

Menu Calendar Nutrient Analysis Report - November, 2019

Site: ALL
 Date: 11/01/2019 - 11/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week E Fri - ServingDate: 11/01/2019								
Chicken Chef Salad - LR-1228 (1 ea.)	15	293.19	14.13	5.05	0.00	553.50	22.85	17.73
Fish Nuggets - LR-1168 (4 ea.)	250	230.00	8.00	1.50	0.00	290.00	23.00	15.00
Ham & Cheese Sub - LR-1218 (1 ea.)	15	279.74	8.24	2.83	0.00	699.21	31.37	19.76
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Spaghetti w/ Meat Sauce - LR-1208 (1 c.)	500	442.56	12.97	4.42	0.00	211.04	63.58	22.91
Spicy Chicken Patty Sandwich - LR-1140 (1 ea.)	390	360.00	10.50	2.00	0.00	820.00	44.00	24.00
Vegetable Hummus Wrap - LR-1517 (1 ea.)	15	420.27	15.39	7.43	0.00	514.91	51.98	17.91
Garlic Toast - LR-1050 (1 ea.)	750	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Caesar Salad - LR-1179 (3/4 c.)	1,000	52.93	2.70	0.38	0.00	115.08	6.41	1.67
Salad Bar MS - LR-1266 (1 ea.)	200	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Mixed Fruit - LR-1066 (1/2 c.)	250	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

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Lunch MS Week E Fri - ServingDate: 11/01/2019								
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week F Mon - ServingDate: 11/04/2019								
Chicken Salad Wrap - LR-1227 (1 ea.)	15	334.85	12.93	4.09	0.00	646.78	35.88	19.61
Hot Dog Sandwich - LR-1158 (1 ea.)	400	280.00	12.50	3.00	0.00	530.00	28.00	13.00
Nacho Grande MS - LR-1269 (1 ea.)	540	445.25	25.99	7.81	0.00(M)	733.80	33.02	16.78
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Strawberry Spinach Salad - LR-1285 (1 ea.)	15	447.27	26.06	7.17	0.00	873.69	23.49	31.76
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	259.90	4.75	1.67	0.00	789.48	29.00	24.48
White Bean Chicken Chili - LR-1262 (1 c.)	200	309.25	5.42	0.74	0.00	725.78	37.17	22.79
Breadstick - LR-1364 (1 ea.)	200	150.00	1.50	0.00	0.00	280.00	28.00	5.00
Baked Beans - LR-1177 (1/2 c.)	200	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar MS - LR-1266 (1 ea.)	1,000	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	250	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00

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Lunch MS Week F Mon - ServingDate: 11/04/2019								
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week F Wed - ServingDate: 11/06/2019								
California Club Wrap - LR-1224 (1 ea.)	15	326.04	12.06	3.43	0.00	799.93	30.22	25.04
Chicken Chef Salad - LR-1228 (1 ea.)	15	293.19	14.13	5.05	0.00	553.50	22.85	17.73
Chicken Fajitas - LR-1170 (1 serving)	240	342.85	8.54	3.51	0.00	891.24	43.65	23.52
Corn Dog - LR-1564 (1 ea.)	500	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Hot Turkey Sandwich - LR-1272 (1 ea.)	400	251.04	5.68	1.28	0.00	901.34	26.94	22.42
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Saltine Crackers - LR-1102 (2 pkg)	30	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Mashed Potatoes - LR-1196 (1/2 c.)	600	69.12	1.72	0.19	0.00	250.12	13.06	1.56
Salad Bar MS - LR-1266 (1 ea.)	600	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Southwest Lentils - LR-1459 (1/2 c.)	100	141.37	1.46	0.08	0.00(M)	22.43	22.44	9.17
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR-1076 (1/2 c.)	250	70.00	0.00	0.00	0.00	0.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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Lunch MS Week F Wed - ServingDate: 11/06/2019								
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week F Thu - ServingDate: 11/07/2019								
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	330.65	12.75	6.22	0.00	550.49	33.42	21.77
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Popcorn Chicken - LR-1207 (14 ea.)	800	210.00	12.00	3.00	0.00	430.00	13.00	14.00
Turkey Burger - LR-1148 (1 ea.)	200	290.00	11.50	3.00	0.00	660.00	26.00	22.00
Turkey Snack Pack - LR-1396 (1 ea.)	15	513.36	8.73	3.00	0.00(M)	921.54	86.20	25.27
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	15	269.82	6.49	2.25	0.00	744.34	30.18	22.12
Mexican Pizza - LR-1241 (1 slice)	140	495.84	18.34	9.04	0.00	817.09	62.45	21.46
Mini Pretzel - LR-1094 (1 ea.)	900	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Lemon Zest Broccoli - LR-1378 (1/2 c.)	200	103.07	9.51	1.28	0.00	175.50	2.77	2.46
Salad Bar MS - LR-1266 (1 ea.)	1,000	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	450	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Watermelon - LR-1113 (1/2 c.)	300	54.00	0.00	0.00	0.00	0.00	13.50	0.81

