

Menu Calendar Nutrient Analysis Report - October, 2018

Site: ALL
 Date: 10/01/2018 - 10/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week A Mon - ServingDate: 10/01/2018								
Beef Soft Shell Taco - LR-1138 (1 serving)	600	447.14	16.27	7.66	0.00(M)	409.54	39.73	33.65
Fish Nuggets - LR-1168 (4 ea.)	250	240.00	10.00	1.50	0.00	730.00	22.00	15.00
Chicken Salad Wrap - LR-1227 (1 ea.)	15	331.03	12.93	4.47	0.00	550.95	36.64	17.32
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Spaghetti with Meatballs - LR-1415 (1 c.)	300	581.51	15.10	5.38	0.92	533.95	85.03	30.10
Strawberry Spinach Salad - LR-1285 (1 ea.)	10	372.17	21.94	7.06	0.00(M)	665.97	18.04	28.32
Turkey & Cheese Sub - LR-1219 (1 ea.)	10	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Garlic Toast - LR-1050 (1 ea.)	500	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Salad Bar MS - LR-1266 (1 ea.)	500	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Sweet Potato Fries - LR-1107 (2/3 c.)	700	114.00	4.00	0.70	0.00	168.00	17.40	1.30
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Blueberries - LR-1430 (1/2 c.)	200	40.00	0.00	0.00	0.00	2.00	10.00	0.00
Variety of Juices - LR-1118 (1 ea.)	600	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week A Tues - ServingDate: 10/02/2018								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	381.92	16.06	4.49	0.00	531.69	42.63	17.50
Chicken Patty Sandwich - LR-1139 (1 ea.)	750	334.00	10.00	2.50	0.00	558.00	41.00	20.00
Italian Chef Salad - LR-1230 (1 ea.)	15	304.91	9.63	3.26	0.00	627.18	31.55	19.53
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Pizza Sub - LR-1161 (1 ea.)	200	345.70	12.80	4.74	0.00	901.90	33.74	20.07
Tandori Drumstick - LR-1376 (1 ea.)	200	137.00	7.75	1.77	0.00	360.31	2.38	16.38
Vegetable Sub - LR-1221 (1 ea.)	10	193.38	10.25	5.25	0.00	563.06	17.44	8.42
Breadstick - LR-1364 (1 ea.)	200	132.18	1.74	0.00	0.00	160.25	25.00	4.00
Cole Slaw - LR-1268 (1/2 c.)	200	82.36	6.43	1.29	0.00	130.48	5.70	0.39
Mashed Potatoes - LR-1196 (1/2 c.)	500	69.12	1.72	0.19	0.00	250.12	13.06	1.56
Salad Bar MS - LR-1266 (1 ea.)	500	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Strawberries - LR-1198 (1/2 c.)	300	102.14	0.00	0.00	0.00	0.00	26.10	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week A Wed - ServingDate: 10/03/2018								
California Club Wrap - LR-1224 (1 ea.)	15	276.49	8.62	2.65	0.00	495.76	30.95	18.25
Cheeseburger - LR-1147 (1 ea.)	235	320.00	13.00	5.45	0.00	557.00	30.00	20.50
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
General Tso's Chicken - LR-1051 (1/2 c.)	400	200.00	4.00	1.00	0.00	510.00	26.00	14.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Spicy Chicken Patty Sandwich - LR-1140 (1 ea.)	500	329.00	12.00	2.10	0.00	379.00	37.50	17.60
Turkey & Cheese Sub - LR-1219 (1 ea.)	20	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Rice Brown Cooked - LR-1422 (1/2 c.)	400	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Baked Beans - LR-1177 (1/2 c.)	500	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar MS - LR-1266 (1 ea.)	700	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Strawberry Applesauce - LR-1049 (1 ea.)	300	50.00	0.00	0.00	0.00	0.00	14.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	500	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

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Lunch MS Week A Thur - ServingDate: 10/04/2018								
BBQ Pork Sandwich - LR-1146 (1 ea.)	200	422.71	8.10	2.66	0.00	628.34	54.60	28.94
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	317.65	11.31	5.37	0.00	454.75	34.16	20.60
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Turkey & Swiss Croissant - LR-1231 (1 ea.)	140	315.17	13.25	6.00	0.00	855.86	27.00	22.53
Turkey Snack Pack - LR-1396 (1 ea.)	15	505.08	10.15	4.21	0.00(M)	816.73	86.63	21.19
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	20	298.90	8.89	3.04	0.00	777.66	29.79	22.15
Walking Taco MS - LR-1374 (1 serving)	800	434.64	18.77	5.91	0.00(M)	515.04	33.23	30.15
Baked Potato - LR-1178 (1 ea.)	600	84.50	2.50	0.50	0.00	49.00	13.00	2.30
Salad Bar MS - LR-1266 (1 ea.)	600	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	600	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR-1306 (1/2 c.)	200	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Salsa Fresh Tomato - LR-1274 (1 serving)	100	2.95	0.00	0.00	0.00	0.72	0.72	0.16

