

## Menu Calendar Nutrient Analysis Report - October, 2019

Site: ALL

Date: 10/01/2019 - 10/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week A Tues - ServingDate: 10/01/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Chicken Patty Sandwich - LR-1139 (1 ea.)	1,300	340.00	12.50	2.50	0.00	650.00	39.00	21.00
Deli Sandwich - LR- 1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Sloppy Joe - LR-1317 (1 ea.)	600	285.25	8.51	2.70	0.00	667.72	36.02	19.02
Carrot Sticks with Dip - LR-1211 (2/3 c.)	1,500	88.84	3.46	0.58	0.00	159.34	14.52	1.08
Salad Bar - LR-1175 (1 c.)	1,000	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	400	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	300	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Red Grapes - LR-1058 (1/2 c.)	600	45.00	0.00	0.00	0.00	7.50	12.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week A Wed - ServingDate: 10/02/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Cheeseburger - LR- 1147 (1 ea.)	1,000	305.00	12.50	4.95	0.00	642.00	28.00	21.50

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<b>Lunch Elem Week A Wed - ServingDate: 10/02/2019</b>								
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87
General Tso's Chicken - LR-1051 (1/2 c.)	900	210.00	7.00	1.00	0.00	450.00	24.00	12.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Rice Brown Cooked - LR-1422 (1/2 c.)	900	27.36	0.16	0.00	0.00	0.80	5.92	0.64
Baked Beans - LR-1177 (1/2 c.)	1,000	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	200	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Strawberry Applesauce - LR-1049 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,800	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	400	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week A Thur - ServingDate: 10/03/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
BBQ Pork Sandwich - LR-1146 (1 ea.)	900	411.21	8.67	2.66	0.00	708.84	52.30	30.09
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week A Thur - ServingDate: 10/03/2019</b>								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Turkey, Bacon & Cheese Sandwich - LR- 1160 (1 ea.)	1,000	293.02	7.30	3.18	0.00	695.09	30.00	26.10
Baked Potato - LR-1178 (1 ea.)	1,000	84.50	2.50	0.50	0.00	49.00	13.00	2.30
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR- 1306 (1/2 c.)	700	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week A Fri - ServingDate: 10/04/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Chicken Nuggets - LR- 1141 (5 ea.)	1,500	200.00	10.00	2.00	0.00	400.00	13.00	15.00
Deli Wrap - LR-1183 (1 ea.)	300	223.57	7.89	3.71	0.00	548.14	21.18	17.87
Fettuccine Alfredo - LR- 1162 (2/3 c.)	400	265.30	7.61	4.16	0.00	519.03	35.02	13.01

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<b>Lunch Elem Week A Fri - ServingDate: 10/04/2019</b>								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Dinner Roll - LR-1180 (1 ea.)	1,900	100.00	4.00	0.50	0.00	190.00	14.00	3.00
Caesar Salad - LR-1179 (3/4 c.)	1,500	52.93	2.70	0.38	0.00	115.08	6.41	1.67
Salad Bar - LR-1175 (1 c.)	1,000	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Mixed Fruit - LR-1066 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, Fresh - LR- 1069 (1 ea.)	400	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week B Mon - ServingDate: 10/07/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Chicken Drumsticks BBQ - LR-1496 (1 ea.)	900	140.00	8.00	2.00	0.00	570.00	6.00	12.00
Deli Sandwich - LR- 1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Cheese Pizza Slice - LR- 1087 (1 ea.)	1,000	310.00	12.00	6.00	0.00	360.00	30.00	22.00

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<b>Lunch Elem Week B Mon - ServingDate: 10/07/2019</b>								
Breadstick - LR-1364 (1 ea.)	1,000	150.00	1.50	0.00	0.00	280.00	28.00	5.00
Green Peas - LR-1061 (1/2 c.)	800	62.00	0.00	0.00	0.00	58.00	11.00	4.00
Salad Bar - LR-1175 (1 c.)	1,700	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	400	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Mandarin Oranges - LR-1070 (1/2 c.)	500	90.00	0.00	0.00	0.00	15.00	19.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	400	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	380	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week B Tue - ServingDate: 10/08/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Deli Sandwich - LR-1174 (1 ea.)	100	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Grilled Cheese Sandwich - LR-1062 (1 ea.)	1,000	280.00	9.91	5.56	0.00	580.79	30.96	18.55
Hamburger - LR-1151 (1 ea.)	1,200	270.00	10.50	3.70	0.00	487.00	27.00	18.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Sliced Carrots - LR-1105 (2/3 c.)	1,000	36.00	1.33	0.00	0.00	57.33	8.00	0.00