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Lunch MS Week F Thu - ServingDate: 11/07/2019								
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week F Fri - ServingDate: 11/08/2019								
BBQ Pork Rib Sandwich - LR-1157 (1 ea.)	200	349.25	11.50	3.10	0.00	870.13	42.02	20.00
Chicken Fajita Wrap - LR-1225 (1 ea.)	15	379.32	14.05	6.38	0.00	628.16	40.52	24.28
Ham & Cheese Sub - LR-1218 (1 ea.)	15	279.74	8.24	2.83	0.00	699.21	31.37	19.76
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Cheese Pizza Slice - LR-1088 (1 ea.)	640	310.00	12.00	6.00	0.00	360.00	30.00	22.00
Asian Chicken Shaker - LR-1367 (1 ea.)	15	390.45 (M)	17.90 (M)	2.05(M)	0.00(M)	588.56 (M)	32.31 (M)	24.93 (M)
Sweet Thai Chicken - LR-1052 (2 7/8 oz.)	300	120.00	2.00	0.50	0.00	330.00	15.00	11.00
Teriyaki Edamame Noodles - LR-1565 (1/2 c.)	300	243.92	1.42	0.08	0.00	139.60	54.31	8.62
Salad Bar MS - LR-1266 (1 ea.)	800	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Sweet Potato Fries Simplot - LR-1410 (3/4 c.)	400	150.00	6.00	0.75	0.00	145.00	23.00	2.00
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Cinnamon Apples - LR-1210 (1/2 c.)	450	66.59	0.00	0.00	0.00	2.64	17.37	0.00

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Lunch MS Week F Fri - ServingDate: 11/08/2019								
Variety of Juices - LR-1118 (1 ea.)	350	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week A Mon - ServingDate: 11/11/2019								
Beef Soft Shell Taco - LR-1138 (1 serving)	600	522.32	28.32	12.67	0.00(M)	579.53	39.73	28.35
Fish Nuggets - LR-1168 (4 ea.)	250	230.00	8.00	1.50	0.00	290.00	23.00	15.00
Chicken Salad Wrap - LR-1227 (1 ea.)	15	334.85	12.93	4.09	0.00	646.78	35.88	19.61
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Strawberry Spinach Salad - LR-1285 (1 ea.)	10	447.27	26.06	7.17	0.00	873.69	23.49	31.76
Turkey & Cheese Sub - LR-1219 (1 ea.)	10	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Garlic Toast - LR-1050 (1 ea.)	500	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Spaghetti with Italian Sauce - LR-1525 (3/4 c.)	500	339.57	1.25	0.00	0.00	179.20	75.42	11.32
Roasted Butternut Squash - LR-1515 (2/3 c.)	700	117.84	4.67	0.88	0.00	187.84	22.26	1.31
Salad Bar MS - LR-1266 (1 ea.)	500	75.83	3.79	2.53	0.00	113.13	5.71	3.64

