

July Summer Food Service Program 2017

	Monday 3-Jul	Tuesday 4-Jul	Wednesday 5-Jul	Thursday 6-Jul	Friday 7-Jul
Snack	Appleway Bar (1) Orange Juice 4 oz. Skim Choc. Milk (8oz)	Happy 4th of July	Egg, Cheese Biscuit (1) Orange Wedges 1/2c Skim Choc. Milk (8oz)	Banana Bread 1 each Apple Juice 4oz Skim Choc. Milk (8oz)	Breakfast Bites (3) Fresh Apple Skim Choc. Milk (8oz)
Lunch	Blueberry Muffin 1 each Capri 100% Juice 6 oz		Graham Crackers 3 Skim Choc Milk (8oz)	Scooby Snacks 1 pkg Skim Choc Milk (8oz)	1 oz Tort. Chips w/ Salsa Capri 100% Juice 6 oz
	Chicken Drumstick (1) Apple Juice 4oz Pears 3/8 c. Fruit Muffin (1) Skim Choc. Milk (8oz)		Mini Corn Dogs (5) Carrot Sticks 4 each w/ Ranch Dip/Treat Fruit Punch 4oz Skim Choc. Milk (8oz)	Beef Hamburger on a bun (1) Peaches 3/8c Fresh Apple Skim Choc. Milk (8oz)	Turkey/Chs Wrap (1) Cucumber Slices 3/8 c Pearsauce 3/8c Skim Choc. Milk (8oz)
Breakfast					
	10-Jul	11-Jul	12-Jul	13-Jul	14-Jul
Snack	Cinn. Bagel Stick (1) Fresh Orange Skim Choc. Milk (8oz)	French Toast Sticks (3) Fruit Punch 4oz Skim Choc. Milk (8oz)	Banana Muffin (1) Orange Juice 4 oz. Skim Choc. Milk (8oz)	Cinnamon Roll (1) Apple Juice 4oz Skim Choc. Milk (8oz)	Berry Bread (1) Ind. Pkg. Apple Wedges Skim Choc. Milk (8oz)
Lunch	Blueberry Lemon Crisps (1) Skim Choc Milk (8oz)	String Cheese (2) Capri 100% Juice 6 oz	Fresh Banana Skim Choc Milk (8oz)	Oatmeal CC Bar (1) Capri 100% Juice 6 oz	WG Cheese Its (1) 6 oz Grape Juice Box
	Grilled Cheese Sandwich (1) Orange Juice 4 oz. Apple Wedges 1 pkg Skim Choc. Milk (8oz)	Chicken Patty Sandwich (1) Fresh Banana 1 med Apple Juice 4 oz Skim Choc. Milk (8oz)	Turkey Ham & Cheese Sub Broccoli w/ Dip 3/8 c. Strawberry Cups (1) Treat Skim Choc. Milk (8oz)	Cheese Pizza (1) Celery Sticks 4ea w/dip Peaches 3/8c Skim Choc. Milk (8oz)	Turkey Burger on a Bun Blueberries 3/8c Orange Slices 1/2c Skim Choc. Milk (8oz)
Breakfast					
	17-Jul	18-Jul	19-Jul	20-Jul	21-Jul
Snack	Apple Muffin (1) Orange Juice 4 oz. Skim Choc. Milk (8oz)	Blueberry Flapjacks (2) Banana 1 med. Skim Choc. Milk (8oz)	Cinnamania (1) Apple Juice 4oz Skim Choc. Milk (8oz)	Apple Texas Toast (1) Orange Juice 4 oz Skim Choc. Milk (8oz)	Strawberry Crisp Bar (1) Punch Juice 4 oz Skim Choc. Milk (8oz)
Lunch	Tostitos 1 pkg Capri 100% Juice 6 oz	Ind. Pkg. Apple Wedges Skim Choc Milk (8oz)	4oz yogurt Capri 100% Juice 6 oz	Simply chex (1) Capri 100% Juice 6 oz	Cheddar Goldfish 1 pkg Skim Choc Milk (8oz)
	Taco in a Bag (1) 1/2 cup Shredded Lettuce Tropical Fruit Cup (1) Skim Choc. Milk (8oz)	Macaroni & Cheese 1 cup Carrot Sticks(4) w/ Ranch Fresh Kiwi (1 1/2) Skim Choc. Milk (8oz)	Grilled Chicken Sandwich Fresh Banana (1) Fruit Punch 4oz Skim Choc. Milk (8oz)	Turkey/Chs Wrap (1) Watermelon 3/8 c Cinnamon Apples 3/8 cup Treat Skim Choc. Milk (8oz)	Beef Sloppy Joe on a Bun Fresh Orange Wedges (6) Apple Juice 34 oz Skim Choc. Milk (8oz)
Breakfast					
	24-Jul	25-Jul	26-Jul	27-Jul	28-Jul
