

COMMUNITY EDUCATION

Spring 2025

COURSE SCHEDULE



www.phmschools.org
(574) 258-9568

SPRING CLASS INFORMATION

Learn to Swim and Summer Camp Information

welcome to Lifelong Learning 4 Easy Ways to Register

See Page 18
for Detailed
Instructions

Register and pay online

- Visit the P-H-M Web Store at **phm.revtrak.net**
- Click on the “**Community Education**” button
- Select your class(es)
- Register for your class(es)
- Create an account
- Make a payment using an **eCheck, Discover, VISA, or MasterCard debit/credit card**. There is a 3.49 percent fee for using this service.
- Receive and print your receipt

Phone-In

Phone in your registration **Monday–Friday from 8 a.m.–4 p.m. to 574.258.9568**. The Community Education office is **closed from 12:30–1:30 p.m.** Please have your course name and payment information ready.

Walk-In

You may register in person at our office located in the Educational Services Center (just north of Penn), **55900 Bittersweet Road, Mishawaka, IN**. Office hours are **Monday–Friday from 8 a.m.–4 p.m.** The Community Education office is **closed from 12:30–1:30 p.m.** You can leave your registration form and payment with the receptionist during this time.

Mail-In

Fill out the registration form on page 19 and mail it with your check, money order or purchase order information. **Mail to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545.**

Payment Information

Payment must be submitted at the time of registration. You must register **BEFORE** attending a class. *Instructors DO NOT accept registration or payments.* We accept cash, check, money order or purchase order at the Community Education office. **A \$20.00 fee will be charged for processing checks returned for insufficient funds.**

You do not need to live within the P-H-M school district to take or teach our classes.

Introduction to Personal Computers

This introductory hands-on computer class is designed for the beginning computer user who wants to acquaint themselves with personal computers and their applications. In the most basic terms, you will be introduced to word processing, spreadsheets and more. You'll learn formatting, exchanging files and other basic functions. ***Enrollment is limited. You will need to bring a USB flash drive to each class to save your work. This course is very helpful for those with no prior experience on a computer. Prerequisite: None. Computers are provided during your class time. No class on 4/7***

Dates: Four Mondays
March 17, 24, 31
April 14

Time: 6:00 – 8:30 p.m.

Fee: \$75/\$65 senior citizens

Location: Penn High School, Room 141

Instructor: Kay Crum, experienced instructor

Intermediate Personal Computers

Know the basics, but want to learn more about how your personal computer works, then this hands-on class is for you! Learn a wide range of programs and improve your computer knowledge. This class will help you gain the confidence to move on to more complex computer programs you would like to learn. ***Enrollment is limited. You will need to bring a USB flash drive to each class to save your work. Prerequisite: Introduction to Personal Computers or equivalent experience. Computers are provided during your class time.***

Dates: Four Mondays
April 21, 28
May 5, 12

Time: 6:00 – 8:30 p.m.

Fee: \$75/\$65 senior citizens

Location: Penn High School, Room 141

Instructor: Kay Crum, experienced instructor

Rosemont Fashion Outlets Bus Trip

Rosemont Fashion Outlets of Chicago is a must-shop destination when visiting the Chicago area. With nearly 140 of the finest stores and great restaurants you can be sure you will find exactly what you are looking for. Enjoy stores such as Adidas Factory, Alexander McQueen, American Eagle Outfitters, Banana Republic Factory, Bath & Body Works, Bloomingdale's The Outlet, Boss, Burberry, Calvin Klein, Carter's, Chico's, Clark's Outlet, Coach Outlet, Columbia, Converse, Crocs, Express Factory Outlet, Finish Line, Gucci, J. Crew Factory, Jimmy Choo, lululemon, Michael Kors, Nike Factory, Nordstrom Rack, Saks Off 5th, Tommy Hilfiger, Ugg, Under Armour, Vera Bradley, Versace, Vineyard Vines, Vuori, White House/Black Market Outlet and more under one roof. Enjoy a meal or an on-the-go snack, you're sure to find something at one of the many places to eat.

The bus will leave promptly at 8:00 a.m. and return around 9:00 p.m. Payment for this trip must be received at the time of registration. No refunds will be given after payment is received. Please register prior to February 3. Seats may still be available after this date.

Date: One Saturday, March 1

Time: 8:00 a.m. – 9:00 p.m.

Fee: \$60 per person

Departure: Penn High School, north parking lot



Birch Run Outlet Mall/Frankenmuth Bus Trip

We will first visit Birch Run Premium Outlet Mall so you can do some shopping at the largest outlet mall in the Midwest. Visit some of your favorite stores; American Eagle, Ann Taylor, Banana Republic, Brooks Brothers, Clarks, Coach, Eddie Bauer, Lane Bryant, Loft, lululemon, Michael Kors, Nike, Old Navy, Pottery Barn, The North Face, Tommy Hilfiger, Under Armour and many many more shops! We will then travel to Frankenmuth, Michigan. One of the stops is Bronner's, the largest Christmas store in the World and then you can visit two miles of Bavarian specialty shops and restaurants in downtown Frankenmuth.

The bus will leave Penn promptly at 8:00 a.m. and return around 9:30 p.m. Payment for this trip must be received at the time of registration. No refunds will be given after payment is received. Please try to register prior to March 28. Seats may still be available after this date.

Date: One Saturday, April 26

Time: 8:00 a.m. – 9:30 p.m.

Fee: \$75 per person

Departure: Penn High School, north parking lot

Discover Scuba

March 6 is a one-night experience held before the scuba diving instruction course [for people 10 years and older](#) who would like to try scuba. Take advantage of this exciting opportunity for finding out what scuba diving is all about.

Come to a question-answer session and video in the classroom before going to the pool area. Bring a bathing suit, towel and locker padlock and the rest will be provided.

Date: One Thursday, March 6

Time: 6:30 – 9:00 p.m.

Fee: \$10

Location: Penn High School, Room 163 and Pool

Instructor: Hart City Scuba, Greg Stone, certified instructor

Scuba Diving Instruction

Scuba diving is fun and easy to learn and anyone in good health, reasonably fit and comfortable in the water can learn to dive. [People 10 years and older](#) may take this course.

Course is the PADI OPEN WATER COURSE, the first level of scuba certification and your entry into the adventure of the underwater world. Course includes academics, diving in the pool where skill development will take place and actual scuba diving in an open water environment. *The course is performance based, so you will have as much time as needed for skill development.*

The academic portion begins when you are ready, so through self study you will be able to learn at your own pace. Study materials include your student kit consisting of a book. *Due to the course format it is required that you [contact the dive facility PRIOR to the start of class](#) to ensure that all students have the proper study materials and paperwork.* Course fee includes everything a student diver will need for completion of the course except personal equipment. *[Personal equipment is mask, fins, snorkel and booties.](#) Participants should also bring a bathing suit, towel and locker padlock to each class. After registering and paying for the class, you must call Hart City Scuba at 574.264.3528.*

Dates: Two Tuesdays & Two Thursdays

March 18, 20, 25, 27

Time: 6:30 p.m. – 9:30 p.m.