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Lunch MS Week A Mon - ServingDate: 11/11/2019								
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	600	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pearsauce - LR-1075 (1 ea.)	200	80.00	0.00	0.00	0.00	0.00	20.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Meatballs in Spaghetti Sauce - LR-1526 (4 ea.)	300	69.08	3.54	1.38	0.24	107.48	3.89	5.05
Lunch MS Week A Tues - ServingDate: 11/12/2019								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	412.92	16.06	4.89	0.00	567.69	47.13	19.91
Chicken Patty Sandwich - LR-1139 (1 ea.)	750	340.00	12.50	2.50	0.00	650.00	39.00	21.00
Italian Chef Salad - LR- 1230 (1 ea.)	15	321.56	9.43	3.49	0.00	699.81	34.91	20.44
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Pizza Sub - LR-1161 (1 ea.)	200	323.20	11.05	4.24	0.00	829.40	34.49	20.07
Tandori Drumstick - LR- 1376 (1 ea.)	200	135.25	7.63	1.73	0.00	360.50	2.38	16.38
Vegetable Sub - LR- 1221 (1 ea.)	10	193.38	9.75	5.00	0.00	553.06	17.44	8.42

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Lunch MS Week A Tues - ServingDate: 11/12/2019								
Breadstick - LR-1364 (1 ea.)	200	150.00	1.50	0.00	0.00	280.00	28.00	5.00
Cole Slaw - LR-1268 (1/2 c.)	200	82.36	6.43	1.29	0.00	130.48	5.70	0.39
Mashed Potatoes - LR-1196 (1/2 c.)	500	69.12	1.72	0.19	0.00	250.12	13.06	1.56
Salad Bar MS - LR-1266 (1 ea.)	500	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Red Grapes - LR-1058 (1/2 c.)	300	45.00	0.00	0.00	0.00	7.50	12.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week A Wed - ServingDate: 11/13/2019								
California Club Wrap - LR-1224 (1 ea.)	15	326.04	12.06	3.43	0.00	799.93	30.22	25.04
Cheeseburger - LR-1147 (1 ea.)	235	305.00	12.50	4.95	0.00	642.00	28.00	21.50
Chicken Chef Salad - LR-1228 (1 ea.)	15	293.19	14.13	5.05	0.00	553.50	22.85	17.73
General Tso's Chicken - LR-1051 (1/2 c.)	400	210.00	7.00	1.00	0.00	450.00	24.00	12.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70

Menu Calendar Nutrient Analysis Report - November, 2019

Site: ALL
 Date: 11/01/2019 - 11/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week A Wed - ServingDate: 11/13/2019								
Spicy Chicken Patty Sandwich - LR-1140 (1 ea.)	500	360.00	10.50	2.00	0.00	820.00	44.00	24.00
Turkey & Cheese Sub - LR-1219 (1 ea.)	20	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Rice Brown Cooked - LR-1422 (1/2 c.)	400	27.36	0.16	0.00	0.00	0.80	5.92	0.64
Baked Beans - LR-1177 (1/2 c.)	500	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar MS - LR-1266 (1 ea.)	700	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Mixed Fruit - LR-1066 (1/2 c.)	300	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	500	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week A Thur - ServingDate: 11/14/2019								
BBQ Pork Sandwich - LR-1146 (1 ea.)	200	411.21	8.67	2.66	0.00	708.84	52.30	30.09
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	330.65	12.75	6.22	0.00	550.49	33.42	21.77
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	208.80	3.59	0.30	0.00	315.20	39.77	4.70

