

March

Penn Harris Madison Middle School Menu



Meal Prices:
Breakfast \$1.25
Lunch \$2.10

Did you know that we serve Tru Moo Milk which has no artificial growth hormones, No high fructose corn syrup and No GMO ingredients?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			3/1	3/2
			Egg, Cheee Breadstick Nacho Grande Crispy Pork Sandwich Turkey, Bacon Chs. Sand Refried Beans Cantaloupe Sweet Potato Fries	French Toast Sticks Macaroni & Cheese BBQ Chicken Sandwich Cheese Quessdilla Hot Pretzel Green Beans Pear Sauce
National School Breakfast Week				
3/5	3/6	3/7	3/8	3/9
Egg Cheese Stuffed Biscuit	Blueberry Flapjacks	Mexican Egg Wrap	Cinnamon Bagel Stick	Breakfast Bites
Cheese Ravioli	Pepperoni Calzone	Hamburger	Garlic Chicken Pizza	Hot Ham & Cheese
Turkey Burger	Chicken Drumstick	Mini Corn Dogs	Tangerine Chicken	Cheesy Fish Sandwich
Chicken Philly Sandwich	Bean Burrito w/ Queso	Fish Nuggets	with Rice	BBQ Meatball Sub
Caesar Salad	Banana Muffin	with Pretzel	Sloppy Joe	Corn on the Cob
Pears	Baked Sweet Potatoes	Buffalo Cauliflower	Edamame	Blueberries
Garlic Toast	Watermelon	Fruit Cocktail	Peaches	
3/12	3/13	3/14	3/15	3/16
Waffle Sticks	Maple Flapjacks	Egg Cheese Sandwich	Apple Texas Toast	Sausage Cheese Sandwich
French Bread Pizza	Meatballs w/ Gravy	Sausage Patties	Baked Mostaccoli	Mozzarella Sticks
Grilled Chicken Sandwich	Chicken Nuggets	Cheese Omelet	with Garlic Toast	Cherry Chicken
Cheeseburger	Broccoli Cheese Soup	Corn Dog	Ham & Cheese Calzone	with Rice
Caesar Salad	Egg Noodles	Waffle Sticks	Teriyaki Chicken Sandwich	Buffalo Chicken Pizza
Baked Beans	Green Beans	Tator Tots	Broccoli Cuts w/ Cheese	Sweet Potato Fries
Pears	Sunset Fruit Salad	Fresh Apple Wedges	Pineapple	Kiwi Halves
3/19	3/20	3/21	3/22	3/23
French Toast Sticks	Egg, Cheese Wrap	Breakfast Pizza	Pancake on a Stick	Maple Flapjacks
Pepperoni Pizza	Turkey & Noodles	Chicken Mini Tacos	Teriyaki Chicken	Spaghetti w/ Meat Sauce
Grilled Chicken Sandwich	with Roll	General Tso's Chicken	Vegetable Fried Rice	Fish Nuggets
Cheese & Bean Burrito	Soft Shell Taco	with Rice	Maxx Cheese Sticks	with Garlic Toast
Green Peas	Pepperjack Pretzelwich	Hot Meatball Sub	Hamburger	Spicy Chicken Sandwich
Strawberries	Sweet Potato Fries	Winter Blend Vegetables	Edamame	Caesar Salad
	Blueberries	Mandarin Oranges	Peaches	Fruit Cocktail
3/26	3/27	3/28	3/29	3/30
Apple Texas Toast	Cinnamon Bagel Stick	Breakfast Chicken Sand.	Waffle Sticks	Pay by credit card or check student balances at SchoolCafe.com
Nacho Grande	Chicken Noodle Soup	Corn Dog	Turkey Burger	
Hot Dog	with Crackers	Chicken Fajitas	Popcorn Chicken	
White Bean Chili	Pizza Ranchero	Hot Turkey Sandwich	with Pretzel	
with Breadstick	Italian Turkey Panini	Mashed Potatoes	Vegetarian Mexican Pizza	
Baked Beans	Green Beans	Southwest Lentils	Green Peas	
Watermelon	Pears	Pineapple	Applesauce	

Available Daily:
Chef Salads, Sub Sandwiches and Wraps, Fresh Fruit, 100% Juice, Salad Bar, Low Fat White, Skim Strawberry and Chocolate Milk.

USDA is an equal opportunity provider.