

## Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL

Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week C Fri - ServingDate: 12/01/2017</b>								
BBQ Meatball Sandwich - LR-1270 (1 ea.)	400	345.53	11.43	3.67	0.63	514.76	44.27	18.58
Cheesy Fish Sandwich - LR-1149 (1 ea.)	350	410.00	13.00	4.00	0.00	690.00	52.00	20.00
Chicken Fajita Wrap - LR-1225 (1 ea.)	15	386.32	17.61	8.29	0.00	585.75	39.60	21.11
Hot Ham & Cheese Sandwich - LR-1159 (1 ea.)	390	298.68	10.43	4.39	0.00	550.07	31.64	20.01
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Autumn Harvest Shaker - LR-1366 (1 ea.)	15	287.68 (M)	10.81 (M)	3.43(M)	0.00(M)	220.17 (M)	35.52 (M)	10.12 (M)
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	255.17	5.42	1.75	0.00	750.80	29.00	24.53
Saltine Crackers - LR- 1102 (2 pkg)	10	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Corn on the Cob - LR- 1203 (2 ea.)	300	220.00	7.00	0.00	0.00	90.00	38.00	6.00
Salad Bar MS - LR-1266 (1 ea.)	900	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Red Apples - LR-1030 (1 ea.)	100	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	150	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Ice Cup - LR-1047 (1 ea.)	500	70.00	0.00	0.00	0.00	5.00	18.00	0.00
Variety of Juices - LR- 1118 (1 ea.)	400	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week D Mon - ServingDate: 12/04/2017</b>								
Cheeseburger - LR-1147 (1 ea.)	400	330.00	13.00	4.95	0.00	567.00	31.00	21.50
Fruity Chicken Ciabatta - LR-1370 (1 ea.)	15	303.71	11.53	2.25	0.00	557.79	35.10	17.97
Grilled Chicken Sandwich - LR-1153 (1 ea.)	240	278.00	8.00	1.00	0.00	521.00	30.00	21.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
French Bread Pizza - LR-1089 (1 ea.)	500	310.00	11.00	6.00	0.00	380.00	33.00	23.00
Autumn Harvest Shaker - LR-1366 (1 ea.)	15	287.68 (M)	10.81 (M)	3.43(M)	0.00(M)	220.17 (M)	35.52 (M)	10.12 (M)
Vegetable Sub - LR-1221 (1 ea.)	15	203.38	10.25	5.25	0.00	538.06	17.94	8.42
Saltine Crackers - LR-1102 (2 pkg)	60	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Baked Beans - LR-1177 (1/2 c.)	500	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Caesar Salad - LR-1179 (3/4 c.)	600	47.15	2.55	0.35	0.00	109.89	5.57	1.70
Salad Bar MS - LR-1266 (1 ea.)	100	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR-1306 (1/2 c.)	250	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week D Tue - ServingDate: 12/05/2017</b>								
Broccoli Cheese Soup - LR-1258 (1 c.)	200	291.27	20.39	10.88	0.00	819.72	13.76	17.39
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	391.42	14.06	4.89	0.00	560.35	46.29	20.91
Chicken Nuggets - LR- 1141 (5 ea.)	740	184.00	8.00	2.00	0.00	380.00	13.00	15.00
Italian Chef Salad - LR- 1230 (1 ea.)	15	300.83	9.97	3.76	0.00	635.34	31.55	20.19
Meatballs in Gravy - LR- 1187 (4 ea.)	200	212.64	12.24	4.11	0.64	696.85	11.20	13.65
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	15	294.95	8.08	3.04	0.00	763.03	32.79	22.54
Egg Noodles - LR-1309 (1 c.)	1,000	127.17	6.42	2.49	0.00	59.94	14.18	2.84
Saltine Crackers - LR- 1102 (2 pkg)	400	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Green Beans - LR-1060 (1/2 c.)	200	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar MS - LR-1266 (1 ea.)	1,000	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Sunset Fruit Salad new - LR-1352 (1/2 c.)	300	106.10	0.03	0.00	0.00	11.64	26.75	0.57
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week D Wed - ServingDate: 12/06/2017</b>								
California Club Wrap - LR-1224 (1 ea.)	15	276.49	8.62	2.40	0.00	489.92	31.12	18.25
Cheese Omelet - LR- 1036 (1 ea.)	340	130.00	10.00	3.50	0.00	280.00	1.00	7.00
Corn Dog - LR-1142 (1 ea.)	300	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Fruit and Yogurt Plate - LR-1368 (1 ea.)	15	512.34	11.16	5.00	0.00	565.00	87.00	14.77
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Sausage Patties - LR- 1336 (2 ea.)	500	120.00	8.00	2.00	0.00	160.00	0.00	12.00
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	255.17	5.42	1.75	0.00	750.80	29.00	24.53
Waffle Sticks - LR-1363 (4 ea.)	1,200	360.00	7.00	1.00	0.00	330.00	69.00	5.00
Potato Tator Tots - LR- 1411 (1/2 c.)	1,000	120.00	7.00	0.00	0.00	180.00	14.00	1.00
Salad Bar MS - LR-1266 (1 ea.)	200	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Fresh Apple Slices - LR- 1004 (1/2 c.)	500	66.00	0.00	0.00	0.00	0.00	18.00	0.00
Red Apples - LR-1030 (1 ea.)	50	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	400	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26
<b>Lunch MS Week D Thu - ServingDate: 12/07/2017</b>								
Baked Mostaccoli - LR- 1194 (1 c.)	400	324.05	7.87	3.46	0.00	585.15	33.52	25.44