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<b>Lunch Elem Week B Tue - ServingDate: 10/08/2019</b>								
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	1,000	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Kiwi Halves - LR-1064 (1 1/2 ea.)	500	69.00	0.00	0.00	0.00	3.00	16.50	1.50
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,800	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	350	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	330	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week B Wed - ServingDate: 10/09/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Deli Sandwich - LR-1174 (1 ea.)	200	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Pizza Sub - LR-1161 (1 ea.)	200	323.20	11.05	4.24	0.00	829.40	34.49	20.07
Tangerine Chicken - LR-1054 (4 oz.)	1,900	190.00	4.00	1.00	0.00	380.00	25.00	14.00
Rice Brown Cooked - LR-1422 (1/2 c.)	200	27.36	0.16	0.00	0.00	0.80	5.92	0.64
Broccoli Cuts - LR-1078 (1/2 c.)	700	26.00	0.00	0.00	0.00	22.00	5.00	3.00
Salad Bar - LR-1175 (1 c.)	1,800	78.35	4.56	1.46	0.00	108.03	5.89	2.27

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<b>Lunch Elem Week B Wed - ServingDate: 10/09/2019</b>								
Red Apples - LR-1030 (1 ea.)	200	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	750	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Cantaloupe - LR-1035 (1/2 c.)	1,000	30.00	0.15	0.00	0.00	14.00	7.00	0.80
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week B Thur - ServingDate: 10/10/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Crispy Pork Sandwich - LR-1152 (1 ea.)	500	400.00	19.50	5.00	0.00	580.00	37.00	22.00
Deli Sandwich - LR- 1174 (1 ea.)	150	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Nacho with Toppings - LR-1136 (1 ea.)	1,700	311.39	17.13	5.13	0.00	602.21	28.12	8.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	150	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Refried Beans - LR- 1184 (1/2 c.)	1,500	149.42	0.47	0.00	0.00	140.08	27.08	9.34
Salad Bar - LR-1175 (1 c.)	1,000	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00

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<b>Lunch Elem Week B Thur - ServingDate: 10/10/2019</b>								
Fruit Ice Cup - LR-1047 (1 ea.)	500	70.00	0.00	0.00	0.00	10.00	19.00	0.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Beef Taco Meat - LR-1134 (3 oz.)	1,200	182.06	13.41	5.03	0.00(M)	195.53	0.14	14.53
<b>Lunch Elem Week B Fri - ServingDate: 10/11/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Deli Sandwich - LR-1174 (1 ea.)	100	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Hot Ham & Cheese Sandwich - LR-1159 (1 ea.)	900	293.68	9.43	3.90	0.00	491.05	32.47	19.19
Macaroni & Cheese - LR-1185 (1 c.)	1,300	386.42	17.83	9.79	0.00	674.16	34.95	21.23
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Mini Pretzel - LR-1094 (1 ea.)	1,300	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Green Beans - LR-1060 (1/2 c.)	500	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar - LR-1175 (1 c.)	2,000	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00



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Site: ALL

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week B Fri - ServingDate: 10/11/2019</b>								
Blueberries - LR-1430 (1/2 c.)	300	40.00	0.00	0.00	0.00	2.00	10.00	0.00
Variety of Juices - LR-1118 (1 ea.)	900	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week C Mon - ServingDate: 10/14/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Cheese Ravioli - LR-1186 (1 c.)	1,000	250.61	4.66	2.59	0.00	474.37	33.56	16.98
Deli Sandwich - LR-1174 (1 ea.)	200	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Turkey Burger - LR-1148 (1 ea.)	1,000	290.00	11.50	3.00	0.00	660.00	26.00	22.00
Garlic Toast - LR-1050 (1 ea.)	1,000	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Caesar Salad - LR-1179 (3/4 c.)	2,000	52.93	2.70	0.38	0.00	115.08	6.41	1.67
Salad Bar - LR-1175 (1 c.)	500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10

