

# Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL  
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week E Thur - ServingDate: 11/01/2018</b>								
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	317.65	11.31	5.37	0.00	454.75	34.16	20.60
Hamburger - LR-1151 (1 ea.)	300	280.00	10.00	3.70	0.00	417.00	29.00	17.00
MAXX Sticks - LR-1167 (2 ea.)	500	290.00	9.00	3.00	0.00	630.00	36.00	19.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Teriyaki Chicken - LR-1053 (2 7/8 oz.)	340	146.00	2.50	1.00	0.00	414.00	14.00	15.00
Turkey Snack Pack - LR-1396 (1 ea.)	15	505.08	10.15	4.21	0.00(M)	816.73	86.63	21.19
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	15	298.90	8.89	3.04	0.00	777.66	29.79	22.15
Vegetable Fried Rice - LR-1101 (4 1/4 oz.)	340	209.11	5.97	0.50	0.00	338.56	32.86	6.97
Edamame - LR-1044 (1/2 c.)	100	100.00	4.00	1.00	0.00	5.00	7.00	9.00
Salad Bar MS - LR-1266 (1 ea.)	1,100	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	150	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR-1306 (1/2 c.)	200	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

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Site: ALL  
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week E Fri - ServingDate: 11/02/2018</b>								
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
Fish Nuggets - LR-1168 (4 ea.)	250	240.00	10.00	1.50	0.00	730.00	22.00	15.00
Ham & Cheese Sub - LR-1218 (1 ea.)	15	312.63	11.03	3.83	0.00	759.47	30.58	19.76
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Spaghetti w/ Meat Sauce - LR-1208 (1 c.)	500	513.75	15.41	5.31	0.00	620.00	71.89	27.17
Spicy Chicken Patty Sandwich - LR-1140 (1 ea.)	390	329.00	12.00	2.10	0.00	379.00	37.50	17.60
Vegetable Hummus Wrap - LR-1517 (1 ea.)	15	411.63	12.50	5.00	0.00	547.25	51.99	19.99
Garlic Toast - LR-1050 (1 ea.)	750	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Caesar Salad - LR-1179 (3/4 c.)	1,000	47.15	2.55	0.35	0.00	109.89	5.57	1.70
Salad Bar MS - LR-1266 (1 ea.)	200	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Mixed Fruit - LR-1066 (1/2 c.)	250	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

# Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL  
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week F</b>								
<b>Mon - ServingDate: 11/05/2018</b>								
Chicken Salad Wrap - LR-1227 (1 ea.)	15	331.03	12.93	4.47	0.00	550.95	36.64	17.32
Hot Dog Sandwich - LR-1158 (1 ea.)	400	280.00	12.00	3.00	0.00	440.00	29.00	12.00
Nacho Grande MS - LR-1269 (1 ea.)	540	405.55	24.01	8.43	0.00(M)	695.02	33.07	16.22
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Strawberry Spinach Salad - LR-1285 (1 ea.)	15	372.17	21.94	7.06	0.00(M)	665.97	18.04	28.32
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	285.17	6.75	2.25	0.00	795.86	29.00	24.53
White Bean Chicken Chili - LR-1262 (1 c.)	200	308.07	5.60	1.19	0.00	629.21	37.94	20.48
Breadstick - LR-1364 (1 ea.)	200	132.18	1.74	0.00	0.00	160.25	25.00	4.00
Baked Beans - LR-1177 (1/2 c.)	200	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar MS - LR-1266 (1 ea.)	1,000	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	250	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