Menu Calendar Nutrient Analysis Report - November, 2019

Site: ALL
 Date: 11/01/2019 - 11/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week A Thur - ServingDate: 11/14/2019								
Turkey & Swiss Croissant - LR-1231 (1 ea.)	140	309.90	12.25	5.67	0.00	701.48	26.50	23.98
Turkey Snack Pack - LR-1396 (1 ea.)	15	513.36	8.73	3.00	0.00(M)	921.54	86.20	25.27
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	20	269.82	6.49	2.25	0.00	744.34	30.18	22.12
Walking Taco MS - LR-1374 (1 serving)	800	500.49	29.38	9.70	0.00(M)	681.20	33.24	25.88
Baked Potato - LR-1178 (1 ea.)	600	84.50	2.50	0.50	0.00	49.00	13.00	2.30
Salad Bar MS - LR-1266 (1 ea.)	600	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	600	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR-1306 (1/2 c.)	200	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Salsa Fresh Tomato - LR-1274 (1 serving)	100	2.95	0.00	0.00	0.00	0.72	0.72	0.16
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week A Fri - ServingDate: 11/15/2019								
Chicken Chef Salad - LR-1228 (1 ea.)	15	293.19	14.13	5.05	0.00	553.50	22.85	17.73
Chicken Nuggets - LR-1141 (5 ea.)	700	200.00	10.00	2.00	0.00	400.00	13.00	15.00

Menu Calendar Nutrient Analysis Report - November, 2019

Site: ALL
 Date: 11/01/2019 - 11/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week A Fri - ServingDate: 11/15/2019								
Fettuccine Alfredo - LR-1162 (2/3 c.)	190	300.40	7.77	4.16	0.00	519.03	42.04	14.18
Ham & Cheese Sub - LR-1218 (1 ea.)	20	279.74	8.24	2.83	0.00	699.21	31.37	19.76
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Vegetable Hummus Wrap - LR-1517 (1 ea.)	15	420.27	15.39	7.43	0.00	514.91	51.98	17.91
Vegetable Pizza - LR-1233 (1 slice)	250	380.52	17.36	9.82	0.00	669.44	37.04	19.64
Garlic Toast - LR-1050 (1 ea.)	890	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Caesar Salad - LR-1179 (3/4 c.)	1,150	52.93	2.70	0.38	0.00	115.08	6.41	1.67
Salad Bar MS - LR-1266 (1 ea.)	50	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	100	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	150	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Strawberry Applesauce - LR-1049 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	200	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	90	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week B Mon - ServingDate: 11/18/2019								
Cheesy Breadstick - LR-1028 (1 ea.)	430	260.00	11.00	5.00	0.00	380.00	28.00	15.00

Menu Calendar Nutrient Analysis Report - November, 2019

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week B								
Mon - ServingDate: 11/18/2019								
Chicken Chef Salad - LR-1228 (1 ea.)	15	293.19	14.13	5.05	0.00	553.50	22.85	17.73
Chili with Toppings - LR-1192 (1 c.)	200	321.96	20.19	8.81	0.00	404.79	11.44	23.80
Chicken Salad Wrap - LR-1227 (1 ea.)	20	334.85	12.93	4.09	0.00	646.78	35.88	19.61
Hot Dog Sandwich - LR-1158 (1 ea.)	500	280.00	12.50	3.00	0.00	530.00	28.00	13.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Turkey & Cheese Sub - LR-1219 (1 ea.)	20	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Cornbread Loaf Mini - LR-1502 (1 ea.)	200	180.00	6.00	0.50	0.00	90.00	28.00	3.00
Green Peas - LR-1061 (1/2 c.)	500	62.00	0.00	0.00	0.00	58.00	11.00	4.00
Salad Bar MS - LR-1266 (1 ea.)	700	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	250	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Mandarin Oranges - LR-1070 (1/2 c.)	250	90.00	0.00	0.00	0.00	15.00	19.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00