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Lunch MS Week A Fri - ServingDate: 10/05/2018								
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
Chicken Nuggets - LR-1141 (5 ea.)	700	182.00	9.90	1.62	0.00	328.00	9.50	13.50
Fettuccine Alfredo - LR-1162 (2/3 c.)	190	265.30	7.61	4.16	0.00	519.03	35.02	13.01
Ham & Cheese Sub - LR-1218 (1 ea.)	20	312.63	11.03	3.83	0.00	759.47	30.58	19.76
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Vegetable Hummus Wrap - LR-1517 (1 ea.)	15	411.63	12.50	5.00	0.00	547.25	51.99	19.99
Vegetable Pizza - LR-1233 (1 slice)	250	380.52	17.36	9.82	0.00	669.44	37.04	19.64
Garlic Toast - LR-1050 (1 ea.)	890	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Caesar Salad - LR-1179 (3/4 c.)	1,150	47.15	2.55	0.35	0.00	109.89	5.57	1.70
Salad Bar MS - LR-1266 (1 ea.)	50	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	100	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	150	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Mixed Fruit - LR-1066 (1/2 c.)	100	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	100	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	200	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week B Mon - ServingDate: 10/08/2018								
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93

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Lunch MS Week B Mon - ServingDate: 10/08/2018								
Chili with Toppings - LR-1192 (1 c.)	200	283.04	9.50	4.27	0.00	599.54	14.42	29.08
Chicken Salad Wrap - LR-1227 (1 ea.)	20	331.03	12.93	4.47	0.00	550.95	36.64	17.32
Hot Dog Sandwich - LR-1158 (1 ea.)	500	280.00	12.00	3.00	0.00	440.00	29.00	12.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Sriracha Honey Chicken - LR-1056 (4 oz.)	430	210.00	6.00	1.00	0.00	480.00	24.00	12.00
Turkey & Cheese Sub - LR-1219 (1 ea.)	20	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Cornbread Loaf Mini - LR-1502 (1 ea.)	200	180.00	6.00	0.50	0.00	90.00	28.00	3.00
Rice Brown Cooked - LR-1422 (1/2 c.)	430	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Potato French Fries Simplot - LR-1409 (1/2 c.)	500	68.37	0.00	0.00	0.00	14.65	13.67	1.95
Salad Bar MS - LR-1266 (1 ea.)	700	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	250	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Mandarin Oranges - LR-1070 (1/2 c.)	250	90.00	0.00	0.00	0.00	15.00	19.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

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Lunch MS Week B Tue - ServingDate: 10/09/2018								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	381.92	16.06	4.49	0.00	531.69	42.63	17.50
Chicken Soft Shell Taco - LR-1165 (1 serving)	450	358.80	11.71	5.66	0.00(M)	491.40	40.57	24.49
Grilled Cheese Sandwich - LR-1062 (1 ea.)	450	280.00	9.91	5.56	0.00	580.79	30.96	18.55
Italian Chef Salad - LR-1230 (1 ea.)	15	304.91	9.63	3.26	0.00	627.18	31.55	19.53
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Philly Pretzelwich - LR-1209 (1 ea.)	240	333.42	12.47	5.49	0.00	546.76	33.07	20.15
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	10.25	5.25	0.00	563.06	17.44	8.42
Saltine Crackers - LR-1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Salad Bar MS - LR-1266 (1 ea.)	850	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Southwest Slaw - LR-1252 (1/2 c.)	50	97.22	8.00	1.26	0.00	198.07	6.31	0.42
Tomato Soup - LR-1182 (1 c.)	300	86.43	0.00	0.00	0.00	441.77	19.21	1.92
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	300	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

