

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL
 Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Breakfast Sack Elem D Mond - ServingDate: 12/03/2018								
Waffles Mini Maple - LR-1442 (1 Bag)	500	200.00	5.00	1.00	0.00	170.00	37.00	4.00
Fresh Apple Slices - LR-1018 (1/2 c.)	500	30.00	0.00	0.00	0.00	0.00	9.60	0.00
Orange Juice - LR-1068 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	14.00	1.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem D Tue - ServingDate: 12/04/2018								
Bagel with Cream Cheese - LR-1120 (1 ea.)	500	230.00	9.00	5.00	0.00	300.00	30.00	7.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Pear Cup - LR-1504 (1/2 c.)	500	58.00	0.00	0.00	0.00	0.00	15.00	0.40
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Sack Elem D Wedn - ServingDate: 12/05/2018								
Egg Cheese Sandwich - LR-1124 (1 ea.)	500	180.00	8.00	1.88	0.00	280.00	18.50	7.75
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Punch Juice - LR-1096 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Breakfast Sack Elem D Thur - ServingDate: 12/06/2018								
Apple Texas Toast - LR-1016 (1 ea.)	500	260.00	6.00	1.00	0.00	290.00	45.00	8.00
Mixed Fruit - LR-1066 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Fruit Punch Juice - LR-1096 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem D Fri - ServingDate: 12/07/2018								
Banana Bread - LR-1265 (1 slice)	500	280.00	10.00	2.00	0.00	220.00	44.00	5.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Raisins - LR-1099 (1 ea.)	500	133.00	0.00	0.00	0.00	8.00	32.00	1.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem E Mon - ServingDate: 12/10/2018								
Banana Breakfast Bar - LR-1020 (1 ea.)	500	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Fresh Apple Slices - LR-1018 (1/2 c.)	500	30.00	0.00	0.00	0.00	0.00	9.60	0.00
Orange Juice - LR-1068 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	14.00	1.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem E Tue - ServingDate: 12/11/2018								
Mini Maple Pancakes - LR-1072 (1 pkg)	500	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00

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Breakfast Sack Elem E Tue - ServingDate: 12/11/2018								
Pear Cup - LR-1504 (1/2 c.)	500	58.00	0.00	0.00	0.00	0.00	15.00	0.40
1% White Milk - LR- 1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Sack Elem E Wedn - ServingDate: 12/12/2018								
Breakfast Pizza - LR- 1085 (1 ea.)	500	210.00	10.00	2.00	0.00	320.00	21.00	10.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Punch Juice - LR- 1096 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
1% White Milk - LR- 1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem E Thur - ServingDate: 12/13/2018								
Ultimate Breakfast Round - LR-1109 (1 ea.)	500	280.00	8.00	3.00	0.00	190.00	44.00	5.00
Applesauce - LR-1017 (1/2 c.)	500	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Fruit Punch Juice - LR- 1096 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
1% White Milk - LR- 1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Breakfast Sack Elem E Fri - ServingDate: 12/14/2018								
French Toast Sticks - LR-1046 (3 ea.)	500	160.00	3.50	1.00	0.00	270.00	23.00	8.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00

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Breakfast Sack Elem E Fri - ServingDate: 12/14/2018								
Raisins - LR-1099 (1 ea.)	500	133.00	0.00	0.00	0.00	8.00	32.00	1.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Sack Elem F Mon - ServingDate: 12/17/2018								
Bagel-Fuls Cinnamon - LR-1501 (1 ea.)	500	180.00	3.00	1.50	0.00	180.00	32.00	6.00
Fresh Apple Slices - LR-1018 (1/2 c.)	500	30.00	0.00	0.00	0.00	0.00	9.60	0.00
Orange Juice - LR-1068 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	14.00	1.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Sack Elem F Tue - ServingDate: 12/18/2018								
Blueberry Bread - LR-1362 (1 slice)	500	270.00	9.00	2.00	0.00	190.00	43.00	6.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Peach Cup - LR-1503 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Sack Elem F Wed - ServingDate: 12/19/2018								
Breakfast Bites - LR-1108 (3 ea.)	500	210.00	13.00	3.00	0.00	430.00	17.00	6.00

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Breakfast Sack Elem F Wed - ServingDate: 12/19/2018								
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Punch Juice - LR-1096 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Sack Elem F Thur - ServingDate: 12/20/2018								
Waffles Mini Maple - LR-1442 (1 Bag)	500	200.00	5.00	1.00	0.00	170.00	37.00	4.00
Applesauce - LR-1017 (1/2 c.)	500	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Fruit Punch Juice - LR-1096 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Sack Elem F Fri - ServingDate: 12/21/2018								
Strawberry Crisp Bar - LR-1360 (1 Bar)	500	250.00	8.00	2.50	0.00	75.00	41.00	4.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Raisins - LR-1099 (1 ea.)	500	133.00	0.00	0.00	0.00	8.00	32.00	1.00
1% White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00

Legend
 (M) - Missing Nutrient Values

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Date: 12/01/2018 - 12/31/2018

Report Selections

Meal Type: Breakfast
Site Group: Elementary
Menu Line: Sack Breakfast
Serving Group: K-5
Nutrients Option: Expanded