16
Time: 6:30 – 8:00 p.m.
Fee: \$35
Location: Penn High School, Room 168
Instructor: Captain Jeffrey Eck, experienced teacher and Charter Captain



Art Adventures for Young Children

This class is designed for younger children, *aged five to eight years old* who will be introduced to drawing and painting techniques and to the joys of making art. What could be more fun than working in a variety of media to create drawings and paintings of fun things like animals, landscapes and buildings and more. *All materials are included. Wear clothing that is OK to get messy or bring a paint shirt.*

Dates: Three Tuesdays
March 3, 10, 17
Time: 6:10 – 7:10 p.m.
Fee: \$40 (supplies included)
Location: Bittersweet Elementary School,
Room to be determined
Instructor: Amy Prince, experienced Art teacher

Art Adventures for Young People

This class is designed for children *aged nine to eleven years old* and provides an introduction to drawing and painting techniques including color theory and perspective. Students will use a variety of materials including crayons, colored pencils, watercolors and chalk pastels. Various projects will include animals, landscapes and buildings with both drawings and paintings as the finished projects. Instruction geared to the interests and the experience of the students who enroll. *All materials are included. Wear clothing that is OK to get messy or bring a paint shirt.*

Dates: Three Tuesdays
March 3, 10, 17
Time: 7:15 – 8:15 p.m.
Fee: \$40 (supplies included)
Location: Bittersweet Elementary School,
Room to be determined
Instructor: Amy Prince, experienced Art teacher

Baby-Sitting Basics

This fun hands-on class is designed to prepare you for the responsibilities that come with child care. Class includes activities to keep children busy, safety, answering land line phones and the door, choking and rescue breathing, and more. You will also learn about setting fees, looking for babysitting jobs and common courtesies involved in baby-sitting. *Class is designed for boys and girls 11-15 years of age who are interested in baby-sitting. Students should bring a doll or stuffed animal for diaper practice skills during class.* A snack is provided. A certificate of achievement will be awarded to each student upon successful completion of all class requirements.

Date: One Saturday, April 25
Time: 8:00 a.m. – 12:30 p.m.
Fee: \$40 (Snack is provided)
Location: P-H-M Educational Services Center,
55900 Bittersweet Rd, Mishawaka, IN 46545
(Use Main Front Entrance)
Instructor: Linda Meeks, R.N., experienced instructor



Register and pay online at
phm.revtrak.net

COMMUNITY INFORMATION



COMMUNITY EDUCATION NEEDS YOU!!

P-H-M Community Education is always looking for fresh, new classes to offer to the community! It is very easy to do this! Have a hobby or something your great at such as meal planning or baking/cooking a traditional dish? Share this love with others by teaching others through Community Education.

Call the P-H-M Community Education office at 574.258.9568 or email jforkner@phm.k12.in.us

Learn how you can teach a class or share your dream class ideas! It's great for the community and rewarding for the instructor.



Register and pay online at
phm.revtrak.net



Learn to Swim 2026



Penn-Harris-Madison Community Education is offering three sessions of Learn to Swim classes at Penn High School. Children must be at least four years old and toilet trained. Each session includes ten classes of 30 minutes each. Classes during a session run daily Monday thru Friday.

The following class times are offered for each session:

8:00 a.m., 8:40 a.m., 9:20 a.m., 10:00 a.m.,
12:30 p.m., 1:10 p.m., 1:50 p.m., 2:30 p.m.

Each child will be tested on the first day of the session and will be placed in one of the Red Cross swim levels. In order to receive certification at the end of each session, children must attend testing on the first day.

Registration Guidelines

You may view the most up-to-date registration information about Learn to Swim later this spring by visiting the Community Education web page at www.phmschools.org/p-h-m-community-education and also the PHM WebStore at phm.revtrak.net. Information will be published in March for you to view. Registration will begin on Monday, April 13, 2026 at 10:00 a.m.

The cost is \$50 per session(10 classes) per child.

Parents of four year olds will be required to provide a birth certificate for the child at the time of registration. [The day you register a four year old child you must email a copy of the birth certificate to jforkner@phm.k12.in.us](#)

Session I:
June 15-26

(No Classes 6/29-7/3)

Session II:
July 6-17
Session III:
July 20-31

If the birth certificate is not received your registration will be cancelled and a refund will be mailed to you. A child must be four years old by the date of the session(s) you are enrolling your child in. No Exceptions!

