

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week D Mon - ServingDate: 12/03/2018								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Cheeseburger - LR- 1147 (1 ea.)	400	320.00	13.00	5.45	0.00	557.00	30.00	20.50
Chicken Salad Wrap - LR-1227 (1 ea.)	15	331.03	12.93	4.47	0.00	550.95	36.64	17.32
Grilled Chicken Sandwich - LR-1153 (1 ea.)	240	268.00	8.00	1.50	0.00	511.00	29.00	20.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
French Bread Pizza - LR-1089 (1 ea.)	500	310.00	11.00	6.00	0.00	380.00	33.00	23.00
Strawberry Spinach Salad - LR-1285 (1 ea.)	15	472.17	29.94	8.06	0.00(M)	735.97	25.04	28.32
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Saltine Crackers - LR- 1102 (2 pkg)	60	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Baked Beans - LR-1177 (1/2 c.)	500	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Caesar Salad - LR-1179 (3/4 c.)	600	47.15	2.55	0.35	0.00	109.89	5.57	1.70
Salad Bar MS - LR-1266 (1 ea.)	100	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	250	58.00	0.00	0.00	0.00	0.00	15.00	0.40
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Lunch MS Week D Mon - ServingDate: 12/03/2018								
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week D Tue - ServingDate: 12/04/2018								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Broccoli Cheese Soup - LR-1258 (1 c.)	200	293.60	19.76	10.27	0.00	1105.83	16.07	17.74
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	381.92	16.06	4.49	0.00	531.69	42.63	17.50
Chicken Nuggets - LR-1141 (5 ea.)	740	182.00	9.90	1.62	0.00	328.00	9.50	13.50
Italian Chef Salad - LR-1230 (1 ea.)	15	304.91	9.63	3.26	0.00	627.18	31.55	19.53
Meatballs in Gravy - LR-1187 (4 ea.)	200	212.64	12.24	4.11	0.64	696.85	11.20	13.65
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	10.25	5.25	0.00	563.06	17.44	8.42
Egg Noodles - LR-1309 (1 c.)	1,000	88.90	5.99	2.38	0.00	57.81	7.09	1.42
Saltine Crackers - LR-1102 (2 pkg)	400	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Green Beans - LR-1060 (1/2 c.)	200	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar MS - LR-1266 (1 ea.)	1,000	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Sunset Fruit Salad new - LR-1352 (1/2 c.)	300	110.22	0.03	0.00	0.00	13.70	26.34	0.57

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week D Tue - ServingDate: 12/04/2018								
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week D Wed - ServingDate: 12/05/2018								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Waffles Mini Maple - LR-1442 (1 Bag)	1,200	200.00	5.00	1.00	0.00	170.00	37.00	4.00
California Club Wrap - LR-1224 (1 ea.)	15	276.49	8.62	2.65	0.00	495.76	30.95	18.25
Cheese Omelet - LR-1036 (1 ea.)	340	120.00	10.00	3.50	0.00	300.00	1.00	7.00
Corn Dog - LR-1142 (1 ea.)	300	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Fruit and Yogurt Plate - LR-1368 (1 ea.)	15	506.95	10.73	4.92	0.00	554.29	87.03	15.26
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Sausage Patties - LR-1336 (2 ea.)	500	120.00	8.00	2.00	0.00	180.00	0.00	12.00
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Potato Tator Tots - LR-1411 (1/2 c.)	1,000	144.00	7.60	0.00	0.00	194.00	16.00	1.70
Salad Bar MS - LR-1266 (1 ea.)	200	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	50	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	500	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00

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Lunch MS Week D Wed - ServingDate: 12/05/2018								
Variety of Juices - LR-1118 (1 ea.)	400	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week D Thu - ServingDate: 12/06/2018								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Baked Mostaccoli - LR-1194 (1 c.)	400	368.65	15.02	5.81	0.00	711.72	33.52	22.43
Ham & Cheese Calzone - LR-1033 (1 ea.)	400	280.00	11.00	5.00	0.00	590.00	31.00	19.00
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	317.65	11.31	5.37	0.00	454.75	34.16	20.60
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Asian Chicken Shaker - LR-1367 (1 ea.)	15	385.68 (M)	17.90 (M)	2.05(M)	0.00(M)	284.86 (M)	30.93 (M)	24.02 (M)
Teriyaki Chicken Sandwich - LR-1246 (1 ea.)	340	281.98	8.07	1.51	0.00	781.96	31.51	21.02
Turkey Snack Pack - LR-1396 (1 ea.)	10	505.08	10.15	4.21	0.00(M)	816.73	86.63	21.19
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	10	298.90	8.89	3.04	0.00	777.66	29.79	22.15
Garlic Toast - LR-1050 (1 ea.)	430	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Broccoli Cuts with Cheese Sauce - LR-1271 (1/2 c.)	300	44.62	1.63	0.43	0.00	104.57	6.25	2.87

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Lunch MS Week D Thu - ServingDate: 12/06/2018								
Salad Bar MS - LR-1266 (1 ea.)	900	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR- 1076 (1/2 c.)	250	70.00	0.00	0.00	0.00	0.00	16.00	0.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week D Fri - ServingDate: 12/07/2018								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Cheesy Breadstick - LR- 1028 (1 ea.)	300	280.00	11.00	6.00	0.00	460.00	30.00	16.00
Cherry Chicken - LR- 1037 (1/2 c.)	500	200.00	4.00	1.00	0.00	350.00	27.00	13.00
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
Chicken Fajita Wrap - LR-1225 (1 ea.)	15	366.32	12.61	5.54	0.00	532.42	41.26	23.11
Ham & Cheese Sub - LR-1218 (1 ea.)	15	312.63	11.03	3.83	0.00	759.47	30.58	19.76
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Buffalo Pizza Slice - LR- 1086 (1 ea.)	340	280.00	11.00	5.00	0.00	610.00	27.00	19.00

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Lunch MS Week D Fri - ServingDate: 12/07/2018								
Rice Brown Cooked - LR-1422 (1/2 c.)	500	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Saltine Crackers - LR- 1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Salad Bar MS - LR-1266 (1 ea.)	800	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Sweet Potato Fries - LR-1107 (2/3 c.)	700	114.00	4.00	0.70	0.00	168.00	17.40	1.30
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Kiwi Halves - LR-1064 (1 1/2 ea.)	250	69.00	0.00	0.00	0.00	3.00	16.50	1.50
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week E Mond - ServingDate: 12/10/2018								
Bean Burrito with Queso - LR-1251 (1 ea.)	200	362.50	11.25	5.25	0.00	665.50	47.00	17.50
Chicken Salad Wrap - LR-1227 (1 ea.)	15	331.03	12.93	4.47	0.00	550.95	36.64	17.32
Grilled Chicken Sandwich - LR-1153 (1 ea.)	340	268.00	8.00	1.50	0.00	511.00	29.00	20.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Pepperoni Pizza Slice - LR-1091 (1 ea.)	600	310.00	11.00	6.00	0.00	470.00	30.00	23.00

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Lunch MS Week E Mond - ServingDate: 12/10/2018								
Strawberry Spinach Salad - LR-1285 (1 ea.)	15	472.17	29.94	8.06	0.00(M)	735.97	25.04	28.32
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Saltine Crackers - LR-1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Green Peas - LR-1061 (1/2 c.)	300	62.00	0.00	0.00	0.00	58.00	11.00	4.00
Salad Bar MS - LR-1266 (1 ea.)	900	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Strawberries - LR-1198 (1/2 c.)	300	102.14	0.00	0.00	0.00	0.00	26.10	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week E Tue - ServingDate: 12/11/2018								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	381.92	16.06	4.49	0.00	531.69	42.63	17.50
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Pepperjack Ham Pretzel - LR-1245 (1 ea.)	200	336.91	14.26	6.14	0.00	673.62	31.64	18.69