Fee: \$300 (includes study materials)

Location: Penn High School, Room 163 and Pool

Instructor: Hart City Scuba, Greg Stone, certified instructor



Register and pay online at
phm.revtrak.net



Basic Fundamentals of the Golf Swing

This class teaches the basics, will help you with the proper grip, stance and swing. You will enjoy learning the fundamentals of the sport and also learn how to improve your game. Whether you're a beginner or an experienced golfer who just wants to take a few strokes off his/her game, this class will suit your needs. Discussion will be held during class on some necessary and optional equipment needs.

The first class will last 90 minutes. All other classes will be 60 minutes in length. Driver only is required. For those without clubs, Michiana Golf can supply you with the necessary equipment.

Dates: Five Mondays
April 21, 28
May 5, 12, 19

Time: 6:00 – 7:00 p.m.

Fee: \$90

Location: Michiana Golf Academy
1915 N. Merrifield, Mishawaka, IN

Instructor: Don Wiseman, GSED

Scoring Shots

Mastering the short game is one of the most challenging aspects of golf. Join Don for a five-week course on chipping, putting, lob shots and sand shots. *This program is intended for anyone, beginner or experienced, who is looking to improve their game. Please bring putter, pitching wedge and 7 iron to class.* For those without clubs, Michiana Golf can supply you with the necessary equipment.

Dates: Five Mondays
April 21, 28
May 5, 12, 19

Time: 7:30 – 8:30 p.m.

Fee: \$90

Location: Michiana Golf Academy
1915 N. Merrifield, Mishawaka, IN

Instructor: Don Wiseman, GSED

Cardio Drumming at Bittersweet

Cardio drumming combines dance and rhythm for fun, high-energy workouts which can be described as a combination of drum line and modern dance. Unlike many other workout activities, cardio drumming never gets dull. In addition to hitting the ball in syncopation, you click the sticks in the air, jump and run in place and many other moves you will replicate in all different types of songs and genre'. All fitness levels are welcome. If you are not able to stand for long periods of time, you can also drum sitting down.

Participants should bring a fitness ball, a bucket and drumsticks to each class. Also bring a water bottle and wear comfortable athletic clothing and athletic shoes. Class is designed for adults and children 13 years and older may enroll with an adult. Class meets two nights a week for a total of 20 classes. Class is not held on a few dates due to school closings or prior scheduled events.

No classes on 3/19, 3/24 and 4/7, 4/9

Dates: Twenty Mondays & Wednesdays
March 3, 5, 10, 12, 17, 26, 31
April 2, 14, 16, 21, 23, 28, 30
May 5, 7, 12, 14, 19, 21

Time: 6:15 – 7:15 p.m.

Fee: \$55

Location: Bittersweet Elementary School, Gym

Instructor: Cheryl Burnett, experienced fitness instructor

Zumba at Elm Road

Zumba is a Latin-inspired dance-based fitness program that combines cardio and international music designed to help you dance your way fit! With dance moves set to upbeat music that encourages participants to move to the beat while getting a great work out and having fun too. Class is suitable to people of all ages and fitness levels, and can target the core, legs and glutes.

Participants should bring a water bottle, towel, and wear comfortable clothing and athletic shoes with low tread to each class. Class is designed for adults and children 15 years and older. Class meets one night a week for a total of 8 classes. Class is not held on a few dates due to school closings or prior scheduled events.

No classes on 3/11, 4/1, 4/8, and 5/6

Dates: Eight Tuesdays
March 4, 18, 25
April 15, 22, 29
May 13, 20

Time: 6:15 – 7:15 p.m.

Fee: \$35

Location: Elm Road Elementary School, Gym

Instructor: Nicole DeWitt, certified instructor

NEW



Register and pay online at
phm.revtrak.net

Mindful Movement at Elm Road

Mindful movement is a fusion of yoga and Pilates that focuses on body awareness, mobility, flexibility, and relaxation. This class will focus on breathing techniques, core strengthening and overall flexibility. A great fitness program with easy to follow moves you will be able to follow easily.

Participants should bring a water bottle, towel, mat, and wear comfortable clothing and athletic shoes with low tread to each class. Instructor may ask you to bring other props you may need to help you in some of the poses ie: straps, block or bolsters. Class is designed for adults and children 15 years and older. Class meets one night a week for a total of 9 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 3/6 and 4/10

Dates: Nine Thursdays
March 13, 20, 27
April 3, 17, 24
May 1, 8, 15
Time: 6:15 – 7:15 p.m.
Fee: \$35
Location: Elm Road Elementary School, Gym
Instructor: Nicole DeWitt, certified instructor



Kettlebells at Elsie Rogers

Learn how to use a kettlebell and what a kettlebell can do for you and what muscles it works. You'll also learn to use other fitness equipment and techniques. Kettlebells work the whole body and also the core to build a strong midsection. Whether you want to increase lean muscle mass, tone up your muscles, or lose weight you can increase your overall fitness and burn up a lot of calories doing hard intensity workouts and see quick results. Does not stress the joints while providing both cardio and strength training.

Participants should bring a water bottle, towel and wear comfortable clothing and athletic shoes to each class. Class is designed for adults and children 16 years and older. Class meets one night a week for a total of 10 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 4/8 and 5/6

Dates: Ten Tuesdays
March 4, 11, 18, 25
April 1, 15, 22, 29
May 13, 20
Time: 6:15 – 7:15 p.m.
Fee: \$40
Location: Elsie Rogers Elementary School, Gym
Instructor: Julie Dozier, certified instructor

Yoga at Northpoint

Learn yoga fundamentals emphasizing breathing techniques and postures. You will learn the fundamentals of mindful breathing, proper postural alignment to build strength and flexibility, stress reduction and relaxation. Learn how yoga props, such as blocks can help modify poses to accommodate individual needs and abilities. The class is designed for all fitness levels and body types.

Participants should bring a yoga mat, yoga strap, blanket or towel, and a water bottle and wear comfortable clothing to each class. Class is designed for adults and children 16 years and older. Class meets two nights a week for a total of 21 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 4/7, 4/9 and 5/5

Dates: Twenty-one Mondays/Wednesdays
March 3, 5, 10, 12, 17, 19, 24, 26, 31
April 2, 14, 16, 21, 23, 28, 30
May 7, 12, 14, 19, 21
Time: 6:15 – 7:15 p.m.
Fee: \$60
Location: Northpoint Elementary School, Gym
Instructor: Lauren Plennert and Valli Raman, certified instructors

Water Aerobics/Aqua Groove at Penn

This fun water exercise class focuses on both cardiovascular and strength benefits. Whether you're trying to maintain your current level of fitness or reach a new level, the benefit of training in water makes our aqua workouts safe without impact to the joints. Even people who suffer from arthritis may want to give this class a try!

Class may use resistance tools that include water weights and noodles. Because of their low-impact format, aqua aerobics classes are suitable for every fitness level and is a very popular way to exercise for seniors, people who are overweight and those who are recovering from injury.

