

October

Penn Harris Madison School Corporation Middle School Menu

Breakfast is served at  
Grissom and  
Schmucker Middle  
Schools

All meals will be free for every student.

Pay by credit card, check student balances  
and find nutritional information at  
Schoolcafe.com



**MONDAY                      TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY**

<p>All Meals will be pre-packaged. Water &amp; Milk will also be available for purchase.</p> <p>Low Fat White, Strawberry and Skim Chocolate Milk will be served with all meals</p> <p>Available for lunch daily: Fresh and Canned Fruit, 100% Juice, and Fresh Vegetables, Hot Vegetables,</p>			<b>10/1</b>	<b>10/2</b>
			<b>Breakfast</b>	<b>Breakfast</b>
			Banana Bread C. Applesauce/P. Juice	Mini Pancake Wraps Raisins/Apple Juice
			<b>Lunch</b>	<b>Lunch</b>
			<b>Hot Meal</b> Spicy Chicken Sandwich BBQ Pork Sandwich Baked Potato	<b>Hot Meal</b> Chicken Nuggets/G.Toast Fettuccine Alfredo/G.Toast Caesar Salad
		<b>Cold Meal</b> Chicken Caesar Salad Turkey Snack Pack PB & J Sandwich	<b>Cold Meal</b> Ham & Cheese Sub Egg, Cheese Snack Pack PB & J Sandwich	
		<b>Menu subject to change based on product availability</b>		
<b>10/5</b>	<b>10/6</b>	<b>10/7</b>	<b>10/8</b>	<b>10/9</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Yogurt & Granola Orange Juice/Apple Slices	Mini Maple Waffles Pears/Apple Juice	Cinnamon Roll Peaches/Punch Juice	Berry Bread/Cheese C. Applesauce/P. Juice	French Toast Sticks Raisins/Apple Juice
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
<b>Hot Meal</b> Cheesy Breadstick Hot Dog Sandwich Green Peas	<b>Hot Meal</b> Chicken Soft Tacos Grilled Cheese Sandwich Tomato Soup/Crackers	<b>Hot Meal</b> Nacho Grande Orange Chicken/Rice Refried Beans	<b>Hot Meal</b> BBQ Chicken/Breadstick Cheese Pizza Candied Carrots	<b>Hot Meal</b> Macaroni & Cheese/Pretzel Chicken Quesadilla Green Beans
<b>Cold Meal</b> Spinach Strawberry Salad Turkey & Cheese Sub PB & J Sandwich	<b>Cold Meal</b> Italian Chef Salad Buffalo Chicken Wrap PB & J Sandwich	<b>Cold Meal</b> Chicken Chef Salad California Club Wrap PB & J Sandwich	<b>Cold Meal</b> Chicken Caesar Salad Turkey Snack Pack PB & J Sandwich	<b>Cold Meal</b> Ham & Cheese Sub Egg, Cheese Snack Pack PB & J Sandwich
<b>10/12</b>	<b>10/13</b>	<b>10/14</b>	<b>10/15</b>	<b>10/16</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Mini Maple Waffles Orange Juice/Apple Slices	Mini Maple Pancakes Pears/Apple Juice	Sausage Waffle Flatbread Peaches/Punch Juice	Mini Cinnamon Bagels C. Applesauce/P. Juice	Mini Pancake Wraps Raisins/Apple Juice
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
<b>Hot Meal</b>	<b>Hot Meal</b>	<b>Hot Meal</b>	<b>Hot Meal</b>	<b>Hot Meal</b>

Cheese Ravioli/G. Toast	Pepperoni Calzone	Hamburger on a Bun	Cheese Pizza	Chicken Quesadilla
Chicken Philly Sandwich	Chicken Drumstick/Muffin	Mini Corn Dogs	Sloppy Joe Sandwich	Hot Ham & Cheese Sand.
Caesar Salad	Baked Sweet Potato	Mixed Vegetables	Baked Beans	Corn
<b>Cold Meal</b>	<b>Cold Meal</b>	<b>Cold Meal</b>	<b>Cold Meal</b>	<b>Cold Meal</b>
Spinach Strawberry Salad	Italian Chef Salad	Chicken Chef Salad	Chicken Caesar Salad	Ham & Cheese Sub
Turkey & Cheese Sub	Buffalo Chicken Wrap	California Club Wrap	Turkey Snack Pack	Egg, Cheese Snack Pack
PB & J Sandwich	PB & J Sandwich	PB & J Sandwich	PB & J Sandwich	PB & J Sandwich
<b>10/19</b>	<b>10/20</b>	<b>10/21</b>	<b>10/22</b>	<b>10/23</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Banana Breakfast Bar	Egg, Sausage Tornado	Cinnamon Roll	Apple Texas Toast	<b>Recess Day</b>
Orange Juice/Apple Slices	Pears/Apple Juice	Peaches/Punch Juice	C. Applesauce/P. Juice	
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	
<b>Hot Meal</b>	<b>Hot Meal</b>	<b>Hot Meal</b>	<b>Hot Meal</b>	
French Bread Pizza	Chicken Nuggets/Noodles	Sausage/ Mini Waffles	Baked Mostaccoli/G. Toast	
Chicken Taquitos	Meatballs w/ Gravy/Noodles	Corn Dog	Spicy Chicken Tenders	
Baked Beans	Green Beans	Tator Tots	Cheesy Broccoli	
<b>Cold Meal</b>	<b>Cold Meal</b>	<b>Cold Meal</b>	<b>Cold Meal</b>	
Spinach Strawberry Salad	Italian Chef Salad	Chicken Chef Salad	Chicken Caesar Salad	
Turkey & Cheese Sub	Buffalo Chicken Wrap	California Club Wrap	Turkey Snack Pack	
PB & J Sandwich	PB & J Sandwich	PB & J Sandwich	PB & J Sandwich	
<b>10/26</b>	<b>10/27</b>	<b>10/28</b>	<b>10/29</b>	<b>10/30</b>
<b>Recess Day</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
	Strawberry Bagel Bar	Breakfast Pizza	Pancake on a Stick	Yogurt & Granola
	Pears/Apple Juice	Peaches/Punch Juice	C. Applesauce/P. Juice	Raisins/Apple Juice
	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
	<b>Hot Meal</b>	<b>Hot Meal</b>	<b>Hot Meal</b>	<b>Hot Meal</b>
	Pepperjack Ham Pretzel	General Tso Chicken/Rice	Maxx Cheese Sticks	Fish Nuggets/G. Toast
	Turkey & Noodles/Roll	Mini Chicken Tacos	BBQ Rib Sandwich	Spaghetti w/M.Sauce/G. Toast
	Sliced Carrots	Refried Beans	Green Beans	Caesar Salad
	<b>Cold Meal</b>	<b>Cold Meal</b>	<b>Cold Meal</b>	<b>Cold Meal</b>
	Italian Chef Salad	Chicken Chef Salad	Chicken Caesar Salad	Ham & Cheese Sub
Buffalo Chicken Wrap	California Club Wrap	Turkey Snack Pack	Egg, Cheese Snack Pack	
PB & J Sandwich	PB & J Sandwich	PB & J Sandwich	PB & J Sandwich	
USDA is an equal opportunity provider				