



# October

## Penn Harris Madison School Corporation Middle School Menu

Breakfast is now served all PHM Schools

Breakfast and Lunch are free to all students for School Year 21-22

Menu subject to change based on product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Available Daily:</b> <b>Chef Salads, Sub Sandwiches and Wraps, Fresh Fruit, 100% Juice, Salad Bar, Low Fat White, Skim Strawberry and Chocolate Milk.</b>  <b>Pay by credit card, check student balances and apply for textbook assistance at Schoolcafe.com</b>				<b>10/1</b> Pancake on a Stick Chicken Nuggets Vegetable Pizza Fettuccine Alfredo Garlic Toast Caesar Salad Strawberry Applesauce
<b>10/4</b>	<b>10/5</b>	<b>10/6</b>	<b>10/7</b>	<b>10/8</b>
Br. Chicken Sandwich	Mini Maple Waffles	Apple Texas Toast	Egg Sausage Tornado	French Toast Sticks
Chili w/ Corn Bread	Grilled Cheese Sandwich	Nacho Grande	Cheese Pizza Slice	Macaroni & Cheese
Hot Dog on a Bun	Soft Shell Chicken Taco	Crispy Pork Sandwich	Cheeseburger Pasta	BBQ Chicken Sandwich
Cheesy Breadstick	Philly Beef Pretzelwich	Turkey, Bacon Chs. Sand	BBQ Chicken Drumstick	Cheese Quesadilla
Green Peas	Tomato Soup	Lemon Zest Broccoli	Breadstick	Hot Pretzel
Mandarin Oranges	Southwest Slaw	Refried Beans	Candied Carrots	Green Beans
	Applesauce	Fruit Ice	Cantaloupe	Blueberries
<b>10/11</b>	<b>10/12</b>	<b>10/13</b>	<b>10/14</b>	<b>10/15</b>
Mini Maple Waffles	Mini Maple Pancakes	Sausage Cheese Sandwich	Cinnamon Muffin/Chs stick	Mini Pancake Wraps
Cheese Ravioli	Pepperoni Calzone	Carbonara Pasta	Garlic Chicken Pizza	Buffalo Chicken Pizza
with Garlic Bread	Chicken Drumstick	with Pretzel	Orange Ginger Chick. Wings	Cheesy Fish Sandwich
Fish Nuggets	Bean Burrito w/ Queso	Hamburger on a Bun	Rice	Hot Ham & Cheese Sand.
Chicken Philly Sandwich	Baked Sweet Potatoes	Mini Corn Dogs	Sloppy Joe	Corn on the Cob
Caesar Salad	Banana Muffin	Buffalo Cauliflower	Edamame	Strawberries
Pears	Watermelon	Applesauce	Peaches	
<b>10/18</b>	<b>10/19</b>	<b>10/20</b>	<b>10/21</b>	<b>10/22</b>
Mini Maple Waffles	Egg Cheese Tornado	Egg, Cheese Sandwich	Raspberry Bar	Recess Day
French Bread Pizza	Meatballs w/ Gravy	Sausage Patties	Ham & Cheese Calzone	
Chicken Wet Burrito	Broccoli Cheese Soup	Scrambled Eggs	Baked Mostaccioli	
Cheeseburger	Wings of Fire	Mini Corn Dogs	Teriyaki Chicken Sandwich	
Baked Beans	Egg Noodles	Tator Tots	Broccoli Cuts w/ Cheese	
Caesar Salad	Green Beans	Pancakes w/ Syrup	Garlic Toast	
Pears	Sunset Fruit Salad	Applesauce	Pineapple	
<b>10/25</b>	<b>10/26</b>	<b>10/27</b>	<b>10/28</b>	<b>10/29</b>
Recess Day	Egg, Cheese Wrap	Breakfast Pizza	Pancake on a Stick	Mini Blueberry Pancakes
	Pepperjack Ham Pretzel	Chicken Burrito	Hamburger	Fish Nuggets
	Pork Carnitas Street Taco	General Tso's Chicken	Teriyaki Chicken	Spaghetti w/Meat Sauce
	Turkey Burger	with Rice	with Confetti Rice	Spicy Chicken Sandwich
	Roasted Butternut Squash	Meatball Sub	Maxx Sticks	Garlic Toast
	Pears	Soy Glazed Green Beans	Edamame	Caesar Salad
		Mandarin Oranges	Peaches	Mixed Fruit