PENN YOUTH WRESTLING SEASON

STARTS NOV. 5TH

WHO: K-5 ELEMENTARY STUDENTS

*WE WILL OFFER BEGINNER TEAMS AND ADVANCED TEAMS

WHERE: PENN HIGH SCHOOL AND DISCOVERY MIDDLE SCHOOL

DATES: NOVEMBER 5, 7, 12, 14, 17

PRACTICE TIMES: 6:45-7:45 P.M.

TOURNAMENT: NOVEMBER 17TH AT PENN. WARMUP AND

PICTURES START AT 8:00 A.M. WRESTLING STARTS AT 9:00 A.M.

COST: \$30 PER STUDENT

QUESTIONS: CONTACT BRAD HARPER bharper@phm.k12.in.us

PHONE: 574-485-7911

*Instant updates on our Sportsengine App. Use the team ID:

WHAT CAN I PLAN ON MY WRESTLER RECIEVING?

- Quality instruction in the sport of wrestling!
- Fun activities and exercise
- FREE T-shirt!



HOW DO I SIGN UP?

SIGN UP ONLINE NOW AT: www.pennwrestling.org

ELEMENTARY WRESTLING SEASON

GIVE YOUR CHILD THE OPPORTUNITY TO EXPERIENCE WHAT THE SPORT OF WRESTLING IS ALL ABOUT. BE A PART OF PENN'S ELEMENTARY SEASON! THIS WILL BE A FUN AND EXCITING EXPERIENCE FOR ALL INVOLVED AS WE SEEK TO INTRODUCE YOUR WRESTLER TO ONE OF THE WORLD'S GREATEST AND OLDEST SPORTS. WE WILL BE FOCUSED ON THE FUNDAMENTALS OF WRESTLING WHILE ALSO FOCUSING ON THE ASPECTS OF TEAM, CONFIDENCE, MENTAL, AND PHYSICAL DISCIPLINE. WE EMPHASIZE THE IMPORTANCE OF BEING A CHAMPION ON AND OFF THE MAT.

REGISTER NOW ON-LINE AT FOR JUST \$30 AT www.pennwrestling.org

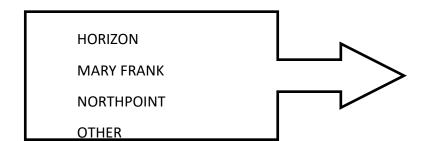
Connect with us by downloading the SPORTSENGINE APP. ENTER CODE 2484119



YOU CHOOSE THE BEST PRACTICE LOCATION FOR YOU!

In order for us to best place students into groups, please try to attend the location in which your elementary school is assigned.

DISCOVERY PRACTICE



MON. NOV. 5 6:45-7:45

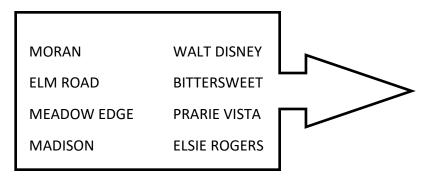
THUR. NOV. 7, 6:45-7:45

MON. NOV. 12 6:45-7:45

WED. NOV. 14 6:45-7:45

TOURNAMENT- NOV.

17, 9:00 A.M.



PENN HS PRACTICE

MON. NOV. 5, 6:45-7:45

WED. NOV. 7. 6:45-7:45

MON. NOV. 12 6:45-7:45

WED. NOV. 14 6:45-7:45

TOURNAMENT- NOV.

17, 9:00 A.M.