

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Breakfast Sack Elem A Mon - ServingDate: 01/08/2018								
CrunchMania - LR-1043 (1 Bag)	500	220.00	7.00	2.00	0.00	230.00	37.00	4.00
Fresh Apple Slices - LR- 1018 (1/2 c.)	500	30.00	0.00	0.00	0.00	0.00	9.60	0.00
Orange Juice - LR-1068 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	14.00	1.00
1% White Milk - LR- 1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem A Tues - ServingDate: 01/09/2018								
Breakfast Pizza - LR- 1085 (1 ea.)	500	190.00	8.00	2.00	0.00	300.00	20.00	10.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Punch Juice - LR- 1096 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	15.00	0.00
1% White Milk - LR- 1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem A Wed - ServingDate: 01/10/2018								
Egg Cheese Wrap - LR- 1117 (1 ea.)	500	190.00	8.50	3.38	0.00	275.00	20.50	7.75
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches Diced - LR- 1306 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR- 1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem A Thurs - ServingDate: 01/11/2018								
Banana Bread - LR- 1265 (1 slice)	500	280.00	10.00	2.00	0.00	220.00	44.00	5.00
Applesauce - LR-1017 (1/2 c.)	500	51.00	0.00	0.00	0.00	2.00	13.80	0.20

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Breakfast Sack Elem A Thurs - ServingDate: 01/11/2018								
Fruit Punch Juice - LR- 1096 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	15.00	0.00
1% White Milk - LR- 1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem A Frid - ServingDate: 01/12/2018								
Breakfast Bites - LR- 1108 (3 ea.)	500	180.00	9.00	2.50	0.00	280.00	15.00	6.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Raisins - LR-1099 (1 ea.)	500	133.00	0.00	0.00	0.00	8.00	32.00	1.00
1% White Milk - LR- 1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem B Tues - ServingDate: 01/16/2018								
Maple Flapjacks - LR- 1072 (1 pkg)	500	220.00	6.00	0.50	0.00	130.00	39.00	4.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches Diced - LR- 1306 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR- 1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem B Wed - ServingDate: 01/17/2018								
Berry Bread & Cheese Stick - LR-1123 (1 ea.)	500	290.00	15.00	6.00	0.00	340.00	31.00	10.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Punch Juice - LR- 1096 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	15.00	0.00
1% White Milk - LR- 1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Breakfast Sack Elem B Wed - ServingDate: 01/17/2018								
Chocolate Milk - LR-1103 (1 ea.)	480	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem B Thurs - ServingDate: 01/18/2018								
Egg Cheese Breadstick - LR-1463 (1 ea.)	500	160.00	7.00	3.00	0.00	340.00	17.00	8.00
Applesauce - LR-1017 (1/2 c.)	500	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Fruit Punch Juice - LR-1096 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	15.00	0.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	480	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem B Fri - ServingDate: 01/19/2018								
French Toast Sticks - LR-1046 (3 ea.)	500	150.00	3.50	1.00	0.00	270.00	22.00	8.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Raisins - LR-1099 (1 ea.)	500	133.00	0.00	0.00	0.00	8.00	32.00	1.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Sack Elem C Mon - ServingDate: 01/22/2018								
Egg Cheese Biscuit - LR-1045 (1 ea.)	500	204.00	10.00	5.40	0.00	462.00	22.00	6.00
Fresh Apple Slices - LR-1018 (1/2 c.)	500	30.00	0.00	0.00	0.00	0.00	9.60	0.00
Orange Juice - LR-1068 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	14.00	1.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Breakfast Sack Elem C Tues - ServingDate: 01/23/2018								
Blueberry Bread - LR-1362 (1 slice)	500	270.00	9.00	2.00	0.00	190.00	43.00	6.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches Diced - LR-1306 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Sack Elem C Wed - ServingDate: 01/24/2018								
Cinnamon Roll - LR-1040 (1 ea.)	500	210.00	7.00	1.50	0.00	230.00	32.00	5.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Punch Juice - LR-1096 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	15.00	0.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	480	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem C Thur - ServingDate: 01/25/2018								
Pancake on a Sticks - LR-1001 (1 ea.)	500	200.00	10.00	2.50	0.00	310.00	17.00	7.00
Applesauce - LR-1017 (1/2 c.)	500	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Fruit Punch Juice - LR-1096 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	15.00	0.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem C Fri - ServingDate: 01/26/2018								
Bagelfuls - LR-1019 (1 ea.)	500	180.00	3.00	1.50	0.00	180.00	32.00	6.00

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Breakfast Sack Elem C Fri - ServingDate: 01/26/2018								
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Raisins - LR-1099 (1 ea.)	500	133.00	0.00	0.00	0.00	8.00	32.00	1.00
1% White Milk - LR- 1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem D Mond - ServingDate: 01/29/2018								
Waffles Mini Maple - LR- 1442 (1 Bag)	500	210.00	6.00	1.00	0.00	170.00	38.00	4.00
Fresh Apple Slices - LR- 1018 (1/2 c.)	500	30.00	0.00	0.00	0.00	0.00	9.60	0.00
Orange Juice - LR-1068 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	14.00	1.00
1% White Milk - LR- 1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem D Tue - ServingDate: 01/30/2018								
Bagel with Cream Cheese - LR-1120 (1 ea.)	500	230.00	9.00	5.00	0.00	300.00	30.00	7.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches Diced - LR- 1306 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR- 1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Sack Elem D Wedn - ServingDate: 01/31/2018								
Egg Cheese Sandwich - LR-1124 (1 ea.)	500	200.00	10.50	3.88	0.00	380.00	17.50	7.75

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Breakfast Sack Elem D Wedn - ServingDate: 01/31/2018								
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Punch Juice - LR-1096 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	15.00	0.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Breakfast
 Site Group: Elementary
 Menu Line: Sack Breakfast
 Serving Group: K-5
 Nutrients Option: Expanded