

Penn High School Menus

Fall 2024

Breakfast Menu



Vegetarian

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Egg Cheese Ham Muffin	Mini Maple Waffles	Ham & Cheese Croissant	Egg Cheese Biscuit	Egg & Sausage Breakfast Bagel
Mini Maple Waffles	Hot Honey Sausage Breakfast Pizza	French Toast Sticks	Banana Bread	Fruity Waffles
Grape Filled Croissant	Overnight Berry Oatmeal	Savory Oatmeal Bowl	Overnight Berry Oatmeal	Pancake Fruit Parfait
Mexican Egg Wrap	Chicken Breakfast Biscuit	Cinnamon Toast Breakfast Bar	Pancake on a Stick	Western Egg Sandwich
Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits
Assorted Cereal Bags	Assorted Cereal Bags	Assorted Cereal Bags	Assorted Cereal Bags	Assorted Cereal Bags
Assorted Breakfast Bars	Assorted Breakfast Bars	Assorted Breakfast Bars	Assorted Breakfast Bars	Assorted Breakfast Bars
Variety of Poptarts & Cereal bars	Variety of Poptarts & Cereal bars	Variety of Poptarts & Cereal bars	Variety of Poptarts & Cereal bars	Variety of Poptarts & Cereal bars
Fresh Cut and Whole Fresh Fruit	Fresh Cut and Whole Fresh Fruit	Fresh Cut and Whole Fresh Fruit	Fresh Cut and Whole Fresh Fruit	Fresh Cut and Whole Fresh Fruit
Variety of Juices	Variety of Juices	Variety of Juices	Variety of Juices	Variety of Juices
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Cream Cheese Stuffed Bagels	Hot Honey Sausage Breakfast Pizza	Ham & Cheese Croissant	Korean Street Toast	Cinnamon Toast Breakfast Bar
Sausage Cheese Biscuit	Chicken Breakfast Biscuit	Mini French Toast	Mini Caramel Roll	Egg Sausage Bagel
Berry Yogurt Roll up	Mini Maple Pancakes	Peanut Butter Banana Roll Up	Banana Bread	Mini Blueberry Waffles
Mexican Egg Wrap	Overnight Berry Oatmeal	Savory Oatmeal Bowl	Overnight Berry Oatmeal	Pancake Fruit Parfait
Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits
Assorted Cereal Bags	Assorted Cereal Bags	Assorted Cereal Bags	Assorted Cereal Bags	Assorted Cereal Bags
Assorted Breakfast Bars	Assorted Breakfast Bars	Assorted Breakfast Bars	Assorted Breakfast Bars	Assorted Breakfast Bars
Variety of Poptarts & Cereal bars	Variety of Poptarts & Cereal bars	Variety of Poptarts & Cereal bars	Variety of Poptarts & Cereal bars	Variety of Poptarts & Cereal bars
Fresh Cut and Whole Fresh Fruit	Fresh Cut and Whole Fresh Fruit	Fresh Cut and Whole Fresh Fruit	Fresh Cut and Whole Fresh Fruit	Fresh Cut and Whole Fresh Fruit
Variety of Juices	Variety of Juices	Variety of Juices	Variety of Juices	Variety of Juices
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk