

Menu Calendar Nutrient Analysis Report - February, 2020

Site: ALL

Date: 02/01/2020 - 02/29/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Breakfast Sack Element Mon - ServingDate: 02/03/2020								
Banana Breakfast Bar - LR-1020 (1 ea.)	500	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Fresh Apple Slices - LR-1018 (1/2 c.)	500	30.00	0.00	0.00	0.00	0.00	9.60	0.00
Orange Juice - LR-1068 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	14.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Element Tue - ServingDate: 02/04/2020								
Mini Maple Pancakes - LR-1072 (1 pkg)	500	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Pear Cup - LR-1504 (1/2 c.)	500	70.00	0.00	0.00	0.00	0.00	19.00	0.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Element Wedn - ServingDate: 02/05/2020								
Breakfast Pizza - LR-1085 (1 ea.)	500	210.00	10.00	2.00	0.00	320.00	21.00	10.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Punch Juice - LR-1096 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Breakfast Sack Element Thur - ServingDate: 02/06/2020								
Ultimate Breakfast Round - LR-1109 (1 ea.)	500	280.00	8.00	3.00	0.00	190.00	44.00	5.00
Applesauce - LR-1017 (1/2 c.)	500	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Fruit Punch Juice - LR-1096 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Element Fri - ServingDate: 02/07/2020								
French Toast Sticks - LR-1046 (3 ea.)	500	160.00	3.50	1.00	0.00	270.00	23.00	8.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Raisins - LR-1099 (1 ea.)	500	133.00	0.00	0.00	0.00	8.00	32.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Element Mon - ServingDate: 02/10/2020								
Mini Cinnamon Bagels - LR-1019 (1 ea.)	500	240.00	6.00	1.50	0.00	180.00	42.00	6.00
Fresh Apple Slices - LR-1018 (1/2 c.)	500	30.00	0.00	0.00	0.00	0.00	9.60	0.00
Orange Juice - LR-1068 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	14.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Breakfast Sack Elem F Tue - ServingDate: 02/11/2020								
Raspberry Bar - LR-1570 (1 ea.)	500	230.00	8.00	2.50	0.00	270.00	35.00	5.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Peach Cup - LR-1503 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Elem F Wed - ServingDate: 02/12/2020								
Breakfast Bites - LR-1108 (3 ea.)	500	230.00	13.00	3.50	0.00	480.00	20.00	8.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Punch Juice - LR-1096 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Elem F Thur - ServingDate: 02/13/2020								
Mini Maple Waffles - LR-1563 (1 Bag)	500	200.00	5.00	1.50	0.00	220.00	35.00	4.00
Applesauce - LR-1017 (1/2 c.)	500	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Fruit Punch Juice - LR-1096 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Breakfast Sack Elem F Fri - ServingDate: 02/14/2020								
Cinnamon Crisp Bar - LR-1360 (1 Bar)	500	250.00	9.00	1.00	0.00	80.00	39.00	4.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Raisins - LR-1099 (1 ea.)	500	133.00	0.00	0.00	0.00	8.00	32.00	1.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Elem A Tues - ServingDate: 02/18/2020								
Breakfast Pizza - LR- 1085 (1 ea.)	500	210.00	10.00	2.00	0.00	320.00	21.00	10.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Punch Juice - LR- 1096 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Elem A Wed - ServingDate: 02/19/2020								
Egg Cheese Wrap - LR- 1117 (1 ea.)	500	177.50	7.00	3.13	0.00	292.50	20.50	7.75
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Peach Cup - LR-1503 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Elem A Thurs - ServingDate: 02/20/2020								
Raspberry Bar - LR- 1570 (1 ea.)	500	230.00	8.00	2.50	0.00	270.00	35.00	5.00
Mixed Fruit - LR-1066 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	15.00	0.00

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Breakfast Sack Elem A Thurs - ServingDate: 02/20/2020								
Fruit Punch Juice - LR-1096 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Elem A Frid - ServingDate: 02/21/2020								
Breakfast Bites - LR-1108 (3 ea.)	500	230.00	13.00	3.50	0.00	480.00	20.00	8.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Raisins - LR-1099 (1 ea.)	500	133.00	0.00	0.00	0.00	8.00	32.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Elem B Mon - ServingDate: 02/24/2020								
Yogurt & Granola - LR-1423 (1 ea.)	500	340.00	4.50	0.00	0.00	135.00	65.00	10.00
Fresh Apple Slices - LR-1018 (1/2 c.)	500	30.00	0.00	0.00	0.00	0.00	9.60	0.00
Orange Juice - LR-1068 (1 ea.)	500	60.00	0.00	0.00	0.00	15.00	14.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Elem B Tues - ServingDate: 02/25/2020								
Mini Maple Pancakes - LR-1072 (1 pkg)	500	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Pear Cup - LR-1504 (1/2 c.)	500	70.00	0.00	0.00	0.00	0.00	19.00	0.00
Chocolate Milk - LR-1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Breakfast Sack Elem B Tues - ServingDate: 02/25/2020								
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Elem B Wed - ServingDate: 02/26/2020								
Berry Bread & Cheese Stick - LR-1123 (1 ea.)	500	260.00	13.50	5.50	0.00	305.00	27.00	10.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Punch Juice - LR- 1096 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Chocolate Milk - LR- 1103 (1 ea.)	480	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Elem B Thurs - ServingDate: 02/27/2020								
Egg Cheese Breadstick - LR-1463 (1 ea.)	500	160.00	7.00	3.00	0.00	340.00	17.00	8.00
Mixed Fruit - LR-1066 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Fruit Punch Juice - LR- 1096 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Chocolate Milk - LR- 1103 (1 ea.)	480	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Sack Elem B Fri - ServingDate: 02/28/2020								
French Toast Sticks - LR-1046 (3 ea.)	500	160.00	3.50	1.00	0.00	270.00	23.00	8.00
Apple Juice - LR-1029 (1 ea.)	500	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Raisins - LR-1099 (1 ea.)	500	133.00	0.00	0.00	0.00	8.00	32.00	1.00
Chocolate Milk - LR- 1103 (1 ea.)	490	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	10	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Breakfast
Site Group: Elementary
Menu Line: Sack Breakfast
Serving Group: K-5
Nutrients Option: Expanded