## Menu Calendar Nutrient Analysis Report - October, 2019

Site: ALL

Date: 10/01/2019 - 10/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week C Mon - ServingDate: 10/14/2019</b>								
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	400	58.00	0.00	0.00	0.00	0.00	15.00	0.40
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week C Tue - ServingDate: 10/15/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Pepperoni Calzone - LR-1024 (1 ea.)	900	280.00	11.00	6.00	0.00	590.00	32.00	19.00
Chicken Drumstick - LR-1038 (1 ea.)	1,200	190.00	11.00	2.50	0.00	450.00	5.00	16.00
Deli Sandwich - LR-1174 (1 ea.)	200	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Banana Muffin - LR-1424 (1 ea.)	1,200	190.00	6.00	2.00	0.00	130.00	31.00	3.00
Salad Bar - LR-1175 (1 c.)	20	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Sweet Potato Fries Simplot - LR-1410 (3/4 c.)	35	150.00	6.00	0.75	0.00	145.00	23.00	2.00
Red Apples - LR-1030 (1 ea.)	200	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	300	60.00	0.00	0.00	(M)	0.00	15.00	1.00

## Menu Calendar Nutrient Analysis Report - October, 2019

Site: ALL

Date: 10/01/2019 - 10/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week C Tue - ServingDate: 10/15/2019</b>								
Watermelon - LR-1113 (1/2 c.)	500	54.00	0.00	0.00	0.00	0.00	13.50	0.81
Fat Free White Milk - LR-1429 (1 ea.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	300	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week C Wed - ServingDate: 10/16/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Buffalo Chicken Pasta - LR-1189 (1 c.)	500	344.77	17.23	7.49	0.00	1055.76	22.74	22.46
Deli Sandwich - LR- 1174 (1 ea.)	400	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Mini Corn Dogs - LR- 1150 (6 ea.)	1,200	267.00	11.00	1.90	0.00	365.00	33.00	9.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	400	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Mini Pretzel - LR-1094 (1 ea.)	500	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Baked Beans - LR-1177 (1/2 c.)	100	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar - LR-1175 (1 c.)	20	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	700	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00

## Menu Calendar Nutrient Analysis Report - October, 2019

Site: ALL

Date: 10/01/2019 - 10/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week C Wed - ServingDate: 10/16/2019</b>								
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week C Thur - ServingDate: 10/17/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Chili Elementary - LR- 1544 (1 c.)	700	257.60	15.65	5.81	0.00	293.38	9.86	19.89
Deli Sandwich - LR- 1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Hot Dog Sandwich - LR- 1158 (1 ea.)	1,200	280.00	12.50	3.00	0.00	530.00	28.00	13.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Chili Toppings - LR- 1545 (1 c.)	700	68.75	4.54	3.00	0.00	111.50	2.67	4.03
Cornbread Loaf Mini - LR-1502 (1 ea.)	700	180.00	6.00	0.50	0.00	90.00	28.00	3.00
Buffalo Cauliflower - LR-1379 (1/2 c.)	250	33.02	1.85	0.70	0.00	213.69	4.19	1.40
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR- 1306 (1/2 c.)	400	60.00	0.00	0.00	0.00	5.00	16.00	0.00

## Menu Calendar Nutrient Analysis Report - October, 2019

Site: ALL

Date: 10/01/2019 - 10/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week C Thur - ServingDate: 10/17/2019</b>								
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week C Fri - ServingDate: 10/18/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Cheesy Fish Sandwich - LR-1149 (1 ea.)	800	430.00	17.50	7.50	0.00	850.00	48.00	21.00
Chicken Patty Sandwich - LR-1139 (1 ea.)	1,200	340.00	12.50	2.50	0.00	650.00	39.00	21.00
Deli Sandwich - LR- 1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Mashed Potatoes - LR- 1196 (1/2 c.)	1,300	69.12	1.72	0.19	0.00	250.12	13.06	1.56
Salad Bar - LR-1175 (1 c.)	1,200	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	600	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Strawberries - LR-1198 (1/2 c.)	800	102.14	0.00	0.00	0.00	0.00	26.10	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00

