

















































Penn High School Menus

Fall 2024

 Vegetarian Items

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Fiesta Fare	Fiesta Fare	Fiesta Fare	Fiesta Fare	Fiesta Fare
Made to Order Burrito, Rice Bowl or Nachos 	Made to Order Burrito, Rice Bowl or Nachos 	Made to Order Burrito, Rice Bowl or Nachos 	Made to Order Burrito, Rice Bowl or Nachos 	Made to Order Burrito, Rice Bowl or Nachos 
Beef Taco, Chicken or Pork Carnitas	Beef Taco, Chicken or Pork Carnitas	Beef Taco, Chicken or Pork Carnitas	Beef Taco, Chicken or Pork Carnitas	Beef Taco, Chicken or Pork Carnitas
Black Beans, Refried Beans, Peppers & Onions 	Black Beans, Refried Beans, Peppers & Onions 	Black Beans, Refried Beans, Peppers & Onions	Black Beans, Refried Beans, Peppers & Onions   	Black Beans, Refried Beans, Peppers & Onions 
Jalapeno Cheese Sauce 	Cheddar Cheese Sauce 	Queso Blanco 	Jalapeno Cheese Sauce 	Queso Blanco 
Fresh Salsas and Toppings 	Fresh Salsas and Toppings 	Fresh Salsas and Toppings	Fresh Salsas and Toppings	Fresh Salsas and Toppings 
Teriyaki Edamame Noodles / Turmeric Roasted Cauliflower  	Corn 	Soy Glazed Green Beans 	Fiesta Lime Corn / Buffalo Cauliflower 	Teriyaki Edamame Noodles / Roasted Brussels Sprouts  
Pizza & More	Pizza & More	Pizza & More	Pizza & More	Pizza & More
BBQ Chicken Pizza	Cheesy Breadstick 	MAXX Sticks 	Pepperoni Calzone	Mozzarella Sticks 
Cheese Pizza 	Buffalo Chicken Pizza	Cheeseburger Pizza	Garlic Chicken Pizza	Tomato Pesto Pizza 
Pepperoni Pizza	Cheese Pizza 	Cheese Pizza 	Cheese Pizza 	Cheese Pizza 
Mozzarella Sticks 	Vegetable Pizza 	Hot Lava Pizza	Hawaiian Pizza	Pepperoni Pizza 
Chicken Filet Sandwich	Spicy Chicken Patty Sandwich	Chicken Filet Sandwich	Spicy Chicken Patty Sandwich	Chicken Filet Sandwich
Hot Off the Grill	Hot Off the Grill	Hot Off the Grill	Hot Off the Grill	Hot Off the Grill
Boom Boom Chicken	Boom Boom Chicken	Boom Boom Chicken	Chicken Filet Sandwich	Spicy Chicken Patty Sandwich
Spicy Chicken Patty Sandwich	Chicken Filet Sandwich	Nacho Burger	Orange Chicken Sandwich	Mushroom Swiss Burger
Buffalo Ranch Turkey Burger	Philly Beef Sandwich	Meatball Sub	Pizza Burger	Boom Boom Chicken
Italian Grilled Sandwich	Cheeseburger	Spicy Chicken Patty Sandwich	Boom Boom Chicken	Grilled Vegetable Panini 
Popcorn Chicken	Popcorn Chicken	Popcorn Chicken	Popcorn Chicken	Popcorn Chicken
Baked Fries / Lemon Zest Broccoli	Sweet Potato Fries/Mashed Potatoes w/ Gravy / Buffalo Cauliflower	Baked Fries / Mashed Potatoes & Gravy / Candied Carrots	Sweet Potato Fries/Mashed Potatoes / Roasted Butternut Squash	Baked Fries / Pizza Green Beans
Creation Station	Creation Station	Creation Station	Creation Station	Creation Station
General Tso Chicken	Three Cheese Toastie 	Sweet Thai Chicken	Build your Own Mac & Cheese Bar	Baked Mostaccioli
Szechuan Chicken	Chicken Bacon Flatbread	General Tso's Chicken	Macaroni & Cheese 	Fettucini Alfredo 
Mandarin Chicken	Cowboy Quesadilla	Sweet & Sour Chicken	Pork Carnita, Turkey Bacon, Chicken Strips	Lasagna Roll
Teriyaki Chicken	Tomato Soup & Baked Potato Soup 	Butter Curry Chicken	Green Pepper, Broccoli, Green Onion, Jalapeno Peppers 	Chicken Parmesan Sandwich
Steamed & Confetti Fried Rice, Ramen Noodles 	Grilled Cubano Sandwich	Steamed & Confetti Fried Rice, Ramen Noodles 	Cinnamon Apples 	Garlic Bread 