Menu Calendar Nutrient Analysis Report - November, 2019

Site: ALL
 Date: 11/01/2019 - 11/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week B								
Tue - ServingDate: 11/19/2019								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	412.92	16.06	4.89	0.00	567.69	47.13	19.91
Chicken Soft Shell Taco - LR-1165 (1 serving)	450	372.78	13.16	6.42	0.00(M)	608.31	39.66	26.17
Grilled Cheese Sandwich - LR-1062 (1 ea.)	450	280.00	9.91	5.56	0.00	580.79	30.96	18.55
Italian Chef Salad - LR-1230 (1 ea.)	15	321.56	9.43	3.49	0.00	699.81	34.91	20.44
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Philly Pretzelwich - LR-1209 (1 ea.)	240	333.42	12.47	5.49	0.00	546.76	33.07	20.15
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	9.75	5.00	0.00	553.06	17.44	8.42
Saltine Crackers - LR-1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Salad Bar MS - LR-1266 (1 ea.)	850	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Southwest Slaw - LR-1252 (1/2 c.)	50	89.22	7.47	1.07	0.00	20.28	6.31	0.42
Tomato Soup - LR-1182 (1 c.)	300	86.43	0.00	0.00	0.00	441.77	19.21	1.92
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	300	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

Menu Calendar Nutrient Analysis Report - November, 2019

Site: ALL
 Date: 11/01/2019 - 11/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week B Tue - ServingDate: 11/19/2019								
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week B Wed - ServingDate: 11/20/2019								
California Club Wrap - LR-1224 (1 ea.)	20	326.04	12.06	3.43	0.00	799.93	30.22	25.04
Chicken Chef Salad - LR-1228 (1 ea.)	15	293.19	14.13	5.05	0.00	553.50	22.85	17.73
Crispy Pork Sandwich - LR-1152 (1 ea.)	200	400.00	19.50	5.00	0.00	580.00	37.00	22.00
Deli Sandwich - LR-1174 (1 ea.)	15	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Nacho Grande MS - LR-1269 (1 ea.)	730	445.25	25.99	7.81	0.00(M)	733.80	33.02	16.78
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Turkey, Bacon & Cheese Sandwich - LR-1160 (1 ea.)	200	293.02	7.30	3.18	0.00	695.09	30.00	26.10
Lemon Zest Broccoli - LR-1378 (1/2 c.)	300	103.07	9.51	1.28	0.00	175.50	2.77	2.46
Refried Beans - LR-1184 (1/2 c.)	600	149.42	0.47	0.00	0.00	140.08	27.08	9.34
Salad Bar MS - LR-1266 (1 ea.)	900	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Ice Cup - LR-1047 (1 ea.)	500	70.00	0.00	0.00	0.00	10.00	19.00	0.00
Variety of Juices - LR-1118 (1 ea.)	300	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week B Wed - ServingDate: 11/20/2019								
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week B Thurs - ServingDate: 11/21/2019								
Cheeseburger Pasta - LR-1205 (1 c.)	600	294.73	14.31	5.70	0.00	232.98	24.12	16.55
Chicken Drumsticks BBQ - LR-1496 (1 ea.)	255	140.00	8.00	2.00	0.00	570.00	6.00	12.00
Chicken Ranchero Wrap - LR-1222 (1 ea.)	10	330.65	12.75	6.22	0.00	550.49	33.42	21.77
Deli Sandwich - LR-1174 (1 ea.)	15	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Cheese Pizza Slice - LR-1088 (1 ea.)	300	310.00	12.00	6.00	0.00	360.00	30.00	22.00
Turkey Snack Pack - LR-1396 (1 ea.)	10	513.36	8.73	3.00	0.00(M)	921.54	86.20	25.27
Breadstick - LR-1364 (1 ea.)	300	150.00	1.50	0.00	0.00	280.00	28.00	5.00
Candied Carrots - LR-1193 (3/4 c.)	400	94.19	3.72	0.52	0.00	119.96	18.85	0.06
Salad Bar MS - LR-1266 (1 ea.)	600	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Cantaloupe - LR-1035 (1/2 c.)	200	30.00	0.15	0.00	0.00	14.00	7.00	0.80
Variety of Juices - LR-1118 (1 ea.)	450	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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 Date: 11/01/2019 - 11/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week B Thurs - ServingDate: 11/21/2019								
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week B Fri - ServingDate: 11/22/2019								
BBQ Chicken Sandwich - LR-1156 (1 ea.)	200	337.25	10.50	2.50	0.00	841.13	38.02	24.00
Chicken Chef Salad - LR-1228 (1 ea.)	15	293.19	14.13	5.05	0.00	553.50	22.85	17.73
Chicken Fajita Wrap - LR-1225 (1 ea.)	15	379.32	14.05	6.38	0.00	628.16	40.52	24.28
Ham & Cheese Sub - LR-1218 (1 ea.)	15	279.74	8.24	2.83	0.00	699.21	31.37	19.76
Macaroni & Cheese - LR-1185 (1 c.)	520	386.42	17.83	9.79	0.00	674.16	34.95	21.23
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Quesadilla Coyote Grill - LR-1097 (1 ea.)	420	155.00	6.00	3.00	0.00	280.00	16.00	9.50
Mini Pretzel - LR-1094 (1 ea.)	500	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Green Beans - LR-1060 (1/2 c.)	200	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar MS - LR-1266 (1 ea.)	1,000	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	250	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Blueberries - LR-1430 (1/2 c.)	200	40.00	0.00	0.00	0.00	2.00	10.00	0.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - November, 2019