Class size is limited and time slots will be filled on a first come, first served basis.

Refunds, minus a \$10 processing fee for each registration if you cancel from a session. Cancellations must be received at least seven business days prior to the start of the session you are cancelling from.

A \$5 processing fee will be charged for all transfers. Transfer fees need to be paid in cash or check at the Community Education office and can not be charged to a credit or debit card.

For more information or if you have any questions, please call 574.258.9568 or feel free to email jforkner@phm.k12.in.us.



P-H-M Super Kids Camps

Super Kids Camps offer elementary-age children an opportunity to explore and experience art, music, science, and physical fitness in a fun, relaxed atmosphere. Super Kids Camps are open to children who will be entering Grades 1–6 in the Fall of 2026. Super Kids Camp is offered from 9:00 a.m. to 12:00 p.m., Monday through Friday. Campers enjoy four camp activities daily, as they rotate from each activity with their friends every 45 minutes. The cost of Super Kids Camp is \$50 per child per camp. Summer registration forms will also be available in late March and registration will begin April 13, 2026.

Building Science and Design

Instructor—Mrs. Maggie Gallagher,
Teacher at Northpoint Elementary School

Campers will utilize a variety of skills as they work together to design and build communities of the future. They will learn about different types of structures, how they work and use the information to build objects from K-Nexs, cardboard boxes and other materials.

Creativity with Music

Instructor—Mr. Jason Poff
Teacher at Mary Frank Elementary School

Every child loves music and this program will foster those innate musical talents. Campers will learn a variety of fun, silly songs that are traditional at summer camps throughout the country. Students will make their own musical instruments out of a variety of new and recycled objects.

Horizon Elementary School

June 15–19

Mary Frank Elementary School

July 13–17

Elsie Rogers Elementary School

July 27–31

Creative Expressions

Instructor—Mrs. Jessica Marsh,
Teacher at Penn High School

The emphasis is on creativity and exploring the visual world with a variety of activities including drawing, painting, color, and design. Students will have a great time while participating in projects that provide a foundation in artistic expression.

Fun with Fitness

Instructor—Mr. Jim Meuninck
Teacher at Bittersweet Elementary School

A healthy focus on recreation and fitness round out the camp experience with numerous team games including soccer, and many throwing and dribbling activities. The emphasis is on non-competitive, active fun in large and small group settings.

Theater Camp

Penn High School—Studio Theater

Session 1: June 22–26

Session 2: July 20–24

Instructor/Director—Ms. Deb Swerman

Pick one or both of these one-week, half-day camps designed for students entering Grades 5–8 in the Fall of 2026. Camp is offered from 9:00 a.m. to 12:00 p.m., Monday through Friday. Students who are interested in performance, stage work or those who just want to build self-confidence. Each camp will be filled with fun activities including games, exercises, improvisations and scene work.

- Participate in creative games and exercises designed to build confidence and imagination.
- Create improvisational skits and games to help increase individual spontaneity.
- Work together in groups on small skits with the purpose of creating fun characters and stories.
- Enjoy a fun, creative, spontaneous atmosphere that builds confidence and nurtures stage skills.

Each camp is \$90 per student and includes a camp t-shirt. Summer registration will begin April 13, 2026.

Camp Invention

Mary Frank Elementary School

June 22–26

A week-long summer enrichment program for children entering Grades 1–6. Camp Invention program instills life skills such as problem-solving and teamwork through hands-on fun! Visit www.campinvention.org to register.

P-H-M Community Education— Walk-in/Mail-in Registration Form

SUMMER Camp Registration starts Monday, April 13, 2026

Child's Name _____

Grade for Fall 2026 _____

Parent Name(s) _____

Address _____

City _____ State _____ Zip _____

Cell Phone # _____ Alternate Phone # _____

Email _____

Camp _____ Fee _____

Camp _____ Fee _____

Camp _____ Fee _____

Total Enclosed _____

Payment Method: Cash-Receipt # _____ Check# _____ Money Order # _____

Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545

P-H-M Community Education— Walk-in/Mail-in Registration Form

SUMMER Camp Registration starts Monday, April 13, 2026

Child's Name _____

Grade for Fall 2026 _____

Parent Name(s) _____

Address _____

City _____ State _____ Zip _____

Cell Phone # _____ Alternate Phone # _____

Email _____

Camp _____ Fee _____

Camp _____ Fee _____

Camp _____ Fee _____

Total Enclosed _____

Payment Method: Cash-Receipt # _____ Check# _____ Money Order # _____

Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545

Finding Your Way Around P-H-M

Bittersweet Elementary School Classes

Bittersweet School is located directly behind the Educational Services Center just north of Penn High School on Bittersweet Road between Jefferson and McKinley Avenue. **Use the main entrance(A) for all classes.**

