



Penn High School

Athletic Department

Athletic Department Staff

Mr. Leniski - Athletic Director

Mrs. Williams - Associate Athletic Director

Mrs. Vavul - Secretary

Mrs. Dunderman - Ticket Manager

Athletic Office is located near Door "B"

Education Based Athletics

- Extension of the classroom
- Teacher / Coach as mentors
- Focus on human growth and development
- 97% of kids have a “terminal experience” with sports in high school.
- Positive experiences



Fall Sport Opportunities

1. Football (Varsity, JV, and Freshman)
2. Volleyball (Varsity, JV, and Freshman)
3. Boys Tennis (Varsity, JV)
4. Boys Soccer (Varsity, JV, and C)
5. Girls Soccer (Varsity, JV, and C)
6. Boys Cross Country (Varsity / JV)
7. Girls Cross Country (Varsity / JV)
8. Girls Golf (Varsity/ JV)
9. Cheerleading (Varsity, JV, and Freshman)
10. Student Athletic Trainers
11. Team Managers and Statisticians



Winter Sports Opportunities

1. Boys Basketball (Varsity, JV, Freshman)
2. Girls Basketball (Varsity, JV, Freshman)
3. Wrestling (Varsity, JV, Freshman)
4. Cheerleading (Varsity, JV, and Freshman)
5. Poms (Competition, Varsity, and Freshman)
6. Girls Swimming (Varsity / JV)
7. Boys Swimming (Varsity / JV)
8. Student Athletic Trainers
9. Team Managers and Statisticians



Spring Sport Opportunities

1. Baseball (Varsity / JV / Freshman)
2. Softball (Varsity / JV)
3. Girls Track (Varsity / JV)
4. Boys Track (Varsity / JV)
5. Girls Tennis (Varsity JV)
6. Boys Golf (Varsity / JV)
7. Girls Lacrosse (Varsity / JV) - Sanctioned Club Sport
8. Student Athletic Trainers
9. Team Managers and Statisticians

Sport Participation Numbers

Fall: 500

Winter: 300

Spring: 345



Over **1,050** overall independent students at Penn are involved in a sport or trying out (open gyms, conditioning, etc.)



