

## Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL

Date: 01/01/2020 - 01/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week A Mon - ServingDate: 01/06/2020</b>								
Beef Soft Shell Taco - LR-1138 (1 serving)	600	522.32	28.32	12.67	0.00(M)	579.53	39.73	28.35
Fish Nuggets - LR-1168 (4 ea.)	250	230.00	8.00	1.50	0.00	290.00	23.00	15.00
Chicken Salad Wrap - LR-1227 (1 ea.)	15	334.85	12.93	4.09	0.00	646.78	35.88	19.61
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Strawberry Spinach Salad - LR-1285 (1 ea.)	10	447.27	26.06	7.17	0.00	873.69	23.49	31.76
Turkey & Cheese Sub - LR-1219 (1 ea.)	10	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Garlic Toast - LR-1050 (1 ea.)	500	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Spaghetti with Italian Sauce - LR-1525 (3/4 c.)	500	339.57	1.25	0.00	0.00	179.20	75.42	11.32
Roasted Butternut Squash - LR-1515 (2/3 c.)	700	117.84	4.67	0.88	0.00	187.84	22.26	1.31
Salad Bar MS - LR-1266 (1 ea.)	500	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	600	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pearsauce - LR-1075 (1 ea.)	200	80.00	0.00	0.00	0.00	0.00	20.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

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<b>Lunch MS Week A Mon - ServingDate: 01/06/2020</b>								
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Meatballs in Spaghetti Sauce - LR-1526 (4 ea.)	300	69.08	3.54	1.38	0.24	107.48	3.89	5.05
<b>Lunch MS Week A Tues - ServingDate: 01/07/2020</b>								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	412.92	16.06	4.89	0.00	567.69	47.13	19.91
Chicken Patty Sandwich - LR-1139 (1 ea.)	750	340.00	12.50	2.50	0.00	650.00	39.00	21.00
Italian Chef Salad - LR-1230 (1 ea.)	15	321.56	9.43	3.49	0.00	699.81	34.91	20.44
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Pizza Sub - LR-1161 (1 ea.)	200	323.20	11.05	4.24	0.00	829.40	34.49	20.07
Tandori Drumstick - LR-1376 (1 ea.)	200	135.25	7.63	1.73	0.00	107.38	2.38	16.38
Vegetable Sub - LR-1221 (1 ea.)	10	193.38	9.75	5.00	0.00	553.06	17.44	8.42
Breadstick - LR-1364 (1 ea.)	200	150.00	1.50	0.00	0.00	280.00	28.00	5.00
Cole Slaw - LR-1268 (1/2 c.)	200	82.36	6.43	1.29	0.00	130.48	5.70	0.39
Mashed Potatoes - LR-1196 (1/2 c.)	500	69.12	1.72	0.19	0.00	250.12	13.06	1.56
Salad Bar MS - LR-1266 (1 ea.)	500	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Red Grapes - LR-1058 (1/2 c.)	300	45.00	0.00	0.00	0.00	7.50	12.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week A Tues - ServingDate: 01/07/2020</b>								
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week A Wed - ServingDate: 01/08/2020</b>								
California Club Wrap - LR-1224 (1 ea.)	15	326.04	12.06	3.43	0.00	799.93	30.22	25.04
Cheeseburger - LR-1147 (1 ea.)	235	305.00	12.50	4.95	0.00	642.00	28.00	21.50
Chicken Chef Salad - LR-1228 (1 ea.)	15	286.44	14.13	5.05	0.00	533.25	21.50	17.73
General Tso's Chicken - LR-1051 (1/2 c.)	400	210.00	7.00	1.00	0.00	450.00	24.00	12.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Spicy Chicken Patty Sandwich - LR-1140 (1 ea.)	500	360.00	10.50	2.00	0.00	820.00	44.00	24.00
Turkey & Cheese Sub - LR-1219 (1 ea.)	20	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Rice Brown Cooked - LR-1422 (1/2 c.)	400	27.36	0.16	0.00	0.00	0.80	5.92	0.64
Baked Beans - LR-1177 (1/2 c.)	500	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar MS - LR-1266 (1 ea.)	700	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Mixed Fruit - LR-1066 (1/2 c.)	300	60.00	0.00	0.00	0.00	5.00	15.00	0.00

