



**Summer Food Program Menus**  
 Subject to Change based on product availability

	22-Jun	23-Jun	24-Jun	25-Jun	26-Jun
<b>Breakfast</b> (for lunch) Penn only	Egg Cheese Eng. Muffin  Assorted Fresh Fruit (1/2c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Mini French Toast Turkey Sausage (2) Assorted Juice Box 4oz. Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Breakfast Pizza (2)  Assorted Fresh Fruit (1/2c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Sunrise Calzone (1)  Assorted Juice Box 4oz. Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Chicken & Cheese Biscuit  Assorted Fresh Fruit (1/2c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)
<b>Midday</b> <b>(Lunch)</b>  All sites except Penn	Crispy Pork Sandwich  Assorted Fresh Veggies & Dip Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Cheese Pizza  Lettuce/Tomato Cup 1/2 c Assorted Juice Box 4oz. Skim Choc. Milk (8oz)	Asian Chicken 3 oz Rice 1/2c Assorted Canned Fruit (3/8c) Assorted Fresh Fruit (1/2c) Skim Choc. Milk (8oz)	Grilled Cheese Sandwich  Strawberries (3/8c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Chicken Nuggets (5) Dinner Roll w/ Margarine (1) Assorted Fresh Veggies & Dip Assorted Juice Box 4oz. Skim Choc. Milk (8oz)
<b>Supper</b>  Penn only	Maxx Sticks w/ Sauce  Assorted Fresh Fruit (1/2c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	BBQ Pork Sandwich  Assorted Fresh Veggies & Dip Assorted Juice Box 4oz. Skim Choc. Milk (8oz)	Chicken Patty Sandwich  Blueberries (3/8c) Assorted Fresh Fruit (1/2c) Skim Choc. Milk (8oz)	Turkey & Noodles 1 cup Corn Bread (1) Sweet Potato Fries 1/2c Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Hamburger on a Bun  Assorted Fresh Veggies & Dip Assorted Juice Box 4oz. Skim Choc. Milk (8oz)
<b>Breakfast</b> Prairie Vista GMS	Coco Cherry Bar (1) Assorted Canned Fruit (1/2c) Skim Choc. Milk (8oz)	Oat & Honey Granola Bar (1) Assorted Juice Box 4oz. Skim Choc. Milk (8oz)	Bagel w/ Cream Cheese Assorted Fresh Fruit (1/2c) Skim Choc. Milk (8oz)	Banana Muffin (1) Assorted Canned Fruit (1/2c) Skim Choc. Milk (8oz)	Oatmeal Breakfast Bar (1) Assorted Juice Box 4oz. Skim Choc. Milk (8oz)
<b>Cold Sack</b> Prairie Vista GMS	Ham & Cheese Wrap  Assorted Fresh Fruit (1/2c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Tortilla Chips 2 oz Cheese Sauce (1) Assorted Fresh Veggies & Dip Assorted Juice Box 4oz. Skim Choc. Milk (8oz)	Yogurt 4 oz Cheese Stick 1 oz Raisins Bulk 1/4c Assorted Canned Fruit (3/8c) Assorted Fresh Fruit (3/8c) Skim Choc. Milk (8oz)	Fruity Chicken Salad Sand.  Assorted Fresh Fruit (3/8c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Peanut Butter & Jelly Sand. Cheese Stick 1oz Assorted Fresh Veggies & Dip Assorted Juice Box 4oz. Skim Choc. Milk (8oz)
<b>Snack</b> Merrifield Battell	Pretzels 1 bag  Capri Sun (1)	Graham Crackers (3)  Skim Choc. Milk (8oz)	Appleway Bar (1)  Skim Choc. Milk (8oz)	Cocoa Krispie Bar (1)  100% Fruit Juice 6 oz	Strawberry Chex Mix 1 bag  Skim Choc. Milk (8oz)

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