## Penn High School Menues

## Winter 2025

# Vegetarian Items

### Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Fiesta Fare	Fiesta Fare	Fiesta Fare	Fiesta Fare	Fiesta Fare
Made to Order Burrito, Rice Bowl or Nachos	Made to Order Burrito, Rice Bowl or Nachos	Made to Order Burrito, Rice Bowl or Nachos	Made to Order Burrito, Rice Bowl or Nachos	Made to Order Burrito, Rice Bowl or Nachos
Beef Taco, Chicken or Pork Carnitas	Beef Taco, Chicken or Pork Carnitas	Beef Taco, Chicken or Pork Carnitas	Beef Taco, Chicken or Pork Carnitas	Beef Taco, Chicken or Pork Carnitas
Black Beans, Refried Beans, Peppers & Onions	Black Beans, Refried Beans, Peppers & Onions	Black Beans, Refried Beans, Peppers & C	Black Beans, Refried Beans, Peppers & Onions	Black Beans, Refried Beans, Peppers & Onions
Jalapeno Cheese Sauce	Cheddar Cheese Sauce	Queso Blanco	Jalapeno Cheese Sauce	Queso Blanco
Fresh Salsas and Toppings	Fresh Salsas and Toppings	Fresh Salsas and Toppings	Fresh Salsas and Toppings	Fresh Salsas and Toppings
Pizza & More	Pizza & More	Pizza & More	Pizza & More	Pizza & More
BBQ Chicken Pizza	Cheesy Breadstick	MAXX Sticks	Pepperoni Calzone	Mozzarella Sticks
Cheese Pizza	Buffalo Chicken Pizza	Cheeseburger Pizza	Garlic Chicken Pizza	Tomato Pesto Pizza
Pepperoni Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Mozzarella Sticks	Vegetable Pizza	Hot Lava Pizza	Hawaiian Pizza	Pepperoni Pizza
Chicken Filet Sandwich	Spicy Chicken Filet Sandwich	Chicken Filet Sandwich	Spicy Chicken Filet Sandwich	Chicken Filet Sandwich
Hot Off the Grill	Hot Off the Grill	Hot Off the Grill	Hot Off the Grill	Hot Off the Grill
Spicy Chicken Breast Bites	Spicy Chicken Breast Bites	Spicy Chicken Breast Bites	Chicken Filet Sandwich	Spicy Chicken Patty Sandwich
Spicy Chicken Patty Sandwich	Chicken Filet Sandwich	Cheeseburger	Orange Chicken Sandwich	Fish Sandwich
Cheeseburger	Philly Beef Sandwich	Meatball Sub	Cheeseburger	Spicy Chicken Breast Bites
Italian Grilled Sandwich	Cheeseburger	Spicy Chicken Patty Sandwich	Spicy Chicken Breast Bites	Grilled Vegetable Panini
Chicken Breast Bites	Chicken Breast Bites	Chicken Breast Bites	Chicken Breast Bites	Chicken Breast Bites
Creation Station	Creation Station	Creation Station	Creation Station	Creation Station
General Tso Chicken	Three Cheese Toastie	Szechuan Chicken	Build your Own Mac & Cheese Bar	General Tso's Chicken
Sweet Thai Chicken	Chicken Bacon Flatbread	Mandarin Chicken	Macaroni & Cheese	Honey Garlic Tofu
Teriyaki Chicken	Cowboy Quesadilla	Kung Pao Chicken	Pork Carnita, Turkey Bacon, Chicken Strips	Sweet & Sour Chicken
Confetti Asian Rice	Tomato Soup & Baked Potato Soup	Ramen Noodles	Green Pepper, Broccoli, Green Onior Jalapeno Peppers	Ramen Noodles
Steamed Rice	Grilled Cubano Sandwich	Steamed Rice	Cinnamon Apples	Steamed & Confetti Fried Rice,
Grab & Go	Grab & Go	Grab & Go	Grab & Go	Grab & Go
Chicken Caesar Salad	Chicken & Apple Wrap	California Club Wrap	Chicken Chef Salad	Chicken Ranchero Wrap

Ham & Cheese Sub	Turkey & Cheese Sub	Chicken Caesar Salad	Chicken Salad Wrap	Fruit and Yogurt Plate
Hawaiian Chicken Wrap	Turkey & Pepperjack Flatbread	Ham & Cheese Sub	Fruity Chicken Croissant	Vegetable Sub
Vegetarian Snack Pack	Ham & Cheese Sub	Hummus Veggie Pita Plate	Vegetable Sub	Chicken Caesar Salad
Italian Sub	Ham Snack Pack	Pizza Snack Pack	Ham & Cheese Sub	Ham & Cheese Sub
Strawberry Spinach Salad	Italian Chef Salad	Turkey & Cheese Sub	Turkey & Cheese Sub	Hummus Snack Pack
Turkey & Cheese Sub	Italian Sub	Vegetable Sub	Italian Sub	Italian Sub
Vegetable Sub	Vegetable Sub	Italian Sub	Turkey Snack Pack	Turkey & Cheese Sub
Daily Items				
Variety of Hot Vegetable Choices				
Salad Bar & Caesar Salad				
Variety of Fresh Veggies				
Variety of Fresh, Canned and Frozen Fruit and Juices	Variety of Fresh, Canned and Frozen Fruit and Juices	Variety of Fresh, Canned and Frozen Fruit and Juices	Variety of Fresh, Canned and Frozen Fruit and Juices	Variety of Fresh, Canned and Frozen Fruit and Juices
Breadstick, Muffins, Pretzels & Garlic Toast				
Variety of Milk Choices				