Participants should bring a water bottle and a locker padlock. Water shoes/water belt are optional. Class is designed for adults, and children 12 years and older may enroll with an adult. Class meets two nights a week for a total of 19 classes. Class is not held on a few dates due to school closings or prior scheduled events. Locker rooms should be open at 7:30 p.m. No classes on 3/11, 4/8, 4/10 and 5/6

Dates: Nineteen Tuesdays/Thursdays
March 4, 6, 13, 18, 20, 25, 27
April 1, 3, 15, 17, 22, 24, 29
May 1, 8, 13, 15, 20
Time: 7:45 – 8:40 p.m.
Fee: \$60/\$55 for senior citizens
Location: Penn High School, Pool
Instructor: Nicci DeWitt, certified instructor

PLYOGA Fitness at Prairie Vista

Are you looking for a fun new workout? PLYOGA might be just for you! PLYOGA is a 4-part interval training system that uses the benefits of fundamental and accelerated yoga as an active recovery for plyometric (reactive) movement. Accelerating, strengthening and stabilizing your fitness at any level. Achieve more balance and flexibility using no equipment that can be done anywhere. Is suitable for people of all ages and levels, from beginners to athletes.

Participants should bring a yoga mat, water bottle and wear comfortable clothing and athletic shoes with low tread to each class. Class is designed for adults and children 15 years and older. Class meets one night a week for a total of 10 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 4/7 and 5/5

Dates: Ten Mondays
March 3, 10, 17, 24, 31
April 14, 21, 28
May 12, 19
Time: 6:30 – 7:30 p.m.
Fee: \$40
Location: Prairie Vista Elementary School, Gym
Instructor: Cameron Lykowski, certified instructor

Zumba at Prairie Vista

Zumba is a Latin-inspired dance-based fitness program that combines cardio and international music designed to help you dance your way fit! With dance moves set to upbeat music that encourages participants to move to the beat while getting a great work out and having fun too. Class is suitable to people of all ages and fitness levels, and can target the core, legs and glutes.

Participants should bring a water bottle and wear comfortable clothing and athletic shoes with low tread to each class. Class is designed for adults and children 15 years and older. Class meets one night a week for a total of 10 classes. Class is not held on a few dates due to school closings or prior scheduled events. No classes on 4/9

Dates: Ten Wednesdays
March 5, 12, 19, 26
April 2, 16, 23, 30
May 7, 14
Time: 6:30 – 7:30 p.m.
Fee: \$40
Location: Prairie Vista Elementary School, Gym
Instructor: Cameron Lykowski, licensed instructor

Cardio Drumming at Walt Disney

Cardio drumming combines dance and rhythm for fun, high-energy workouts which can be described as a combination of drum line and modern dance. Unlike many other workout activities, cardio drumming never gets dull. In addition to hitting the ball in syncopation, you click the sticks in the air, jump and run in place and many other moves you will replicate in all different types of songs and genre'. All fitness levels are welcome. If you are not able to stand for long periods of time, you can also drum sitting down.

Participants should bring a fitness ball, a bucket and drumsticks to each class. Also bring a water bottle and wear comfortable athletic clothing and athletic shoes. Class is designed for adults and children 12 years and older may enroll with an adult. Class meets one night a week for a total of 9 classes. Class is not held on a few dates due to school closings or prior scheduled events. No class on 3/20 and 4/10

Dates: Nine Thursdays
March 6, 13, 27
April 3, 17, 24
May 1, 8, 15
Time: 6:15 – 7:15 p.m.
Fee: \$35
Location: Walt Disney Elementary School, Gym
Instructor: Cheryl Burnett, experienced fitness instructor



Women's Self Defense

Learn about the combat mindset of "Mama Bear" mentality in this very important class. Learn solutions to being vigilant and aware of surroundings and how to escape common grabs, choke holds, attacks and how to counter attack in order to get away. Learn where to strike specific pressure points and other vulnerable areas of the body.

Participants should wear athletic, comfortable clothing and athletic shoes. Please do not wear any jewelry to class. Bring a water bottle and small towel to each class. Class is designed for adults and children 14 years and older.

Choose one of the sessions offered.

Dates: **SESSION 1**— One Thursday, March 6
SESSION 2— One Thursday, April 3
Time: 6:30 – 8:30 p.m.
Fee: \$20 (per class session)
Location: Elsie Rogers Elementary School, Gym
Instructor: Jim Niedbalski, Policeman, experienced instructor



Register and pay online at
phm.revtrak.net

Salsa Sauces and Tortilla Basics

Want to learn to make the best salsa ever? Come learn some tricks and different ingredients that can make that happen. We will work on guacamole, salsa roja, salsa verde, pico de gallo and various chile sauces.

Learn about different peppers, their varying flavors and levels of hotness. Struggling to get tortillas that don't fall apart, we can with that too!!!

All materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.

Dates: One Wednesday—March 12

Time: 6:30 – 8:30 p.m.

Fee: \$20

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

Basic Home Canning

Have you always canned? Are you following your Grandmother's recipes? Learn the basics of safely canning your own foods in these fun one day hands-on class. Learn food safety while canning your vegetables and fruits in their peak seasons. Understand the difference and importance of water bath and pressure canning. Learn what can and cannot be canned and how each must be processed for safety. Come learn the many tricks the instructor has to share! We will make jam, jelly & juice in class and you will take samples home with you.

All materials are included. Bring a sack lunch and a towel to take warm canning jars home. Class is designed for adults and children 16 years and older may enroll with an adult.

Dates: One Saturday, March 29

Time: 8:00 a.m.– 2:00 p.m.

Fee: \$65

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

Gravies and Sauces

In this fun new hands on class learn how to make marinara, alfredo, gravy for meat and potatoes, sausage gravy for biscuits and more. You'll also learn how to make the perfect roux for gravy that is never lumpy. Use the bounty from your garden to make fresh marinara sauce for spaghetti and other pastas and to make easy alfredo sauce just like the restaurants.

All materials are included. Class is designed for adults and children 16 years and older may enroll with an adult.

Dates: One Wednesday—April 23

Time: 6:30 – 8:30 p.m.

Fee: \$20

Location: Penn High School, Room 134

Instructor: Amy Lara, certified instructor

NEW

Chalk Creations with Cheryl

Join this fun DIY workshop and make a keepsake sign or other home decor using silk screen transfers and chalk paste. Various designs will be available at each session, so no two keepsakes will be the same. Sign up for one session, or all three sessions!

Inspirational, seasonal and other themed transfers will be available to use. You will purchase supplies from the instructor at each class. Your supply fee with the instructor will be \$15 per session—Payable to the instructor at the class. Class is designed for adults and children 13 years and older may enroll with an adult. No experience is necessary.

Dates: **SESSION 1** —One Wednesday—March 19

SESSION 2 —One Wednesday—April 16

Time: 6:30 – 8:30 p.m.

Fee: \$15 (per class session) or \$25 for both sessions (Additional \$15 supply fee per session)

Location: Penn High School, Room 164

Instructor: Cheryl Walsh, experienced instructor



Card Making

Homemade cards are a joy to make and send. You will be surprised how easy it is to make them in this fun new class! Feel empowered as you learn how easy it is. Make 12 cards with envelopes at each session, covering a variety of topics and styles. Learn simple skills and tricks, adding your personal touch to your creations.

Use of tools will be furnished at the classes. You will purchase supplies from the instructor at each class. Your supply fee with the instructor will be \$25 per class—Payable to the instructor at the class. Class is designed for adults and children 13 years and older may enroll with an adult. No experience is necessary.

