

Lunch Menu

Wednesday, Jan 24th
Menu Line: High School Overall

Lunch Entree

Baked Potato Soup (1 c.)

Contains Carrot, Corn/Corn Products, Gluten, Milk, Soy, Wheat.

Boom Boom Chicken (1 serving)

Contains Egg, Gluten, Milk, Soy, Wheat.

Cheesy Breadstick (1 ea.)

Contains Gluten, Milk, Soy, Wheat.

Cheeseburger (1 ea.)

Contains Gluten, Milk, Soy, Wheat, Yeast.

Chicken & Apple Wrap (1 ea.)

Contains Egg, Gluten, Soy, Tree nuts, Wheat.

Chicken Bacon Flatbread (1 ea.)

Contains Gluten, Milk, Soy, Wheat.

Chicken Filet Sandwich (1 ea.)

Contains Gluten, Milk, Wheat, Yeast.

Large Popcorn Chicken (10 ea.)

Contains Gluten, Milk, Soy, Wheat.

Grilled Cubano (1 ea.)

Contains Gluten, Milk, Soy, Wheat.

Ham Snack Pack (1 ea.)

Contains Gluten, Milk, Soy, Wheat.

Hot Lava Pizza (1 slice)

Contains Garlic, Gluten, Milk, Tomatoes, Wheat.

Italian Chef Salad (1 ea.)

Contains Gluten, Milk, Pepper (any kind), Soy, Wheat.

Italian Sub (1 ea.)

Contains Gluten, Milk, Sesame, Soy, Wheat.

Cheese Pizza Round (1 ea.)

Contains Gluten, Milk, Soy, Wheat.

Spicy Chicken Breast Sandwich (1 ea.)

Contains Gluten, Wheat, Yeast.

Turkey & Cheese Sub (1 ea.)

Contains Gluten, Milk, Sesame, Soy, Wheat.

Vegetable Pizza (1 slice)

Contains Gluten, Milk, Wheat.

Vegetable Sub (1 ea.)

Contains Gluten, Milk, Pepper (any kind), Sesame, Soy, Wheat.

Grains

Tortilla Chips (15 chips)

Contains Corn/Corn Products.

Cornbread Poppers (3 Poppers)

Contains Corn/Corn Products, Egg, Milk, Soy, Wheat.

Savory Bites Crackers (1 pkg.)

Contains Gluten, Wheat.

Garlic Toast (1 ea.)

Contains Gluten, Milk, Soy, Wheat.

Brown Rice (1/2 c.)

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Flour Tortilla (1 ea.)

Contains Gluten, Wheat.

Vegetable

Black Beans (1/4 c.)

Contains Beans (all kinds).

Caesar Salad (3/4 c.)

Contains Egg, Fish, Gluten, Milk, Mustard, Soy, Wheat.

Fiesta Lime Corn (2 ea.)

Contains Citrus, Corn/Corn Products, Seeds (any kind).

Mashed Potatoes (1/2 c.)

Contains Milk, Soy.

Refried Beans (1/2 c.)

Contains Beans (all kinds).

Side Salad (1 c.)

Contains Corn/Corn Products, Egg, Milk, Mustard, Soy.

Sauteed Peppers and Onions (1/2 c.)

Contains Pepper (any kind).

Sweet Potato Fries (2/3 c.)

Contains Soy.

Tomato Soup (1 c.)

Contains Gluten, Wheat.

Whole Kernel Corn (1/2 c.)

Fruit

Banana (1 ea.)

FRUIT CAN ASSORTED (1/2 c.)

Contains Citrus, Oranges/Orange Juice, Peaches.

FRUIT FRESH CUT (3 oz.)

Condiment

Chicken Gravy (2 fl. oz.)

Contains Corn/Corn Products, Gluten, Milk, Soy, Wheat.

Meat

Beef Taco Meat (2 1/2 oz.)

Contains Soy.

Cheese Sauce (1/4 c.)

Contains Milk, Soy.

Chicken Fajitas Meat (1 ea.)

Contains Pepper (any kind).

Pork Carnita Meat (1 serving)

Contains Citrus, Soy.