

September

Penn Harris Madison School Corporation High School Menu

Pay by credit card, check student balances and find nutritional information at SchoolInfo.com

All meals will be free for every student



All Meals will be pre-packaged. Water & Milk will also be available for purchase.

To request a special diet meal please go to <https://www.phmschools.org/food-nutrition> for the form or call 254-2814 to have a form sent to you.

Menu subject to change based on product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/21	9/22	9/23	9/24	9/25
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Egg, Cheese, Ham Muffin French Toast Sticks	Mini Maple Pancakes Sausage Biscuit	Pancake on a Stick Ham & Cheese Croissant	Apple Texas Toast Chicken Biscuit	Breakfast Pizza Mini Waffles
Lunch Hot Meal	Lunch Hot Meal	Lunch Hot Meal	Lunch Hot Meal	Lunch Hot Meal
Sausage/Pancakes Orange Chicken w/ Rice Cheesy Breadstick	Hawaiian Pizza Spag./Meatballs/Gar Tst Nacho Grande	Cheese Quesadilla Teriyaki Chicken w/ Rice Boom Boom Chicken/Muffin	Pepperoni Calzone Spicy Chicken Sandwich Nacho Grande	Hot Turkey Sandwich Pepperoni Pizza Chicken Filet Sandwich
Cold Meal	Cold Meal	Cold Meal	Cold Meal	Cold Meal
Strawberry Spinach Salad Egg, Cheese Snack Pack Ham & Cheese Sub Fruity Chicken Salad Wrap	Italian Chef Salad Ham Snack Pack Turkey Club Sub Buffalo Chicken Wrap	Chicken Caesar Salad Pizza Snack Pack Turkey & Cheese Sub California Club Wrap	Chicken Chef Salad Turkey Snack Pack Italian Sub Veg. Hummus Wrap	Chicken Caesar Salad Fruit & Yogurt Plate Vegetable Sub Chicken Ranchero Wrap
9/28	9/29	9/30	Available for Breakfast Daily: Fresh and Canned Fruit, 100% Juice, Yogurt Parfaits, and Breakfast Bars Available for Lunch Daily: Fresh and Canned Fruit, Fresh and Cooked Vegetables & Juice Chocolate & Strawberry Skim Milk and Lowfat White Milk served with every meal	
Breakfast	Breakfast	Breakfast		
Egg, Cheese, Ham Muffin French Toast Sticks	Mini Maple Pancakes Sausage Biscuit	Pancake on a Stick Ham & Cheese Croissant		
Lunch Hot Meal	Lunch Hot Meal	Lunch Hot Meal		
Boom Boom Chkn w/Muffin Orange Chicken w/ Rice Mozzarella Sticks w/sauce	Cheese Pizza Spag./Meatballs/Gar Tst Nacho Grande	Cheese Quesadilla General Tso's Chicken w/ Rice Chicken Drumstick/Breadstick		
Cold Meal	Cold Meal	Cold Meal		
Strawberry Spinach Salad Egg, Cheese Snack Pack Ham & Cheese Sub Fruity Chicken Salad Wrap	Italian Chef Salad Ham Snack Pack Turkey Club Sub Buffalo Chicken Wrap	Chicken Caesar Salad Pizza Snack Pack Turkey & Cheese Sub California Club Wrap		

USDA is an equal opportunity provider.