



Penn High School

Athletic Department

Athletic Department Staff

Mr. Leniski - Athletic Director

Mrs. Williams - Associate Athletic Director

Mrs. Vavul - Secretary

Mrs. Dunderman - Ticket Manager

Athletic Office is located near Door "B"

Education Based Athletics

- Extension of the classroom
- Teacher / Coach as mentors
- Focus on human growth and development
- 97% of kids have a “terminal experience” with sports in high school.
- Positive experiences



Fall Sport Opportunities

1. Football (Varsity, JV, and Freshman)
2. Volleyball (Varsity, JV, and Freshman)
3. Boys Tennis (Varsity, JV)
4. Boys Soccer (Varsity, JV, and C)
5. Girls Soccer (Varsity, JV, and C)
6. Boys Cross Country (Varsity / JV)
7. Girls Cross Country (Varsity / JV)
8. Girls Golf (Varsity/ JV)
9. Cheerleading (Varsity, JV, and Freshman)
10. Student Athletic Trainers
11. Team Managers and Statisticians



Winter Sports Opportunities

1. Boys Basketball (Varsity, JV, Freshman)
2. Girls Basketball (Varsity, JV, Freshman)
3. Wrestling (Varsity, JV, Freshman)
4. Cheerleading (Varsity, JV, and Freshman)
5. Poms (Competition, Varsity, and Freshman)
6. Girls Swimming (Varsity / JV)
7. Boys Swimming (Varsity / JV)
8. Student Athletic Trainers
9. Team Managers and Statisticians



Spring Sport Opportunities

1. Baseball (Varsity / JV / Freshman)
2. Softball (Varsity / JV)
3. Girls Track (Varsity / JV)
4. Boys Track (Varsity / JV)
5. Girls Tennis (Varsity JV)
6. Boys Golf (Varsity / JV)
7. Girls Lacrosse (Varsity / JV) - Sanctioned Club Sport
8. Student Athletic Trainers
9. Team Managers and Statisticians

Sport Success

Fall winning percentage:

80% overall

94% in the conference

Winter winning percentage:

70% overall

83% in the conference

Penn Kingsmen													
2015-16 Fall Athletics Report													

Sport Participation Numbers

Fall: 500

Winter: 300

Spring: 345



Over **1,050** overall independent students at Penn are involved in a sport or trying out (open gyms, conditioning, etc.)



153 Coaches & Support Staff

Baseball 1. Greg Oskar 2. Jim Kaminski 3. Brian Lerer 4. Brandon "Elliot" Lerer 5. Collin McHenry 6. Tom Stanton 7. John Wirtz	Cheerleaders 24. Rita Szwed 25. Christina Krul 26. Kristin Reynolds	Golf - Boys 55. Tony Palizzotto	Pom Pon Squad 80. Cindi Minerger 81. Arken Fleck 82. Ali Minerger 83. Samya Neale	Wrestling 111. Brad Harper 112. Ryan Brady 113. Braaten Gove 114. Mike Cramer 115. Tom Dally 116. Taylor Hart 117. Chad Herzberger 118. Sarah Hildebrandt 119. Austin Kunze 120. Mal Lonia 121. Dave Manapaker 122. Trevor Manapaker 123. John Matt 124. Jark Patorzan 125. Devin Roosen 126. Jim Rhead 127. Eric Ryan 128. Matt Sella 129. Billy Slater 130. Lex Statten 131. Steve Stahl 132. Bruce Wierman 133. Lukar Lang 134. Jan Reppert
Basketball - Boys 8. Al Rhader 9. Steve Lemma 10. Jim Madlin 11. Brad Rhead 12. Jav Staszczanski 13. CJ Superczynski 14. Sean Pannoy	Football - Varsity/JV 27. Cary Yeaman 28. Pat Barrier 29. Brian Griman 30. John Hadrick 31. Kevin Horvitz 32. Brent Leids 33. Duha Liner 34. Dave Manapaker 35. Bryan Mattiran 36. Jaren Pilusa 37. Pete Rierdan 38. Jeff Thompson 39. Brandon Tugman 40. Richard Valde 41. Tyler Yeaman 42. Todd Yeaman 43. Trent Yeaman	Soccer - Boys 58. Jark Nakayama 59. Rob Burkholder 60. John Lord 61. Ryan Smithberger	Tennis - Boys 84. Eric Bauer 85. David George 86. Matt Halfpenny 87. Joseph Lee 88. Eric Mahana 89. Armando Hones 90. Preratan Susin	Track - Boys 33. Jan Carrall 34. Todd Orit 35. Frank Duong 36. Leann Griffith 37. Tom Miller 38. Chaz Pinian 39. Tiffany Stanfield 100. John Fletcher 101. Jark Fletcher
Basketball - Girls 3. Kristi Ulrich 4. Hazen Abdallah 11. Kerri Liner 12. Kyle Snowyink 13. Angela Yarrall 14. Endarke Banner 15. Sarah Demeter 16. Dominic Demeter 17. Danielle Christensen	Football - Freshman 44. Keith O'Connell 45. Chris Cantani 46. Jan Carrall 47. David Orit 48. Frank Duong 49. Eric Kline 50. Eric Loran	Soccer - Girls 62. Jeff Hart 63. William Baker 64. Scott Hayer 65. Chad Herzberger 66. Sarah Matt 67. Kerri Schmidt	Tennis - Girls 31. Eric Bauer 32. Leah Richman	Track - Girls 102. Mike Clemente 103. Kerri Liner 104. Sarah Matt 105. Marqen O'Grady
Cross Country - Boys 1. Tom Miller 2. Evan De Bak 3. Derek Opperman	Cross Country - Girls 4. Mike Clemente 5. Andrea Bray 6. Angie Wilfert	Swimming - Boys & Girls 76. Jeff Proten 77. Almoa Carta 78. Lisa Battarff 79. Aaron Soule	Volleyball 106. Sarah Hendrich 107. Deana Ginterich 108. Melissa Macellari 109. Paige Marshall 110. Dawn Superczynski Huff	Athletic Trainers 138. Tricia Irvin 139. Ballea Wirtz
				Intramural 140. Lisa Paulik 141. Mark Wirtz 142. Rachel Fry 143. Sarah Hickie 144. Chris Cantani 145. Rachelle Mammelenti 146. Patrick Hefeli 147. Amanda Hovey 148. Dawn Bernaert 149. Kate Sperry 150. Angela Yarrall 151. Annie Eubrey 152. Lucas Fry 153. Holly Tavares