Dates: **SESSION 1** —One Wednesday—March 19

SESSION 2 —One Wednesday—April 16

SESSION 3 —One Wednesday—April 30

Time: 6:00 – 8:30 p.m.

Fee: \$20 (per class session) or \$50 for all 3 sessions (Additional \$25 supply fee per session)

Location: Penn High School, Room 168

Instructor: Kay Crum, experienced instructor

NEW

Disappearing Nine-Patch Quilt

An easy quilt pattern for beginners. This pattern comes together easily and quickly. You'll learn the basics of quilt making. A fun, simple and quick way to learn a patchwork technique. You can arrange the blocks in different ways to create different looks.

Sewing machines will be available to use during class or you may bring your own to each class. The instructor will email everyone before classes begin with specific fabric requirements and class supplies will be discussed at the first class. You will be bringing some basic sewing supplies to all the other classes: fabric, pins, scissors, thread, cutting mat, rotary cutter and ruler) Prerequisite: Basic sewing knowledge.

Class meets one night a week for a total of 8 classes. Class is not held on a few dates due to school closings or prior scheduled events. **No class on 4/8**

Dates: Eight Tuesdays
March 4, 11, 18, 25
April 1, 15, 22, 29

Time: 7:00 – 9:00 p.m.

Fee: \$55

Location: Penn High School, Room 131

Instructor: Becky Szeles, experienced instructor

NEW

English Learning for Spanish Speakers

Classes for native Spanish speakers seeking to learn English. Unlock your potential with our English classes *designed for adults 18 years and older* that will guide you through your journey to achieve fluency. English is a world language that will help you communicate confidently and will enhance career opportunities and connect with people worldwide.

Prior to the class the instructor will assess your speaking abilities to determine which level of the class you should be in. Level 1 will be a beginner level and Level 2 would be intermediate-advanced level. Different levels of the class will be available. Class meets two nights a week for a total of 10 classes per session. Class is not held on a few dates due to school closings or prior scheduled events. **No classes on 4/7 and 4/9**

Dates: Ten Mondays and Wednesdays per session
SESSION 1— March 3, 5, 10, 12, 17, 19, 24, 26, 31 and April 2

SESSION 2— April 14, 16, 21, 23, 28, 30 and May 5, 7, 12, 14

Time: 5:00 – 6:30 p.m. **Level 1**
6:45 – 8:15 p.m. **Level 2**

Fee: \$65 (per 10 class session)

Location: Penn High School, Room 108

Instructor: Maria Guillen Garcia, experienced Spanish teacher

NEW

Chalk Creations for Parent and Child

Join this fun parent and child workshop and make a keepsake project or wall decor using silk screen transfers and chalk paste.

Themed transfers will be available to use. You will purchase supplies from the instructor at the class. Your supply fee with the instructor will be \$20 per 1 parent and 1 child. Additional child(ren) enrolled will have a supply fee of \$10 per child. Supply fee is payable to Cheryl at the class. Class is designed for adults and children 10 years and older enrolled together. No experience is necessary.

Dates: One Wednesday, April 23

Time: 6:30 – 8:00 p.m.

Fee: \$20 for 1 parent and child
\$10 for each additional child

Location: Penn High School, Room 164

Instructor: Cheryl Walsh, experienced instructor

NEW

Art Adventures for Young Children

What could be more fun than working in a variety of media to create drawings and paintings of fun things like animals, landscapes and buildings and more. Young children, *age five to eight years of age*, will be introduced to drawing and painting techniques and to the joys of making art. *Wear clothing that is OK to get messy or bring a paint shirt.*

Dates: Four Tuesdays
March 4, 11, 18, 25

Time: 6:10 – 7:10 p.m.

Fee: \$40 (supplies included)

Location: Bittersweet Elementary School, Conference Room

Instructor: Amy Prince, experienced instructor and Art teacher



Register and pay online at
phm.revtrak.net



Art Explorations for Young People

This class is designed for children *age nine to eleven years old* and provides an introduction to drawing and painting techniques including color theory and perspective. Students will use a variety of materials including crayons, colored pencils, watercolors and chalk pastels. Various projects will include animals, landscapes and buildings with both drawings and paintings as the finished projects. Instruction geared to the interests and the experience of the students who enroll. ***Wear clothing that is OK to get messy or bring a paint shirt.***

Dates: Four Tuesdays
March 4, 11, 18, 25

Time: 7:15 – 8:15 p.m.

Fee: \$40 (supplies included)

Location: Bittersweet Elementary School,
Conference Room

Instructor: Amy Prince, experienced instructor and
Art teacher

Baby-Sitting Basics

This fun class is designed to prepare you for the responsibilities that come with child care including activities to keep children busy, safety, answering land line phones and the door, choking and rescue breathing, and more. You will also learn about setting fees, looking for baby-sitting jobs and common courtesies involved in baby-sitting. Class is designed for boys and girls 11-15 years of age who are interested in baby-sitting. ***Students should bring a doll or stuffed animal for diaper practice skills during class.*** A snack is provided. A certificate of achievement will be awarded to each student upon successful completion of all class requirements.

Dates: One Saturday, March 29

Time: 8:00 a.m. – 12:30 p.m.

Fee: \$40 (Snack is provided)

Location: P-H-M Educational Services Center,
55900 Bittersweet Rd, Mishawaka, IN 46545
Use Main Front Entrance

Instructor: Linda Meeks, R.N.

Improv Acting for Teens

This fun new class is designed for students in grades 5-8, who are interested in performance and stage work or those who want to build self-confidence.

Students will participate in creative games and exercises designed to build confidence and imagination. They will create short scenes to help increase individual spontaneity and will work together in small groups on short plays with the purpose of creating fun characters and stories. Learn the basics of utilizing space, movement, voice and imagination in a spontaneous atmosphere and nurtures stage skills.

Dates: Three Mondays per session
Session 1-March 10, 17, 24
Session 2-April 14, 21, 28

Time: 6:30 p.m. – 8:00 p.m.

Fee: \$40 (per 3 class session)

Location: Elsie Rogers Elementary School, Gym

Instructor: Deb Swerman and Patrick Sweeney,
experienced instructors/Theater Directors

NEW



Swim Fit

Swim Fit is for kids & teens age 10-14 who are looking for a fun way to stay fit, cross-train for other sports and/or improve his or her swimming stroke technique. Each class will have elements of aerobic development, stroke technique for all four strokes, specialized drills, turn work and some fun aquatic games. Focus is on developing correct swimming technique combined with swimming for fitness (non-competitive). ***Students must be able to pass a swim test in the deep water to participate in Swim Fit. This is NOT a beginner or novice learn to swim program. Swimsuit and goggles are required. No classes on 4/8 and 5/6***

Dates: Ten Tuesdays
March 4, 11, 18, 25
April 1, 15, 22, 29
May 13, 20

Time: 5:30 p.m. – 7:00 p.m.

Fee: \$65

Location: Penn High School, Pool

Instructor: Kelly Laneman, Laurissa Dalrymple, Emma Richards, experienced Swim Coaches

NEW



COMMUNITY EDUCATION NEEDS YOU!!