Site: ALL
 Date: 11/01/2019 - 11/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week B Fri - ServingDate: 11/22/2019								
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week C Mon - ServingDate: 11/25/2019								
Cheese Ravioli - LR-1186 (1 c.)	500	250.61	4.66	2.59	0.00	474.37	33.56	16.98
Chicken Chef Salad - LR-1228 (1 ea.)	15	293.19	14.13	5.05	0.00	553.50	22.85	17.73
Chicken Philly Sandwich - LR-1301 (1 serving)	340	325.02	9.54	3.01	0.00	1161.42	33.08	26.02
Fish Street Taco - LR-1516 (1 serving)	300	461.41 (M)	14.46 (M)	3.73(M)	0.00(M)	749.18 (M)	52.78 (M)	23.46 (M)
Chicken Salad Wrap - LR-1227 (1 ea.)	20	334.85	12.93	4.09	0.00	646.78	35.88	19.61
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Turkey & Cheese Sub - LR-1219 (1 ea.)	10	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Garlic Toast - LR-1050 (1 ea.)	515	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Caesar Salad - LR-1179 (3/4 c.)	1,000	52.93	2.70	0.38	0.00	115.08	6.41	1.67
Salad Bar MS - LR-1266 (1 ea.)	200	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	250	58.00	0.00	0.00	0.00	0.00	15.00	0.40

Menu Calendar Nutrient Analysis Report - November, 2019

Site: ALL
 Date: 11/01/2019 - 11/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week C								
Mon - ServingDate: 11/25/2019								
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week C								
Tue - ServingDate: 11/26/2019								
Bean Burrito with Queso - LR-1251 (1 ea.)	100	452.39	18.89	10.43	0.00	830.90	48.49	21.18
Pepperoni Calzone - LR-1024 (1 ea.)	340	280.00	11.00	6.00	0.00	590.00	32.00	19.00
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	412.92	16.06	4.89	0.00	567.69	47.13	19.91
Chicken Drumstick - LR-1038 (1 ea.)	700	190.00	11.00	2.50	0.00	450.00	5.00	16.00
Italian Chef Salad - LR-1230 (1 ea.)	15	321.56	9.43	3.49	0.00	699.81	34.91	20.44
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	9.75	5.00	0.00	553.06	17.44	8.42
Banana Muffin - LR-1424 (1 ea.)	715	190.00	6.00	2.00	0.00	130.00	31.00	3.00
Baked Sweet Potato - LR-1250 (1 ea.)	300	30.20	0.01	0.00	0.00	7.47	4.68	0.22
Salad Bar MS - LR-1266 (1 ea.)	900	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10

Menu Calendar Nutrient Analysis Report - November, 2019

Site: ALL
 Date: 11/01/2019 - 11/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week C Tue - ServingDate: 11/26/2019								
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Watermelon - LR-1113 (1/2 c.)	250	54.00	0.00	0.00	0.00	0.00	13.50	0.81
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: Middle
 Menu Line: Regular Lunch
 Serving Group: 6-8
 Nutrients Option: Expanded