

October

Penn Harris Madison School Corporation Middle School Menu



Meal Prices: Breakfast \$1.60 Lunch \$2.60

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY				
<b>10/2</b>	Chicken Breakfast Sand	<b>10/3</b>	Mini Maple Waffles	<b>10/4</b>	Mini Berry Fr. Toast	<b>10/5</b>	Ham/Cheese Croissant	<b>10/6</b>	French Toast Sticks			
	Cheesy Breadstick		Grilled Cheese Sandwich		Beef Nacho Grande		Cheese Pizza		Macaroni & Cheese			
	Kung Pao Chicken		Philly Beef Sandwich		Bean Nacho Grande		Chicken Drumstick		BBQ Pork Rib Sand			
	Hot Dog Sandwich		Chicken Soft Tacos		Chicken Patty Sand.		Cheeseburger Pasta		Chicken Quesadilla			
	Cornbread		Cheese Soft Tacos		Turkey,Bacon Sand		Breadstick		Pretzel			
	Green Peas		Tomato Soup		Refried Beans		Candied Carrots		Green Beans			
<b>10/9</b>	Mini Maple Waffles	<b>10/10</b>	Mini Maple Pancakes	<b>10/11</b>	Sausage Cheese Sand.	<b>10/12</b>	Fruiti Belgian Waffle	<b>10/13</b>	Pancake on a Stick			
	Fish Nuggets		Bean Burrito w/ Queso		Buffalo Chicken Pasta		Great Apple Crunch Mandarin Chicken		Buffalo Chicken Pizza			
	Baked Mostaccoli		Turkey Burger		Mini Corn Dogs		Vegetable Pizza		Fish Sandwich			
	3 Cheese Calzone		Pepperoni Pizza		Hamburger		Sloppy Joe Sandwich		Hot Ham & Cheese			
	Garlic Toast		Buffalo Chicken Wrap		Vegetable Sub		Edamame/Rice		Vegetable Hummus Wrap			
	Caesar Salad		Baked Sweet Potato		Buffalo Cauliflower				Corn			
<b>10/16</b>	Mini Maple Waffles	<b>10/17</b>	Western Breakfast Sand.	<b>10/18</b>	Egg Cheese Sandwich	<b>10/19</b>	Raspberry Bar	<b>10/20</b>				
	French Bread Pizza		Broccoli Cheese Soup		Scrambled Eggs		Cheese Ravioli		Recess Day			
	Chicken Wet Burrito		Chicken Nuggets		Sausage Patties		Ham & Cheese Calzone					
	Cheeseburger		Meatballs in Gravy		Corn Dogs		Teriyaki Chicken Sand					
	Breadstick		Egg Noodles		Mini Maple Waffles		Garlic Bread		Vegetarian Offerings			
	Baked Beans		Green Beans		Potato Rounds		Broccoli w/ Cheese					
<b>10/23</b>		<b>10/24</b>	Egg Cheese Wrap	<b>10/25</b>	Breakfast Pizza	<b>10/26</b>	Mini Pancake Wraps	<b>10/27</b>	Mini Blueberry Waffles			
	Recess Day		Pepperjack Ham Pretzel		Chicken Burrito		Hamburger		Fish Street Taco			
			Pork Carnita Street Taco		Gen. Tso Chicken		Maxx Sticks		Spaghetti w/Meat Sauce			
			Turkey & Noodles		Meatball Sub		Teriyaki Chicken		Spicy Chicken Patty			
			Vegetable Sub		Yogurt & Fruit Plate		Confetti Asian Rice		Cheese Street Taco			
			Roasted Butternut Squash		Soy Glazed G. Beans		Edamame		Caesar Salad			
<b>10/30</b>		<b>10/31</b>	Mini French Toast	<b>11/1</b>	<p><b>Please see SchoolCafe.com for full listing of menu choices.</b>  <b>Available at Lunch and Breakfast daily:</b>  <b>Fresh Fruits and Vegetables,Grains &amp; a variety of Milks.</b>  <b>Pay by credit card,check student balances and apply for meal assistance at Schoolcafe.com</b></p>				<b>11/2</b>	<b>11/3</b>		
	Pancake on a Stick		Chicken Boo-dle Soup									
	Buffalo Chicken Pasta		Haunted Hawaiian Pizza									
	Hot Dog Sandwich		Phantom Pork Sandwich									
	Beef Nacho Grande		Vanishing Vegetable Pizza									
	Cheese Nacho Grande		Corn Maze Corn									
	Baked Beans		Apples/Caramel Yogurt									
	Baked Beans											

Veggie of the Month  
Spinach  
Try the Fruity Spinach Salad on 10/30



Nutritional Information available at Schoolcafe.com

Menu subject to change based on product availability

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