P-H-M Community Education is always looking for fresh, new classes to offer to the community! It is very easy to do this! Have a hobby or something your great at such as meal planning or baking/cooking a traditional dish? Share this love with others by teaching others through Community Education.

Call the P-H-M Community Education office at 574.258.9568 or email jforkner@phm.k12.in.us

Learn how you can teach a class or share your dream class ideas! It's great for the community and rewarding for the instructor.



Register and pay online at
phm.revtrak.net

Learn to Swim 2025



Penn-Harris-Madison Community Education is offering three sessions of Learn-to-Swim classes at Penn High School. Children must be at least four years old and toilet trained. Each session includes ten classes of 30 minutes each. Classes during a session run daily Monday thru Friday.

The following class times are offered for each session:

8:00 a.m., 8:40 a.m., 9:20 a.m., 10:00 a.m.,
12:30 p.m., 1:10 p.m., 1:50 p.m., 2:30 p.m.

Each child will be tested on the first day of class and will be placed in one of the Red Cross swim levels. In order to receive certification at the end of each session, children must attend testing on the first day.

Registration Guidelines

- You may view the most up-to-date registration information about Learn to Swim later this spring by visiting the Community Education web page at www.phmschools.org/p-h-m-community-education and also at the PHM Web Store at phm.revtrak.net. Information will be listed in March for you to view. Registration will begin on Monday, April 14, 2025 at 10:00 am.
- The cost is \$50 per session per child.
- Parents of four-year olds will be required to provide a birth certificate for the child at the time of registration. The day you register a 4 year old child you must email a copy of the birth certificate to jforkner@phm.k12.in.us.

Session I:
June 16–27

(No Classes 6/30-7/4)

Session II:
July 7-18

Session III:
July 21–August 1

If the birth certificate is not received, your registration will be cancelled and a refund will be issued. A child must be 4 years old by the date of the session(s) you are enrolling them in. No exceptions.

- Class size is limited and time slots will be filled on a first come, first served basis.
- Refunds, minus a \$10 processing fee for each registration. If you cancel from a session it must be done at least three business days prior to the start of the session you are cancelling from.
- A \$5 processing fee will be charged for all transfers.

For more information, call the Community Education office at (574) 258-9568 or email jforkner@phm.k12.in.us.



Register and pay online at
phm.revtrak.net

All camp locations are subject to change prior to March 2025

Super Kids Camps

Super Kids Camps offer elementary-age children an opportunity to explore and experience art, music, science, and physical fitness in a fun, relaxed atmosphere. Super Kids Camps are open to children who will be entering Grades 1–6 in the Fall 2025. Super Kids Camp is offered from 9:00 a.m. to 12:00 p.m., Monday through Friday. Campers rotate from each activity with their friends every 45 minutes daily. The cost of Super Kids Camp is \$50 per child per camp. Summer registration forms will be available this Spring and registration will begin April 14, 2025.

Building Science and Design

Instructor—Mrs. Maggie Gallagher,
Teacher at Northpoint Elementary School

Campers will utilize a variety of skills as they work together to design and build communities of the future. They will learn about different types of structures, how they work and use the information to build objects from K-Nexs, cardboard boxes and other materials.

Creativity with Music

Instructor—Mr. Jason Poff
Teacher at Mary Frank Elementary School

Every child loves music and this program will foster those innate musical talents. Campers will learn a variety of fun, silly songs that are traditional at summer camps throughout the country. Students will make their own musical instruments out of a variety of new and recycled objects.

Horizon Elementary School

June 23–27

Northpoint Elementary School

July 14–18

Bittersweet Elementary School

July 21–25

Creative Expressions

Instructor—Mrs. Jessica Marsh,
Teacher at Penn High School

The emphasis is on creativity and exploring the visual world with a variety of activities including drawing, painting, color, and design. Students will have a great time while participating in projects that provide a foundation in artistic expression.

Fun with Fitness

Instructor—Mr. Jim Meuninck
Teacher at Bittersweet Elementary School

A healthy focus on recreation and fitness round out the camp experience with numerous team games including soccer, and many throwing and dribbling activities. The emphasis is on non-competitive, active fun in large and small group settings.

Theater Camps

Penn High School—Studio Theater

Session 1: June 16–20

Session 2: July 21–25

Instructor/Director—Ms. Deb Swerman

Pick one or both of these one-week, half-day camps designed for students entering Grades 5–8 in the Fall 2025. Camp is offered from 9:00 a.m. to 12:00 p.m., Monday through Friday. Students who are interested in performance and stage work or those who just want to build self-confidence. Each camp will be filled with fun activities including games, exercises, improvisations and scene work.

- Participate in creative games and exercises designed to build confidence and imagination.
- Create improvisational skits and games to help increase individual spontaneity.
- Work together in groups on small skits with the purpose of creating fun characters and stories.
- Enjoy a fun, creative, spontaneous atmosphere that builds confidence and nurtures stage skills.

Each camp is \$90 per student and includes a camp t-shirt.

Summer registration will begin April 14, 2025.

Camp Invention

Northpoint Elementary School

June 23–27

A week-long summer enrichment program for children entering Grades 1–6. The Camp Invention program instills vital 21st century life skills such as problem-solving and teamwork through hands-on fun! Visit www.campinvention.org to register.

P-H-M Community Education— Walk-in/Mail-in Registration Form

SUMMER Camp Registration starts Monday, April 14, 2025

Child's Name _____

Grade for Fall 2025 _____

Parents Name _____

Address _____

City _____ State _____ Zip _____

Cell Phone # _____ Alternate Phone # _____

Email _____

Camp _____ Fee _____

Camp _____ Fee _____

Camp _____ Fee _____

Total Enclosed _____

Payment Method: ☐ Cash-Receipt # _____ ☐ Check# _____ ☐ Money Order # _____

Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545

P-H-M Community Education— Walk-in/Mail-in Registration Form

SUMMER Camp Registration starts Monday, April 14, 2025

Child's Name _____

Grade for Fall 2025 _____

Parents Name _____

Address _____

City _____ State _____ Zip _____

Cell Phone # _____ Alternate Phone # _____

Email _____

Camp _____ Fee _____

Camp _____ Fee _____

Camp _____ Fee _____

Total Enclosed _____

Payment Method: ☐ Cash-Receipt # _____ ☐ Check# _____ ☐ Money Order # _____

Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545

Finding Your Way Around P-H-M

Bittersweet Elementary School Classes

Bittersweet School is located directly behind the Educational Services Center just north of Penn High School on Bittersweet Road between Jefferson and McKinley Avenue. **Use the main entrance(A) for all classes.**

Elm Road Elementary School Classes

Elm Road School is located on Elm Road just south of Dragoon Trail in Mishawaka. **Use entrance F (to the right of the main entrance) for all classes.**

Elsie Rogers Elementary School Classes

Elsie Rogers School is located on Currant Road just south of McKinley in Mishawaka. **Use entrance F (to the right of the main entrance) for all classes.**

Northpoint Elementary School Classes

Northpoint is located on Cherry Road just north of State Road 23 near Adams Road in Granger. (Mary Frank Elementary School is to the southeast of Northpoint Elementary School.) **Use entrance E (side-Kids Club entrance) for all classes.**

