



Summer Food Program Menus

Subject to Change based on product availability

	6-Jul	7-Jul	8-Jul	9-Jul	10-Jul
Breakfast (for lunch) Penn only	French Toast Sticks (2)	Chicken & Cheese Biscuit (1)	Ham & Cheese Croissant (1)	Sausage Breakfast Bites (6)	Mini Maple Waffles
	Assorted Fresh Fruit (1/2c)	Assorted Juice Box 4oz.	Assorted Fresh Fruit (1/2c)	Assorted Juice Box 4oz.	Turkey Sausage Patties (2)
	Assorted Canned Fruit (3/8c)	Assorted Canned Fruit (3/8c)	Assorted Canned Fruit (3/8c)	Assorted Canned Fruit (3/8c)	Assorted Fresh Fruit (1/2c)
	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)	Assorted Canned Fruit (3/8c)
					Skim Choc. Milk (8oz)
Midday (Lunch) All sites except Penn	BBQ Chicken Sandwich	Beef Taco	Popcorn Chicken Bowl	Mozzarella Sticks w/ Sauce	Pepperoni Pizza
	Assorted Fresh Veggies & Dip	Lettuce/Tomato Cup 1/2 c	Mashed Potatoes/Corn 3/8 c	Strawberries (3/8c)	Assorted Fresh Veggies & Dip
	Assorted Canned Fruit (3/8c)	Assorted Juice Box 4oz.	Biscuit w/ Jelly or honey (1)	Assorted Canned Fruit (3/8c)	Assorted Juice Box 4oz.
	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)	Assorted Fresh Fruit (1/2c)	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)
		Skim Choc. Milk (8oz)			
Supper Penn only	Mini Chicken Tacos (3)	Fish Sandwich	Calzone	Cheeseburger	Spicy Chicken Patty Sandwich
	Assorted Fresh Fruit (1/2c)	Assorted Fresh Veggies & Dip	Blueberries (3/8c)	Sweet Potato Fries 1/2c	Assorted Fresh Veggies & Dip
	Assorted Canned Fruit (3/8c)	Assorted Juice Box 4oz.	Assorted Fresh Fruit (1/2c)	Assorted Canned Fruit (3/8c)	Assorted Juice Box 4oz.
	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)
Breakfast Prairie Vista GMS	Crunchmania 1 bag	Banana Bread (1)	Strawberry Stuffed Bagels	Apple Muffin (1)	Cinnamon Crisp Bar (1)
	Assorted Canned Fruit (1/2c)	Assorted Juice Box 4oz.	Assorted Fresh Fruit (1/2c)	Assorted Canned Fruit (1/2c)	Assorted Juice Box 4oz.
	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)
Cold Sack Penn	Turkey & Cheese Sandwich	Tortilla Chips 2 oz	Yogurt 4 oz Cheese Stick 1 oz	Ranchero Chicken Wrap on 8" Tortilla	Peanut Butter & Jelly Sand.
	Assorted Fresh Fruit (1/2c)	Cheese Sauce (1)	Raisins Bulk 1/4c	Assorted Fresh Fruit (3/8c)	Cheese Stick 1oz
	Assorted Canned Fruit (3/8c)	Assorted Fresh Veggies & Dip	Assorted Canned Fruit (3/8c)	Assorted Canned Fruit (3/8c)	Assorted Fresh Veggies & Dip
	Skim Choc. Milk (8oz)	Assorted Juice Box 4oz.	Assorted Fresh Fruit (3/8c)	Skim Choc. Milk (8oz)	Assorted Juice Box 4oz.
	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)		Skim Choc. Milk (8oz)	
Snack Merrifield Battell	Tostitos 1 bag	Annie's Bunnies Grahams	Fresh Banana (1)	Cheeze-it Crackers 1 bag	Oatmeal Choc Chip Bar (1)
	Capri Sun (1)	Skim Choc. Milk (8oz)	Skim Choc. Milk (8oz)	100% Fruit Juice 6 oz	Skim Choc. Milk (8oz)

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