## Menu Calendar Nutrient Analysis Report - October, 2019

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week C Fri - ServingDate: 10/18/2019</b>								
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,400	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Tartar Sauce - LR-1323 (1 ea.)	100	45.00	3.50	0.50	0.00	100.00	3.00	0.00
<b>Lunch Elem Week D Mon - ServingDate: 10/21/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
BBQ Chicken Sandwich - LR-1156 (1 ea.)	500	337.25	10.50	2.50	0.00	841.13	38.02	24.00
Deli Sandwich - LR-1174 (1 ea.)	200	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	315.20	39.77	4.70
French Bread Pizza - LR-1089 (1 ea.)	1,600	310.00	11.00	6.00	0.00	380.00	33.00	23.00
Baked Beans - LR-1177 (1/2 c.)	1,000	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	400	58.00	0.00	0.00	0.00	0.00	15.00	0.40
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00

## Menu Calendar Nutrient Analysis Report - October, 2019

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week D Mon - ServingDate: 10/21/2019</b>								
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week D Tue - ServingDate: 10/22/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Chicken Nuggets - LR-1141 (5 ea.)	1,800	200.00	10.00	2.00	0.00	400.00	13.00	15.00
Deli Sandwich - LR-1174 (1 ea.)	150	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Meatballs in Gravy - LR-1187 (4 ea.)	400	212.64	12.24	4.11	0.64	696.85	11.20	13.65
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	150	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Egg Noodles - LR-1309 (1/2 c.)	2,500	44.45	3.00	1.19	0.00	28.91	3.54	0.71
Green Beans - LR-1060 (1/2 c.)	1,000	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Sunset Fruit Salad new - LR-1352 (1/2 c.)	500	68.75	0.03	0.00	0.00	9.37	16.43	0.39
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week D Tue - ServingDate: 10/22/2019</b>								
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week D Wed - ServingDate: 10/23/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Mini Maple Pancakes - LR-1072 (1 pkg)	2,400	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Cheese Omelet - LR- 1036 (1 ea.)	1,000	120.00	10.00	3.50	0.00	300.00	1.00	7.00
Deli Wrap - LR-1183 (1 ea.)	50	223.57	7.89	3.71	0.00	548.14	21.18	17.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	50	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Sausage Patties - LR- 1336 (2 ea.)	1,400	120.00	8.00	2.00	0.00	160.00	0.00	12.00
Potato Tator Tots - LR- 1411 (1/2 c.)	2,300	144.00	7.60	0.00	0.00	194.00	16.00	1.70
Salad Bar - LR-1175 (1 c.)	200	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	600	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00



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Site: ALL

Date: 10/01/2019 - 10/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week D Thur - ServingDate: 10/24/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Baked Mostaccoli - LR- 1194 (1 c.)	1,000	313.20	12.64	4.96	0.00	337.48	29.10	18.38
Ham & Cheese Calzone - LR-1033 (1 ea.)	1,000	280.00	11.00	5.00	0.00	590.00	31.00	19.00
Deli Wrap - LR-1183 (1 ea.)	250	223.57	7.89	3.71	0.00	548.14	21.18	17.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	250	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Dinner Roll - LR-1180 (1 ea.)	1,000	100.00	4.00	0.50	0.00	190.00	14.00	3.00
Fresh Broccoli with Dip - LR-1195 (1/2 c.)	1,000	82.00	6.00	1.00	0.00	137.00	7.00	1.00
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR- 1076 (1/2 c.)	500	70.00	0.00	0.00	0.00	0.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week D Fri - ServingDate: 10/25/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00