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Site: ALL  
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week F Tue - ServingDate: 11/06/2018</b>								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	381.92	16.06	4.49	0.00	531.69	42.63	17.50
Chicken Noodle Soup - LR-1201 (1 c.)	500	140.98	2.59	0.83	0.00	303.12	13.36	13.64
Italian Chef Salad - LR-1230 (1 ea.)	15	304.91	9.63	3.26	0.00	627.18	31.55	19.53
Italian Turkey Panini - LR-1401 (1 ea.)	200	312.57	9.17	2.68	0.00	846.66	31.18	25.77
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Hawaiian Pizza - LR-1371 (1 ea.)	440	320.00	11.00	5.00	0.00	420.00	33.00	23.00
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	10.25	5.25	0.00	563.06	17.44	8.42
Saltine Crackers - LR-1102 (2 pkg)	500	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Broccoli Salad - LR-1255 (1/2 c.)	100	178.48	9.81	2.14	0.00	330.47	17.49	6.18
Green Beans - LR-1060 (1/2 c.)	150	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar MS - LR-1266 (1 ea.)	950	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	250	58.00	0.00	0.00	0.00	0.00	15.00	0.40
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

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Site: ALL  
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week F Wed - ServingDate: 11/07/2018</b>								
California Club Wrap - LR-1224 (1 ea.)	15	276.49	8.62	2.65	0.00	495.76	30.95	18.25
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
Chicken Fajitas - LR-1170 (1 serving)	240	341.27	8.54	3.51	0.00	532.65	42.98	22.56
Corn Dog - LR-1142 (1 ea.)	500	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Hot Turkey Sandwich - LR-1272 (1 ea.)	400	271.39	6.19	0.76	0.00	903.06	29.94	24.49
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Saltine Crackers - LR-1102 (2 pkg)	30	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Mashed Potatoes - LR-1196 (1/2 c.)	600	69.12	1.72	0.19	0.00	250.12	13.06	1.56
Salad Bar MS - LR-1266 (1 ea.)	600	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Southwest Lentils - LR-1459 (1/2 c.)	100	141.37	1.46	0.08	0.00(M)	287.93	22.44	9.17
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR-1076 (1/2 c.)	250	70.00	0.00	0.00	0.00	0.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

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Site: ALL  
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week F Thu - ServingDate: 11/08/2018</b>								
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	317.65	11.31	5.37	0.00	454.75	34.16	20.60
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Popcorn Chicken - LR-1207 (14 ea.)	800	173.00	8.40	1.40	0.00	349.00	9.60	14.70
Turkey Burger - LR-1148 (1 ea.)	200	300.00	11.00	3.00	0.00	610.00	28.00	22.00
Turkey Snack Pack - LR-1396 (1 ea.)	15	505.08	10.15	4.21	0.00(M)	816.73	86.63	21.19
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	15	298.90	8.89	3.04	0.00	777.66	29.79	22.15
Mexican Pizza - LR-1241 (1 slice)	140	479.20	15.48	6.88	0.00	826.02	63.47	21.09
Mini Pretzel - LR-1094 (1 ea.)	900	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Lemon Zest Broccoli - LR-1378 (1/2 c.)	200	103.41	10.10	1.45	0.00	189.53	2.60	2.70
Salad Bar MS - LR-1266 (1 ea.)	1,000	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	450	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Watermelon - LR-1113 (1/2 c.)	300	54.00	0.00	0.00	0.00	0.00	13.50	0.81
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
<b>Lunch MS Week F Fri - ServingDate: 11/09/2018</b>								
BBQ Pork Rib Sandwich - LR-1157 (1 ea.)	200	349.25	11.00	3.10	0.00	780.13	43.02	19.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week F Fri - ServingDate: 11/09/2018</b>								
Chicken Fajita Wrap - LR-1225 (1 ea.)	15	366.32	12.61	5.54	0.00	532.42	41.26	23.11
Ham & Cheese Sub - LR-1218 (1 ea.)	15	312.63	11.03	3.83	0.00	759.47	30.58	19.76
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Cheese Pizza Slice - LR-1088 (1 ea.)	640	310.00	12.00	6.00	0.00	360.00	30.00	22.00
Asian Chicken Shaker - LR-1367 (1 ea.)	15	385.68 (M)	17.90 (M)	2.05(M)	0.00(M)	284.86 (M)	30.93 (M)	24.02 (M)
Sweet Thai Chicken - LR-1052 (2 7/8 oz.)	300	120.00	2.00	0.50	0.00	330.00	15.00	11.00
Yakisoba Noodles - LR-1112 (1/2 c.)	300	110.00	1.50	0.00	0.00	25.00	21.00	3.00
Salad Bar MS - LR-1266 (1 ea.)	800	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Sweet Potato Fries - LR-1107 (2/3 c.)	400	114.00	4.00	0.70	0.00	168.00	17.40	1.30
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Cinnamon Apples - LR-1210 (1/2 c.)	450	66.59	0.00	0.00	0.00	2.64	17.37	0.00
Variety of Juices - LR-1118 (1 ea.)	350	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
<b>Lunch MS Week A Mon - ServingDate: 11/12/2018</b>								
Beef Soft Shell Taco - LR-1138 (1 serving)	600	512.78	26.88	11.45	0.00(M)	575.70	39.73	29.38
Fish Nuggets - LR-1168 (4 ea.)	250	240.00	10.00	1.50	0.00	730.00	22.00	15.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week A Mon - ServingDate: 11/12/2018</b>								
Chicken Salad Wrap - LR-1227 (1 ea.)	15	331.03	12.93	4.47	0.00	550.95	36.64	17.32
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Spaghetti with Meatballs - LR-1415 (1 c.)	300	581.51	15.10	5.38	0.92	533.95	85.03	30.10
Strawberry Spinach Salad - LR-1285 (1 ea.)	10	372.17	21.94	7.06	0.00(M)	665.97	18.04	28.32
Turkey & Cheese Sub - LR-1219 (1 ea.)	10	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Garlic Toast - LR-1050 (1 ea.)	500	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Roasted Butternut Squash - LR-1515 (2/3 c.)	700	176.10	6.95	1.31	0.00	282.75	32.95	1.95
Salad Bar MS - LR-1266 (1 ea.)	500	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Blueberries - LR-1430 (1/2 c.)	200	40.00	0.00	0.00	0.00	2.00	10.00	0.00
Variety of Juices - LR-1118 (1 ea.)	600	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
<b>Lunch MS Week A Tues - ServingDate: 11/13/2018</b>								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	381.92	16.06	4.49	0.00	531.69	42.63	17.50



# Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL  
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week A Tues - ServingDate: 11/13/2018</b>								
Chicken Patty Sandwich - LR-1139 (1 ea.)	750	334.00	10.00	2.50	0.00	558.00	41.00	20.00
Italian Chef Salad - LR-1230 (1 ea.)	15	304.91	9.63	3.26	0.00	627.18	31.55	19.53
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Pizza Sub - LR-1161 (1 ea.)	200	345.70	12.80	4.74	0.00	901.90	33.74	20.07
Tandori Drumstick - LR-1376 (1 ea.)	200	137.00	7.75	1.77	0.00	360.31	2.38	16.38
Vegetable Sub - LR-1221 (1 ea.)	10	193.38	10.25	5.25	0.00	563.06	17.44	8.42
Breadstick - LR-1364 (1 ea.)	200	132.18	1.74	0.00	0.00	160.25	25.00	4.00
Cole Slaw - LR-1268 (1/2 c.)	200	82.36	6.43	1.29	0.00	130.48	5.70	0.39
Mashed Potatoes - LR-1196 (1/2 c.)	500	69.12	1.72	0.19	0.00	250.12	13.06	1.56
Salad Bar MS - LR-1266 (1 ea.)	500	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Red Grapes - LR-1058 (1/2 c.)	300	45.00	0.00	0.00	0.00	7.50	12.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
<b>Lunch MS Week A Wed - ServingDate: 11/14/2018</b>								
California Club Wrap - LR-1224 (1 ea.)	15	276.49	8.62	2.65	0.00	495.76	30.95	18.25

# Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL  
Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week A Wed - ServingDate: 11/14/2018</b>								
Cheeseburger - LR-1147 (1 ea.)	235	320.00	13.00	5.45	0.00	557.00	30.00	20.50
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
General Tso's Chicken - LR-1051 (1/2 c.)	400	200.00	4.00	1.00	0.00	510.00	26.00	14.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Spicy Chicken Patty Sandwich - LR-1140 (1 ea.)	500	329.00	12.00	2.10	0.00	379.00	37.50	17.60
Turkey & Cheese Sub - LR-1219 (1 ea.)	20	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Rice Brown Cooked - LR-1422 (1/2 c.)	400	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Baked Beans - LR-1177 (1/2 c.)	500	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar MS - LR-1266 (1 ea.)	700	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Strawberry Applesauce - LR-1049 (1 ea.)	300	50.00	0.00	0.00	0.00	0.00	14.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	500	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
<b>Lunch MS Week A Thur - ServingDate: 11/15/2018</b>								
BBQ Pork Sandwich - LR-1146 (1 ea.)	200	422.71	8.10	2.66	0.00	628.34	54.60	28.94

# Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL  
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week A Thur - ServingDate: 11/15/2018</b>								
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	317.65	11.31	5.37	0.00	454.75	34.16	20.60
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Turkey & Swiss Croissant - LR-1231 (1 ea.)	140	315.17	13.25	6.00	0.00	855.86	27.00	22.53
Turkey Snack Pack - LR-1396 (1 ea.)	15	505.08	10.15	4.21	0.00(M)	816.73	86.63	21.19
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	20	298.90	8.89	3.04	0.00	777.66	29.79	22.15
Walking Taco MS - LR-1374 (1 serving)	800	500.28	29.38	9.70	0.00(M)	681.20	33.23	25.88
Baked Potato - LR-1178 (1 ea.)	600	84.50	2.50	0.50	0.00	49.00	13.00	2.30
Salad Bar MS - LR-1266 (1 ea.)	600	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	600	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR-1306 (1/2 c.)	200	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Salsa Fresh Tomato - LR-1274 (1 serving)	100	2.95	0.00	0.00	0.00	0.72	0.72	0.16
<b>Lunch MS Week A Fri - ServingDate: 11/16/2018</b>								
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93

# Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL  
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week A Fri - ServingDate: 11/16/2018</b>								
Chicken Nuggets - LR-1141 (5 ea.)	700	182.00	9.90	1.62	0.00	328.00	9.50	13.50
Fettuccine Alfredo - LR-1162 (2/3 c.)	190	265.30	7.61	4.16	0.00	519.03	35.02	13.01
Ham & Cheese Sub - LR-1218 (1 ea.)	20	312.63	11.03	3.83	0.00	759.47	30.58	19.76
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Vegetable Hummus Wrap - LR-1517 (1 ea.)	15	411.63	12.50	5.00	0.00	547.25	51.99	19.99
Vegetable Pizza - LR-1233 (1 slice)	250	380.52	17.36	9.82	0.00	669.44	37.04	19.64
Garlic Toast - LR-1050 (1 ea.)	890	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Caesar Salad - LR-1179 (3/4 c.)	1,150	47.15	2.55	0.35	0.00	109.89	5.57	1.70
Salad Bar MS - LR-1266 (1 ea.)	50	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	100	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	150	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Mixed Fruit - LR-1066 (1/2 c.)	100	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	100	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	200	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
<b>Lunch MS Week B Mon - ServingDate: 11/19/2018</b>								
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
Chili with Toppings - LR-1192 (1 c.)	200	339.89	18.69	7.56	0.00	743.47	14.42	25.39

# Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL  
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week B</b>								
<b>Mon - ServingDate: 11/19/2018</b>								
Chicken Salad Wrap - LR-1227 (1 ea.)	20	331.03	12.93	4.47	0.00	550.95	36.64	17.32
Hot Dog Sandwich - LR-1158 (1 ea.)	500	280.00	12.00	3.00	0.00	440.00	29.00	12.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Sriracha Honey Chicken - LR-1056 (4 oz.)	430	210.00	6.00	1.00	0.00	480.00	24.00	12.00
Turkey & Cheese Sub - LR-1219 (1 ea.)	20	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Cornbread Loaf Mini - LR-1502 (1 ea.)	200	180.00	6.00	0.50	0.00	90.00	28.00	3.00
Rice Brown Cooked - LR-1422 (1/2 c.)	430	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Potato French Fries Simplot - LR-1409 (1/2 c.)	500	70.00	0.00	0.00	0.00	15.00	14.00	2.00
Salad Bar MS - LR-1266 (1 ea.)	700	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	250	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Mandarin Oranges - LR-1070 (1/2 c.)	250	90.00	0.00	0.00	0.00	15.00	19.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
<b>Lunch MS Week B</b>								
<b>Tue - ServingDate: 11/20/2018</b>								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	381.92	16.06	4.49	0.00	531.69	42.63	17.50

# Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL  
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week B</b>								
<b>Tue - ServingDate: 11/20/2018</b>								
Chicken Soft Shell Taco - LR-1165 (1 serving)	450	358.80	11.71	5.66	0.00(M)	491.40	40.57	24.49
Grilled Cheese Sandwich - LR-1062 (1 ea.)	450	280.00	9.91	5.56	0.00	580.79	30.96	18.55
Italian Chef Salad - LR-1230 (1 ea.)	15	304.91	9.63	3.26	0.00	627.18	31.55	19.53
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Philly Pretzelwich - LR-1209 (1 ea.)	240	333.42	12.47	5.49	0.00	546.76	33.07	20.15
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	10.25	5.25	0.00	563.06	17.44	8.42
Saltine Crackers - LR-1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Salad Bar MS - LR-1266 (1 ea.)	850	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Southwest Slaw - LR-1252 (1/2 c.)	50	97.22	8.00	1.26	0.00	198.07	6.31	0.42
Tomato Soup - LR-1182 (1 c.)	300	86.43	0.00	0.00	0.00	441.77	19.21	1.92
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	300	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

# Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL  
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week C</b>								
<b>Mon - ServingDate: 11/26/2018</b>								
Cheese Ravioli - LR-1186 (1 c.)	500	250.61	4.66	2.59	0.00	474.37	33.56	16.98
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
Chicken Philly Sandwich - LR-1301 (1 serving)	340	318.44	9.04	3.01	0.00	712.84	33.41	24.06
Fish Street Taco - LR-1516 (1 serving)	300	466.30 (M)	16.00 (M)	3.50(M)	0.00(M)	1190.29 (M)	51.76 (M)	23.50 (M)
Chicken Salad Wrap - LR-1227 (1 ea.)	20	331.03	12.93	4.47	0.00	550.95	36.64	17.32
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Turkey & Cheese Sub - LR-1219 (1 ea.)	10	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Garlic Toast - LR-1050 (1 ea.)	515	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Caesar Salad - LR-1179 (3/4 c.)	1,000	47.15	2.55	0.35	0.00	109.89	5.57	1.70
Salad Bar MS - LR-1266 (1 ea.)	200	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	250	58.00	0.00	0.00	0.00	0.00	15.00	0.40
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

# Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL  
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week C Tue - ServingDate: 11/27/2018</b>								
Bean Burrito with Queso - LR-1251 (1 ea.)	100	362.50	11.25	5.25	0.00	665.50	47.00	17.50
Pepperoni Calzone - LR-1024 (1 ea.)	340	280.00	11.00	6.00	0.00	590.00	32.00	19.00
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	381.92	16.06	4.49	0.00	531.69	42.63	17.50
Chicken Drumstick - LR-1038 (1 ea.)	700	190.00	11.00	2.50	0.00	450.00	5.00	16.00
Italian Chef Salad - LR-1230 (1 ea.)	15	304.91	9.63	3.26	0.00	627.18	31.55	19.53
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	10.25	5.25	0.00	563.06	17.44	8.42
Banana Muffin - LR-1424 (1 ea.)	715	190.00	6.00	2.00	0.00	130.00	30.00	3.00
Baked Sweet Potato - LR-1250 (1 ea.)	300	30.20	0.01	0.00	0.00	7.47	4.68	0.22
Salad Bar MS - LR-1266 (1 ea.)	900	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Watermelon - LR-1113 (1/2 c.)	250	54.00	0.00	0.00	0.00	0.00	13.50	0.81
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26



# Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL  
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week C Wed - ServingDate: 11/28/2018</b>								
California Club Wrap - LR-1224 (1 ea.)	15	276.49	8.62	2.65	0.00	495.76	30.95	18.25
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
Fish Nuggets - LR-1168 (4 ea.)	250	240.00	10.00	1.50	0.00	730.00	22.00	15.00
Hamburger - LR-1151 (1 ea.)	390	280.00	10.00	3.70	0.00	417.00	29.00	17.00
Mini Corn Dogs - LR-1150 (6 ea.)	500	267.00	11.00	1.90	0.00	365.00	33.00	9.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Mini Pretzel - LR-1094 (1 ea.)	250	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Buffalo Cauliflower - LR-1379 (1/2 c.)	200	33.02	1.85	0.70	0.00	222.69	4.19	1.40
Salad Bar MS - LR-1266 (1 ea.)	1,000	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	250	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
<b>Lunch MS Week C Thur - ServingDate: 11/29/2018</b>								
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	317.65	11.31	5.37	0.00	454.75	34.16	20.60

# Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL  
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week C Thur - ServingDate: 11/29/2018</b>								
Garlic Chicken Pizza - LR-1238 (1 slice)	440	445.59	17.68	8.12	0.00	923.72	50.06	20.82
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Asian Chicken Shaker - LR-1367 (1 ea.)	15	385.68 (M)	17.90 (M)	2.05(M)	0.00(M)	284.86 (M)	30.93 (M)	24.02 (M)
Sloppy Joe - LR-1181 (1 ea.)	290	295.25	8.01	2.70	0.00	597.72	38.02	18.02
Tangerine Chicken - LR-1054 (4 oz.)	400	190.00	4.00	1.00	0.00	380.00	25.00	14.00
Turkey Snack Pack - LR-1396 (1 ea.)	10	505.08	10.15	4.21	0.00(M)	816.73	86.63	21.19
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	15	298.90	8.89	3.04	0.00	777.66	29.79	22.15
Rice Brown Cooked - LR-1422 (1/2 c.)	400	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Edamame - LR-1044 (1/2 c.)	200	100.00	4.00	1.00	0.00	5.00	7.00	9.00
Salad Bar MS - LR-1266 (1 ea.)	1,000	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	150	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR-1306 (1/2 c.)	200	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
<b>Lunch MS Week C Fri - ServingDate: 11/30/2018</b>								
BBQ Meatball Sandwich - LR-1270 (1 ea.)	400	355.53	11.43	3.67	0.63	587.54	44.27	17.58

# Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL  
 Date: 11/01/2018 - 11/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week C Fri - ServingDate: 11/30/2018</b>								
Cheesy Fish Sandwich - LR-1149 (1 ea.)	350	400.00	13.00	4.50	0.00	680.00	51.00	19.00
Hot Ham & Cheese Sandwich - LR-1159 (1 ea.)	390	306.91	11.26	4.39	0.00	533.62	31.64	19.19
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Strawberry Spinach Salad - LR-1285 (1 ea.)	15	372.17	21.94	7.06	0.00(M)	665.97	18.04	28.32
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Vegetable Hummus Wrap - LR-1517 (1 ea.)	15	411.63	12.50	5.00	0.00	547.25	51.99	19.99
Saltine Crackers - LR-1102 (2 pkg)	10	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Corn on the Cob - LR-1203 (2 ea.)	300	220.00	7.00	1.00	0.00	60.00	38.00	6.00
Salad Bar MS - LR-1266 (1 ea.)	900	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	100	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	150	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	400	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pearsauce - LR-1075 (1 ea.)	500	80.00	0.00	0.00	0.00	0.00	20.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

**Legend**  
 (M) - Missing Nutrient Values

# Menu Calendar Nutrient Analysis Report - November, 2018

Site: ALL  
Date: 11/01/2018 - 11/30/2018

**Report Selections**

Meal Type: Lunch  
Site Group: Middle  
Menu Line: Regular Lunch  
Serving Group: 6-8  
Nutrients Option: Expanded