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<b>Lunch MS Week A Wed - ServingDate: 01/08/2020</b>								
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	500	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week A Thur - ServingDate: 01/09/2020</b>								
BBQ Pork Sandwich - LR-1146 (1 ea.)	200	411.21	8.67	2.66	0.00	708.84	52.30	30.09
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	330.65	12.75	6.22	0.00	550.49	33.42	21.77
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Turkey & Swiss Croissant - LR-1231 (1 ea.)	140	309.90	12.25	5.67	0.00	701.48	26.50	23.98
Turkey Snack Pack - LR-1396 (1 ea.)	15	513.36	8.73	3.00	0.00(M)	921.54	86.20	25.27
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	20	269.82	6.49	2.25	0.00	744.34	30.18	22.12
Walking Taco MS - LR-1374 (1 serving)	800	500.49	29.38	9.70	0.00(M)	681.20	33.24	25.88
Baked Potato - LR-1178 (1 ea.)	600	84.35	2.50	0.50	0.00	48.81	12.97	2.29
Salad Bar MS - LR-1266 (1 ea.)	600	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	600	60.00	0.00	0.00	0.00	10.50	14.90	0.10

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<b>Lunch MS Week A Thur - ServingDate: 01/09/2020</b>								
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR-1306 (1/2 c.)	200	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Salsa Fresh Tomato - LR-1274 (1 serving)	100	2.95	0.00	0.00	0.00	0.72	0.72	0.16
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week A Fri - ServingDate: 01/10/2020</b>								
Carbonara Pasta - LR-1595 (1 c.)	190	358.69	13.67	7.02	0.00	734.24	43.11	20.39
Chicken Chef Salad - LR-1228 (1 ea.)	15	286.44	14.13	5.05	0.00	533.25	21.50	17.73
Chicken Nuggets - LR-1141 (5 ea.)	700	200.00	10.00	2.00	0.00	400.00	13.00	15.00
Ham & Cheese Sub - LR-1218 (1 ea.)	20	279.74	8.24	2.83	0.00	699.21	31.37	19.76
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Vegetable Hummus Wrap - LR-1517 (1 ea.)	15	420.27	15.39	7.43	0.00	514.91	51.98	17.91
Vegetable Pizza - LR-1233 (1 slice)	250	380.52	17.36	9.82	0.00	669.44	37.04	19.64
Garlic Toast - LR-1050 (1 ea.)	890	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Caesar Salad - LR-1179 (3/4 c.)	1,150	48.30	2.78	0.40	0.00	102.96	5.45	1.70
Salad Bar MS - LR-1266 (1 ea.)	50	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	100	65.00	0.00	0.00	0.00	0.00	18.00	0.00

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<b>Lunch MS Week A Fri - ServingDate: 01/10/2020</b>								
Banana - LR-1032 (1 ea.)	150	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Strawberry Applesauce - LR-1049 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	200	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	90	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week B Mon - ServingDate: 01/13/2020</b>								
Cheesy Breadstick - LR-1028 (1 ea.)	430	260.00	11.00	5.00	0.00	380.00	28.00	15.00
Chicken Chef Salad - LR-1228 (1 ea.)	15	286.44	14.13	5.05	0.00	533.25	21.50	17.73
Chili with Toppings - LR-1192 (1 c.)	200	321.80	20.19	8.81	0.00	404.60	11.42	23.79
Chicken Salad Wrap - LR-1227 (1 ea.)	20	334.85	12.93	4.09	0.00	646.78	35.88	19.61
Hot Dog Sandwich - LR-1158 (1 ea.)	500	280.00	12.50	3.00	0.00	530.00	28.00	13.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Turkey & Cheese Sub - LR-1219 (1 ea.)	20	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Cornbread Loaf Mini - LR-1502 (1 ea.)	200	180.00	6.00	0.50	0.00	90.00	28.00	3.00
Green Peas - LR-1061 (1/2 c.)	500	62.00	0.00	0.00	0.00	58.00	11.00	4.00
Salad Bar MS - LR-1266 (1 ea.)	700	75.83	3.79	2.53	0.00	113.13	5.71	3.64

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<b>Lunch MS Week B Mon - ServingDate: 01/13/2020</b>								
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	250	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Mandarin Oranges - LR- 1070 (1/2 c.)	250	90.00	0.00	0.00	0.00	15.00	19.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week B Tue - ServingDate: 01/14/2020</b>								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	412.92	16.06	4.89	0.00	567.69	47.13	19.91
Chicken Soft Shell Taco - LR-1165 (1 serving)	450	372.78	13.16	6.42	0.00(M)	608.31	39.66	26.17
Grilled Cheese Sandwich - LR-1062 (1 ea.)	450	280.00	9.91	5.56	0.00	580.79	30.96	18.55
Italian Chef Salad - LR- 1230 (1 ea.)	15	321.56	9.43	3.49	0.00	699.81	34.91	20.44
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Philly Pretzelwich - LR- 1209 (1 ea.)	240	333.42	12.47	5.49	0.00	546.76	33.07	20.15
Vegetable Sub - LR- 1221 (1 ea.)	15	193.38	9.75	5.00	0.00	553.06	17.44	8.42
Saltine Crackers - LR- 1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00