Elm Road Elementary School Classes

Elm Road School is located on Elm Road just south of Dragoon Trail in Mishawaka. **Use entrance F (to the right of the main entrance) for all classes.**

Elsie Rogers Elementary School Classes

Elsie Rogers School is located on Currant Road just south of McKinley in Mishawaka. **Use entrance F (to the right of the main entrance) for all classes.**

Northpoint Elementary School Classes

Northpoint is located on Cherry Road just north of State Road 23 near Adams Road in Granger. (Mary Frank Elementary School is to the southeast of Northpoint Elementary School.) **Use entrance F for all classes.**

Penn High School Classes

The entrances for some of the community education classes at Penn will be from the **Jefferson side parking lot (using entrance K for cooking, computer and quilting classes).**

Parking is available in the parking lot in front of the school for the scuba, water aquacize and the art/chalk classes. **Participants may park in the north lot and enter directly into the pool and gymnasium area (Entrance D) at the north end of the building.**

Prairie Vista Elementary School Classes

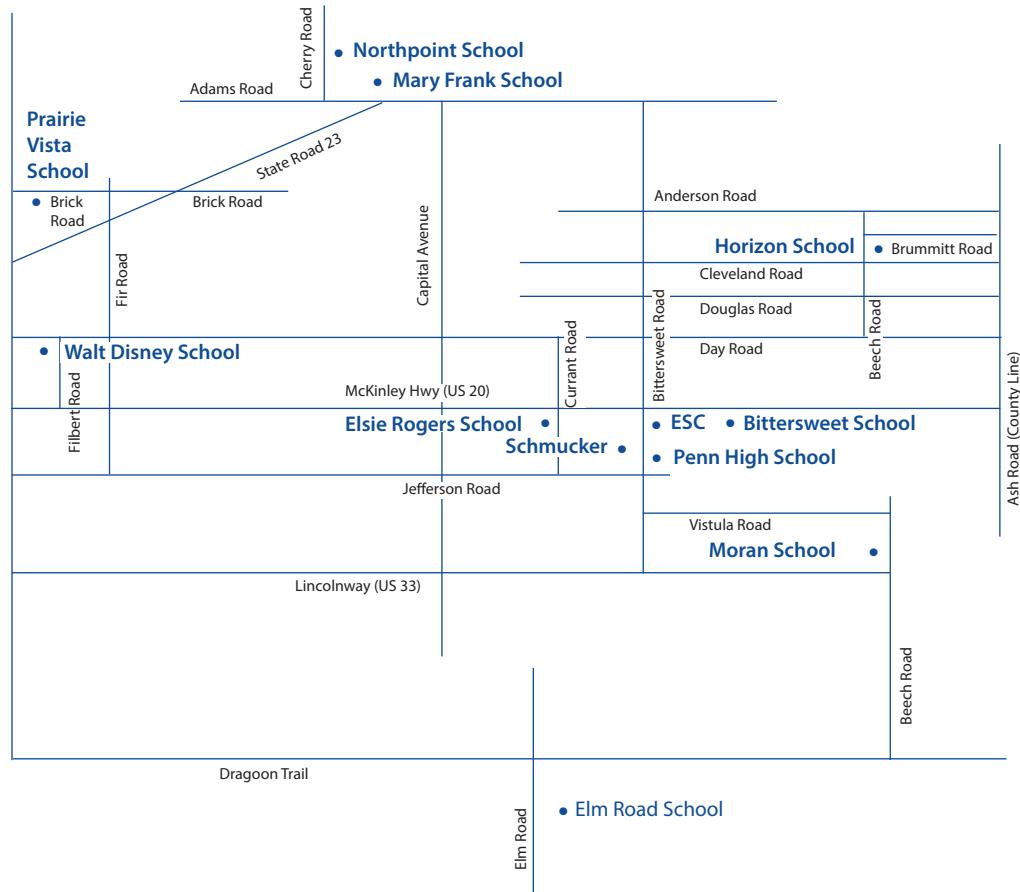
Prairie Vista is located on Brick Road between Fir and Gumwood Roads in Granger. **Use entrance A/Main entrance for all classes.**