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<b>Lunch MS Week D Thu - ServingDate: 12/07/2017</b>								
Ham & Cheese Calzone - LR-1033 (1 ea.)	400	300.00	10.00	4.00	0.00	600.00	33.00	20.00
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	312.57	11.35	5.12	0.00	506.08	34.33	19.60
Italian Sub - LR-1220 (1 ea.)	15	325.99	11.87	4.72	0.00	840.19	33.22	19.91
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Asian Chicken Shaker - LR-1367 (1 ea.)	15	361.54 (M)	18.54 (M)	1.63(M)	0.00(M)	311.42 (M)	31.15 (M)	20.84 (M)
Teriyaki Chicken Sandwich - LR-1246 (1 ea.)	340	291.98	8.07	1.01	0.00	791.96	32.51	22.02
Garlic Toast - LR-1050 (1 ea.)	430	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Broccoli Cuts with Cheese Sauce - LR- 1271 (1/2 c.)	300	44.62	1.63	0.43	0.00	104.57	6.25	2.87
Salad Bar MS - LR-1266 (1 ea.)	900	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR- 1076 (1/2 c.)	250	70.00	0.00	0.00	0.00	0.00	16.00	0.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26
<b>Lunch MS Week D Fri - ServingDate: 12/08/2017</b>								
Cherry Chicken - LR- 1037 (1/2 c.)	500	200.00	4.00	1.00	0.00	350.00	27.00	13.00

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<b>Lunch MS Week D Fri - ServingDate: 12/08/2017</b>								
Chicken Chef Salad - LR-1228 (1 ea.)	15	275.46	10.18	3.17	0.00	622.75	24.84	21.93
Chicken Fajita Wrap - LR-1225 (1 ea.)	15	386.32	17.61	8.29	0.00	585.75	39.60	21.11
Ham & Cheese Sub - LR-1218 (1 ea.)	15	304.74	10.24	3.83	0.00	765.26	33.58	20.55
Mozzarella Sticks - LR- 1166 (5 ea.)	300	390.12	17.89	6.96	0.00	436.60	37.28	19.30
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Buffalo Pizza Slice - LR- 1086 (1 ea.)	340	280.00	11.00	5.00	0.00	610.00	27.00	19.00
Rice Brown Cooked - LR-1422 (1/2 c.)	500	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Saltine Crackers - LR- 1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Salad Bar MS - LR-1266 (1 ea.)	800	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Sweet Potato Fries - LR-1107 (2/3 c.)	700	114.00	4.00	0.70	0.00	168.00	17.40	1.30
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Kiwi Halves - LR-1064 (1 1/2 ea.)	250	69.00	0.00	0.00	0.00	3.00	16.50	1.50
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26

