

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Breakfast Middle C Tue - ServingDate: 09/03/2019								
Banana Bread - LR-1265 (1 slice)	20	280.00	10.00	2.00	0.00	220.00	44.00	5.00
Mini Maple Pancakes - LR-1072 (1 pkg)	80	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Yogurt Parfait - LR-1297 (1 ea.)	10	229.93	1.26	0.00	0.00	98.11	48.07	6.44
Bagel Strawberry Stuffed - LR-1511 (1 ea.)	40	240.00	6.00	2.50	0.00	180.00	41.00	6.00
Red Apples - LR-1030 (1 ea.)	30	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	40	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle C Wed - ServingDate: 09/04/2019								
Banana Breakfast Bar - LR-1020 (1 ea.)	50	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Cinnamon Roll - LR-1040 (1 ea.)	40	210.00	7.00	1.50	0.00	20.00	34.00	4.00
Mexican Egg Wrap - LR-1365 (1 ea.)	50	191.34	8.14	3.13	0.00	290.64	21.11	7.79
Yogurt & Granola - LR-1122 (1 ea.)	10	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00

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Breakfast Middle C Wed - ServingDate: 09/04/2019								
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle C Thu - ServingDate: 09/05/2019								
Blueberry Bread - LR-1362 (1 slice)	25	270.00	9.00	2.00	0.00	190.00	43.00	6.00
CrunchMania - LR-1043 (1 Bag)	50	220.00	7.00	2.00	0.00	230.00	37.00	4.00
Yogurt Parfait - LR-1297 (1 ea.)	15	229.93	1.26	0.00	0.00	98.11	48.07	6.44
Bagel-Fuls Cinnamon - LR-1501 (1 ea.)	60	180.00	3.00	1.50	0.00	180.00	32.00	6.00
Red Apples - LR-1030 (1 ea.)	25	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	85	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	40	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle C Fri - ServingDate: 09/06/2019								
Bagel with Cream Cheese - LR-1120 (1 ea.)	15	230.00	9.00	5.00	0.00	300.00	30.00	7.00
Banana Breakfast Bar - LR-1020 (1 ea.)	50	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Breakfast Bites - LR-1108 (3 ea.)	70	210.00	13.00	3.00	0.00	430.00	17.00	6.00
Yogurt & Granola - LR-1122 (1 ea.)	15	180.00	3.50	1.00	0.00	200.00	34.00	5.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Breakfast Middle C Fri - ServingDate: 09/06/2019								
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	75	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	40	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR- 1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle D Mon - ServingDate: 09/09/2019								
Bagel with Cream Cheese - LR-1120 (1 ea.)	10	230.00	9.00	5.00	0.00	300.00	30.00	7.00
Banana Breakfast Bar - LR-1020 (1 ea.)	60	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Waffles Mini Maple - LR- 1442 (1 Bag)	70	200.00	5.00	1.00	0.00	170.00	37.00	4.00
Yogurt & Granola - LR- 1122 (1 ea.)	10	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR- 1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Breakfast Middle D Tue - ServingDate: 09/10/2019								
Egg Cheese Breadstick - LR-1463 (1 ea.)	60	160.00	7.00	3.00	0.00	340.00	17.00	8.00
Ultimate Breakfast Round - LR-1109 (1 ea.)	20	280.00	8.00	3.00	0.00	190.00	44.00	5.00
Yogurt Parfait - LR- 1297 (1 ea.)	20	229.93	1.26	0.00	0.00	98.11	48.07	6.44
Bagel Strawberry Stuffed - LR-1511 (1 ea.)	50	240.00	6.00	2.50	0.00	180.00	41.00	6.00
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR- 1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle D Wed - ServingDate: 09/11/2019								
Banana Breakfast Bar - LR-1020 (1 ea.)	40	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Cinnamon Roll - LR- 1040 (1 ea.)	50	210.00	7.00	1.50	0.00	20.00	34.00	4.00
Egg Cheese Sandwich - LR-1124 (1 ea.)	50	177.50	7.50	1.63	0.00	287.50	18.50	7.75
Yogurt & Granola - LR- 1122 (1 ea.)	10	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	70	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00

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Breakfast Middle D Wed - ServingDate: 09/11/2019								
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle D Thu - ServingDate: 09/12/2019								
Apple Texas Toast - LR-1016 (1 ea.)	70	260.00	6.00	1.00	0.00	290.00	45.00	8.00
Bagel with Cream Cheese - LR-1120 (1 ea.)	15	230.00	9.00	5.00	0.00	300.00	30.00	7.00
Blueberry Bread - LR-1362 (1 slice)	50	270.00	9.00	2.00	0.00	190.00	43.00	6.00
Yogurt Parfait - LR-1297 (1 ea.)	15	229.93	1.26	0.00	0.00	98.11	48.07	6.44
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle D Fri - ServingDate: 09/13/2019								
Bagel with Cream Cheese - LR-1120 (1 ea.)	15	230.00	9.00	5.00	0.00	300.00	30.00	7.00
Banana Breakfast Bar - LR-1020 (1 ea.)	50	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Sausage Cheese Sandwich - LR-1121 (1 ea.)	70	195.00	8.50	2.25	0.00	335.00	18.00	12.50

