

October



Penn Harris Madison School Corporation
Elementary Menu

Vegetable of the Month
Try the Fruity Spinach Salad on
10/30



Vegetarian Options

Meal Prices:
Breakfast \$1.35
Lunch \$2.35

**Pay by credit
card, check student
balances and apply
for meal assistance
at Schoolcafe.com**

**Nutritional
Information
available at
Schoolcafe.com**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/2	10/3	10/4	10/5	10/6
Yogurt/Granola	Mini Maple Pancakes	Apple Breakfast Bar	Mini Strawberry Bagels	Mini Pancake Wraps
Cheese Pizza	Grilled Cheese Sandwich	Nacho Grande	Mandarin Chicken	Macaroni & Cheese
BBQ Chicken Drumstick	Hamburger on a Bun	Pizza Sub	Hot Ham & Cheese Sand.	with Soft Pretzel
Breadstick	Tomato Soup	Refried Beans	Brown Rice	Crispy Pork Sandwich
Green Peas	Kiwi Halves	Cantaloupe	Broccoli Cuts	Green Beans
Mandarin Oranges			Fruit Ice Cup	Mixed Berry Cups
10/9	10/10	10/11	10/12	10/13
Mini Maple Waffles	Mini French Toast	Cinnamon Roll	Grape Filled Croissant	Ultimate Breakfast Round
Cheesy Breadstick	Pepperoni Calzone	Mini Corn Dogs	Great Apple Crunch	Fish Nuggets
Turkey Burger	Chicken Drumstick	Buffalo Chicken Pasta	Hot Dog on a Bun	Baked Mostaccoil
Caesar Salad	with Banana Muffin	with Soft Pretzel	Sloppy Joe Sandwich	Cornbread
Pears	Roasted Butternut Squash	Baked Beans	Mixed Vegetables	Baked Potato w/ S. Cream
	Watermelon	Applesauce	Variety of Apples	Strawberry Cups
10/16	10/17	10/18	10/19	10/20
Cinnamon French Toast	Mini Cinnamon Bagels	Cinnamon Crisp Bar	Egg Cheese Sandwich	
Hamburger on a Bun	Meatballs in Gravy	Sausage Patties	Chicken Patty Sandwich	
French Bread Pizza	Chicken Nuggets	Scrambled Eggs	Chili with Toppings	Recess Day
Baked Beans	Egg Noodles	Mini Maple Pancakes	Cornbread	
Pears	Green Beans	Tator Tots	Broccoli Cuts	
	Sunset Fruit Salad	Applesauce	Pineapple	
10/23	10/24	10/25	10/26	10/27
	Mini Maple Pancakes	Breakfast Pizza	Mini Cinnamon Rolls	Frutti Belgian Waffles
Recess Day	Pepperoni Pizza	Hot Dog Sandwich	Three Cheese Calzone	Spaghetti w/ Meat Sauce
	Turkey & Noodles	California Club Wrap	General Tso's Chicken	Cheesy Fish Sandwich
	Dinner Roll	Celery Sticks w/ Dip	Steamed Rice	Garlic Toast
	Sweet Potato Fries	Mandarin Oranges	Edamame	Caesar Salad
	Pears		Peaches	Mixed Fruit
10/30	10/31	Available at Lunch Daily: Cold Turkey or Turkey Ham, Peanut Butter & Jelly Sandwiches on Wheat, Fresh Fruit, 100% Juice, Salad, Low Fat White, Skim Strawberry and Skim Chocolate Milk.		
Waffle Snaps	Batty Berry French Toast			
BBQ Pork Sandwich	Chicken Boo-odle Soup			
Popcorn Chicken	Monster Meatball Sub			
Cornbread	Dracula Dinner Roll			
Fruity Spinach Salad	Corn Maze Corn			
Pears	Apple Slices w/Caramel Yogurt			

This institution is an
equal opportunity
provider.