



Summer Food Program Menus
 Subject to Change based on product availability

	15-Jun	16-Jun	17-Jun	18-Jun	19-Jun
Breakfast (for lunch) Penn only	French Toast Sticks (2) Assorted Fresh Fruit (1/2c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Chicken & Cheese Biscuit (1) Assorted Juice Box 4oz. Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Ham & Cheese Croissant (1) Assorted Fresh Fruit (1/2c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Sausage Breakfast Bites (6) Assorted Juice Box 4oz. Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Mini Maple Waffles Turkey Sausage Patties (2) Assorted Fresh Fruit (1/2c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)
Midday (Lunch) All sites except Penn	BBQ Chicken Sandwich Assorted Fresh Veggies & Dip Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Beef Taco Lettuce/Tomato Cup 1/2 c Assorted Juice Box 4oz. Skim Choc. Milk (8oz)	Popcorn Chicken Bowl Mashed Potatoes/Corn 3/8 c Biscuit w/ Jelly or honey (1) Assorted Fresh Fruit (1/2c) Skim Choc. Milk (8oz)	Mozzarella Sticks w/ Sauce Strawberries (3/8c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Pepperoni Pizza Assorted Fresh Veggies & Dip Assorted Juice Box 4oz. Skim Choc. Milk (8oz)
Supper Penn only	Mini Chicken Tacos (3) Assorted Fresh Fruit (1/2c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Fish Sandwich Assorted Fresh Veggies & Dip Assorted Juice Box 4oz. Skim Choc. Milk (8oz)	Calzone Blueberries (3/8c) Assorted Fresh Fruit (1/2c) Skim Choc. Milk (8oz)	Cheeseburger Sweet Potato Fries 1/2c Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Spicy Chicken Patty Sandwich Assorted Fresh Veggies & Dip Assorted Juice Box 4oz. Skim Choc. Milk (8oz)
Breakfast Prairie Vista GMS	Crunchmania 1 bag Assorted Canned Fruit (1/2c) Skim Choc. Milk (8oz)	Banana Bread (1) Assorted Juice Box 4oz. Skim Choc. Milk (8oz)	Strawberry Stuffed Bagels Assorted Fresh Fruit (1/2c) Skim Choc. Milk (8oz)	Apple Muffin (1) Assorted Canned Fruit (1/2c) Skim Choc. Milk (8oz)	Cinnamon Crisp Bar (1) Assorted Juice Box 4oz. Skim Choc. Milk (8oz)
Cold Sack Penn	Turkey & Cheese Sandwich Assorted Fresh Fruit (1/2c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Tortilla Chips 2 oz Cheese Sauce (1) Assorted Fresh Veggies & Dip Assorted Juice Box 4oz. Skim Choc. Milk (8oz)	Yogurt 4 oz Cheese Stick 1 oz Raisins Bulk 1/4c Assorted Canned Fruit (3/8c) Assorted Fresh Fruit (3/8c) Skim Choc. Milk (8oz)	Ranchero Chicken Wrap on 8" Tortilla Assorted Fresh Fruit (3/8c) Assorted Canned Fruit (3/8c) Skim Choc. Milk (8oz)	Peanut Butter & Jelly Sand. Cheese Stick 1oz Assorted Fresh Veggies & Dip Assorted Juice Box 4oz. Skim Choc. Milk (8oz)
Snack Merrifield Battell	Tostitos 1 bag Capri Sun (1)	Annie's Bunnies Grahams Skim Choc. Milk (8oz)	Fresh Banana (1) Skim Choc. Milk (8oz)	Cheez-it Crackers 1 bag 100% Fruit Juice 6 oz	Oatmeal Choc Chip Bar (1) Skim Choc. Milk (8oz)

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