Penn High School Classes

The entrances for some of the community education classes at Penn will be from the **Jefferson side parking lot (using entrance L for computer and quilting classes).**

Parking is available in the parking lot in front of the school for the scuba and water aquacize class. **Participants may park in the north lot and enter directly into the pool and gymnasium area (Entrance D) at the north end of the building.**

Prairie Vista Elementary School Classes

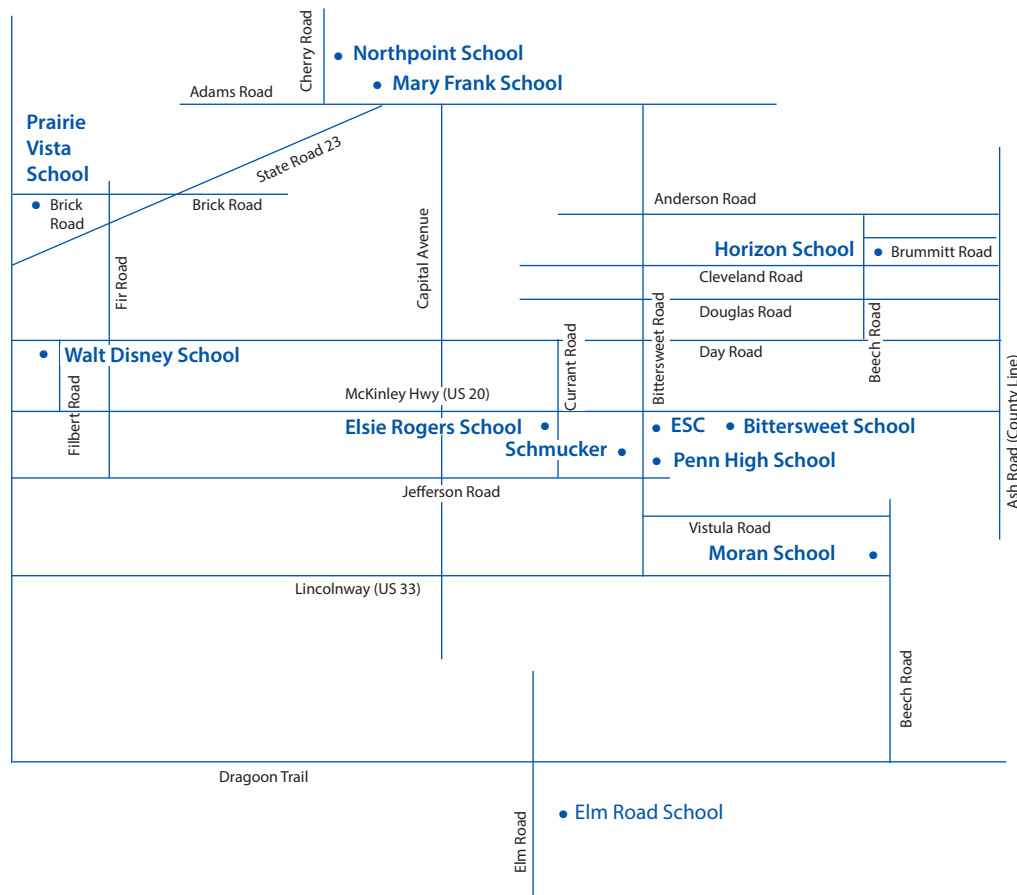
Prairie Vista is located on Brick Road between Fir and Gumwood Roads in Granger. **Use the main entrance (A)for all classes.**

Walt Disney Elementary School Classes

Walt Disney Elementary School is located at the corner of Filbert and Day Road. **Use Entrance C (enter off of Day Road and go behind the school to enter) for all classes.**

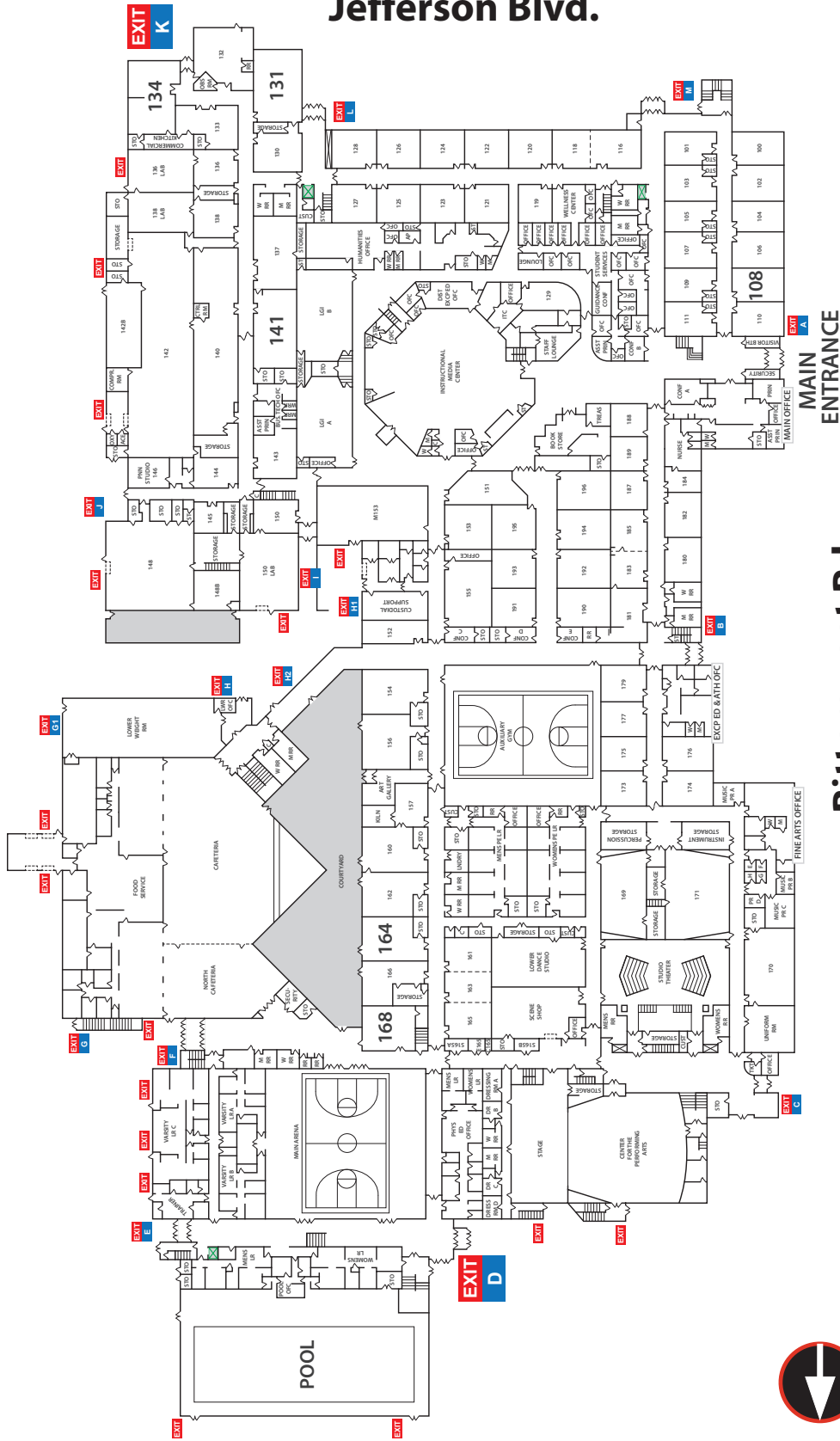
Still confused?