Lemon Zest Broccoli & Turmeric Roasted Cauliflower	Ranch Potatoes / Buffalo Cauliflower	Candied Carrots / Pepper Citrus Edamame	Ranch Roasted Broccoli / Buffalo Cauliflower	Pizza Green Beans / Roasted Brussel Sprouts
Seasonal Sensations - Student Self-Serve	Seasonal Sensations - Student Self-Serve	Seasonal Sensations - Student Self-Serve	Seasonal Sensations - Student Self-Serve	Seasonal Sensations - Student Self-Serve
Build your own Sandwich Bar	Build your own Sandwich Bar	Build your own Sandwich Bar	Build your own Sandwich Bar	Build your own Sandwich Bar
Sub Buns, Croissants, Sandwich Bread	Sub Buns, Pita, Sandwich Bread	Sub Buns, Tortilla, Sandwich Bread	Sub Buns, Pita, Sandwich Bread	Sub Buns, Pita, Sandwich Bread
Lettuce, Tomato, Onion, Pickle, Spinach & Cabbage Slaw Mix	Lettuce, Tomato, Onion, Pickle, Cucumber, Cilantro, Jalapeno Peppers, Pickled Red Onions & Banh Mi Slaw	Lettuce, Tomato, Onion, Pickle, Cabbage Slaw, Spinach & Pineapple	Lettuce, Tomato, Onion, Pickle, Spinach & Pita Peppers	Lettuce, Tomato, Onion, Pickle, Pickled Red Onions, Black Olives & Banana Pepper
Turkey, Turkey Ham & Chicken Patty	Turkey & Turkey Ham	Turkey, Turkey Ham & Chicken Strips	Turkey, Turkey Ham, Deli Turkey Combo & Turkey Pepperoni	Turkey, Turkey Ham & Chicken Strips
Cheddar & Pepperjack Cheese	American Swiss & Yellow Cheese	Cheddar & Pepperjack	American White, Yellow, Shredded Mozzarella Cheese & Parmesan Shaker	American White, Yellow and Feta Cheese
Hot Honey Sauce	Sriracha Mayo	Poppyseed Dressing	Italian Seasoning	Tzatziki Sauce
Grab & Go	Grab & Go	Grab & Go	Grab & Go	Grab & Go
Chicken Caesar Salad	Chicken & Apple Wrap	California Club Wrap	Chicken Chef Salad	Chicken Ranchero Wrap
Ham & Cheese Sub	Turkey & Cheese Sub	Chicken Caesar Salad	Chicken Salad Wrap	Fruit and Yogurt Plate
Chicken Salad Wrap	Turkey & Pepperjack Flatbread	Ham & Cheese Sub	Fruity Chicken Croissant	Vegetable Sub
Vegetarian Snack Pack	Ham & Cheese Sub	Hummus Veggie Pita Plate	Vegetable Sub	Chicken Caesar Salad
Italian Sub	Ham Snack Pack	Pizza Snack Pack	Ham & Cheese Sub	Ham & Cheese Sub
Strawberry Spinach Salad	Italian Chef Salad	Turkey & Cheese Sub	Turkey & Cheese Sub	Hummus Snack Pack
Turkey & Cheese Sub	Italian Sub	Vegetable Sub	Italian Sub	Italian Sub
Vegetable Sub	Vegetable Sub	Italian Sub	Turkey Snack Pack	Turkey & Cheese Sub
Daily Items	Daily Items	Daily Items	Daily Items	Daily Items
Salad Bar & Caesar Salad	Salad Bar & Caesar Salad	Salad Bar & Caesar Salad	Salad Bar & Caesar Salad	Salad Bar & Caesar Salad
Variety of Fresh Veggies	Variety of Fresh Veggies	Variety of Fresh Veggies	Variety of Fresh Veggies	Variety of Fresh Veggies
Variety of Fresh, Canned and Frozen Fruit and Juices	Variety of Fresh, Canned and Frozen Fruit and Juices	Variety of Fresh, Canned and Frozen Fruit and Juices	Variety of Fresh, Canned and Frozen Fruit and Juices	Variety of Fresh, Canned and Frozen Fruit and Juices
Breadstick, Muffins, Pretzels & Garlic Toast	Breadstick, Muffins, Pretzels & Garlic Toast	Breadstick, Muffins, Pretzels & Garlic Toast	Breadstick, Muffins, Pretzels & Garlic Toast	Breadstick, Muffins, Pretzels & Garlic Toast
Variety of Milk Choices	Variety of Milk Choices	Variety of Milk Choices	Variety of Milk Choices	Variety of Milk Choices