Snack	Pancake on a Stick (1) Orange Juice 4 oz. Skim Choc. Milk (8oz)	Banana Breakfast Bar (1) Apple Juice 4oz Skim Choc. Milk (8oz)	Ultimate Breakfast Round (1) Ind. Pkg. Apple Wedges Skim Choc. Milk (8oz)	Blueberry Muffin (1) Punch Juice 4 oz Skim Choc. Milk (8oz)	Maple Flapjacks 1 pkg Apple Juice 4oz Skim Choc. Milk (8oz)
Lunch	WG Rice Krispie Bar Capri 100% Juice 6 oz	Animal Crackers 1 pkg Capri 100% Juice 6 oz	Orange Wedges (6) Skim Choc. Milk (8oz)	Pretzels 1 bag Capri 100% Juice 6 oz	Chortles 1 pkg 6 oz Grape Juice Box
	Popcorn Chicken (14) Carrot Sticks(4) w/ Ranch Pears 3/8 c. Corn Muffin (1) Skim Choc. Milk (8oz)	Maxx Sticks w/ Sauce (2) Cantaloupe 3/8c Peaches 3/8c Skim Choc. Milk (8oz)	Turkey & Cheese Sub Apple Juice 4oz Fresh Celery w/ Ranch dip Skim Choc. Milk (8oz)	Chicken Taco (1) 1/2 cup Shredded Lettuce Fruit Cocktail 3/8 c. Treat Skim Choc. Milk (8oz)	Corn Dog (1) Fresh Orange Slices 1/2c Fruit Ice (1) Skim Choc. Milk (8oz)
Breakfast					
	31-Jul	1-Aug	2-Aug	3-Aug	4-Aug
Snack	Appleway Bar (1) Orange Juice 4 oz. Skim Choc. Milk (8oz)	Oatmeal Breakfast Bar (1) Punch Juice 4 oz Skim Choc. Milk (8oz)	Egg, Cheese Biscuit (1) Orange Wedges 1/2c Skim Choc. Milk (8oz)	Banana Bread 1 each Apple Juice 4oz Skim Choc. Milk (8oz)	Breakfast Bites (3) Fresh Apple Skim Choc. Milk (8oz)
Lunch	Blueberry Muffin 1 each Capri 100% Juice 6 oz	Ind. Pkg. Apple Wedges Skim Choc Milk (8oz)	Graham Crackers 3 Skim Choc Milk (8oz)	Scooby Snacks 1 pkg Skim Choc Milk (8oz)	1 oz Tort. Chips w/ Salsa Capri 100% Juice 6 oz
	Chicken Drumstick (1) Apple Juice 4oz Pears 3/8 c. Fruit Muffin (1) Skim Choc. Milk (8oz)	BBQ Pork Rib on a Bun (1) Fresh Banana Tropical Fruit Cup (1) Treat Skim Choc. Milk (8oz)	Hot Dog on a Bun (1) Carrot Sticks 4 each w/ Ranch Dip Fruit Punch 4oz Skim Choc. Milk (8oz)	Beef Hamburger on a bun (1) Peaches 3/8c Fresh Apple Skim Choc. Milk (8oz)	Italian Sub (1) Cucumber Slices 3/8 c Pearsauce 3/8c Skim Choc. Milk (8oz)
Breakfast					
	7-Aug	8-Aug	9-Aug	10-Aug	11-Aug
Snack	Cinn. Bagel Stick (1) Fresh Orange Skim Choc. Milk (8oz)	French Toast Sticks (3) Fruit Punch 4oz Skim Choc. Milk (8oz)	Banana Muffin (1) Orange Juice 4 oz. Skim Choc. Milk (8oz)	Cinnamon Roll (1) Apple Juice 4oz Skim Choc. Milk (8oz)	Berry Bread (1) Ind. Pkg. Apple Wedges Skim Choc. Milk (8oz)
Lunch	Blueberry Lemon Crisps (1) Skim Choc Milk (8oz)	String Cheese (2) Capri 100% Juice 6 oz	Fresh Banana Skim Choc Milk (8oz)	Oatmeal CC Bar (1) Capri 100% Juice 6 oz	WG Cheese Its (1) 6 oz Grape Juice Box
	Grilled Cheese Sandwich (1) Orange Juice 4 oz. Apple Wedges 1 pkg Skim Choc. Milk (8oz)	Chicken Patty Sandwich (1) Fresh Banana 1 med Apple Juice 4 oz Skim Choc. Milk (8oz)	Turkey Ham & Cheese Sub Broccoli w/ Dip 3/8 c. Strawberry Cups (1) Treat Skim Choc. Milk (8oz)	Cheese Pizza (1) Celery Sticks 4ea w/dip Peaches 3/8c Skim Choc. Milk (8oz)	Turkey Burger on a Bun Fresh Apple (1) Fruit Ice (1) Skim Choc. Milk (8oz)

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