Feel free to call the Community Education office at 574.258.9568 between 8:00 a.m. and 4:00 p.m. for more details.



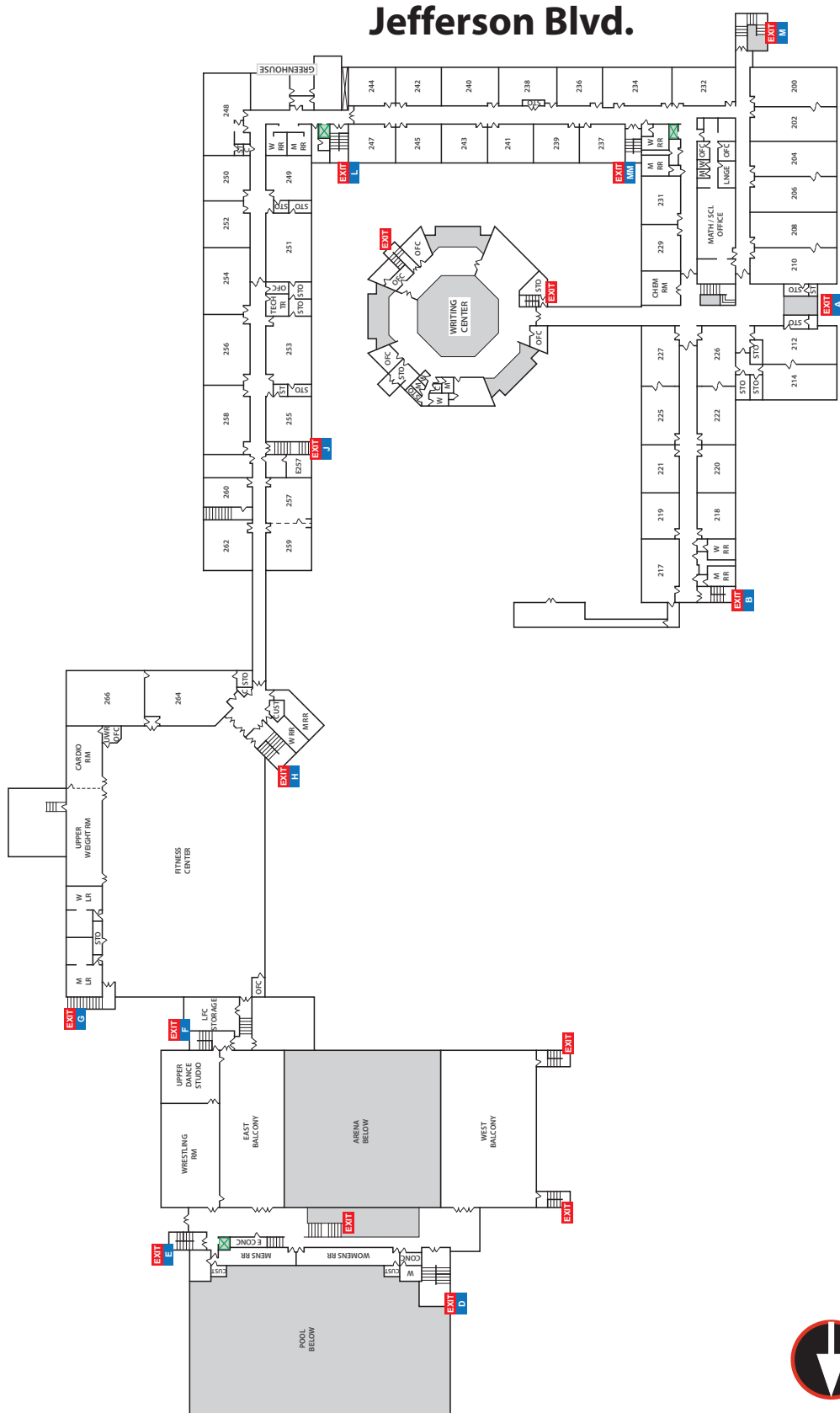
Finding Your Way Around Penn High School—First Floor

Jefferson Blvd.



Bittersweet Rd.

Finding Your Way Around Penn High School—Second Floor



Bittersweet Rd.



Registration Information

Online Registration and Payments

Online Registration

- Visit the P-H-M Web Store at phm.revtrak.net
- Click on the “**Community Education**” button
- Select your class(es)
- Register for your class(es)
- Create an account
- Make a payment using an **eCheck, Discover, VISA, or MasterCard debit/credit card**. There is a 3.49 percent fee for using this service.
- Receive and print your receipt

Phone-In Registration

Phone in your registration **Monday–Friday from 8 a.m.–4 p.m. to 574.258.9568**. The Community Education office is **closed from 12:30–1:30 p.m.** Please have your course name and payment information ready.

Walk-In Registration

You may register in person at our office located in the Educational Services Center (just north of Penn), **55900 Bittersweet Road, Mishawaka, IN**. Office hours are **Monday–Friday from 8 a.m.–4 p.m.** The Community Education office is **closed from 12:30–1:30 p.m.** but you can leave your registration form and payment with the receptionist during this time.

Mail-In Registration

Fill out the registration form on page 19 and mail it with your check, money order or purchase order information. **Mail to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545.**

Payment Information

Payment must be submitted at the time of registration. We accept cash, check, money order or purchase order at the Community Education office. **Instructors DO NOT accept registrations or payments.** A \$20.00 fee will be charged for processing checks returned for insufficient funds.

When Can I Register?

Registration begins immediately! Registrations are processed on a first-come, first-served basis. You may register until the day before a class begins. Due to a minimum number of students necessary for classes to be held, we encourage you to sign up early. **You must register and pay before attending a class or bus trip. Instructors can not accept registrations or payments as all registrations and payments are thru the Community Education office.**

Confirmation

You will only hear from us if there is a change in your class time or day or if a class is cancelled. You may call 574.258.9568 to verify receipt of your registration. **Online registrants will receive a confirmation email at the completion of their registration.**

What if a class is full?

SIGN UP EARLY! Class size is limited. If the class you want to take is full, place yourself on the online wait list.

Online registrants will receive a registration confirmation email or that they have been placed on the wait list. If an opening occurs, we will contact you. If you mail a registration and the class is full, we will notify you.

Changes

Every effort is made to ensure the accuracy of the information presented in this brochure. All classes, instructors and locations are subject to change or deletion.

Cancellation/Refund Policy

The P-H-M Community Education office reserves the right to cancel classes due to insufficient enrollment. **If a class is cancelled, registered students will be notified in advance and a refund check will be mailed.**

If you withdraw from a class **before the first class**, you will receive **a refund minus a \$10.00 registration fee.**

If you withdraw from a class **after the first class**, you will receive **a course credit minus a \$10.00 registration fee.**

No course credits or refunds will be given to students withdrawing after the second class or after a one session class. Classes are not prorated.

