

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week A Mon - ServingDate: 01/08/2018								
Beef Soft Shell Taco - LR-1135 (1 ea.)	1,200	155.25	6.00	3.00	0.00	270.00	20.55	6.02
Deli Sandwich - LR- 1174 (1 ea.)	300	278.69	7.54	2.54	0.00	653.80	30.79	21.29
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Spaghetti with Meatballs Premade - LR-1457 (1 c.)	700	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mixed Vegetables - LR- 1067 (1/2 c.)	500	51.00	0.00	0.00	0.00	43.50	9.00	1.50
Salad Bar - LR-1175 (1 c.)	2,000	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Red Apples - LR-1030 (1 ea.)	500	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	900	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	350	58.00	0.00	0.00	0.00	0.00	15.00	0.40
1% White Milk - LR- 1116 (1 ea.)	180	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	2,100	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	200	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00
Lunch Elem Week A Tues - ServingDate: 01/09/2018								
Chicken Patty Sandwich - LR-1139 (1 ea.)	1,300	344.00	10.00	2.00	0.00	568.00	42.00	21.00
Deli Sandwich - LR- 1174 (1 ea.)	300	278.69	7.54	2.54	0.00	653.80	30.79	21.29
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	330.20	45.77	8.70

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week A Tues - ServingDate: 01/09/2018								
Sloppy Joe - LR-1181 (1 ea.)	600	305.25	8.01	2.20	0.00	607.72	39.02	19.02
Carrot Sticks with Dip - LR-1211 (2/3 c.)	1,500	88.84	3.46	0.58	0.00	159.34	14.52	1.08
Salad Bar - LR-1175 (1 c.)	1,000	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	400	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Grapes - LR-1058 (1/2 c.)	600	45.00	0.00	0.00	0.00	7.50	12.00	0.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	300	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00
Lunch Elem Week A Wed - ServingDate: 01/10/2018								
Cheeseburger - LR- 1147 (1 ea.)	1,000	330.00	13.00	4.95	0.00	567.00	31.00	21.50
Deli Sandwich - LR- 1174 (1 ea.)	300	278.69	7.54	2.54	0.00	653.80	30.79	21.29
General Tso's Chicken - LR-1051 (1/2 c.)	900	200.00	4.00	1.00	0.00	510.00	26.00	14.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Brown Rice - LR-1318 (1/2 c.)	900	108.00	0.90	0.20	0.00	5.00	22.40	2.50
Baked Beans - LR-1314 (1/2 c.)	1,000	145.00	0.54	0.09	0.00	165.00	34.50	6.50
Salad Bar - LR-1175 (1 c.)	1,500	71.08	3.83	0.73	0.00	131.06	5.89	2.27

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week A Wed - ServingDate: 01/10/2018								
Red Apples - LR-1030 (1 ea.)	200	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruity Applesauce - LR- 1049 (1 ea.)	800	50.00	0.00	0.00	0.00	15.00	14.00	0.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,800	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	400	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00
Lunch Elem Week A Thur - ServingDate: 01/11/2018								
BBQ Pork Sandwich - LR-1146 (1 ea.)	900	434.21	8.10	2.09	0.00	329.44	55.75	30.09
Deli Sandwich - LR- 1174 (1 ea.)	300	278.69	7.54	2.54	0.00	653.80	30.79	21.29
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Turkey, Bacon & Cheese Sandwich - LR- 1160 (1 ea.)	1,000	285.74	6.72	1.46	0.00	665.04	31.29	22.66
Baked Potato - LR-1178 (1 ea.)	1,000	97.00	5.00	1.50	0.00	64.00	12.00	1.80
Salad Bar - LR-1175 (1 c.)	1,500	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	12.00	14.60	0.10

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Lunch Elem Week A Thur - ServingDate: 01/11/2018								
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR-1306 (1/2 c.)	700	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00
Lunch Elem Week A Fri - ServingDate: 01/12/2018								
Chicken Nuggets - LR-1141 (5 ea.)	1,500	184.00	8.00	2.00	0.00	380.00	13.00	15.00
Deli Wrap - LR-1183 (1 ea.)	300	228.69	8.54	4.04	0.00	558.80	20.79	18.29
Fettuccine Alfredo - LR-1315 (1 c.)	400	378.50	9.79	5.25	0.00	653.98	59.27	17.86
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Dinner Roll - LR-1180 (1 ea.)	1,900	120.00	4.00	0.00	0.00	170.00	19.00	4.00
Caesar Salad - LR-1179 (3/4 c.)	1,500	47.15	2.55	0.35	0.00	109.89	5.57	1.70
Salad Bar - LR-1175 (1 c.)	1,000	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Fruit Cocktail - LR-1066 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, Fresh - LR-1069 (1 ea.)	400	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Lunch Elem Week A Fri - ServingDate: 01/12/2018								
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00
Lunch Elem Week B Tue - ServingDate: 01/16/2018								
Deli Sandwich - LR-1174 (1 ea.)	100	278.69	7.54	2.54	0.00	653.80	30.79	21.29
Grilled Cheese Sandwich - LR-1062 (1 ea.)	1,000	280.00	9.91	5.56	0.00	580.79	30.96	18.55
Hamburger - LR-1151 (1 ea.)	1,200	290.00	10.00	3.20	0.00	427.00	30.00	18.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Salad Bar - LR-1175 (1 c.)	1,500	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Tomato Soup - LR-1182 (1 c.)	1,000	86.43	0.00	0.00	0.00	441.77	19.21	1.92
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	500	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	1,000	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	330	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,800	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	350	110.00	0.00	0.00	0.00	125.00	19.00	8.00

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Lunch Elem Week B Tue - ServingDate: 01/16/2018								
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00
Lunch Elem Week B Wed - ServingDate: 01/17/2018								
BBQ Chicken Nuggets - LR-1302 (4 ea.)	200	170.66	7.07	2.02	0.00	364.92	8.52	17.16
Deli Sandwich - LR- 1174 (1 ea.)	200	278.69	7.54	2.54	0.00	653.80	30.79	21.29
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Cheese Pizza Slice - LR- 1087 (1 ea.)	1,900	310.00	12.00	6.00	0.00	360.00	30.00	22.00
Breadstick - LR-1364 (1 ea.)	200	178.25	6.46	1.82	0.00	214.55	26.80	4.00
Broccoli Cuts - LR-1078 (1/2 c.)	700	26.00	0.00	0.00	0.00	22.00	5.00	3.00
Salad Bar - LR-1175 (1 c.)	1,800	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Red Apples - LR-1030 (1 ea.)	200	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	750	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Ice Cup - LR-1047 (1 ea.)	1,000	70.00	0.00	0.00	0.00	5.00	18.00	0.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00

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Lunch Elem Week B Thur - ServingDate: 01/18/2018								
Crispy Pork Sandwich - LR-1152 (1 ea.)	500	420.00	19.00	4.50	0.00	520.00	40.00	22.00
Deli Sandwich - LR- 1174 (1 ea.)	150	278.69	7.54	2.54	0.00	653.80	30.79	21.29
Nacho Grande - LR- 1136 (1 ea.)	1,700	314.03	17.26	5.91	0.00	596.64	33.01	8.91
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	150	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Refried Beans - LR- 1184 (1/2 c.)	1,500	149.42	0.47	0.00	0.00	140.08	27.08	9.34
Salad Bar - LR-1175 (1 c.)	1,000	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Cantaloupe - LR-1035 (1/2 c.)	500	30.00	0.15	0.00	0.00	14.00	7.00	0.80
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00
Lunch Elem Week B Fri - ServingDate: 01/19/2018								
Deli Sandwich - LR- 1174 (1 ea.)	100	278.69	7.54	2.54	0.00	653.80	30.79	21.29
Hot Ham & Cheese Sandwich - LR-1159 (1 ea.)	900	298.68	10.43	4.39	0.00	550.07	31.64	20.01
Macaroni & Cheese - LR-1331 (1 c.)	1,300	304.70	13.90	6.90	0.00	524.50	37.17	14.33