Walt Disney Elementary School Classes

Walt Disney Elementary School is located at the corner of Filbert and Day Road. **Use Entrance C (enter off of Day Road and go behind the school to enter) for all classes.**

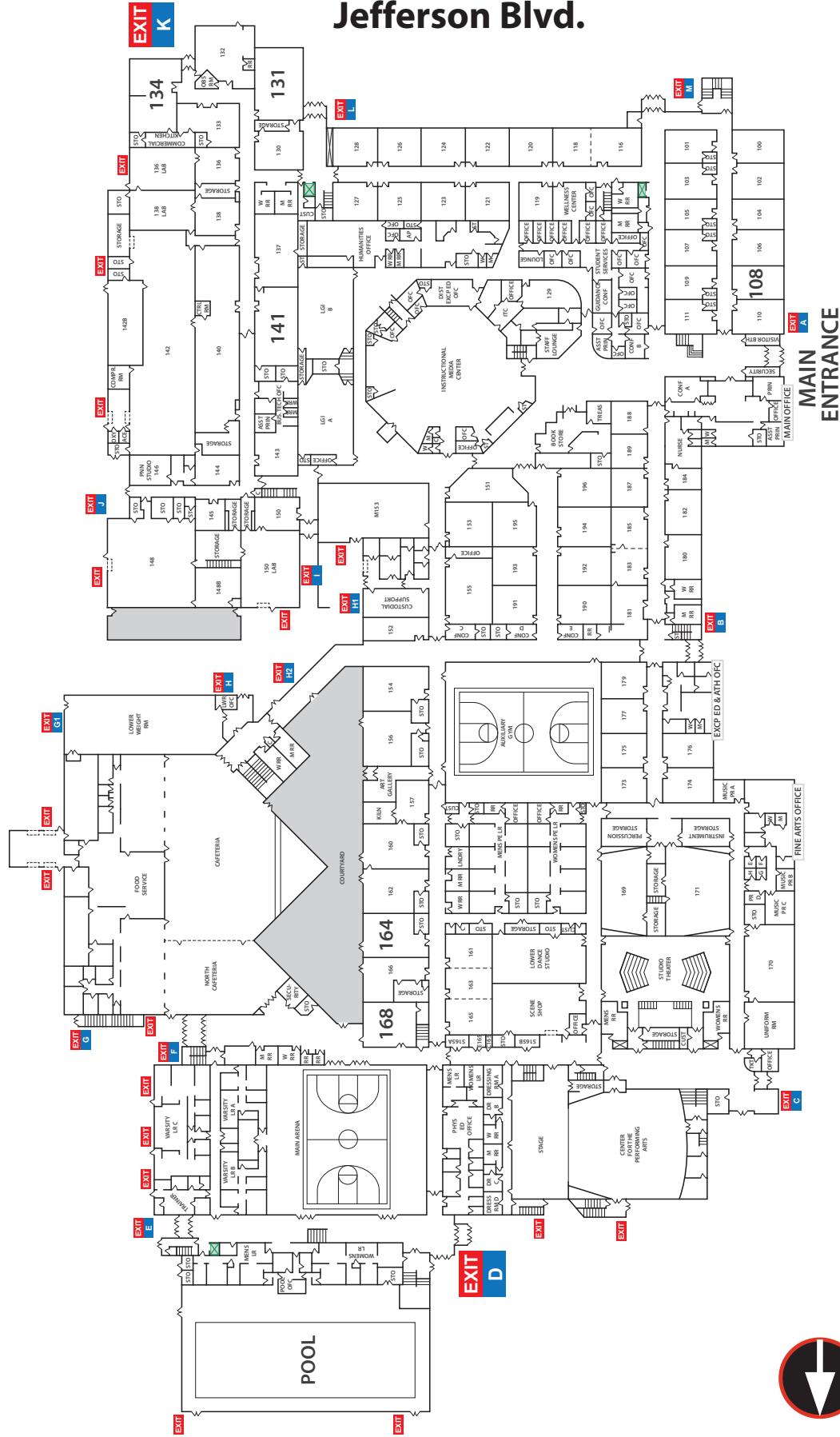
Still confused?

