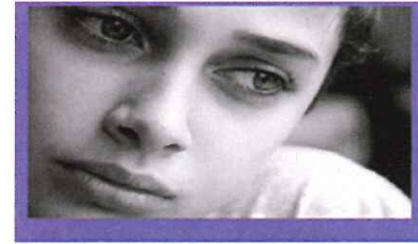


WHAT TO DO IN A MENTAL HEALTH SITUATION



Is person who is having a mental health crisis thinking of suicide?



Yes

No

- > Call 911 and request a C.I.T. Officer
- > Call Epworth for free evaluation (574)647-8400
- > Go to emergency room
- > Call 1-800-273-TALK (8255)
- > Text START to 741741
- > Text CSIS to 839863

TO ACCESS MENTAL HEALTH CARE

INSURED

UNINSURED

Contact your mental health provider or see resources on reverse side

Uninsured students can be referred to the following

If you do not have a mental health provider, contact your insurance provider to find a mental health provider in your network

- > Oaklawn
- > Lincoln Therapeutic
- > See Community Resource guide for sliding fee mental health provider

LOOKING FOR MORE RESOURCES ON SUICIDE PREVENTION, INTERVENTION AND POSTVENTION?

CALL 1-800-273-TALK (8255)