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Breakfast Middle D Fri - ServingDate: 09/13/2019								
Yogurt & Granola - LR-1122 (1 ea.)	15	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle E Mon - ServingDate: 09/16/2019								
Bagel with Cream Cheese - LR-1120 (1 ea.)	10	230.00	9.00	5.00	0.00	300.00	30.00	7.00
Banana Breakfast Bar - LR-1020 (1 ea.)	60	280.00	8.00	3.00	0.00	220.00	48.00	5.00
French Toast Sticks - LR-1046 (3 ea.)	70	160.00	3.50	1.00	0.00	270.00	23.00	8.00
Yogurt & Granola - LR-1122 (1 ea.)	10	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Breakfast Middle E Tue - ServingDate: 09/17/2019								
Egg Cheese Wrap - LR-1117 (1 ea.)	70	187.50	8.00	3.13	0.00	282.50	20.50	7.75
Ultimate Breakfast Round - LR-1109 (1 ea.)	10	280.00	8.00	3.00	0.00	190.00	44.00	5.00
Yogurt Parfait - LR-1297 (1 ea.)	20	229.93	1.26	0.00	0.00	98.11	48.07	6.44
Bagel Strawberry Stuffed - LR-1511 (1 ea.)	50	240.00	6.00	2.50	0.00	180.00	41.00	6.00
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle E Wed - ServingDate: 09/18/2019								
Banana Breakfast Bar - LR-1020 (1 ea.)	30	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Cinnamon Roll - LR-1040 (1 ea.)	40	210.00	7.00	1.50	0.00	20.00	34.00	4.00
Breakfast Pizza - LR-1085 (1 ea.)	70	210.00	10.00	2.00	0.00	320.00	21.00	10.00
Yogurt & Granola - LR-1122 (1 ea.)	10	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00

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Breakfast Middle E Wed - ServingDate: 09/18/2019								
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle E Thu - ServingDate: 09/19/2019								
Blueberry Bread - LR-1362 (1 slice)	30	270.00	9.00	2.00	0.00	190.00	43.00	6.00
CrunchMania - LR-1043 (1 Bag)	40	220.00	7.00	2.00	0.00	230.00	37.00	4.00
Pancake on a Sticks - LR-1001 (1 ea.)	70	200.00	10.00	2.50	0.00	310.00	17.00	7.00
Yogurt Parfait - LR-1297 (1 ea.)	10	229.93	1.26	0.00	0.00	98.11	48.07	6.44
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle E Fri - ServingDate: 09/20/2019								
Bagel with Cream Cheese - LR-1120 (1 ea.)	15	230.00	9.00	5.00	0.00	300.00	30.00	7.00
Banana Breakfast Bar - LR-1020 (1 ea.)	50	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Blueberry Mini Pancakes - LR-1026 (1 pkg)	70	210.00	6.00	1.00	0.00	310.00	35.00	4.00
Yogurt & Granola - LR-1122 (1 ea.)	15	180.00	3.50	1.00	0.00	200.00	34.00	5.00

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Breakfast Middle E Fri - ServingDate: 09/20/2019								
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR- 1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle F Mon - ServingDate: 09/23/2019								
Apple Texas Toast - LR- 1016 (1 ea.)	70	260.00	6.00	1.00	0.00	290.00	45.00	8.00
Banana Breakfast Bar - LR-1020 (1 ea.)	60	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Blueberry Bread - LR- 1362 (1 slice)	10	270.00	9.00	2.00	0.00	190.00	43.00	6.00
Yogurt & Granola - LR- 1122 (1 ea.)	10	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR- 1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle F Tue - ServingDate: 09/24/2019								
Banana Bread - LR- 1265 (1 slice)	30	280.00	10.00	2.00	0.00	220.00	44.00	5.00

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Breakfast Middle F Tue - ServingDate: 09/24/2019								
Cinn. French Toast - LR-1039 (1 ea.)	60	210.00	8.00	2.00	0.00	290.00	26.00	8.00
Yogurt Parfait - LR-1297 (1 ea.)	10	229.93	1.26	0.00	0.00	98.11	48.07	6.44
Bagel Strawberry Stuffed - LR-1511 (1 ea.)	50	240.00	6.00	2.50	0.00	180.00	41.00	6.00
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle F Wed - ServingDate: 09/25/2019								
Banana Breakfast Bar - LR-1020 (1 ea.)	60	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Blueberry Bread - LR-1362 (1 slice)	15	270.00	9.00	2.00	0.00	190.00	43.00	6.00
Chicken Breakfast Sandwich - LR-1126 (1 ea.)	65	210.00	8.50	1.00	0.00	320.00	24.00	11.00
Yogurt & Granola - LR-1122 (1 ea.)	10	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Breakfast Middle F Wed - ServingDate: 09/25/2019								
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle F Thu - ServingDate: 09/26/2019								
Cinnamon Crisp Bar - LR-1360 (1 Bar)	30	250.00	9.00	1.00	0.00	80.00	39.00	4.00
CrunchMania - LR-1043 (1 Bag)	50	220.00	7.00	2.00	0.00	230.00	37.00	4.00
Waffles Mini Maple - LR-1442 (1 Bag)	50	200.00	5.00	1.00	0.00	170.00	37.00	4.00
Yogurt Parfait - LR-1297 (1 ea.)	20	229.93	1.26	0.00	0.00	98.11	48.07	6.44
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Breakfast Middle F Fri - ServingDate: 09/27/2019								
Bagel with Cream Cheese - LR-1120 (1 ea.)	10	230.00	9.00	5.00	0.00	300.00	30.00	7.00
Banana Breakfast Bar - LR-1020 (1 ea.)	60	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Mexican Egg Wrap - LR-1365 (1 ea.)	70	191.34	8.14	3.13	0.00	290.64	21.11	7.79
Yogurt & Granola - LR-1122 (1 ea.)	10	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Breakfast Middle F Fri - ServingDate: 09/27/2019								
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	35	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Breakfast
 Site Group: Middle
 Menu Line: Regular Breakfast
 Serving Group: 6-8
 Nutrients Option: Expanded