Feel free to call the Community Education office at 574.258.9568 between 8:00 a.m. and 4:00 p.m. for more details.



Finding Your Way Around Penn High School—First Floor

Jefferson Blvd.



Bittersweet Rd.

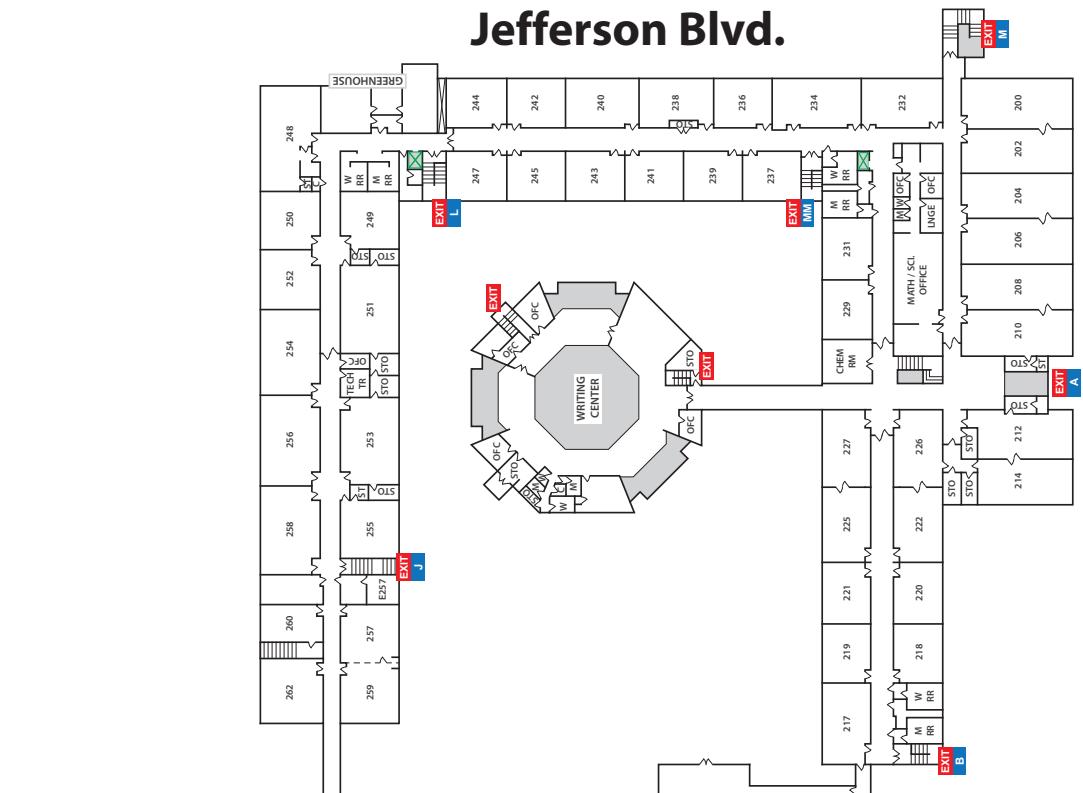
North



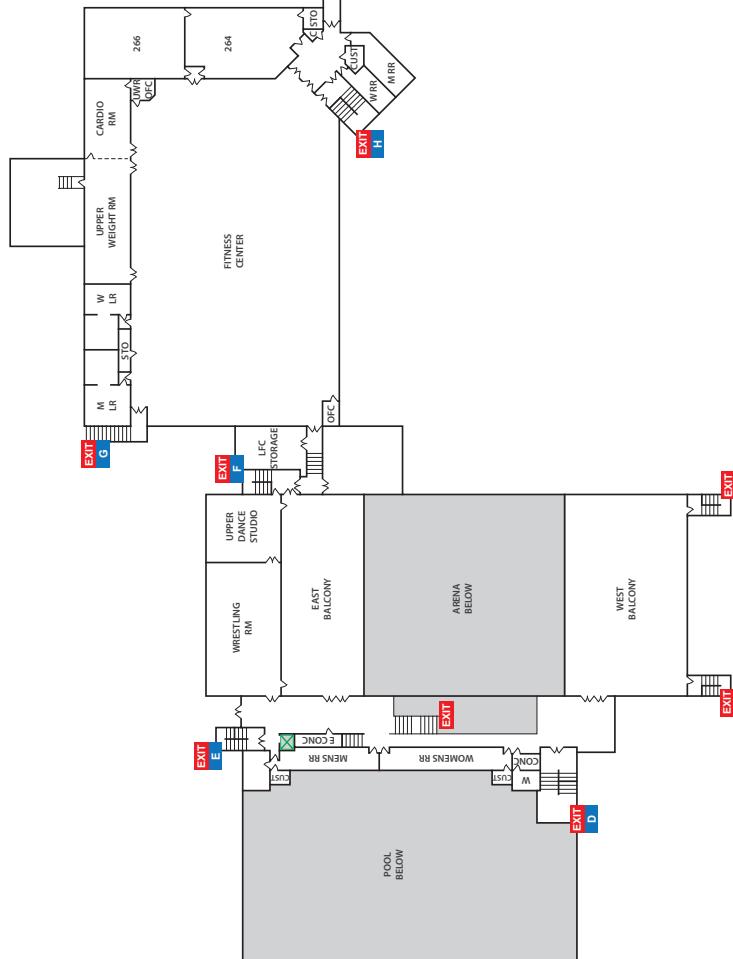
MAPS

Finding Your Way Around Penn High School—Second Floor

Jefferson Blvd.



Bittersweet Rd.



North



Registration Information

Online Registration and Payments

Online Registration

- Visit the P-H-M Web Store at phm.revtrak.net
- Click on the “Community Education” button
- Select your class(es)
- Register for your class(es)
- Create an account
- Make a payment using an **eCheck, Discover, VISA, or MasterCard debit/credit card**. There is a 3.49 percent fee for using this service.
- Receive and print your receipt

Phone-In Registration

Phone in your registration **Monday–Friday from 8 a.m.–4 p.m. to 574.258.9568**. The Community Education office is **closed from 12:30–1:30 p.m.** Please have your course name and payment information ready.

Walk-In Registration

You may register in person at our office located in the Educational Services Center (just north of Penn), **55900 Bittersweet Road, Mishawaka, IN**. Office hours are **Monday–Friday from 8 a.m.–4 p.m.** The Community Education office is **closed from 12:30–1:30 p.m.** but you can leave your registration form and payment with the receptionist during this time.

Mail-In Registration

Fill out the registration form on page 19 and mail it with your check, money order or purchase order information. **Mail to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545.**

Payment Information

Payment must be submitted at the time of registration. We accept cash, check, money order or purchase order at the Community Education office. **Instructors DO NOT accept registrations or payments.** A \$20 fee will be charged for processing checks returned for insufficient funds.

When Can I Register?