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Lunch MS Week E Tue - ServingDate: 12/11/2018								
Pork Carnitas Street Taco - LR-1373 (1 serving)	450	424.38	15.45	6.35	0.00(M)	624.72	30.70	34.45
Asian Chicken Shaker - LR-1367 (1 ea.)	15	385.68 (M)	17.90 (M)	2.05(M)	0.00(M)	284.86 (M)	30.93 (M)	24.02 (M)
Turkey & Noodles - LR- 1199 (1 c.)	490	210.13	9.50	3.52	0.00	558.20	12.37	16.78
Vegetable Sub - LR- 1221 (1 ea.)	15	193.38	10.25	5.25	0.00	563.06	17.44	8.42
Dinner Roll - LR-1180 (1 ea.)	440	120.00	4.00	0.50	0.00	145.00	18.00	4.00
Salad Bar Mexican MS - LR-1356 (1 ea.)	600	72.84	2.53	1.47	0.00	131.53	7.47	5.10
Sweet Potato Fries - LR-1107 (2/3 c.)	600	114.00	4.00	0.70	0.00	168.00	17.40	1.30
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	250	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Blueberries - LR-1430 (1/2 c.)	200	40.00	0.00	0.00	0.00	2.00	10.00	0.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week E Wedn - ServingDate: 12/12/2018								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
California Club Wrap - LR-1224 (1 ea.)	15	276.49	8.62	2.65	0.00	495.76	30.95	18.25