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Lunch MS Week B								
Thurs - ServingDate: 10/10/2018								
Chicken Ranchero Wrap - LR-1222 (1 ea.)	10	317.65	11.31	5.37	0.00	454.75	34.16	20.60
Crispy Pork Sandwich - LR-1152 (1 ea.)	300	410.00	19.00	5.00	0.00	510.00	39.00	21.00
Deli Sandwich - LR-1174 (1 ea.)	15	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Nacho Grande MS - LR-1269 (1 ea.)	600	380.78	20.01	7.00	0.00(M)	632.32	33.07	17.83
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Turkey Snack Pack - LR-1396 (1 ea.)	10	505.08	10.15	4.21	0.00(M)	816.73	86.63	21.19
Turkey, Bacon & Cheese Sandwich - LR-1160 (1 ea.)	255	298.31	8.30	3.25	0.00	681.53	30.00	26.16
Refried Beans - LR-1184 (1/2 c.)	200	149.42	0.47	0.00	0.00	140.08	27.08	9.34
Salad Bar MS - LR-1266 (1 ea.)	600	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Sweet Potato Fries - LR-1107 (2/3 c.)	400	114.00	4.00	0.70	0.00	168.00	17.40	1.30
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Ice Cup - LR-1047 (1 ea.)	300	115.60	0.00	0.00	0.00	16.51	31.38	0.00
Variety of Juices - LR-1118 (1 ea.)	450	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week B Wed - ServingDate: 10/11/2018								
California Club Wrap - LR-1224 (1 ea.)	20	276.49	8.62	2.65	0.00	495.76	30.95	18.25
Cheeseburger Pasta - LR-1205 (1 c.)	200	327.55	12.53	5.96	0.00	481.98	24.95	26.10
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
Chicken Drumsticks BBQ - LR-1496 (1 ea.)	200	140.00	8.00	2.00	0.00	570.00	6.00	12.00
Deli Sandwich - LR-1174 (1 ea.)	15	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Cheese Pizza Slice - LR-1088 (1 ea.)	730	310.00	12.00	6.00	0.00	360.00	30.00	22.00
Garlic Toast - LR-1050 (1 ea.)	600	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Lemon Zest Broccoli - LR-1378 (1/2 c.)	300	103.41	10.10	1.45	0.00	189.53	2.60	2.70
Salad Bar MS - LR-1266 (1 ea.)	900	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Apple Crunch Day Apples - LR-1522 (1 ea.)	500	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	300	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week B Fri - ServingDate: 10/12/2018								
BBQ Chicken Sandwich - LR-1156 (1 ea.)	200	315.25	8.00	1.50	0.00	692.13	40.02	20.00
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
Chicken Fajita Wrap - LR-1225 (1 ea.)	15	366.32	12.61	5.54	0.00	532.42	41.26	23.11
Ham & Cheese Sub - LR-1218 (1 ea.)	15	312.63	11.03	3.83	0.00	759.47	30.58	19.76
Macaroni & Cheese - LR-1185 (1 c.)	520	389.66	18.85	9.79	0.00	752.53	34.69	21.96
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Quesadilla Coyote Grill - LR-1097 (1 ea.)	420	155.00	6.00	3.00	0.00	280.00	16.00	9.50
Mini Pretzel - LR-1094 (1 ea.)	500	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Green Beans - LR-1060 (1/2 c.)	200	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar MS - LR-1266 (1 ea.)	1,000	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	250	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Blueberries - LR-1430 (1/2 c.)	200	40.00	0.00	0.00	0.00	2.00	10.00	0.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week C Mon - ServingDate: 10/15/2018								
Cheese Ravioli - LR-1186 (1 c.)	500	250.61	4.66	2.59	0.00	474.37	33.56	16.98

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week C Mon - ServingDate: 10/15/2018								
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
Chicken Philly Sandwich - LR-1301 (1 serving)	340	318.44	9.04	3.01	0.00	712.84	33.41	24.06
Fish Street Taco - LR-1516 (1 serving)	300	697.88 (M)	25.65 (M)	4.95(M)	0.00(M)	1894.68 (M)	72.98 (M)	37.97 (M)
Chicken Salad Wrap - LR-1227 (1 ea.)	20	331.03	12.93	4.47	0.00	550.95	36.64	17.32
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Turkey & Cheese Sub - LR-1219 (1 ea.)	10	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Garlic Toast - LR-1050 (1 ea.)	515	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Caesar Salad - LR-1179 (3/4 c.)	1,000	47.15	2.55	0.35	0.00	109.89	5.57	1.70
Salad Bar MS - LR-1266 (1 ea.)	200	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	250	58.00	0.00	0.00	0.00	0.00	15.00	0.40
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week C Tue - ServingDate: 10/16/2018								
Bean Burrito with Queso - LR-1251 (1 ea.)	100	362.50	11.25	5.25	0.00	665.50	47.00	17.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week C Tue - ServingDate: 10/16/2018								
Pepperoni Calzone - LR-1024 (1 ea.)	340	280.00	11.00	6.00	0.00	590.00	32.00	19.00
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	381.92	16.06	4.49	0.00	531.69	42.63	17.50
Chicken Drumstick - LR-1038 (1 ea.)	700	190.00	11.00	2.50	0.00	450.00	5.00	16.00
Italian Chef Salad - LR-1230 (1 ea.)	15	304.91	9.63	3.26	0.00	627.18	31.55	19.53
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	10.25	5.25	0.00	563.06	17.44	8.42
Banana Muffin - LR-1424 (1 ea.)	715	190.00	6.00	2.00	0.00	130.00	30.00	3.00
Baked Sweet Potato - LR-1250 (1 ea.)	300	30.20	0.01	0.00	0.00	7.47	4.68	0.22
Salad Bar MS - LR-1266 (1 ea.)	900	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Watermelon - LR-1113 (1/2 c.)	250	54.00	0.00	0.00	0.00	0.00	13.50	0.81
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week C Wed - ServingDate: 10/17/2018								
California Club Wrap - LR-1224 (1 ea.)	15	276.49	8.62	2.65	0.00	495.76	30.95	18.25
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week C Wed - ServingDate: 10/17/2018								
Fish Nuggets - LR-1168 (4 ea.)	250	240.00	10.00	1.50	0.00	730.00	22.00	15.00
Hamburger - LR-1151 (1 ea.)	390	280.00	10.00	3.70	0.00	417.00	29.00	17.00
Mini Corn Dogs - LR-1150 (6 ea.)	500	267.00	11.00	1.90	0.00	365.00	33.00	9.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Mini Pretzel - LR-1094 (1 ea.)	250	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Buffalo Cauliflower - LR-1379 (1/2 c.)	200	33.02	1.85	0.70	0.00	222.69	4.19	1.40
Salad Bar MS - LR-1266 (1 ea.)	1,000	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	250	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week C Thur - ServingDate: 10/18/2018								
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	317.65	11.31	5.37	0.00	454.75	34.16	20.60
Garlic Chicken Pizza - LR-1238 (1 slice)	440	445.59	17.68	8.12	0.00	923.72	50.06	20.82

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week C Thur - ServingDate: 10/18/2018								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Asian Chicken Shaker - LR-1367 (1 ea.)	15	385.68 (M)	17.90 (M)	2.05(M)	0.00(M)	284.86 (M)	30.93 (M)	24.02 (M)
Sloppy Joe - LR-1181 (1 ea.)	290	295.25	8.01	2.70	0.00	597.72	38.02	18.02
Tangerine Chicken - LR-1054 (4 oz.)	400	190.00	4.00	1.00	0.00	380.00	25.00	14.00
Turkey Snack Pack - LR-1396 (1 ea.)	10	505.08	10.15	4.21	0.00(M)	816.73	86.63	21.19
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	15	298.90	8.89	3.04	0.00	777.66	29.79	22.15
Rice Brown Cooked - LR-1422 (1/2 c.)	400	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Edamame - LR-1044 (1/2 c.)	200	100.00	4.00	1.00	0.00	5.00	7.00	9.00
Salad Bar MS - LR-1266 (1 ea.)	1,000	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	150	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR-1306 (1/2 c.)	200	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week C Fri - ServingDate: 10/19/2018								
BBQ Meatball Sandwich - LR-1270 (1 ea.)	400	355.53	11.43	3.67	0.63	587.54	44.27	17.58
Cheesy Fish Sandwich - LR-1149 (1 ea.)	350	400.00	13.00	4.50	0.00	680.00	51.00	19.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week C Fri - ServingDate: 10/19/2018								
Hot Ham & Cheese Sandwich - LR-1159 (1 ea.)	390	306.91	11.26	4.39	0.00	533.62	31.64	19.19
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Strawberry Spinach Salad - LR-1285 (1 ea.)	15	372.17	21.94	7.06	0.00(M)	665.97	18.04	28.32
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Vegetable Hummus Wrap - LR-1517 (1 ea.)	15	411.63	12.50	5.00	0.00	547.25	51.99	19.99
Saltine Crackers - LR-1102 (2 pkg)	10	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Corn on the Cob - LR-1203 (2 ea.)	300	220.00	7.00	1.00	0.00	60.00	38.00	6.00
Salad Bar MS - LR-1266 (1 ea.)	900	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	100	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	150	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	400	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pearsauce - LR-1075 (1 ea.)	500	80.00	0.00	0.00	0.00	0.00	20.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week D Mon - ServingDate: 10/22/2018								
Cheeseburger - LR-1147 (1 ea.)	400	320.00	13.00	5.45	0.00	557.00	30.00	20.50
Chicken Salad Wrap - LR-1227 (1 ea.)	15	331.03	12.93	4.47	0.00	550.95	36.64	17.32

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week D								
Mon - ServingDate: 10/22/2018								
Grilled Chicken Sandwich - LR-1153 (1 ea.)	240	268.00	8.00	1.50	0.00	511.00	29.00	20.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
French Bread Pizza - LR-1089 (1 ea.)	500	310.00	11.00	6.00	0.00	380.00	33.00	23.00
Strawberry Spinach Salad - LR-1285 (1 ea.)	15	372.17	21.94	7.06	0.00(M)	665.97	18.04	28.32
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Saltine Crackers - LR-1102 (2 pkg)	60	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Baked Beans - LR-1177 (1/2 c.)	500	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Caesar Salad - LR-1179 (3/4 c.)	600	47.15	2.55	0.35	0.00	109.89	5.57	1.70
Salad Bar MS - LR-1266 (1 ea.)	100	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	250	58.00	0.00	0.00	0.00	0.00	15.00	0.40
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week D								
Tue - ServingDate: 10/23/2018								
Broccoli Cheese Soup - LR-1258 (1 c.)	200	295.28	19.62	10.27	0.00	1105.83	15.79	17.39

Menu Calendar Nutrient Analysis Report - October, 2018

Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week D Tue - ServingDate: 10/23/2018								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	381.92	16.06	4.49	0.00	531.69	42.63	17.50
Chicken Nuggets - LR-1141 (5 ea.)	740	182.00	9.90	1.62	0.00	328.00	9.50	13.50
Italian Chef Salad - LR-1230 (1 ea.)	15	304.91	9.63	3.26	0.00	627.18	31.55	19.53
Meatballs in Gravy - LR-1187 (4 ea.)	200	212.64	12.24	4.11	0.64	696.85	11.20	13.65
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	10.25	5.25	0.00	563.06	17.44	8.42
Egg Noodles - LR-1309 (1 c.)	1,000	88.90	5.99	2.38	0.00	57.81	7.09	1.42
Saltine Crackers - LR-1102 (2 pkg)	400	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Green Beans - LR-1060 (1/2 c.)	200	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar MS - LR-1266 (1 ea.)	1,000	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Sunset Fruit Salad new - LR-1352 (1/2 c.)	300	110.22	0.03	0.00	0.00	13.70	26.34	0.57
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week D Wed - ServingDate: 10/24/2018								
Waffles Mini Maple - LR-1442 (1 Bag)	1,200	200.00	5.00	1.00	0.00	170.00	37.00	4.00

Menu Calendar Nutrient Analysis Report - October, 2018

Site: ALL
 Date: 10/01/2018 - 10/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week D Wed - ServingDate: 10/24/2018								
California Club Wrap - LR-1224 (1 ea.)	15	276.49	8.62	2.65	0.00	495.76	30.95	18.25
Cheese Omelet - LR-1036 (1 ea.)	340	120.00	10.00	3.50	0.00	300.00	1.00	7.00
Corn Dog - LR-1142 (1 ea.)	300	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Fruit and Yogurt Plate - LR-1368 (1 ea.)	15	506.95	10.73	4.92	0.00	554.29	87.03	15.26
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Sausage Patties - LR-1336 (2 ea.)	500	120.00	8.00	2.00	0.00	180.00	0.00	12.00
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Potato Tator Tots - LR-1411 (1/2 c.)	1,000	144.00	7.60	0.00	0.00	194.00	16.00	1.70
Salad Bar MS - LR-1266 (1 ea.)	200	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	50	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	500	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	400	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week D Thu - ServingDate: 10/25/2018								
Baked Mostaccoli - LR-1194 (1 c.)	400	322.45	7.55	3.14	0.00	594.75	33.52	25.44
Ham & Cheese Calzone - LR-1033 (1 ea.)	400	280.00	11.00	5.00	0.00	590.00	31.00	19.00