Registration begins immediately! Registrations are processed on a first-come, first-served basis. You may register until the day before a class begins. Due to a minimum number of students necessary for classes to be held, we encourage you to sign up early. **You must register and pay before attending a class or bus trip. Instructors can not accept registrations or payments as all registrations and payments are thru the Community Education office.**

Confirmation

You will only hear from us if there is a change in your class time or day or if a class is cancelled. You may call 574.258.9568 to verify receipt of your registration. **Online registrants will receive a confirmation email at the completion of their registration.**

What if a class is full?

SIGN UP EARLY! Class size is limited. If the class you want to take is full, place yourself on the online wait list.

Online registrants will receive a registration confirmation email or that they have been placed on the wait list. If an opening occurs, we will contact you. If you mail a registration and the class is full, we will notify you.

Changes

Every effort is made to ensure the accuracy of the information presented in this brochure. All classes, instructors and locations are subject to change or deletion.

Cancellation/Refund Policy

The P-H-M Community Education office reserves the right to cancel classes due to insufficient enrollment. **If a class is cancelled, registered students will be notified in advance and a refund check will be mailed.**

If you withdraw from a class **7 days before the first class**, you will receive **a refund minus a \$10.00 registration fee**.

If you withdraw from a class less than 7 business days **before the first class**, you will receive **a course credit minus a \$10.00 registration fee**.

No course credits or refunds will be given to students withdrawing after the second class or after a one session class. Classes are not prorated.

All bus trips are non-refundable. Book fees and supply fees are refundable only to the specified date stated in the brochure description.

Refunds

Refunds for fees paid by cash, check and credit cards may take up to 3–4 weeks to process and a refund check is mailed to you. Online service fees are not refunded.

Discounts

We offer senior citizen discounts on a couple of our classes. **Seniors must be at least 55 years of age.** You will receive this same discount by registering online.

Inclement Weather

Classes are held **unless** the P-H-M School Corporation closes schools during the day due to inclement weather or because of a regularly scheduled school holiday or recess day. Area radio and TV stations may carry such notices.

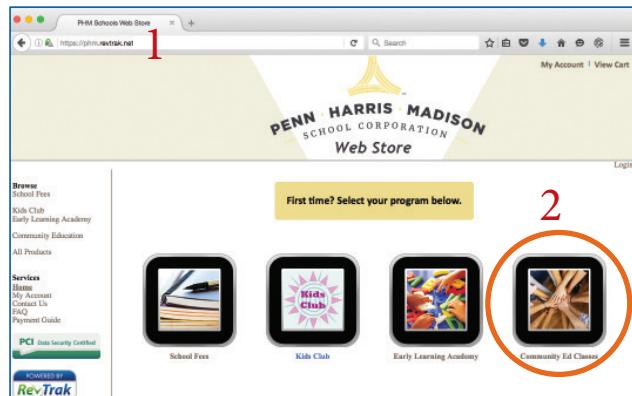
If weather conditions occur late in the day making classes questionable, please feel free to call our office **574.258.9568** or visit our website at **www.phmschools.org** for more information.

Every effort will be made to provide class status information on voice mail or email if the office is closed. Participants will be called only in special circumstances such as teacher illness or emergency. **On questionable inclement weather days**, you should check your email for information we might provide to you to let you know whether classes are being held.

Online Registration and Payments

Instructions for Enrolling in Community Education Classes

- 1 Visit our Web Store at phm.revtrak.net
- 2 Click on the **Community Education Classes** button on the home page
- 3 Select the category your class is under (e.g. Computers, Arts and Crafts, Fitness, etc.)
- 4 Then, select the class name from the class list



Advanced Kettlebells at Elsie Rogers

Advanced Kettlebells at Elsie Rogers Learn more hard intensity workouts with kettlebells and other fitness equipment and techniques. Kettlebells work the whole body and also the co...

Number:
[Advanced Kettlebells at Elsie Rogers WINTER 16-17](#)

Date:
[1/10/16-2/21/17](#)

Day(s):
[Tu](#)

Time:
[6:05p-6:50p](#)

Price:
[\\$35.00](#)

- 5 After clicking into the class you will need to select the [Click Here to Register](#) link
- 6 First-time users create an account or returning users login
- 7 After creating an account, you will need to select the participant from the following page. You may also add a new person if they are not currently set up in your account
Note: The name of the selected participant MUST be the name of the person attending the course
- 8 In order to continue registration you must answer all required fields before either clicking [Check Out](#) or [Continue Shopping](#) at the bottom of the registration page
- 9 If you choose [Continue Shopping](#) to add additional registrations to your Shopping Cart, simply select the [Go To Check Out](#) button when you have finished all necessary registrations.
Note: Your Shopping Cart can be found on the left side of your screen in the Navigation Bar
- 10 At the [Shopping Cart](#) page, you will need to verify all billing information for accuracy then click [Complete Order](#)
- 11 Make payment using a eCheck, Discover, VISA or MasterCard debit or credit card. Payment will be processed and a receipt can be viewed and printed
- 12 When you are finished, [Logout](#)

ADVANCED KETTLEBELLS AT ELSIE ROGERS

Class #: Advanced Kettlebells at Elsie Rogers WINTER 16-17

Date: 1/10/2017 - 2/21/2017

Days: Tu

Time: 6:05 PM - 6:50 PM

Location: Elsie Rogers Elementary School:Gym

Instructor: Jena Lees

Price: \$35.00

[CLICK HERE to Register for this Class](#)