All bus trips are non-refundable. Book fees and supply fees are refundable only to the specified date stated in the brochure description.

Refunds

Refunds for fees paid by cash, check and credit cards may take up to 3–4 weeks to process and a refund check is mailed to you. Online service fees are not refunded.

Discounts

We offer senior citizen discounts on a couple of our classes. **Seniors must be at least 55 years of age.** You will receive this same discount by registering online.

Inclement Weather

Classes are held **unless** the P-H-M School Corporation closes schools during the day due to inclement weather or because of a regularly scheduled school holiday or recess day. Area radio and TV stations will carry such notices.

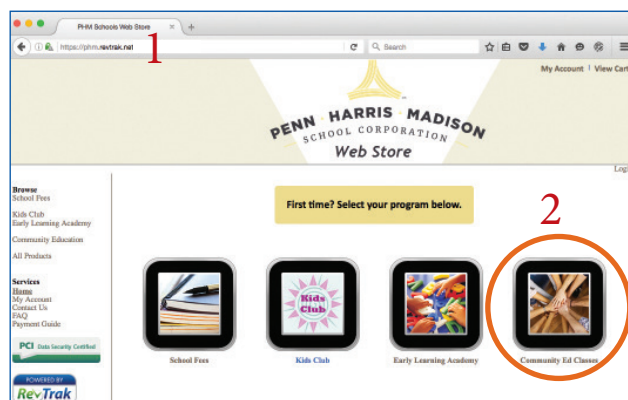
If weather conditions occur late in the day making classes questionable, please feel free to call our office **574.258.9568** or visit our website at www.phmschools.org for more information.

Every effort will be made to provide class status information on voice mail or email if the office is closed. Participants will be called only in special circumstances such as teacher illness or emergency. **On questionable inclement weather days**, you should check your email for information we might provide to you to let you know whether classes are being held.

Online Registration and Payments

Instructions for Enrolling in Community Education Classes

- 1 Visit our Web Store at phm.revtrak.net
- 2 Click on the **Community Education Classes** button on the home page
- 3 Select the category your class is under (e.g. Computers, Arts and Crafts, Fitness, etc.)
- 4 Then, select the class name from the class list



Advanced Kettlebells at Elsie Rogers

Advanced Kettlebells at Elsie Rogers Learn more hard intensity workouts with kettlebells and other fitness equipment and techniques. Kettlebells work the whole body and also the co...

4

Number:	Date:	Day(s):	Time:	Price:
Advanced Kettlebells at Elsie Rogers WINTER 16-17	1/10/16-2/21/17	Tu	6:05p-6:50p	\$35.00

- 5 After clicking into the class you will need to select the **Click Here to Register** link
- 6 First-time users create an account or returning users login
- 7 After creating an account, you will need to select the participant from the following page. You may also add a new person if they are not currently set up in your account
Note: The name of the selected participant MUST be the name of the person attending the course

- 8 In order to continue registration you must answer all required fields before either clicking **Check Out** or **Continue Shopping** at the bottom of the registration page

- 9 If you choose **Continue Shopping** to add additional registrations to your Shopping Cart, simply select the **Go To Check Out** button when you have finished all necessary registrations.
Note: Your Shopping Cart can be found on the left side of your screen in the Navigation Bar

- 10 At the **Shopping Cart** page, you will need to verify all billing information for accuracy then click **Complete Order**

- 11 Make payment using a eCheck, Discover, VISA or MasterCard debit or credit card. Payment will be processed and a receipt can be viewed and printed

- 12 When you are finished, **Logout**

ADVANCED KETTLEBELLS AT ELSIE ROGERS

Class #: Advanced Kettlebells at Elsie Rogers WINTER 16-17
Date: 1/10/2017 - 2/21/2017
Days: Tu
Time: 6:05 PM - 6:50 PM
Location: Elsie Rogers Elementary School:Gym
Instructor: Jena Lees
Price: \$35.00

5

[CLICK HERE to Register for this Class](#)

Register and pay
online at
phm.revtrak.net



There is a 3.49% for
using this service

P-H-M Community Education Spring 2025 — Walk-in/Mail-in Registration Form

Name _____

Address _____

City _____ State _____ Zip _____

Cell Phone # _____ Alternate Phone # _____

Email _____

For children's class(es), please list parent's names _____

Child's Age _____ Current Grade for 2024-2025 school year _____

Course Name _____ Fee _____

Course Name _____ Fee _____

Total Enclosed _____

Payment Method: ☐ Cash-Receipt # _____ ☐ Check# _____ ☐ Money Order # _____

Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545

P-H-M Community Education Spring 2025 — Walk-in/Mail-in Registration Form

Name _____

Address _____

City _____ State _____ Zip _____

Cell Phone # _____ Alternate Phone # _____

Email _____

For children's class(es), please list parent's names _____

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SCHOOL
CORPORATION
Community Education
55900 Bittersweet Road
Mishawaka, IN 46545

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Penn-Harris-Madison Community Education Spring Class Information and Schedule, Learn to Swim and Summer Camp Information

Welcome to Penn-Harris-Madison Community Education. Enclosed you will find Spring class information, as well as Learn to Swim and Summer Camp information. This brochure offers many new class opportunities for personal enrichment, fitness and recreation, entertainment. Please call our office at 574.258.9568 or email jforkner@phm.k12.in.us if you have any questions about our classes or to register with a credit or debit card by phone. You can also go to phm.revtrak.net and register and pay online or you can mail your registration or come to our office to register and pay.

Computers

Introduction to Personal Computers	2
Intermediate Personal Computers	2

Bus Trips

Rosemont Fashion Outlets Outlet Bus Trip	3
Birch Run Outlet/Frankenmuth Bus Trip	3

Recreation

Discover Scuba	3
Scuba Diving Instruction	3
Basic Fundamentals of the Golf Swing	4
Scoring Shots	4

Fitness

Cardio Drumming at Bittersweet	4
NEW-Zumba at Elm Road	4
Mindful Movement at Elm Road	5
Kettlebell at Elsie Rogers	5
Yoga at Northpoint	5
Water Aerobics/Aqua Groove at Penn	5
PLYOGA Fitness at Prairie Vista	6
Zumba at Prairie Vista	6
Cardio Drumming at Walt Disney	6

Special Interest

Women's Self Defense	6
Salsa Sauces and Tortilla Basics	7
Basic Home Canning Class	7
NEW-Gravies and Sauces	7
Chalk Creations with Cheryl	7
NEW-Card Making	7
NEW-Disappearing Nine-Patch Quilt	8
NEW-English Learning for Spanish Speakers	8

Children and Teens

NEW-Chalk Creations for Parent and Child	8
Art Adventures for Young Children	8
Art Explorations for Young People	9
Baby-Sitting Basics	9
NEW-Improv Acting for Teens	9
NEW-Swim Fit	9

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P-H-M Summer Registration Form	13

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Registration Forms & Information

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Online Registration Information	18
P-H-M Spring Registration Form	19

*You do not
need to live within the P-H-M school district
to take or teach our classes.*