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<b>Lunch MS Week B Tue - ServingDate: 01/14/2020</b>								
Salad Bar MS - LR-1266 (1 ea.)	850	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Southwest Slaw - LR-1252 (1/2 c.)	50	89.22	7.47	1.07	0.00	20.28	6.31	0.42
Tomato Soup - LR-1182 (1 c.)	300	86.43	0.00	0.00	0.00	441.77	19.21	1.92
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	300	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week B Wed - ServingDate: 01/15/2020</b>								
California Club Wrap - LR-1224 (1 ea.)	20	326.04	12.06	3.43	0.00	799.93	30.22	25.04
Chicken Chef Salad - LR-1228 (1 ea.)	15	286.44	14.13	5.05	0.00	533.25	21.50	17.73
Crispy Pork Sandwich - LR-1152 (1 ea.)	200	400.00	19.50	5.00	0.00	580.00	37.00	22.00
Deli Sandwich - LR-1174 (1 ea.)	15	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Nacho Grande MS - LR-1269 (1 ea.)	730	445.25	25.99	7.81	0.00(M)	733.80	33.02	16.78
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70



## Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL

Date: 01/01/2020 - 01/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week B Wed - ServingDate: 01/15/2020</b>								
Turkey, Bacon & Cheese Sandwich - LR-1160 (1 ea.)	200	293.02	7.30	3.18	0.00	695.09	30.00	26.10
Lemon Zest Broccoli - LR-1378 (1/2 c.)	300	103.41	10.10	1.45	0.00	189.53	2.60	2.70
Refried Beans - LR-1184 (1/2 c.)	600	149.42	0.47	0.00	0.00	140.08	27.08	9.34
Salad Bar MS - LR-1266 (1 ea.)	900	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Ice Cup - LR-1047 (1 ea.)	500	70.00	0.00	0.00	0.00	10.00	19.00	0.00
Variety of Juices - LR-1118 (1 ea.)	300	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week B Thurs - ServingDate: 01/16/2020</b>								
Cheeseburger Pasta - LR-1205 (1 c.)	600	294.73	14.31	5.70	0.00	232.98	24.12	16.55
Chicken Drumsticks BBQ - LR-1496 (1 ea.)	255	140.00	8.00	2.00	0.00	570.00	6.00	12.00
Chicken Ranchero Wrap - LR-1222 (1 ea.)	10	330.65	12.75	6.22	0.00	550.49	33.42	21.77
Deli Sandwich - LR-1174 (1 ea.)	15	253.57	7.39	2.71	0.00	703.14	28.18	20.87

## Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL

Date: 01/01/2020 - 01/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week B Thurs - ServingDate: 01/16/2020</b>								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Cheese Pizza Slice - LR- 1088 (1 ea.)	300	310.00	12.00	6.00	0.00	360.00	30.00	22.00
Turkey Snack Pack - LR-1396 (1 ea.)	10	513.36	8.73	3.00	0.00(M)	921.54	86.20	25.27
Breadstick - LR-1364 (1 ea.)	300	150.00	1.50	0.00	0.00	280.00	28.00	5.00
Candied Carrots - LR- 1193 (3/4 c.)	400	94.19	3.72	0.52	0.00	119.96	18.85	0.06
Salad Bar MS - LR-1266 (1 ea.)	600	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Cantaloupe - LR-1035 (1/2 c.)	200	30.00	0.15	0.00	0.00	14.00	7.00	0.80
Variety of Juices - LR- 1118 (1 ea.)	450	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week B Fri - ServingDate: 01/17/2020</b>								
BBQ Chicken Sandwich - LR-1156 (1 ea.)	200	337.25	10.50	2.50	0.00	841.13	38.02	24.00
Chicken Chef Salad - LR-1228 (1 ea.)	15	286.44	14.13	5.05	0.00	533.25	21.50	17.73
Chicken Fajita Wrap - LR-1225 (1 ea.)	15	379.01	14.05	6.38	0.00	627.79	40.47	24.25

## Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL

Date: 01/01/2020 - 01/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week B Fri - ServingDate: 01/17/2020</b>								
Ham & Cheese Sub - LR-1218 (1 ea.)	15	279.74	8.24	2.83	0.00	699.21	31.37	19.76
Macaroni & Cheese - LR-1185 (1 c.)	520	386.42	17.83	9.79	0.00	674.16	34.95	21.23
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Quesadilla Cheese - LR- 1375 (1 ea.)	420	320.00	12.00	3.00	0.00	710.00	39.00	15.00
Mini Pretzel - LR-1094 (1 ea.)	500	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Green Beans - LR-1060 (1/2 c.)	200	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar MS - LR-1266 (1 ea.)	1,000	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	250	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Blueberries - LR-1430 (1/2 c.)	200	40.00	0.00	0.00	0.00	2.00	10.00	0.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	190	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	10	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week C Tue - ServingDate: 01/21/2020</b>								
Bean Burrito with Queso - LR-1251 (1 ea.)	100	452.39	18.89	10.43	0.00	830.90	48.49	21.18

## Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL

Date: 01/01/2020 - 01/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week C Tue - ServingDate: 01/21/2020</b>								
Pepperoni Calzone - LR-1024 (1 ea.)	340	280.00	11.00	6.00	0.00	590.00	32.00	19.00
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	412.92	16.06	4.89	0.00	567.69	47.13	19.91
Chicken Drumstick - LR-1038 (1 ea.)	700	190.00	11.00	2.50	0.00	450.00	5.00	16.00
Italian Chef Salad - LR-1230 (1 ea.)	15	321.56	9.43	3.49	0.00	699.81	34.91	20.44
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	9.75	5.00	0.00	553.06	17.44	8.42
Banana Muffin - LR-1424 (1 ea.)	715	190.00	6.00	2.00	0.00	130.00	31.00	3.00
Baked Sweet Potato - LR-1250 (1 ea.)	300	30.20	0.01	0.00	0.00	7.47	4.68	0.22
Salad Bar MS - LR-1266 (1 ea.)	900	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Watermelon - LR-1113 (1/2 c.)	250	54.00	0.00	0.00	0.00	0.00	13.50	0.81
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00

## Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL

Date: 01/01/2020 - 01/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week C Wed - ServingDate: 01/22/2020</b>								
California Club Wrap - LR-1224 (1 ea.)	15	326.04	12.06	3.43	0.00	799.93	30.22	25.04
Chicken Chef Salad - LR-1228 (1 ea.)	15	286.44	14.13	5.05	0.00	533.25	21.50	17.73
Fish Nuggets - LR-1168 (4 ea.)	250	230.00	8.00	1.50	0.00	290.00	23.00	15.00
Hamburger - LR-1151 (1 ea.)	390	270.00	10.50	3.70	0.00	487.00	27.00	18.00
Mini Corn Dogs - LR- 1150 (6 ea.)	500	267.00	11.00	1.90	0.00	365.00	33.00	9.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Mini Pretzel - LR-1094 (1 ea.)	250	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Buffalo Cauliflower - LR-1379 (1/2 c.)	200	33.02	1.85	0.70	0.00	213.69	4.19	1.40
Salad Bar MS - LR-1266 (1 ea.)	1,000	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	250	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00

## Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL

Date: 01/01/2020 - 01/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week C Thur - ServingDate: 01/23/2020</b>								
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	330.65	12.75	6.22	0.00	550.49	33.42	21.77
Garlic Chicken Pizza - LR-1238 (1 slice)	440	455.90	19.11	9.13	0.00	926.00	49.41	22.34
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Asian Chicken Shaker - LR-1367 (1 ea.)	15	390.45 (M)	17.90 (M)	2.05(M)	0.00(M)	588.56 (M)	32.31 (M)	24.93 (M)
Sloppy Joe - LR-1181 (1 ea.)	290	285.25	8.51	2.70	0.00	667.72	36.02	19.02
Tangerine Chicken - LR-1054 (4 oz.)	400	190.00	4.00	1.00	0.00	380.00	25.00	14.00
Turkey Snack Pack - LR-1396 (1 ea.)	10	513.36	8.73	3.00	0.00(M)	921.54	86.20	25.27
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	15	269.82	6.49	2.25	0.00	744.34	30.18	22.12
Rice Brown Cooked - LR-1422 (1/2 c.)	400	27.36	0.16	0.00	0.00	0.80	5.92	0.64
Edamame - LR-1044 (1/2 c.)	200	100.00	4.00	1.00	0.00	5.00	7.00	9.00
Salad Bar MS - LR-1266 (1 ea.)	1,000	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	150	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR-1306 (1/2 c.)	200	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

## Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL

Date: 01/01/2020 - 01/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week C Thur - ServingDate: 01/23/2020</b>								
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week C Fri - ServingDate: 01/24/2020</b>								
BBQ Meatball Sandwich - LR-1270 (1 ea.)	400	355.53	11.93	3.67	0.63	677.54	43.27	18.58
Buffalo Chicken Pizza - LR-1239 (1 slice)	350	422.23	17.26	7.16	0.00	1106.52	47.55	20.44
Hot Ham & Cheese Sandwich - LR-1159 (1 ea.)	390	293.68	9.43	3.90	0.00	491.05	32.47	19.19
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Strawberry Spinach Salad - LR-1285 (1 ea.)	15	447.27	26.06	7.17	0.00	873.69	23.49	31.76
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Vegetable Hummus Wrap - LR-1517 (1 ea.)	15	420.27	15.39	7.43	0.00	514.91	51.98	17.91
Saltine Crackers - LR- 1102 (2 pkg)	10	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Corn on the Cob - LR- 1203 (2 ea.)	300	220.00	7.00	1.00	0.00	60.00	38.00	6.00
Salad Bar MS - LR-1266 (1 ea.)	900	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	100	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	150	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	400	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Strawberries - LR-1198 (1/2 c.)	500	102.14	0.00	0.00	0.00	0.00	26.10	0.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00

## Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL

Date: 01/01/2020 - 01/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week C Fri - ServingDate: 01/24/2020</b>								
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week D Mon - ServingDate: 01/27/2020</b>								
Cheeseburger - LR-1147 (1 ea.)	400	305.00	12.50	4.95	0.00	642.00	28.00	21.50
Chicken Salad Wrap - LR-1227 (1 ea.)	15	334.85	12.93	4.09	0.00	646.78	35.88	19.61
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
French Bread Pizza - LR-1089 (1 ea.)	500	310.00	11.00	6.00	0.00	380.00	33.00	23.00
Strawberry Spinach Salad - LR-1285 (1 ea.)	15	447.27	26.06	7.17	0.00	873.69	23.49	31.76
Chicken Taquitos - LR-1561 (2 ea.)	240	280.00	12.00	3.00	0.00	800.00	30.00	16.00
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Saltine Crackers - LR-1102 (2 pkg)	60	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Baked Beans - LR-1177 (1/2 c.)	500	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Caesar Salad - LR-1179 (3/4 c.)	600	48.30	2.78	0.40	0.00	102.96	5.45	1.70
Salad Bar MS - LR-1266 (1 ea.)	100	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	250	58.00	0.00	0.00	0.00	0.00	15.00	0.40



## Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL

Date: 01/01/2020 - 01/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week D Mon - ServingDate: 01/27/2020</b>								
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week D Tue - ServingDate: 01/28/2020</b>								
Broccoli Cheese Soup - LR-1258 (1 c.)	200	275.35	15.86	8.33	0.00	1173.58	16.12	17.92
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	412.92	16.06	4.89	0.00	567.69	47.13	19.91
Chicken Nuggets - LR-1141 (5 ea.)	740	200.00	10.00	2.00	0.00	400.00	13.00	15.00
Italian Chef Salad - LR-1230 (1 ea.)	15	321.56	9.43	3.49	0.00	699.81	34.91	20.44
Meatballs in Gravy - LR-1187 (4 ea.)	200	212.64	12.24	4.11	0.64	696.85	11.20	13.65
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	9.75	5.00	0.00	553.06	17.44	8.42
Egg Noodles - LR-1309 (1 c.)	1,000	88.90	5.99	2.38	0.00	57.81	7.09	1.42
Saltine Crackers - LR-1102 (2 pkg)	400	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Green Beans - LR-1060 (1/2 c.)	200	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar MS - LR-1266 (1 ea.)	1,000	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10

## Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL

Date: 01/01/2020 - 01/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week D Tue - ServingDate: 01/28/2020</b>								
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Sunset Fruit Salad new - LR-1352 (1/2 c.)	300	68.75	0.03	0.00	0.00	9.37	16.43	0.39
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week D Wed - ServingDate: 01/29/2020</b>								
Mini Maple Waffles - LR-1563 (1 Bag)	1,200	200.00	5.00	1.50	0.00	220.00	35.00	4.00
California Club Wrap - LR-1224 (1 ea.)	15	326.04	12.06	3.43	0.00	799.93	30.22	25.04
Cheese Omelet - LR-1036 (1 ea.)	340	120.00	10.00	3.50	0.00	300.00	1.00	7.00
Corn Dog - LR-1564 (1 ea.)	300	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Fruit and Yogurt Plate - LR-1368 (1 ea.)	15	502.34	8.16	3.00	0.00	582.50	89.50	16.77
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Sausage Patties - LR-1336 (2 ea.)	500	120.00	8.00	2.00	0.00	160.00	0.00	12.00
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Potato Tator Tots - LR-1411 (1/2 c.)	1,000	144.00	7.60	0.00	0.00	194.00	16.00	1.70
Salad Bar MS - LR-1266 (1 ea.)	200	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	50	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	500	51.00	0.00	0.00	0.00	2.00	13.80	0.20

## Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL

Date: 01/01/2020 - 01/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week D Wed - ServingDate: 01/29/2020</b>								
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	400	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week D Thu - ServingDate: 01/30/2020</b>								
Baked Mostaccoli - LR-1194 (1 c.)	400	313.20	12.64	4.96	0.00	337.48	29.10	18.38
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	330.65	12.75	6.22	0.00	550.49	33.42	21.77
Guajillo Chicken Tenders - LR-1521 (3 ea.)	400	230.00	8.00	1.00	0.00	450.00	18.00	22.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Asian Chicken Shaker - LR-1367 (1 ea.)	15	390.45 (M)	17.90 (M)	2.05(M)	0.00(M)	588.56 (M)	32.31 (M)	24.93 (M)
Teriyaki Chicken Sandwich - LR-1246 (1 ea.)	340	302.51	10.50	2.50	0.00	926.82	29.50	24.83
Turkey Snack Pack - LR-1396 (1 ea.)	10	513.36	8.73	3.00	0.00(M)	921.54	86.20	25.27
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	10	269.82	6.49	2.25	0.00	744.34	30.18	22.12
Garlic Toast - LR-1050 (1 ea.)	430	80.00	3.50	1.00	0.00	150.00	11.00	2.00

## Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL

Date: 01/01/2020 - 01/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week D Thu - ServingDate: 01/30/2020</b>								
Broccoli Cuts with Cheese Sauce - LR- 1271 (1/2 c.)	300	43.62	1.60	0.43	0.00	104.57	6.10	2.77
Salad Bar MS - LR-1266 (1 ea.)	900	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR- 1076 (1/2 c.)	250	70.00	0.00	0.00	0.00	0.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch MS Week D Fri - ServingDate: 01/31/2020</b>								
Cherry Chicken - LR- 1037 (1/2 c.)	500	200.00	4.00	1.00	0.00	350.00	27.00	13.00
Chicken Chef Salad - LR-1228 (1 ea.)	15	286.44	14.13	5.05	0.00	533.25	21.50	17.73
Chicken Fajita Wrap - LR-1225 (1 ea.)	15	379.01	14.05	6.38	0.00	627.79	40.47	24.25
Ham & Cheese Sub - LR-1218 (1 ea.)	15	279.74	8.24	2.83	0.00	699.21	31.37	19.76
Mozzarella Sticks - LR- 1166 (5 ea.)	300	419.99	20.25	15.19	0.00	465.31	38.44	32.90
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70

## Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL

Date: 01/01/2020 - 01/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch MS Week D Fri - ServingDate: 01/31/2020</b>								
Pizza Burger - LR-1244 (1 ea.)	340	331.97	15.00	6.20	0.00	717.91	29.39	20.73
Rice Brown Cooked - LR-1422 (1/2 c.)	500	27.36	0.16	0.00	0.00	0.80	5.92	0.64
Saltine Crackers - LR- 1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Salad Bar MS - LR-1266 (1 ea.)	800	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Sweet Potato Fries Simplot - LR-1410 (3/4 c.)	700	150.00	6.00	0.75	0.00	145.00	23.00	2.00
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Kiwi Halves - LR-1064 (1 1/2 ea.)	250	69.00	0.00	0.00	0.00	3.00	16.50	1.50
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00

**Legend**

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Lunch  
Site Group: Middle  
Menu Line: Regular Lunch  
Serving Group: 6-8  
Nutrients Option: Expanded

# Menu Calendar Nutrient Analysis Report - January, 2020

Site: ALL  
Date: 01/01/2020 - 01/31/2020