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Lunch Elem Week B Fri - ServingDate: 01/19/2018								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Mini Pretzel - LR-1094 (1 ea.)	1,300	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Green Beans - LR-1060 (1/2 c.)	500	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar - LR-1175 (1 c.)	2,000	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	900	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pearsauce - LR-1075 (1 ea.)	300	70.00	0.00	0.00	0.00	15.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00
Lunch Elem Week C Mon - ServingDate: 01/22/2018								
Cheese Ravioli - LR-1324 (1 c.)	1,000	250.00	5.30	2.60	0.00	474.40	33.60	16.98
Deli Sandwich - LR-1174 (1 ea.)	200	278.69	7.54	2.54	0.00	653.80	30.79	21.29
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Turkey Burger - LR-1148 (1 ea.)	1,000	270.00	8.00	1.50	0.00	510.00	29.00	20.00
Garlic Toast - LR-1050 (1 ea.)	1,000	80.00	3.50	1.00	0.00	150.00	11.00	2.00

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Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week C Mon - ServingDate: 01/22/2018								
Caesar Salad - LR-1179 (3/4 c.)	2,000	47.15	2.55	0.35	0.00	109.89	5.57	1.70
Salad Bar - LR-1175 (1 c.)	500	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	400	58.00	0.00	0.00	0.00	0.00	15.00	0.40
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00
Lunch Elem Week C Tue - ServingDate: 01/23/2018								
Pepperoni Calzone - LR- 1024 (1 ea.)	900	340.00	13.00	5.00	0.00	510.00	35.00	20.00
Chicken Drumstick - LR-1038 (1 ea.)	1,200	190.00	11.00	2.50	0.00	450.00	5.00	16.00
Deli Sandwich - LR- 1174 (1 ea.)	200	278.69	7.54	2.54	0.00	653.80	30.79	21.29
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Banana Muffin - LR- 1424 (1 ea.)	1,200	190.00	6.00	2.00	0.00	130.00	31.00	3.00
Salad Bar - LR-1175 (1 c.)	20	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Sweet Potato Fries - LR-1107 (2/3 c.)	35	114.00	4.00	0.70	0.00	168.00	17.40	1.30
Red Apples - LR-1030 (1 ea.)	200	65.00	0.00	0.00	0.00	0.00	18.00	0.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week C Tue - ServingDate: 01/23/2018								
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	300	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Watermelon - LR-1113 (1/2 c.)	500	54.00	0.00	0.00	0.00	0.00	13.50	0.81
1% White Milk - LR-1116 (1 ea.)	300	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00
Lunch Elem Week C Wed - ServingDate: 01/24/2018								
Buffalo Chicken Pasta - LR-1321 (1 c.)	500	306.50	17.20	7.53	0.00	821.90	19.61	17.40
Deli Sandwich - LR-1174 (1 ea.)	400	278.69	7.54	2.54	0.00	653.80	30.79	21.29
Mini Corn Dogs - LR-1150 (6 ea.)	1,200	267.00	11.00	1.90	0.00	365.00	33.00	9.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	400	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Mini Pretzel - LR-1094 (1 ea.)	500	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Baked Beans - LR-1314 (1/2 c.)	100	145.00	0.54	0.09	0.00	165.00	34.50	6.50
Salad Bar - LR-1175 (1 c.)	20	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	700	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	12.00	14.60	0.10

