



## Summer Food Program Menus

Subject to Change based on product availability

	29-Jun	30-Jun	1-Jul	2-Jul	3-Jul
<b>Breakfast</b> (for lunch) Penn only	French Toast (2) Assorted Fresh Fruit (1/2c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Mini Maple Pancakes /Omelet Assorted Juice Box 4oz. Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Ham & Cheese Croissant (1) Assorted Fresh Fruit (1/2c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Pancake on a Stick (2) Assorted Juice Box 4oz. Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Closed
<b>Midday</b> <b>(Lunch)</b>  All sites except Penn	Chicken Patty Sandwich  Assorted Fresh Veggies & Dip Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Mini Corn Dogs (5)  Assorted Fresh Fruit (1/2c) Assorted Juice Box 4oz. Skim Choc. Milk (8oz)	Ravioli with Sauce Garlic Toast Assorted Fresh Veggies & Dip Raisins 1/4c Skim Choc. Milk (8oz)	Cheese Pizza  Strawberries (3/8c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Closed
<b>Supper</b>  Penn only	Quesadillas  Assorted Fresh Fruit (1/2c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Fish Nuggets (4)  Assorted Fresh Veggies & Dip Assorted Juice Box 4oz. Skim Choc. Milk (8oz)	Cheeseburger on a Bun  Blueberries (3/8c) Assorted Fresh Fruit (1/2c) Skim Choc. Milk (8oz)	Popcorn Chicken w/ Buffalo Ranch & Corn Bread Assorted Fresh Veggies & Dip Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Closed
<b>Breakfast</b>  Prairie Vista GMS	Appleway Bar (1)  Assorted Canned Fruit (1/2c) Skim Choc. Milk (8oz)	Bread Berry (1)  Assorted Juice Box 4oz. Skim Choc. Milk (8oz)	Mini Cinnamon Cream Cheese Bagels Assorted Fresh Fruit (1/2c) Skim Choc. Milk (8oz)	Muffin Blueberry (1)  Assorted Canned Fruit (1/2c) Skim Choc. Milk (8oz)	Closed
<b>Cold Sack</b>  Penn	Ham & Cheese Sandwich  Assorted Fresh Fruit (1/2c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Tortilla Chips 2 oz Cheese Sauce (1) Assorted Fresh Veggies & Dip Assorted Juice Box 4oz. Skim Choc. Milk (8oz)	Yogurt 4 oz Cheese Stick 1 oz Raisins Bulk 1/4c Assorted Canned Fruit (3/8c) Assorted Fresh Fruit (3/8c) Skim Choc. Milk (8oz)	California Club Wrap on 8" Tortilla Lettuce/Tomato Cup 1/2 c Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Closed
<b>Snack</b>  Merrifield Battell	Bar Cereal Rice Krispie (1)  Skim Choc. Milk (8oz)	Banana Muffin (1)  Capri Sun (1)	Yogurt 4 oz cup  100% Fruit Juice 6 oz	Scooby Snacks 1 bag  Skim Choc. Milk (8oz)	Closed

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