

Community Mental Health Providers

Please find a list of various mental health providers in our community. This list is not exhaustive and P-H-M does not endorse one organization over another. Individuals and families who choose to access services do so on a voluntary basis and release Penn-Harris-Madison from any claims, demands, legal action or liability. The list is simply a resource for families to explore on their own if they decide to do so while utilizing their own resources. If you are interested in more information, please reach out to the agency or reach out to your school counselor or Youth Service Bureau Specialist.

Agency	Counseling/Therapy	Psychiatric Services	Psychological Testing	Emergency/Crisis (e.g., Suicide Ideation)
Memorial Epworth (adolescents 13 and older) 420 N. Niles Avenue, South Bend, IN 46617 Admissions Office at 574-647-8400	x	x	x	X
Michiana Behavioral Health (age 6 and older) 1800 North Oak Drive, Plymouth, IN 46563 1-800-795-6252 or 574-936-3784	x	x	x	x
Oaklawn Psychiatric Center 403 E. Madison St., South Bend, IN 574-283-1234	x	x	x	
Reflections Counseling 3220 E. Jefferson Blvd., South Bend, IN 574-222-2466	x	x	x	
A Beautiful Mind 2410 Grape Rd. Ste 1, Mishawaka, IN 574-855-3570	x	x	x	
Linda Bodnar, LCSW, LCMFT 17903 State Road 23, South Bend, IN 574-277-2525	x			
Bontrager Therapy Services 203 E. Mishawaka Ave. Mishawaka, IN 574-256-3699	x			
Denise Briggs, Ph.D. 1750 Kilbourn St., Elkhart, IN 574-296-2800	x		x	
Jeff Burnett, PhD Psychologist 300 S St. Louis Blvd #202, South Bend, IN 574-232-1405	x	x	x	
Center for Positive Change	x			

611 Lincolnway E, South Bend, IN 574-360-4066				
Cornerstone Family Therapy 1415 Lincolnway W Suite T, Osceola, IN 574-651-8912	x			
Donald Cronk, LMHC, CST 401 E. Colfax Ave #114, South Bend, IN 574-277-7734	x			
Crossroads Counseling 711 E. Colfax Ave., Suite 229, South Bend, IN 574-233-3597	x			
Jean Davidson, LCSW 401 E. Colfax, South Bend, IN 574-261-1255	x			
Chad Edwards, Ph.D., HSPP Developmental Neuropsychology 3608 Pleasant St., South Bend, IN 46615 574-367-2371	x		x	
Elkhart Samaritan Center 311 W. High Street, Elkhart, IN 574-262-3597	x			
The Front Porch 515 Lincolnway W., Mishawaka, IN 574-210-8644	X Mental Wellness (e.g., Yoga, Mindfulness)			
Heather Holleman, Ph.D., HSPP (Reflections Counseling) 3220 E. Jefferson Blvd., South Bend, IN 574-222-2466	x		x	x
Jody Lillich Hughes, LLC 202 S. Michigan Street, Key Tower Building, Suite 875, South Bend, IN 574-808-4496	x			
Intrigue Counseling 227 N Dixie Way, South Bend, IN 574-234-3515	x			
Nancy Gulanick & Associates 105 E. Jefferson Blvd. #212, South Bend, IN 574-287-7399	x			

Margaret Jessop, PsyD, Clinical Psychologist 53700 Generations Drive Suite 200, South Bend, IN 574-245-0077	x			
Jennifer Knapp, D.O. Psychiatrist (Reflections) 3220 E. Jefferson Blvd., South Bend, IN 574-222-2466	x	x	x	
Emily Lehman, LMHC 510 Lincolnway E., Suite E, Mishawaka, IN 574-400-7250	x			
Lincoln Therapeutic 113 Lincolnway E., Mishawaka, IN 574-255-4976	x			
Meridian Health Services 1818 Went Ave., Mishawaka, IN 574-254-0229	x	x	x	x
Mitchell Goldstein, MD Psychiatrist (Goldstein and Associates) 107 N. Eddy St., South Bend, IN 574-246-1036	x	x	X	
Neuro Force 4201 Lincolnway E., Mishawaka, IN 574-807-6009	x			
Timothy Onkka Ph.D. 150 W. Angela Blvd., South Bend, IN 574-232-5237	x	x	x	
John Petersen, PsyD 922 E. Wayne St. Suite 205-206, South Bend, IN 574-280-8199	x			
Psychological and Family Consultants 926 E. Jackson Blvd., Elkhart, IN 574-522-6292	x			
Psychology Associates 314 W. Catalpa Dr. E., Mishawaka, IN 574-254-1700	x	x	X	
Riverwalk Associates: Margaret Ann Jessop, PsyD, Leslye Runkle, MSW, LMFT	x			

53700 Generations Dr. Suite 200 S., South Bend, IN 574-258-6300 574-245-0077				
Francis G. Samora, LCSW 150 W. Angela Blvd., South Bend, IN 574-232-5065	x			
Geoffrey Samora & Associates 150 W Angela Blvd., South Bend, IN 574-232-5065	x		X	
Seasons Counseling 17195 Cleveland Rd., South Bend, IN 574-277-0274	x			
Abbee Smith, LCSW 227 Dixie Way Suite 210, South Bend, IN 574-234-3515	x			
Sonego & Associates (Drs. Songeo, VanAuken) Education Lakes Medical Center #160, 230 E. Day Rd., Mishawaka, IN 574-271-8222	x	x	x	
Story of Hope Counseling 509 W. McKinley Ave. Suite 3, Mishawaka, IN 574-904-9959	x			
Terrance Tanner, LCSW, Psychiatry 5314 Lincolnway E., Mishawaka, IN 574-256-9032	x			
Maddi Watkins, LMHC, CCATP Elkhart, IN, Teletherapy 574-227-2227	x			
Wright Directions Counseling 105 E. Jefferson Blvd., #310, South Bend, IN 574-383-5859	x			

Additional Resources:



Safe School Helpline-The Safe School Helpline® is a confidential way to report student concerns about threats, suicide, drugs, bullying or anything that threatens the safety of our schools. Available 24/7.

Call: 1-800-4-1- VOICE ext. 359

Text "TIPS" to 66746

Online: safeschoolhelpline.com

National Suicide Prevention Lifeline: 1-800-273-TALK (8255) suicidepreventionlifeline.org or 988



For emergencies, you can call 911 or go to an emergency room.

Hotlines:

- National Teen Dating Abuse Helpline: 1-800-799-SAFE (7233)
- National Sexual Violence Hotline: 1-800-656-4673
- National Runaway Safeline: 1-800-RUNAWAY OR TEXT 66008
- National Human Trafficking Resource Center: 1-888-373-7888
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Childhelp National Child Abuse Hotline: 1-800-4-A-CHILD (422-4453)
- National Hotline to Report a Missing Child: 1-800-THE-LOST (843-5678)
- National Domestic Violence Hotline: 1-800-799-SAFE (7233)
- Youth Service Bureau (YSB) Crisis Line: 1-866-460-4616
- St. Joseph County Police: 574-235-9611
- Mishawaka Police: 574-258-1678
- Family Justice Center Crisis Line: 574-234-6900

<https://www.healthcare.gov/>