

Menu Calendar Nutrient Analysis Report - June, 2019

Site: ALL
 Date: 06/01/2019 - 06/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Breakfast Middle C Mon - ServingDate: 06/03/2019								
Bagel with Cream Cheese - LR-1120 (1 ea.)	15	230.00	9.00	5.00	0.00	300.00	30.00	7.00
Banana Breakfast Bar - LR-1020 (1 ea.)	50	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Waffles Mini Maple - LR-1442 (1 Bag)	70	200.00	5.00	1.00	0.00	170.00	37.00	4.00
Yogurt & Granola - LR-1122 (1 ea.)	15	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	30	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	85	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Middle C Tue - ServingDate: 06/04/2019								
Banana Bread - LR-1265 (1 slice)	20	280.00	10.00	2.00	0.00	220.00	44.00	5.00
Mini Maple Pancakes - LR-1072 (1 pkg)	80	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Yogurt Parfait - LR-1297 (1 ea.)	10	229.93	1.26	0.00	0.00	98.11	48.07	6.44
Bagel Strawberry Stuffed - LR-1511 (1 ea.)	40	240.00	6.00	2.50	0.00	180.00	41.00	6.00
Red Apples - LR-1030 (1 ea.)	30	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	40	60.00	0.00	0.00	(M)	0.00	15.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Breakfast Middle C Tue - ServingDate: 06/04/2019								
1% White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Middle C Wed - ServingDate: 06/05/2019								
Banana Breakfast Bar - LR-1020 (1 ea.)	50	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Cinnamon Roll - LR-1040 (1 ea.)	40	210.00	7.00	1.50	0.00	20.00	34.00	4.00
Mexican Egg Wrap - LR-1365 (1 ea.)	50	193.84	8.64	3.38	0.00	283.14	21.11	7.79
Yogurt & Granola - LR-1122 (1 ea.)	10	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: Middle
Menu Line: Regular Breakfast
Serving Group: 6-8
Nutrients Option: Expanded