Menu Calendar Nutrient Analysis Report - October, 2018

Site: ALL
 Date: 10/01/2018 - 10/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week D								
Thu - ServingDate: 10/25/2018								
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	317.65	11.31	5.37	0.00	454.75	34.16	20.60
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Asian Chicken Shaker - LR-1367 (1 ea.)	15	385.68 (M)	17.90 (M)	2.05(M)	0.00(M)	284.86 (M)	30.93 (M)	24.02 (M)
Teriyaki Chicken Sandwich - LR-1246 (1 ea.)	340	281.98	8.07	1.51	0.00	781.96	31.51	21.02
Turkey Snack Pack - LR-1396 (1 ea.)	10	505.08	10.15	4.21	0.00(M)	816.73	86.63	21.19
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	10	298.90	8.89	3.04	0.00	777.66	29.79	22.15
Garlic Toast - LR-1050 (1 ea.)	430	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Broccoli Cuts with Cheese Sauce - LR-1271 (1/2 c.)	300	44.62	1.63	0.43	0.00	104.57	6.25	2.87
Salad Bar MS - LR-1266 (1 ea.)	900	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR-1076 (1/2 c.)	250	70.00	0.00	0.00	0.00	0.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week E								
Tue - ServingDate: 10/30/2018								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	381.92	16.06	4.49	0.00	531.69	42.63	17.50

Menu Calendar Nutrient Analysis Report - October, 2018

Site: ALL
 Date: 10/01/2018 - 10/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week E Tue - ServingDate: 10/30/2018								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Pepperjack Ham Pretzel - LR-1245 (1 ea.)	200	336.91	14.26	6.14	0.00	673.62	31.64	18.69
Pork Carnitas Street Taco - LR-1373 (1 serving)	450	424.38	15.45	6.35	0.00(M)	624.72	30.70	34.45
Asian Chicken Shaker - LR-1367 (1 ea.)	15	385.68 (M)	17.90 (M)	2.05(M)	0.00(M)	284.86 (M)	30.93 (M)	24.02 (M)
Turkey & Noodles - LR-1199 (1 c.)	490	210.88	9.44	3.52	0.00	558.20	12.25	16.62
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	10.25	5.25	0.00	563.06	17.44	8.42
Dinner Roll - LR-1180 (1 ea.)	440	120.00	4.00	0.50	0.00	145.00	18.00	4.00
Salad Bar Mexican MS - LR-1356 (1 ea.)	600	72.84	2.53	1.47	0.00	131.53	7.47	5.10
Sweet Potato Fries - LR-1107 (2/3 c.)	600	114.00	4.00	0.70	0.00	168.00	17.40	1.30
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	250	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Blueberries - LR-1430 (1/2 c.)	200	40.00	0.00	0.00	0.00	2.00	10.00	0.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week E Wedn - ServingDate: 10/31/2018								
California Club Wrap - LR-1224 (1 ea.)	15	276.49	8.62	2.65	0.00	495.76	30.95	18.25

Menu Calendar Nutrient Analysis Report - October, 2018

Site: ALL
 Date: 10/01/2018 - 10/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week E Wedn - ServingDate: 10/31/2018								
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
General Tso's Chicken - LR-1051 (1/2 c.)	440	200.00	4.00	1.00	0.00	510.00	26.00	14.00
Meatball Sub - LR-1200 (1 ea.)	200	337.37	11.42	4.19	0.46	508.97	38.59	18.77
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Mini Chicken Taco - LR-1106 (3 ea.)	500	320.00	14.00	5.00	0.00	480.00	31.00	17.00
Turkey & Pepperjack Flatbread - LR-1369 (1 ea.)	15	344.67	12.25	4.50	0.00	997.91	34.34	24.96
Rice Brown Cooked - LR-1422 (1/2 c.)	440	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Saltine Crackers - LR-1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Salad Bar MS - LR-1266 (1 ea.)	1,100	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Winter Blend Vegetables - LR-1115 (1/2 c.)	100	15.00	0.00	0.00	0.00	11.00	2.20	1.10
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Mandarin Oranges - LR-1070 (1/2 c.)	300	90.00	0.00	0.00	0.00	15.00	19.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

Legend

Menu Calendar Nutrient Analysis Report - October, 2018

Site: ALL
Date: 10/01/2018 - 10/31/2018

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: Middle
Menu Line: Regular Lunch
Serving Group: 6-8
Nutrients Option: Expanded