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week E Wedn - ServingDate: 12/12/2018								
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
General Tso's Chicken - LR-1051 (1/2 c.)	440	200.00	4.00	1.00	0.00	510.00	26.00	14.00
Meatball Sub - LR-1200 (1 ea.)	200	337.37	11.42	4.19	0.46	508.97	38.59	18.77
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Mini Chicken Taco - LR- 1106 (3 ea.)	500	320.00	14.00	5.00	0.00	480.00	31.00	17.00
Turkey & Pepperjack Flatbread - LR-1369 (1 ea.)	15	344.67	12.25	4.50	0.00	997.91	34.34	24.96
Rice Brown Cooked - LR-1422 (1/2 c.)	440	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Saltine Crackers - LR- 1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Salad Bar MS - LR-1266 (1 ea.)	1,100	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Winter Blend Vegetables - LR-1115 (1/2 c.)	100	15.00	0.00	0.00	0.00	11.00	2.20	1.10
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Mandarin Oranges - LR- 1070 (1/2 c.)	300	90.00	0.00	0.00	0.00	15.00	19.00	0.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week E Thur - ServingDate: 12/13/2018								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	317.65	11.31	5.37	0.00	454.75	34.16	20.60
Hamburger - LR-1151 (1 ea.)	300	280.00	10.00	3.70	0.00	417.00	29.00	17.00
MAXX Sticks - LR-1167 (2 ea.)	500	290.00	9.00	3.00	0.00	630.00	36.00	19.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Teriyaki Chicken - LR- 1053 (2 7/8 oz.)	340	146.00	2.50	1.00	0.00	414.00	14.00	15.00
Turkey Snack Pack - LR-1396 (1 ea.)	15	505.08	10.15	4.21	0.00(M)	816.73	86.63	21.19
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	15	298.90	8.89	3.04	0.00	777.66	29.79	22.15
Vegetable Fried Rice - LR-1101 (4 1/4 oz.)	340	209.11	5.97	0.50	0.00	338.56	32.86	6.97
Edamame - LR-1044 (1/2 c.)	100	100.00	4.00	1.00	0.00	5.00	7.00	9.00
Salad Bar MS - LR-1266 (1 ea.)	1,100	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	150	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR- 1306 (1/2 c.)	200	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week E Fri - ServingDate: 12/14/2018								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
Fish Nuggets - LR-1168 (4 ea.)	250	240.00	10.00	1.50	0.00	730.00	22.00	15.00
Ham & Cheese Sub - LR-1218 (1 ea.)	15	312.63	11.03	3.83	0.00	759.47	30.58	19.76
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Spaghetti w/ Meat Sauce - LR-1208 (1 c.)	500	513.75	15.41	5.31	0.00	620.00	71.89	27.17
Spicy Chicken Patty Sandwich - LR-1140 (1 ea.)	390	329.00	12.00	2.10	0.00	379.00	37.50	17.60
Vegetable Hummus Wrap - LR-1517 (1 ea.)	15	411.63	12.50	5.00	0.00	547.25	51.99	19.99
Garlic Toast - LR-1050 (1 ea.)	750	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Caesar Salad - LR-1179 (3/4 c.)	1,000	47.15	2.55	0.35	0.00	109.89	5.57	1.70
Salad Bar MS - LR-1266 (1 ea.)	200	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Mixed Fruit - LR-1066 (1/2 c.)	250	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week E Fri - ServingDate: 12/14/2018								
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week F Mon - ServingDate: 12/17/2018								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Chicken Salad Wrap - LR-1227 (1 ea.)	15	331.03	12.93	4.47	0.00	550.95	36.64	17.32
Hot Dog Sandwich - LR- 1158 (1 ea.)	400	280.00	12.00	3.00	0.00	440.00	29.00	12.00
Nacho Grande MS - LR- 1269 (1 ea.)	540	405.55	24.01	8.43	0.00(M)	695.02	33.07	16.22
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Strawberry Spinach Salad - LR-1285 (1 ea.)	15	472.17	29.94	8.06	0.00(M)	735.97	25.04	28.32
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	285.17	6.75	2.25	0.00	795.86	29.00	24.53
White Bean Chicken Chili - LR-1262 (1 c.)	200	308.07	5.60	1.19	0.00	629.21	37.94	20.48
Breadstick - LR-1364 (1 ea.)	200	132.18	1.74	0.00	0.00	160.25	25.00	4.00
Baked Beans - LR-1177 (1/2 c.)	200	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar MS - LR-1266 (1 ea.)	1,000	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	250	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week F Mon - ServingDate: 12/17/2018								
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week F Tue - ServingDate: 12/18/2018								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	381.92	16.06	4.49	0.00	531.69	42.63	17.50
Chicken Noodle Soup - LR-1201 (1 c.)	500	140.98	2.59	0.83	0.00	303.12	13.36	13.64
Italian Chef Salad - LR-1230 (1 ea.)	15	304.91	9.63	3.26	0.00	627.18	31.55	19.53
Italian Turkey Panini - LR-1401 (1 ea.)	200	312.57	9.17	2.68	0.00	846.66	31.18	25.77
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Hawaiian Pizza - LR-1371 (1 ea.)	440	320.00	11.00	5.00	0.00	420.00	33.00	23.00
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	10.25	5.25	0.00	563.06	17.44	8.42
Saltine Crackers - LR-1102 (2 pkg)	500	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Broccoli Salad - LR-1255 (1/2 c.)	100	178.48	9.81	2.14	0.00	330.47	17.49	6.18
Green Beans - LR-1060 (1/2 c.)	150	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar MS - LR-1266 (1 ea.)	950	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week F Tue - ServingDate: 12/18/2018								
Diced Pears - LR-1074 (1/2 c.)	250	58.00	0.00	0.00	0.00	0.00	15.00	0.40
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week F Wed - ServingDate: 12/19/2018								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
California Club Wrap - LR-1224 (1 ea.)	15	276.49	8.62	2.65	0.00	495.76	30.95	18.25
Chicken Chef Salad - LR-1228 (1 ea.)	15	279.62	12.93	3.08	0.00	471.08	24.25	16.93
Chicken Fajitas - LR- 1170 (1 serving)	240	341.27	8.54	3.51	0.00	532.65	42.98	22.56
Corn Dog - LR-1142 (1 ea.)	500	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Hot Turkey Sandwich - LR-1272 (1 ea.)	400	271.39	6.19	0.76	0.00	903.06	29.94	24.49
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	285.17	6.75	2.25	0.00	795.86	29.00	24.53
Saltine Crackers - LR- 1102 (2 pkg)	30	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Mashed Potatoes - LR- 1196 (1/2 c.)	600	69.12	1.72	0.19	0.00	250.12	13.06	1.56
Salad Bar MS - LR-1266 (1 ea.)	600	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Southwest Lentils - LR- 1459 (1/2 c.)	100	141.37	1.46	0.08	0.00(M)	287.93	22.44	9.17
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week F Wed - ServingDate: 12/19/2018								
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR-1076 (1/2 c.)	250	70.00	0.00	0.00	0.00	0.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week F Thu - ServingDate: 12/20/2018								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	317.65	11.31	5.37	0.00	454.75	34.16	20.60
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Popcorn Chicken - LR-1207 (14 ea.)	800	173.00	8.40	1.40	0.00	349.00	9.60	14.70
Turkey Burger - LR-1148 (1 ea.)	200	300.00	11.00	3.00	0.00	610.00	28.00	22.00
Turkey Snack Pack - LR-1396 (1 ea.)	15	505.08	10.15	4.21	0.00(M)	816.73	86.63	21.19
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	15	298.90	8.89	3.04	0.00	777.66	29.79	22.15
Mexican Pizza - LR-1241 (1 slice)	140	479.20	15.48	6.88	0.00	826.02	63.47	21.09
Mini Pretzel - LR-1094 (1 ea.)	900	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Lemon Zest Broccoli - LR-1378 (1/2 c.)	200	103.41	10.10	1.45	0.00	189.53	2.60	2.70