153 Coaches & Support Staff

Baseball		Cheerleaders		Golf - Boys		Pom Pon Squad		Wrestling
1. Greg Otkar		24. Rita Susada		55. Tony Palizzante		80. Cindy Minger		111. Brad Harper
2. Jim Kamickiowicz		25. Christine Krusk				81. Arden Fleck*		112. Ryan Brady*
3. Brian Lazor		26. Kristian Reynolds		Golf - Girls		82. Allie Minger		113. Braeztan Cave*
4. Brandon "Elliot" Leroz*				56. Dominic Demeter		83. Samya Neale		114. Mike Cramer*
5. Collin McNamee		Football - Varsity/JV		57. Tray Hahaj*				115. Tom Dally
6. Tam Stanton		27. Cary Yeaman				Tennis - Boys		116. Taylor Hart*
7. John Warter*		28. Pat Barrier		Soccer - Boys		84. Eric Bauerer		117. Chad Herzberger
		29. Brian Griman		58. Jiah Nakayama		85. David George*		118. Sarah Hillabrandt*
Basketball - Boys		30. Jiah Hendrick		59. Rob Burkholder*		86. Matt Halfpenny*		119. Austin Kusniez*
8. Al Rhoads		31. Kevin Herrick*		# John Lord		87. Joseph Lee*		120. Mal Lunia*
9. Steve Lemmo		32. Brent Loidig		61. Ryan Smithberger*		88. Eric Mahane		121. Dave Manpeaker
# Jim Madlin		33. Duke Linoz*				89. Armando Nunes*		122. Trevor Manpeaker*
11. Brad Rhoads*		34. Dave Manpeaker		Soccer - Girls		90. Praetan Susin*		123. Jiah Matt*
# Jay Sierozputawski		35. Bryan Mattiran		# Jeff Hart				124. Jiah Patoran*
# CJ Superczynski		36. Jason Pilousa		# William Baker*		Tennis - Girls		125. Devin Roosen*
# Sean Penney		37. Pete Rierdan		# Scott Hayer*		31. Eric Bauerer		126. Jim Rhoads
		38. Jeff Thompson*		65. Chad Herzberger*		32. Leah Richman		127. Eric Ryan*
Basketball - Girls		39. Brandon Tugman*		# Sarah Matt				128. Matt Sull*
3. Kristi Ulrich		40. Richard Valde*		67. Kerri Schmidt		Track - Boys		129. Billy Slater*
# Hazan Abdullah		41. Tyler Yeaman*				33. Jan Carrall		130. Lex Slatten*
11. Kerri Linoz		42. Todd Yeaman*		Softball		34. Todd Orut		131. Steve Stahl*
# Kyle Sneyzink		43. Trent Yeaman		# Beth Zachary		35. Frank Duong		132. Bruce Wiseman*
# Angela Yarrall				# Dave Barnard		36. Leean Griffith		133. Lukar Lano*
# Endzha Banner		Football - Freshman		70. Sarah Duigou*		37. Tam Miller		134. Jan Reppert*
15. Sarah Demeter		44. Keith O'Connell		71. Brian Griman		38. Chaz Pinian*		
# Dominic Demeter		45. Chris Cantani		72. Aubrie Lano*		39. Tiffany Stanfield*		Lacrosse - Girls Club
17. Daniella Christensen		46. Jan Carrall		73. David Zachary*		100. Jiah Fletcher*		135. Jeremy Braun*
		47. Todd Orut		74. Durtie Zachary*				136. Daun Bernaert*
Cross Country - Boys		48. Frank Duong*		75. Monica Palicki*		Track - Girls		137. Mark Turner*
# Tom Miller		49. Eric Kline				101. Jiah Fletcher		
		50. Eric Loran*		Swimming - Boys & Girls		102. Mike Clemente		Athletic Trainers
# Evan De Bak*				76. Jazz Praetan		103. Kerri Linoz		138. Tricia Irwin
# Derek Opperman		51. Jeremy McCarbill		77. Amoz Carta		104. Sarah Matt		139. Bailey Watra
		52. Chris Shelley		78. Lisa Battarff*		105. Maragan O'Grady		
Cross Country - Girls		53. Ted Williams*		79. Aaron Sauls				Intramural
# Mike Clemente		54. Rod Paulik				Volleyball		140. Lisa Paulik
# Andrea Bray*						106. Sarah Hendrich		141. Mark Watra
# Angie Wilfert						107. Dave Ginoerich		142. Rachel Fry
						108. Malara Mascallari		143. Sarah Hickie
						109. Paige Marshall*		144. Chris Cantani
						110. Daun Superczynski Huff		145. Rachelle Mammalenti
								146. Patrick Hefoli
								147. Amanda Hovey
								148. Daun Bernaert
								149. Kate Sperry
								150. Angela Yarrall
								151. Annie Eutrey
								152. Lucas Fry
								153. Holly Tavares

Coaching Requirements

One time requirements:

- 1) You must have an application on file (if not already an employee in the district)
- 2) View the PHM Anti-harassment video, review PHM School Board Policy, and complete the sign-off form.

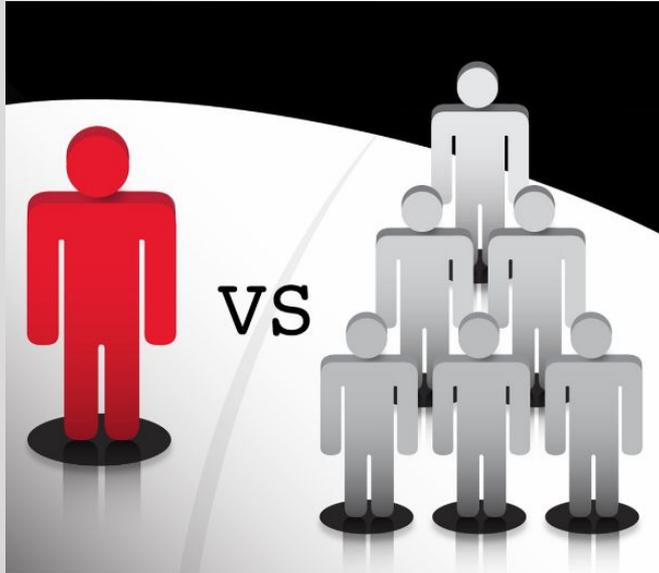
Annual requirements:

- 3) Complete a Limited Background Check (performed by the Indiana State Police). This will be processed yearly by the school administration
- 4) Attend or view the annual "Supervision and Safety Presentation", review PHM School Board Policy, and complete the sign-off form.
- 5) Review the PHS Coaches handbook and complete the sign-off form.

Professional Development and Training:

- 5) All coaches shall complete the NFHS Concussion Course *
- 6) All coaches shall complete the NFHS Sudden Cardiac Arrest Course *
- 7) All football coaches shall complete the NFHS Heat Illness Prevention Course *
- 8) All football coaches shall complete the NFHS Indiana SEA222 Course *

Team Sports vs. Individual Sports



1. Individual Sports - participate as a team (contribute to earn points for team), but able to advance as an individual (Cross Country, Tennis, Golf, Swimming, Wrestling, Track)
2. Team Sports - participate and advance as a team (Football, Volleyball, Soccer, Basketball, Baseball, Softball)

I'm interested in a sport...now what?

- a. Call Out Meetings - watch and listen for announcements!
- b. Conditioning
- c. Open Gyms
- d. Tryouts
- e. Practices
- f. Games
- g. Banquet



Intramurals Offered



1. **Girls Powder Puff Football (Fall) - Sponsor: Mrs. Fry**
Early August till Mid September (homecoming week)



2. **Basketball: i-Ball (Winter) - Sponsor: Mr. Watt**
January - March



3. **Volleyball (Spring) - Sponsor: Miss. Macellari**
April - May (after Spring Break)

Ok - competitive sports aren't for me

41 Clubs

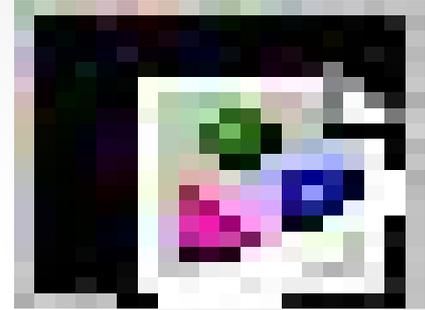
12 Academic Competitions



Community Club Sports:



1. Hockey
2. Rugby (boys and girls)
3. Boys Lacrosse
4. Bowling



Fitness Center

Fitness Center Offers:

- Free weights and weight machines
- Cardio machines
- Track
- Basketball courts
- Variety of fitness classes

Student Hours:

- Monday - Friday:
5:45 am - 7:45 am
3:17 pm - 5:17 pm
- Saturday: 8:00 am - 12:00 pm
- Sundays: CLOSED



Academic Eligibility Requirements

- a. Student-Athletes: Academics comes first.
- b. Must be enrolled and passing at least 5 classes (IHSAA Standard).
- c. NCAA - Check with guidance counselors

Participation Requirements

1. IHSAA Physical

- Doctor signature with one (1) year limit (April from the prior school year to current school year)
- Must be completed and on file prior to start the season
- Physical must be completed using the IHSAA Physical Form (can be located on the Athletics website, IHSAA website, or in Athletic Office)

2. Accident Insurance and Transportations Fees

- Insurance Fees - \$50 (coverage for 365 days)
- Transportation Fees - \$10 per sport

What can I get my future Kingsmen involved in now?

1. [Feeder programs](#)

- a. All community sport groups that serve the PHM district
- b. Middle School sports programs
- c. PHM Employee run programs
- d. Coaches can act as a “guide” for parents
- e. IHSAA Sensitivity with feeder programs due to “recruiting”

2. [Summer Camps](#)

QUESTIONS??????