5

Register and pay
online at
phm.revtrak.net

ONLINE
PAYMENTS

Powered by RevTrak

There is a 3.49% for
using this service

P-H-M Community Education Spring 2026 — Walk-in/Mail-in Registration Form

Name _____

Address _____

City _____ State _____ Zip _____

Cell Phone # _____ Alternate Phone # _____

Email _____

For children's class(es), please list parent's names _____

Child's Age _____ Current Grade for 2025-2026 school year _____

Course Name _____ Fee _____

Course Name _____ Fee _____

Course Name _____ Fee _____

Total Enclosed _____

Payment Method: Cash-Receipt # _____ Check# _____ Money Order # _____

Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545

P-H-M Community Education Spring 2026 — Walk-in/Mail-in Registration Form

Name _____

Address _____

City _____ State _____ Zip _____

Cell Phone # _____ Alternate Phone # _____

Email _____

For children's class(es), please list parent's names _____

Child's Age _____ Current Grade for 2025-2026 school year _____

Course Name _____ Fee _____

Course Name _____ Fee _____

Course Name _____ Fee _____

Total Enclosed _____

Payment Method: Cash-Receipt # _____ Check# _____ Money Order # _____

Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545



SCHOOL
CORPORATION

Community Education
55900 Bittersweet Road
Mishawaka, IN 46545

Non-Profit Org.
U.S. Postage
PAID
Milford IN
Permit No. 2

Penn-Harris-Madison Community Education Spring Class Information and Schedule, Learn to Swim and Summer Camp Information

Welcome to Penn-Harris-Madison Community Education. Enclosed you will find class information, as well as Learn to Swim and Summer Camp information. This brochure offers new class opportunities for personal enrichment, fitness and recreation, entertainment. Please call our office at 574.258.9568 or email jforkner@phm.k12.in.us if you have any questions about our classes or to register with a credit or debit card by phone. You can also go to phm.revtrak.net and register and pay online or you can mail your registration or come to our office to register and pay.

Computers

| | |
|------------------------------------|---|
| Introduction to Personal Computers | 2 |
| Intermediate Personal Computers | 2 |

Bus Trips

| | |
|--------------------------------|---|
| Rosemont Bus Trip | 3 |
| Birch Run/Frankenmuth Bus Trip | 3 |

Recreation

| | |
|--------------------------------------|---|
| Discover Scuba | 3 |
| Scuba Diving Instruction | 3 |
| Basic Fundamentals of the Golf Swing | 4 |
| Scoring Shots | 4 |

Fitness

| | |
|------------------------------------|---|
| Cardio Drumming at Bittersweet | 4 |
| Zumba at Elm Road | 4 |
| Mindful Movement at Elm Road | 4 |
| Kettlebell at Elsie Rogers | 5 |
| Kettlebell Step at Elsie Rogers | 5 |
| Yoga at Northpoint | 5 |
| Water Aerobics/Aqua Groove at Penn | 5 |
| PLYOGA Fitness at Prairie Vista | 6 |
| Zumba at Prairie Vista | 6 |
| Cardio Drumming at Walt Disney | 6 |

Special Interest

| | |
|-------------------------------------|---|
| Women's Self Defense | 6 |
| Delicious Change- NEW | 7 |
| Salsa Sauces and Tortilla Basics | 7 |
| Basic Home Canning Class | 7 |
| Gravy & Fixins- NEW | 7 |
| Italian Pasta Sauces | 7 |
| Soup Basics | 7 |
| Chandelier Quilt- NEW | 8 |
| Card Making | 8 |
| Create Your Own Journal- NEW | 8 |
| Green Up Your Clean Up- NEW | 8 |
| Get Out of Debt- NEW | 8 |
| Fishing for Salmon- NEW | 9 |

Maps

| | |
|-------------------------|----|
| Finding Your Way Around | 14 |
|-------------------------|----|

Registration Forms & Information

| | |
|---------------------------------|----|
| Registration Information | 17 |
| Online Registration Information | 18 |
| P-H-M Spring Registration Form | 19 |

You do not

need to live within the P-H-M school district
to take or teach our classes.

Children and Teens

| | |
|-----------------------------------|---|
| Art Adventures for Young Children | 9 |
| Art Explorations for Young People | 9 |
| Baby-Sitting Basics | 9 |

Community Information

| | |
|---------------------------------|----|
| Community Information | 10 |
| P-H-M Learn to Swim Information | 11 |
| P-H-M Summer Camp Information | 12 |
| P-H-M Summer Registration Form | 13 |