Menu Calendar Nutrient Analysis Report - December, 2018

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Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week F Thu - ServingDate: 12/20/2018								
Salad Bar MS - LR-1266 (1 ea.)	1,000	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	450	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Watermelon - LR-1113 (1/2 c.)	300	54.00	0.00	0.00	0.00	0.00	13.50	0.81
1% White Milk - LR- 1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Lunch MS Week F Fri - ServingDate: 12/21/2018								
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	170.00	1.00	7.00
BBQ Pork Rib Sandwich - LR-1157 (1 ea.)	200	349.25	11.00	3.10	0.00	780.13	43.02	19.00
Chicken Fajita Wrap - LR-1225 (1 ea.)	15	366.32	12.61	5.54	0.00	532.42	41.26	23.11
Ham & Cheese Sub - LR-1218 (1 ea.)	15	312.63	11.03	3.83	0.00	759.47	30.58	19.76
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Cheese Pizza Slice - LR- 1088 (1 ea.)	640	310.00	12.00	6.00	0.00	360.00	30.00	22.00
Asian Chicken Shaker - LR-1367 (1 ea.)	15	385.68 (M)	17.90 (M)	2.05(M)	0.00(M)	284.86 (M)	30.93 (M)	24.02 (M)
Sweet Thai Chicken - LR-1052 (2 7/8 oz.)	300	120.00	2.00	0.50	0.00	330.00	15.00	11.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week F Fri - ServingDate: 12/21/2018								
Yakisoba Noodles - LR-1112 (1/2 c.)	300	110.00	1.50	0.00	0.00	25.00	21.00	3.00
Salad Bar MS - LR-1266 (1 ea.)	800	67.41	2.53	1.47	0.00	108.92	5.71	4.48
Sweet Potato Fries - LR-1107 (2/3 c.)	400	114.00	4.00	0.70	0.00	168.00	17.40	1.30
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Cinnamon Apples - LR-1210 (1/2 c.)	450	66.59	0.00	0.00	0.00	2.64	17.37	0.00
Variety of Juices - LR-1118 (1 ea.)	350	60.00	0.00	0.00	0.00	12.00	14.60	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: Middle
Menu Line: Regular Lunch
Serving Group: 6-8
Nutrients Option: Expanded