Coaching Requirements

One time requirements:

- 1) You must have an application on file (if not already an employee in the district)
- 2) View the PHM Anti-harassment video, review PHM School Board Policy, and complete the sign-off form.

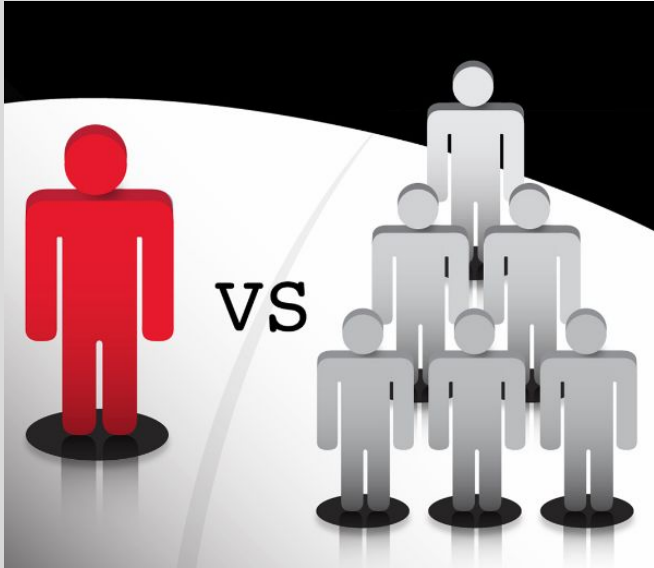
Annual requirements:

- 3) Complete a Limited Background Check (performed by the Indiana State Police). This will be processed yearly by the school administration
- 4) Attend or view the annual "Supervision and Safety Presentation", review PHM School Board Policy, and complete the sign-off form.
- 5) Review the PHS Coaches handbook and complete the sign-off form.

Professional Development and Training:

- 5) All coaches shall complete the NFHS Concussion Course *
- 6) All coaches shall complete the NFHS Sudden Cardiac Arrest Course *
- 7) All football coaches shall complete the NFHS Heat Illness Prevention Course *
- 8) All football coaches shall complete the NFHS Indiana SEA222 Course *

Team Sports vs. Individual Sports



1. Individual Sports - participate as a team
(contribute to earn points for team), but able
to advance as an individual (Cross Country,
Tennis, Golf, Swimming, Wrestling, Track)
2. Team Sports - participate and advance as a
team (Football, Volleyball, Soccer,
Basketball, Baseball, Softball)

I'm interested in a sport...now what?

- a. Call Out Meetings - watch and listen for announcements!
- b. Conditioning
- c. Open Gyms
- d. Tryouts
- e. Practices
- f. Games
- g. Banquet



Intramurals Offered



1. **Girls Powder Puff Football (Fall) - Sponsor: Mrs. Fry**
Early August till Mid September (homecoming week)



2. **Basketball: i-Ball (Winter) - Sponsor: Mr. Watt**
January - March



3. **Volleyball (Spring) - Sponsor: Miss. Macellari**
April - May (after Spring Break)

Ok - competitive sports aren't for me

41 Clubs

12 Academic Competitions



Community Club Sports:



1. Hockey
2. Rugby (boys and girls)



3. Boys Lacrosse
4. Bowling



Fitness Center

Fitness Center Offers:

- Free weights and weight machines
- Cardio machines
- Track
- Basketball courts
- Variety of fitness classes

Student Hours:

- Monday - Friday:
5:45 am - 7:45 am
3:17 pm - 5:17 pm
- Saturday: 8:00 am - 12:00 pm
- Sundays: CLOSED



Academic Eligibility Requirements

- a. Student-Athletes: Academics comes first.
- b. Must be enrolled and passing at least 5 classes (IHSAA Standard).
- c. NCAA - Check with guidance counselors

Participation Requirements

1. IHSAA Physical

- Doctor signature with one (1) year limit (April from the prior school year to current school year)
- Must be completed and on file prior to start the season
- Physical must be completed using the IHSAA Physical Form (can be located on the Athletics website, IHSAA website, or in Athletic Office)

2. Accident Insurance and Transportations Fees

- Insurance Fees - \$50 (coverage for 365 days)
- Transportation Fees - \$10 per sport

What can I get my future Kingsmen involved in now?

1. [Feeder programs](#)

- a. All community sport groups that serve the PHM district
- b. Middle School sports programs
- c. PHM Employee run programs
- d. Coaches can act as a “guide” for parents
- e. IHSAA Sensitivity with feeder programs due to “recruiting”

2. [Summer Camps](#)

QUESTIONS??????

