

**Each Week Donors Will Be Entered
to Win a Fun Package!**

Blood Drive with Northpoint and Mary Frank Elementary Schools

Thursday, May 30th

2:30 pm - 5:00 pm

50800 Cherry Rd., Granger, IN 46530

Sign up online at
www.GiveBloodNow.com



\$250 Gift Card

\$500 Baseball Theme and \$500
Cedar Point Package

(2) \$500 Flight/Travel Voucher

(2) Backyard Barbecue Packages
with a Blackstone and Meat Gift Card

Whole Blood Donor Qualification Information

Whole Blood Donor Qualifications:

- ♥ Must be at least 17 years of age or 16 with parental consent.
- ♥ Must weigh at least 110 pounds.
- ♥ Must wait 4 weeks after tattoo or body piercing.*
- ♥ Tattoo or piercing must be fully healed.
- ♥ Must wait 12 months to donate blood after getting a tattoo or body piercing in a non-regulated establishment or state.
- ♥ Must wait 56 days between donations.
- ♥ Must be in good general health.
- ♥ Must be symptom free for 72 hours after a cold or influenza
- ♥ First time donors need a photo ID.
- ♥ Must not be pregnant.
- ♥ Must wait 24 hours following a root canal, tooth extraction or oral surgery. All other routine dental procedures are acceptable.

Medications:

Most people taking medications, even prescription medications, are accepted as blood donors. During the donor interview, the medications will be checked in the Medical Criteria Manual to ensure the safety of the donor's and recipient's health.

REMINDERS:

- ♥ Eat a meal before donating blood.
- ♥ Drink lots of water 24 hrs. before donating.
- ♥ Refrain from strenuous activity for 24 hrs. after donating blood.
- ♥ Please bring a photo ID.



SBMF

www.GiveBloodNow.com

*Tattoo or body piercing must be applied by a professional entity in a regulated state.