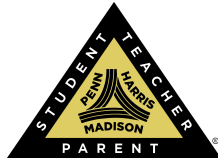




Accessing Social-Emotional Supports Available At

*Penn-Harris-Madison
Through School Counselors or YSB*





Here for Students

Ways to Contact Supports

Community and Crisis Resources

Discovery Middle School



Autumn Stout



Deanna Ward

Counselors:

- Autumn Stout (Last Names A-K)
 - astout@phm.k12.in.us
- Deanna Ward (Last Names L-Z)
 - dward@phm.k12.in.us

Ways to Contact Counselor:

- Main Line (574) 674-6010 and ask to be transferred to the Counseling Office
- On the DMS website under the guidance tab and clicking the link: School Counselor Appointment Request Form
- Counselors can share important information on Canvas via the "DMS Counselor" page for both students and parents

Grissom Middle School



Nancy Block



Sheri Miller

Counselors:

- Nancy Block (Last Names A-K) nblock@phm.k12.in.us
- Sheri Miller (Last Names L-Z) smiller@phm.k12.in.us

Ways to Contact Counselor:

- Students and parents can email their school counselors directly or call the **Main line at (574) 968-9628** and ask to be transferred to the Counseling Office
- Please visit the “Guidance” webpage at GMS (link here: <https://grissom.phmschools.org/meet-counselors>) to find the link to make an appointment request (Website will say, “[click here to fill out an online Appointment Request](#)”)
- Canvas graduating class course provides a variety of information to students, along with direct access to making an appointment with their counselor

Schmucker Middle School



Stacy Eck



Andrea Hoover

Counselors:

- Stacy Eck (Last Names A-K) at seck@phm.k12.in.us
- Andrea Hoover (Last Names L-Z) at ahoover@phm.k12.in.us

Ways to Contact Counselors:

- Parents can email counselors directly or call the main line at **(574) 259-5661** and be directed to their student's school counselor.
- Students can request an appointment. The appointment request form can be accessed in different ways:
 - [Schmucker's Website](#), Guidance Tab, [Counselor Appointment Form](#)
 - Student Newsletters, emailed weekly on Mondays
- Counselors can share important information in Canvas via "Class of..." course.

Penn High School Counselors



John Westra

Director of Counseling
Foreign Exchange, Pennway,
Night School
jwestra@phm.k12.in.us



Maddi Watkins

Last Names: Pica-Stauff Grade 10
Last Names: Pa-Sk Grades 11-12
mwatkins@phm.k12.in.us



Shane Varga

Last Names: Hair-Lima Grade 10
Last Names: Ham-Lan Grades 11-12
svarga@phm.k12.in.us



Lynn Stratford

Last Names: Abbas-Craft Grade 10
Last Names: A-Con Grade 11-12
lstratford@phm.k12.in.us



Emily Lehman

Last Names: A-Lemarr Grade 9
elehman@phm.k12.in.us



Sandy Hunter

Last Names: Craig-Hadi Grade 10
Last Names: Coo-Hal Grades 11-12
shunter@phm.k12.in.us



Janiece Fitzgerald

Last Names: Stee-Zude Grade 10
Last Names: SI-Z Grades 11-12
jfitzgerald@phm.k12.in.us



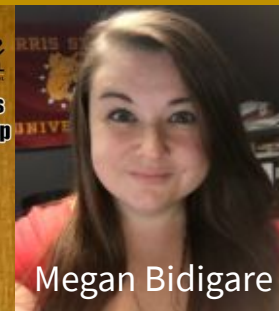
Marni Cronk

Last Names: Leung-Z Grade 9
mcronk@phm.k12.in.us



Amanda Bates

Last Names: Lis-Petty Grade 10
Last Names: Lao-Ow Grade 11-12
abates@phm.k12.in.us



Megan Bidigare

Student Supports/SEL

Penn High School

Ways to Contact Counselor:

- Through email (as listed in previous slide)
- By calling (574) 258-9502 (main Counseling Center number) to be connected via phone call
- Through virtual or in-person meetings (via appointment)
 - Appointments can be requested through email, [phone](#), or through the Virtual Counseling Office (pictured above) that was shared at the beginning of the year.





YSB's

Youth Development Services



Youth Development Specialists work with youth individually, and in small groups, working barriers such as anxiety, depression, behavior issues, ADHD, divorce, grief and loss, peer relationships, family conflicts, suicidal ideation. Youth are referred by parent, teacher, school administration, or the youth themselves. If a youth is seen on a scheduled basis, a parent permission must be signed. YDS also help families with referrals to outside resources such as food, clothing, and outside counseling

- Youth Development Specialists at the **Elementary & Middle School Levels**
 - Community Partner for over 3 decades
 - Supports for Tier 2 & 3
 - Crisis Intervention
 - Most referrals come through Rtl teams
 - Please contact building principal for more information
- if you have questions or reach out to Laurie Ellis, School Supervisor for YSB

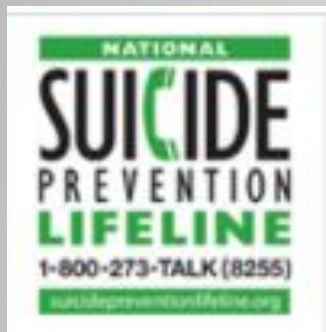


Laurie Ellis
Supervisor

lellis@phm.k12.in.us

Resources

Report Student Concerns: Safe School Helpline is a 24/7 communication service for parents, students and staff to make reports of safety concerns: Call 1-800-4-1-VOICE x359





If you are concerned about possible suicide ideation:



- Take **every** instance seriously
- Do **NOT** leave the person alone
- Offer **help** and **hope**
- Listen
- Seek Help **IMMEDIATELY**
- Offer **unconditional LOVE**

Community Resources

▷  **Family Resources**
211 ([Linked here](#))

▷  **Oaklawn** ([Linked here](#))
1-800-282-0809

▷  **Reflections Counseling** ([Linked Here](#))
3200 E. Jefferson Blvd., South Bend, IN
 574-222-2466

▷ **Wright Directions Counseling Services** ([Linked Here](#))
 105 E. Jefferson Blvd, Suite 310, South Bend, IN
 574-383-5859


Crisis Resources

➔  **911**

➔  **Emergency Room**

➔ **Memorial Epworth** (Ages 13+) ([Website Linked Here](#))
 420 N. Niles Ave., South Bend, IN
 574-647-8400

➔ **Michiana Behavioral Health** ([Website linked here](#))
 18000 N Oak Dr.-Plymouth, IN
 574-936-3784

➔ **National Suicide Prevention Lifeline**
24/7 ([Website linked here](#))
 1-800-273-TALK