

# July

## Summer Food Service Program 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	
	1-Jul	2-Jul	3-Jul	4-Jul	5-Jul	
Snack	Tostitos 1 pkg Berry Juice 6.75 oz	Ind. Pkg. Apple Wedges Skim Choc. Milk (8oz)	Graham Bunnies (1) Skim Choc Milk (8oz)		Chocolate Oatmeal Bar (1) Skim Choc. Milk (8oz)	
Lunch	Beef Taco (1) 1/2 cup Lettuce Fresh Kiwi (1 1/2) Pineapple Chunks Skim Choc. Milk (8oz)	Grilled Chicken Sandwich Baby Carrots 4 each w/ Ranch Dip Diced Pears Cup Skim Choc. Milk (8oz)	Turkey/Chs Wrap (1) Fresh Grapes 3/8c Applesauce 3/8c Skim Choc. Milk (8oz)		Hot Dog on a Bun Cucumber Slices 3/8 c Apple Juice 4 oz Treat Skim Choc. Milk (8oz)	
Snack	8-Jul		9-Jul		10-Jul	
Snack	Heartzels Apple Juice 6.75 oz	Bug Bites (1) Capri 100% Juice 6 oz	Goldfish (1) Berry Juice 6.75 oz	Banana 1 med. Skim Choc Milk (8oz)	Strawberry Chex Mix (1) Capri 100% Juice 6 oz	
Lunch	Meatball Sub (1) Orange Wedges 1pkg. Raisins 1.5oz (1pkg.) Skim Choc. Milk (8oz)	Chicken Drumstick (1) Blueberry Muffin (1) Apple Juice 4 oz Diced Peach Cups Skim Choc. Milk (8oz)	Corn Dog Baby Carrots (1pkg) Fruit Punch 4oz Skim Choc. Milk (8oz)	Turkey Burger w/ WG Bun Cucumbers 1pkg. w/ Ranch Dip Fresh Grapes 3/8c Skim Choc. Milk (8oz)	Chicken Strips (3) Ind. Pkg. Apple Wedges 1pkg Diced Pears Cup Treat Skim Choc. Milk (8oz)	
Snack	15-Jul		16-Jul		17-Jul	
Snack	Banana Muffin 1 each Skim Choc Milk (8oz)	Cheddar Chex Mix (1) Capri 100% Juice 6 oz	Graham Goldfish (1) Apple Juice 6.75 oz	4oz yogurt (1) Capri 100% Juice 6 oz	Scooby Graham (1) Skim Choc. Milk (8oz)	
Lunch	Grilled Cheese Sandwich Orange Juice 4 oz. Diced Pears Cup Skim Choc. Milk (8oz)	Chicken Patty Sandwich (1) Fresh Banana 1med Apple Juice 4 oz Skim Choc. Milk (8oz)	Turkey Ham & Cheese Sub Broccoli w/ Dip 3/8 c. Fresh Grapes 3/8c Skim Choc. Milk (8oz)	MAXX Sticks 2ea. w/ Sauce Carrot Sticks 4 each w/ Ranch Dip Ind. Pkg. Apple Wedges Skim Choc. Milk (8oz)	Beef Hamburger WG Bun (1) Diced Peach Cups Blueberries 3/8c Treat Skim Choc. Milk (8oz)	
Snack	22-Jul		23-Jul		24-Jul	
Snack	Tostitos 1 pkg Berry Juice 6.75 oz	Ind. Pkg. Apple Wedges Skim Choc. Milk (8oz)	Graham Bunnies (1) Skim Choc Milk (8oz)	Cheeze-it Crackers Capri 100% Juice 6 oz	Chocolate Oatmeal Bar (1) Skim Choc. Milk (8oz)	
Lunch	Beef Taco (1) 1/2 cup Lettuce Fresh Kiwi (1 1/2) Pineapple Chunks Skim Choc. Milk (8oz)	Grilled Chicken Sandwich Baby Carrots 4 each w/ Ranch Dip Diced Pears Cup Skim Choc. Milk (8oz)	Turkey/Chs Wrap (1) Fresh Grapes 3/8c Applesauce 3/8c Skim Choc. Milk (8oz)	Chicken Nuggets (5) Fresh Banana (1) Fruit Punch 4oz Apple Muffin (1) Skim Choc. Milk (8oz)	Hot Dog on a Bun Cucumber Slices 3/8 c Apple Juice 4 oz Treat Skim Choc. Milk (8oz)	
Snack	29-Jul		30-Jul		31-Jul	
Snack	Heartzels Apple Juice 6.75 oz	Bug Bites (1) Capri 100% Juice 6 oz	Goldfish (1) Berry Juice 6.75 oz	Banana 1 med. Skim Choc Milk (8oz)	Strawberry Chex Mix (1) Capri 100% Juice 6 oz	
Lunch	Meatball Sub (1) Orange Wedges 1pkg. Raisins 1.5oz (1pkg.) Skim Choc. Milk (8oz)	Chicken Drumstick (1) Blueberry Muffin (1) Apple Juice 4 oz Diced Peach Cups Skim Choc. Milk (8oz)	Corn Dog Baby Carrots (1pkg) Fruit Punch 4oz Skim Choc. Milk (8oz)	Turkey Burger w/ WG Bun Cucumbers 1pkg. w/ Ranch Dip Fresh Grapes 3/8c Skim Choc. Milk (8oz)	Chicken Strips (3) Ind. Pkg. Apple Wedges 1pkg Diced Pears Cup Treat Skim Choc. Milk (8oz)	
Snack	5-Aug		6-Aug		7-Aug	
Snack	Banana Muffin 1 each Skim Choc Milk (8oz)	Cheddar Chex Mix (1) Capri 100% Juice 6 oz	Graham Goldfish (1) Apple Juice 6.75 oz	4oz yogurt (1) Capri 100% Juice 6 oz	Scooby Graham (1) Skim Choc. Milk (8oz)	
Lunch	Grilled Cheese Sandwich Orange Juice 4 oz. Diced Pears Cup Skim Choc. Milk (8oz)	Chicken Patty Sandwich (1) Fresh Banana 1med Apple Juice 4 oz Skim Choc. Milk (8oz)	Turkey Ham & Cheese Sub Broccoli w/ Dip 3/8 c. Fresh Grapes 3/8c Skim Choc. Milk (8oz)	MAXX Sticks 2ea. w/ Sauce Carrot Sticks 4 each w/ Ranch Dip Ind. Pkg. Apple Wedges Skim Choc. Milk (8oz)	Beef Hamburger WG Bun (1) Diced Peach Cups Blueberries 3/8c Treat Skim Choc. Milk (8oz)	
Snack	8-Aug		9-Aug		9-Aug	

"This institution is an equal opportunity provider."