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week C Wed - ServingDate: 01/24/2018								
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00
Lunch Elem Week C Thur - ServingDate: 01/25/2018								
Chili Homemade - LR-1322 (1 c.)	700	243.50	8.94	4.26	0.00	5.10	16.80	25.79
Deli Sandwich - LR-1174 (1 ea.)	300	278.69	7.54	2.54	0.00	653.80	30.79	21.29
Hot Dog Sandwich - LR-1158 (1 ea.)	1,200	260.00	11.00	2.50	0.00	520.00	29.00	14.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Corn Muffin - LR-1042 (1 ea.)	700	170.00	6.00	0.50	0.00	150.00	28.00	3.00
Buffalo Cauliflower Pre-made - LR-1416 (1/2 c.)	250	35.30	1.92	0.73	0.00	221.99	4.35	1.45
Salad Bar - LR-1175 (1 c.)	1,500	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR-1306 (1/2 c.)	400	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week C Thur - ServingDate: 01/25/2018								
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00
Lunch Elem Week C Fri - ServingDate: 01/26/2018								
Cheesy Fish Sandwich - LR-1149 (1 ea.)	800	410.00	13.00	4.00	0.00	690.00	52.00	20.00
Chicken Soft Shell Taco - LR-1164 (1 ea.)	1,200	155.25	6.00	3.00	0.00	270.00	20.55	6.02
Deli Sandwich - LR- 1174 (1 ea.)	300	278.69	7.54	2.54	0.00	653.80	30.79	21.29
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Mashed Potatoes - LR- 1196 (1/2 c.)	1,300	147.75	3.56	0.00	0.00	548.38	28.15	3.36
Salad Bar - LR-1175 (1 c.)	1,200	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Ice Cup - LR-1047 (1 ea.)	800	70.00	0.00	0.00	0.00	5.00	18.00	0.00
Variety of Juices - LR- 1118 (1 ea.)	600	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,400	8.10	0.16	0.02	0.00	61.00	1.88	0.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week C Fri - ServingDate: 01/26/2018								
Tartar Sauce - LR-1323 (1 ea.)	100	45.00	3.50	0.50	0.00	100.00	3.00	0.00
Lunch Elem Week D Mon - ServingDate: 01/29/2018								
BBQ Chicken Sandwich - LR-1156 (1 ea.)	500	326.73	8.07	1.01	0.00	553.49	41.04	21.19
Deli Sandwich - LR- 1174 (1 ea.)	200	278.69	7.54	2.54	0.00	653.80	30.79	21.29
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	248.80	4.59	0.30	0.00	330.20	45.77	8.70
French Bread Pizza - LR-1089 (1 ea.)	1,600	310.00	11.00	6.00	0.00	380.00	33.00	23.00
Baked Beans - LR-1314 (1/2 c.)	1,000	145.00	0.54	0.09	0.00	165.00	34.50	6.50
Salad Bar - LR-1175 (1 c.)	1,500	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR- 1306 (1/2 c.)	400	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00
Lunch Elem Week D Tue - ServingDate: 01/30/2018								
Chicken Nuggets - LR- 1141 (5 ea.)	1,800	184.00	8.00	2.00	0.00	380.00	13.00	15.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week D Tue - ServingDate: 01/30/2018								
Deli Sandwich - LR-1174 (1 ea.)	150	278.69	7.54	2.54	0.00	653.80	30.79	21.29
Meatballs in Gravy - LR-1326 (4 ea.)	400	205.90	12.14	4.12	0.64	610.75	10.13	13.60
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	150	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Egg Noodles - LR-1327 (1/2 c.)	2,500	133.31	3.98	1.44	0.00	33.84	20.00	4.00
Green Beans - LR-1060 (1/2 c.)	1,000	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar - LR-1175 (1 c.)	1,500	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Sunset Fruit Salad new - LR-1352 (1/2 c.)	500	106.10	0.03	0.00	0.00	11.64	26.75	0.57
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00
Lunch Elem Week D Wed - ServingDate: 01/31/2018								
Maple Flapjacks - LR-1072 (1 pkg)	2,400	220.00	6.00	0.50	0.00	130.00	39.00	4.00
Cheese Omelet - LR-1036 (1 ea.)	1,000	130.00	10.00	3.50	0.00	280.00	1.00	7.00
Deli Wrap - LR-1183 (1 ea.)	50	228.69	8.54	4.04	0.00	558.80	20.79	18.29

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week D Wed - ServingDate: 01/31/2018								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	50	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Sausage Patties - LR- 1325 (2 ea.)	1,400	117.07	7.80	1.95	0.00	156.09	0.00	11.71
Potato Tator Tots - LR- 1411 (1/2 c.)	2,300	120.00	7.00	0.00	0.00	180.00	14.00	1.00
Salad Bar - LR-1175 (1 c.)	200	71.08	3.83	0.73	0.00	131.06	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	600	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	8.10	0.16	0.02	0.00	61.00	1.88	0.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch

Site Group: Elementary

Menu Line: Regular Lunch

Serving Group: K-5

Nutrients Option: Expanded