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<b>Lunch MS Week E Mond - ServingDate: 12/11/2017</b>								
Bean Burrito with Queso - LR-1251 (1 ea.)	200	357.50	11.25	5.00	0.00	715.50	47.00	16.50
Fruity Chicken Ciabatta - LR-1370 (1 ea.)	15	303.71	11.53	2.25	0.00	557.79	35.10	17.97
Grilled Chicken Sandwich - LR-1153 (1 ea.)	340	278.00	8.00	1.00	0.00	521.00	30.00	21.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Pepperoni Pizza Slice - LR-1091 (1 ea.)	600	310.00	11.00	6.00	0.00	500.00	30.00	23.00
Autumn Harvest Shaker - LR-1366 (1 ea.)	15	287.68 (M)	10.81 (M)	3.43(M)	0.00(M)	220.17 (M)	35.52 (M)	10.12 (M)
Vegetable Sub - LR- 1221 (1 ea.)	15	203.38	10.25	5.25	0.00	538.06	17.94	8.42
Saltine Crackers - LR- 1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Salad Bar MS - LR-1266 (1 ea.)	900	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Whole Kernel Corn - LR-1114 (1/2 c.)	300	67.00	1.00	0.00	0.00	1.00	16.00	2.00
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Strawberries - LR-1198 (1/2 c.)	300	102.14	0.00	0.00	0.00	0.00	26.10	0.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26

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<b>Lunch MS Week E Tue - ServingDate: 12/12/2017</b>								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	391.42	14.06	4.89	0.00	560.35	46.29	20.91
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Pepperjack Ham Pretzel - LR-1245 (1 ea.)	200	328.68	13.43	6.14	0.00	690.07	31.64	19.51
Pork Carnitas Street Taco - LR-1373 (1 serving)	300	410.00	15.45	5.77	0.00(M)	740.48	30.64	32.13
Asian Chicken Shaker - LR-1367 (1 ea.)	15	361.54 (M)	18.54 (M)	1.63(M)	0.00(M)	311.42 (M)	31.15 (M)	20.84 (M)
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	255.17	5.42	1.75	0.00	750.80	29.00	24.53
Turkey & Noodles - LR- 1199 (1 c.)	440	258.72	9.97	3.66	0.00	556.12	21.75	19.03
Dinner Roll - LR-1180 (1 ea.)	440	120.00	4.00	0.00	0.00	170.00	19.00	4.00
Salad Bar Mexican MS - LR-1356 (1 ea.)	600	63.86	2.53	1.26	0.00	155.19	6.78	4.02
Sweet Potato Fries - LR-1107 (2/3 c.)	600	114.00	4.00	0.70	0.00	168.00	17.40	1.30
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	250	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Blueberries - LR-1430 (1/2 c.)	200	40.00	0.00	0.00	0.00	2.00	10.00	0.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26



## Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL

Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week E Wedn - ServingDate: 12/13/2017</b>								
California Club Wrap - LR-1224 (1 ea.)	15	276.49	8.62	2.40	0.00	489.92	31.12	18.25
Chicken Chef Salad - LR-1228 (1 ea.)	15	275.46	10.18	3.17	0.00	622.75	24.84	21.93
General Tso's Chicken - LR-1051 (1/2 c.)	440	200.00	4.00	1.00	0.00	510.00	26.00	14.00
Meatball Sub - LR-1200 (1 ea.)	200	329.87	11.92	4.69	0.46	573.97	38.59	19.77
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Mini Chicken Taco - LR- 1106 (3 ea.)	500	320.00	5.00	5.00	0.00	480.00	31.00	17.00
Turkey & Pepperjack Flatbread - LR-1369 (1 ea.)	15	334.69	11.42	4.50	0.00	933.07	31.31	23.95
Rice Brown Cooked - LR-1422 (1/2 c.)	440	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Saltine Crackers - LR- 1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Salad Bar MS - LR-1266 (1 ea.)	1,100	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Winter Blend Vegetables - LR-1115 (1/2 c.)	100	15.00	0.00	0.00	0.00	11.00	2.20	1.10
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Mandarin Oranges - LR- 1070 (1/2 c.)	300	80.00	0.00	0.00	0.00	10.00	20.00	0.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26

## Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL

Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week E Thur - ServingDate: 12/14/2017</b>								
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	312.57	11.35	5.12	0.00	506.08	34.33	19.60
Hamburger - LR-1151 (1 ea.)	300	290.00	10.00	3.20	0.00	427.00	30.00	18.00
Italian Chef Salad - LR-1230 (1 ea.)	15	300.83	9.97	3.76	0.00	635.34	31.55	20.19
MAXX Sticks - LR-1167 (2 ea.)	500	290.00	8.00	2.00	0.00	670.00	36.00	17.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Teriyaki Chicken - LR-1053 (2 7/8 oz.)	340	146.00	2.50	1.00	0.00	414.00	14.00	15.00
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	15	294.95	8.08	3.04	0.00	763.03	32.79	22.54
Vegetable Fried Rice - LR-1101 (4 1/4 oz.)	340	209.11	5.97	0.50	0.00	338.56	32.86	6.97
Edamame - LR-1044 (1/2 c.)	100	120.00	6.00	1.00	0.00	15.00	9.00	11.00
Salad Bar MS - LR-1266 (1 ea.)	1,100	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	150	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR-1306 (1/2 c.)	200	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26
<b>Lunch MS Week E Fri - ServingDate: 12/15/2017</b>								
Chicken Chef Salad - LR-1228 (1 ea.)	15	275.46	10.18	3.17	0.00	622.75	24.84	21.93

## Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL

Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week E Fri - ServingDate: 12/15/2017</b>								
Chicken Fajita Wrap - LR-1225 (1 ea.)	15	386.32	17.61	8.29	0.00	585.75	39.60	21.11
Fish Nuggets - LR-1168 (4 ea.)	250	230.00	8.00	1.50	0.00	290.00	23.00	15.00
Ham & Cheese Sub - LR-1218 (1 ea.)	15	304.74	10.24	3.83	0.00	765.26	33.58	20.55
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Spaghetti w/ Meat Sauce - LR-1208 (1 c.)	500	330.39	6.39	2.30	0.00	488.41	41.86	26.18
Spicy Chicken Patty Sandwich - LR-1140 (1 ea.)	390	348.00	10.00	2.00	0.00	421.00	42.00	22.00
Garlic Toast - LR-1050 (1 ea.)	750	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Caesar Salad - LR-1179 (3/4 c.)	1,000	47.15	2.55	0.35	0.00	109.89	5.57	1.70
Salad Bar MS - LR-1266 (1 ea.)	200	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Fruit Cocktail - LR-1066 (1/2 c.)	250	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26
<b>Lunch MS Week F Mon - ServingDate: 12/18/2017</b>								
Fruity Chicken Ciabatta - LR-1370 (1 ea.)	15	303.71	11.53	2.25	0.00	557.79	35.10	17.97

## Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL

Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week F Mon - ServingDate: 12/18/2017</b>								
Hot Dog Sandwich - LR-1158 (1 ea.)	400	260.00	11.00	2.50	0.00	520.00	29.00	14.00
Nacho Grande MS - LR-1269 (1 ea.)	540	380.44	20.01	7.00	0.00(M)	632.32	33.07	17.83
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Autumn Harvest Shaker - LR-1366 (1 ea.)	15	287.68 (M)	10.81 (M)	3.43(M)	0.00(M)	220.17 (M)	35.52 (M)	10.12 (M)
Vegetable Sub - LR-1221 (1 ea.)	15	203.38	10.25	5.25	0.00	538.06	17.94	8.42
White Bean Chicken Chili - LR-1262 (1 c.)	200	283.30	6.22	1.19	0.00	749.64	31.41	21.38
Breadstick - LR-1364 (1 ea.)	200	178.25	6.46	1.82	0.00	214.55	26.80	4.00
Baked Beans - LR-1177 (1/2 c.)	200	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar MS - LR-1266 (1 ea.)	1,000	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Watermelon - LR-1113 (1/2 c.)	250	54.00	0.00	0.00	0.00	0.00	13.50	0.81
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26
<b>Lunch MS Week F Tue - ServingDate: 12/19/2017</b>								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	391.42	14.06	4.89	0.00	560.35	46.29	20.91
Chicken Noodle Soup - LR-1201 (1 c.)	500	231.70	2.59	0.83	0.00	1099.43	26.46	20.70

## Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL

Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week F Tue - ServingDate: 12/19/2017</b>								
Italian Chef Salad - LR-1230 (1 ea.)	15	300.83	9.97	3.76	0.00	635.34	31.55	20.19
Italian Turkey Panini - LR-1401 (1 ea.)	200	305.07	8.83	3.18	0.00	766.60	28.18	24.77
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Pizza Ranchero - LR-1371 (1 ea.)	440	320.00	14.00	7.00	0.00	540.00	30.00	20.00
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	15	294.95	8.08	3.04	0.00	763.03	32.79	22.54
Breadstick - LR-1364 (1 ea.)	500	178.25	6.46	1.82	0.00	214.55	26.80	4.00
Broccoli Salad - LR-1255 (1/2 c.)	100	177.06	9.81	1.36	0.00	305.53	17.35	6.18
Green Beans - LR-1060 (1/2 c.)	150	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar MS - LR-1266 (1 ea.)	950	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	250	58.00	0.00	0.00	0.00	0.00	15.00	0.40
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26
<b>Lunch MS Week F Wed - ServingDate: 12/20/2017</b>								
California Club Wrap - LR-1224 (1 ea.)	15	276.49	8.62	2.40	0.00	489.92	31.12	18.25
Chicken Chef Salad - LR-1228 (1 ea.)	15	275.46	10.18	3.17	0.00	622.75	24.84	21.93

## Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL

Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week F Wed - ServingDate: 12/20/2017</b>								
Chicken Fajitas - LR-1170 (1 serving)	240	299.59	8.03	3.00	0.00	558.07	41.97	17.48
Corn Dog - LR-1142 (1 ea.)	500	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Hot Turkey Sandwich - LR-1272 (1 ea.)	400	350.21	6.97	0.57	0.00	1171.60	45.16	26.41
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	255.17	5.42	1.75	0.00	750.80	29.00	24.53
Saltine Crackers - LR-1102 (2 pkg)	30	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Mashed Potatoes - LR-1196 (1/2 c.)	600	147.75	3.56	0.00	0.00	548.38	28.15	3.36
Salad Bar MS - LR-1266 (1 ea.)	600	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR-1076 (1/2 c.)	250	70.00	0.00	0.00	0.00	0.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26
<b>Lunch MS Week F Thu - ServingDate: 12/21/2017</b>								
Chicken Caesar Salad - LR-1229 (1 ea.)	15	368.19	20.06	3.86	0.00	810.70	28.66	20.36
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	312.57	11.35	5.12	0.00	506.08	34.33	19.60
Italian Sub - LR-1220 (1 ea.)	15	325.99	11.87	4.72	0.00	840.19	33.22	19.91

## Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL

Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week F Thu - ServingDate: 12/21/2017</b>								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Popcorn Chicken - LR- 1207 (14 ea.)	800	193.00	9.00	2.00	0.00	420.00	13.00	15.00
Turkey Burger - LR- 1148 (1 ea.)	200	270.00	8.00	1.50	0.00	510.00	29.00	20.00
Mexican Pizza - LR- 1241 (1 slice)	140	395.45	13.23	7.25	0.00	668.52	48.47	19.59
Mini Pretzel - LR-1094 (1 ea.)	900	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Green Peas - LR-1061 (1/2 c.)	200	62.00	0.00	0.00	0.00	58.00	11.00	4.00
Salad Bar MS - LR-1266 (1 ea.)	1,000	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	300	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	450	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26
<b>Lunch MS Week F Fri - ServingDate: 12/22/2017</b>								
BBQ Pork Rib Sandwich - LR-1157 (1 ea.)	200	339.25	11.00	3.10	0.00	707.35	43.02	20.00
Chicken Fajita Wrap - LR-1225 (1 ea.)	15	386.32	17.61	8.29	0.00	585.75	39.60	21.11
Ham & Cheese Sub - LR-1218 (1 ea.)	15	304.74	10.24	3.83	0.00	765.26	33.58	20.55
Teriyaki Meatballs - LR- 1065 (6 ea.)	300	186.00	10.00	3.90	0.60	195.00	10.00	14.00

## Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL

Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week F Fri - ServingDate: 12/22/2017</b>								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	330.20	45.77	8.70
Cheese Pizza Slice - LR- 1088 (1 ea.)	640	310.00	12.00	6.00	0.00	360.00	30.00	22.00
Asian Chicken Shaker - LR-1367 (1 ea.)	15	361.54 (M)	18.54 (M)	1.63(M)	0.00(M)	311.42 (M)	31.15 (M)	20.84 (M)
Rice Brown Cooked - LR-1422 (1/2 c.)	300	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Salad Bar MS - LR-1266 (1 ea.)	800	62.40	2.53	1.26	0.00	148.62	5.58	3.60
Sweet Potato Fries - LR-1107 (2/3 c.)	400	114.00	4.00	0.70	0.00	168.00	17.40	1.30
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Cinnamon Apples - LR- 1210 (1/2 c.)	450	66.59	0.00	0.00	0.00	2.64	17.37	0.00
Variety of Juices - LR- 1118 (1 ea.)	350	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	169.22	4.58	0.26

**Legend**

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Lunch

Site Group: Middle

Menu Line: Regular Lunch

Serving Group: 6-8

Nutrients Option: Expanded