



# Suicide Prevention, Intervention, and Response

Penn-Harris-Madison School Corporation

# Suicide Prevention, Intervention, and Response

## ❖ Ms. Alice Jordan-Miles

- Assistant Director: Behavioral Health and Family Studies
  - Indiana University-Purdue University Fort Wayne
- Suicide Prevention Resource Center
  - State and National Organization
    - Recommended by other school districts/communities

# Suicide Prevention, Intervention, and Response

Ms. Alice Jordan-Miles

## Consulting Services to Assist with:

### **Internal Review of current school and district suicide prevention, intervention, and postvention protocols**

- Following the internal review, suggestions, modifications and revisions would be provided
- Internal review conducted during 2nd semester 2015-2016
  - District-wide
  - **COMPLETED (Spring 2016)**

# Suicide Prevention/Intervention/Postvention Recommendations

## *Step 1: Update Policies and Protocols ~*

- ❖ Integrate suicide prevention, intervention, & postvention into school's/district's crisis response plan
- ❖ Evidence-based screening/assessment tools should be used with uniformity among schools/district
  - Columbia - Suicide Severity Rating Scale (CSSRS)
- ❖ Adapt the district protocols from list of resources (Lifelines Trilogy)
- ❖ Include both use of C-SSRS and safety plans. Communicate P-H-M's protocols with staff
- ❖ Choose and implement Suicide Safety Plan for those students who aren't willing/able to access treatment right away
- ❖ With ITS support create Suicide Safety Plan APP for when students are not in school
- ❖ *Timeline: 2016 - 2017 School Year*

# Suicide Prevention/Intervention/Postvention Recommendations

## Step 2: Train Designated Staff in Suicide Intervention

- ❖ Applied Suicide Intervention Skills Training (ASIST)
  - Suicide Intervention Workshop
    - ASIST training is used world-wide
      - **Timeline: October 5th and 6th, 2016**

# Suicide Prevention/Intervention/Postvention Recommendations

## Step 3: Train Staff in QPR (Question Persuade, Refer)

### ❖ Suicide Prevention Training

➤ **Timeline: Offered at all schools on September 6, 7, or 8, 2016**

- 20 district-wide trainers were trained Spring 2016 QPR Training
  - Training is optional for employees; they may decline

# Suicide Prevention/Intervention/Postvention Recommendations

## Step 4: Train Crisis Suicide Team in Suicide Postvention

### ❖ Lifelines Postvention Training

- **Timeline: October 12, 2016 (QPR Trained individuals and 10 additional district employees)**
  - Program that provides education on how a school district should address and respond to any type of death or traumatic event that affects a school population

# Suicide Prevention/Intervention/Postvention Recommendations

## Step 5: Educate Students and Parents

### ❖ Parent Workshop

#### ➤ “Raising Resilient Kids”

- To increase awareness of youth-suicide

- **Timeline: September, 7, 2016 at 7:00 PHS (Center for Performing Arts)**

- 90 minute program facilitated by Ms. Alice Jordan Miles
- Open to parents (K-12)



# Suicide Prevention/Intervention/Postvention Recommendations

## Step 5: Educate Students and Parents

- ❖ Lifelines Training for Health/PE teachers (grades 7-10)
  - **Timeline: September 14, 2016**
- ❖ Implementation of Lifelines Curriculum
  - For students grades 7-10
    - **Timeline: Beginning late fall semester 2016**
      - 4 Class sessions 40 minutes each

# Suicide Prevention/Intervention/Postvention Recommendations

## Step 6: Educate Students

- ❖ Implementation of Lifelines Curriculum
  - For students grades 7-10
    - **Timeline: Beginning late fall semester 2016**
      - **In Process**