September

Penn Harris Madison Middle School Menu

Pay by credit card,check student balances and apply for textbook assistance at Schoolcafe.com

Meal Prices: Breakfast \$1.25 Lunch \$2.25



Menu subject to change based on product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			9/1	9/2
Available at Lunch Daily: Cold Turkey or Turkey Ham, Peanut Butter & Jelly Sandwiches on Wheat, Fresh			Sunrise Calzone	Mini Pancake Wraps
			Sloppy Joe	Hot Ham & Cheese Sand.
Fruit, 100% Juice, Salad, Low Fat White, Skim Strawberry and Skim Chocolate Milk.		Mandarin Chicken	Cheesy Fish Sandwich	
Low r at Winte, Okini	on amberry and okum once	oldte iiiik.	with Rice	Buffalo Chicken Pizza
	Nutritional	Information available at	Garlic Chicken Pizza	Whole Kernal Corn
	Schoolcafe.com		Edamame	Strawberry Cup
			Peaches	
9/5	9/6	9/7	9/8	9/9
	Egg Cheese Tornado	Egg Cheese Sandwich	Chicken Biscuit Sandwich	Cinnamon French Toast
	Meatballs w/ Gravy	Sausage Patties	Baked Mostaccoli	Mozzarella Sticks
Labor Day	Chicken Nuggets	Scrambled Eggs	Ham & Cheese Calzone	Pizza Burger
	Broccoli Cheese Soup	Corn Dog	Teriyaki Chicken Sand.	Chicken Tacos
	Egg Noodles	Mini Maple Waffles	Broccoli Cuts w/ Cheese	Sweet Potato Fries
	Green Beans	Potato Triangles	Garlic Toast	Kiwi Halves
	Sunset Fruit Salad	Applesauce	Pineapple	
9/12	9/13	9/14	9/15	9/16
French Toast Sticks	Strawberry Stuffed Bagels	Breakfast Pizza	Mini Pancake Wraps	Blueberry Mini Pancakes
Pepperoni Pizza Slice	Turkey & Noodles	Cheesy Chicken Burrito	Teriyaki Chicken	Spaghetti w/ Meat Sauce
Grilled Chicken Sandwich	Carnitas Street Tacos	General Tso's Chicken	Maxx Cheese Sticks	Fish Nuggets
Fettuccine Alfredo	Pepperjack Ham Pretzelwich	Meatball Sub	Hamburger	Spicy Chicken Sandwich
Garlic Toast	Roasted Butternut Squash	Sesame Green Beans	Edamame	Garlic Toast
Green Peas	Dinner Roll	Brown Rice	Confetti Asian Rice	Caesar Salad
Strawberry Applesauce	Pears	Mandarin Oranges	Peaches	Mixed Fruit
9/19	9/20	9/21	9/22	9/23
Pancake on a Stick	Cinnamon French Toast	Ham & Cheese Croissant	Mini Maple Waffles	Breakfast Burrito
Buffalo Chicken Pasta	Chicken Noodle Soup	Pepperoni Calzone	Turkey Burger	Cheese Pizza
Hot Dog on a Bun	Hawaiian Pizza	Chicken Fajitas	Veg. Mexican Pizza	BBQ Pork Rib Sandwich
Cheesy Breadstick	Italian Turkey Panini	Hot Turkey Sandwich	Popcorn Chicken	Sweet Thai Chicken
Baked Beans	Broccoli Salad	Mashed Potatoes	Pretzel	Teriyaki Edamame Noodles
Applesauce	Mexican Corn	Southwest Lentils	Lemon Zest Broccoli	Sweet Potato Fries
	Pears	Pineapple	Peaches	Cinnamon Apples
9/26	9/27	9/28	9/29	9/30
Sausage Cheese Sandwich	Breakfast Pizza	Mexican Egg Wrap	Mini Maple Pancakes	Mini Maple Waffles
Spaghetti w/ Meatballs	Chicken Patty Sandwich	Sweet & Sour Chicken	Walking Beef Taco	Chicken Nuggets
Fish Nuggets	Pizza Sub	with Rice	Turkey Swiss Croissant	Vegetable Pizza
Soft Shell Beef Tacos	Tandori Drumstick	Cheeseburger	BBQ Pork Sandwich	Fettuccine Alfredo
Roasted Butternut Squash	Sweet Potato Fries	Spicy Chicken Patty	Baked Potato	Garlic Toast
Pears	Coleslaw/Breadstick	Baked Beans	Peaches	Caesar Salad
Garlic Toast	Red Grapes	Mixed Fruit		Strawberry Applesauce

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