## Menu Calendar Nutrient Analysis Report - October, 2019

Site: ALL

Date: 10/01/2019 - 10/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week D Fri - ServingDate: 10/25/2019</b>								
Cheesy Breadstick - LR-1028 (1 ea.)	1,100	260.00	11.00	5.00	0.00	380.00	28.00	15.00
Deli Sandwich - LR-1174 (1 ea.)	100	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	100	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Flour Tortilla & Toppings - LR-1135 (1 ea.)	1,200	169.57	7.44	4.46	0.00	223.83	20.54	5.98
Candied Carrots - LR-1193 (3/4 c.)	1,500	94.19	3.72	0.52	0.00	119.96	18.85	0.06
Salad Bar - LR-1175 (1 c.)	1,000	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Cinnamon Apples - LR-1210 (1/2 c.)	900	66.59	0.00	0.00	0.00	2.64	17.37	0.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Chicken Taco Meat - LR-1163 (3 oz.)	1,200	102.93	3.00	0.50	0.00(M)	319.64	0.13	18.98
<b>Lunch Elem Week E Mond - ServingDate: 10/28/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Deli Sandwich - LR-1174 (1 ea.)	200	253.57	7.39	2.71	0.00	703.14	28.18	20.87

## Menu Calendar Nutrient Analysis Report - October, 2019

Site: ALL

Date: 10/01/2019 - 10/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week E Mond - ServingDate: 10/28/2019</b>								
Grilled Chicken Sandwich - LR-1153 (1 ea.)	600	290.00	10.50	2.50	0.00	660.00	27.00	24.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Pepperoni Pizza - LR- 1090 (1 ea.)	1,500	310.00	11.00	6.00	0.00	470.00	30.00	23.00
Green Peas - LR-1061 (1/2 c.)	1,000	62.00	0.00	0.00	0.00	58.00	11.00	4.00
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	250	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	700	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Red Grapes - LR-1058 (1/2 c.)	950	45.00	0.00	0.00	0.00	7.50	12.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week E Tue - ServingDate: 10/29/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Deli Sandwich - LR- 1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Meatball Sub - LR-1200 (1 ea.)	900	341.81	12.39	4.42	0.46	597.86	37.58	19.73

## Menu Calendar Nutrient Analysis Report - October, 2019

Site: ALL

Date: 10/01/2019 - 10/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week E Tue - ServingDate: 10/29/2019</b>								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Turkey & Noodles - LR- 1199 (1 c.)	1,000	210.13	9.50	3.52	0.00	558.20	12.37	16.78
Dinner Roll - LR-1180 (1 ea.)	1,000	100.00	4.00	0.50	0.00	190.00	14.00	3.00
Roasted Butternut Squash - LR-1515 (2/3 c.)	1,000	117.84	4.67	0.88	0.00	187.84	22.26	1.31
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pearsauce - LR-1075 (1 ea.)	500	80.00	0.00	0.00	0.00	0.00	20.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	300	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week E Wed - ServingDate: 10/30/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
California Club Wrap - LR-1204 (1 ea.)	800	256.04	10.56	3.43	0.00	684.93	20.22	23.04
Deli Sandwich - LR- 1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87

## Menu Calendar Nutrient Analysis Report - October, 2019

Site: ALL

Date: 10/01/2019 - 10/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week E Wed - ServingDate: 10/30/2019</b>								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Mini Chicken Taco - LR- 1106 (3 ea.)	1,100	320.00	14.00	5.00	0.00	480.00	31.00	17.00
Broccoli Cuts - LR-1078 (1/2 c.)	1,000	26.00	0.00	0.00	0.00	22.00	5.00	3.00
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Mandarin Oranges - LR- 1070 (1/2 c.)	500	90.00	0.00	0.00	0.00	15.00	19.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week E Thur - ServingDate: 10/31/2019</b>								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Deli Sandwich - LR- 1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87
MAXX Sticks - LR-1167 (2 ea.)	1,200	290.00	9.00	3.00	0.00	630.00	36.00	19.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Teriyaki Chicken - LR- 1053 (2 7/8 oz.)	700	146.00	2.50	1.00	0.00	414.00	14.00	15.00

## Menu Calendar Nutrient Analysis Report - October, 2019

Site: ALL

Date: 10/01/2019 - 10/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week E Thur - ServingDate: 10/31/2019</b>								
Rice Brown Cooked - LR-1422 (1/2 c.)	700	27.36	0.16	0.00	0.00	0.80	5.92	0.64
Edamame - LR-1044 (1/2 c.)	1,000	100.00	4.00	1.00	0.00	5.00	7.00	9.00
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR- 1306 (1/2 c.)	600	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00

**Legend**

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Lunch

Site Group: Elementary

Menu Line: Regular Lunch

Serving Group: K-5

Nutrients Option: Expanded