

## Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week C Tue - ServingDate: 09/03/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Pepperoni Calzone - LR- 1024 (1 ea.)	900	280.00	11.00	6.00	0.00	25.00	590.00	32.00	3.00	6.00	19.00	2.00	361.00	0.00	0.00	(M)	(M)
Chicken Drumstick - LR- 1038 (1 ea.)	1,200	190.00	11.00	2.50	0.00	50.00	450.00	5.00	1.00	0.00	16.00	1.08	20.00	100.00	0.00	(M)	(M)
Deli Sandwich - LR- 1174 (1 ea.)	200	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Banana Muffin - LR- 1424 (1 ea.)	1,200	190.00	6.00	2.00	0.00	40.00	130.00	30.00	2.00	17.00	3.00	0.72	20.00	0.00	0.00	(M)	(M)
Salad Bar - LR-1175 (1 c.)	20	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Sweet Potato Fries Simplot - LR-1410 (3/4 c.)	35	150.00	6.00	0.75	0.00	0.00	145.00	23.00	3.00	9.00	2.00	0.54	20.00	1150.00	0.00	(M)	(M)
Red Apples - LR-1030 (1 ea.)	200	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR- 1069 (1 ea.)	300	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Watermelon - LR-1113 (1/2 c.)	500	54.00	0.00	0.00	0.00	0.00	0.00	13.50	0.81	13.50	0.81	48.60	1350.00	10800.00	972.00	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	300	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week C Wed - ServingDate: 09/04/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Buffalo Chicken Pasta - LR-1189 (1 c.)	500	342.59	17.23	7.49	0.00	74.54	1059.51	22.74	1.32	4.25	22.46	1.58	150.94	516.41	0.60	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	400	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Mini Corn Dogs - LR-1150 (6 ea.)	1,200	267.00	11.00	1.90	0.00	34.00	365.00	33.00	3.00	12.00	9.00	1.00	66.00	114.00	51.00	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	400	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Mini Pretzel - LR-1094 (1 ea.)	500	70.00	0.50	0.00	0.00	0.00	100.00	14.00	1.00	0.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Baked Beans - LR-1177 (1/2 c.)	100	135.56	1.08	0.00	0.00	0.00	162.78	26.01	5.42	9.70	7.58	1.64	46.58	155.37	0.08	(M)	(M)
Salad Bar - LR-1175 (1 c.)	20	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Applesauce - LR-1017 (1/2 c.)	700	51.00	0.00	0.00	0.00	0.00	2.00	13.80	1.50	12.30	0.20	0.20	4.00	35.00	1.50	(M)	(M)
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>Lunch Elem Week C Thur - ServingDate: 09/05/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)

## Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week C Thur - ServingDate: 09/05/2019</b>																	
Chili Elementary - LR-1544 (1 c.)	700	267.35	15.65	5.81	0.00	54.20	381.13	9.21	2.83	1.92	19.57	3.71	83.79	186.68	6.70	0.00(M)	0.00(M)
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Hot Dog Sandwich - LR-1158 (1 ea.)	1,200	280.00	12.50	3.00	0.00	50.00	530.00	28.00	2.50	3.00	13.00	1.72	123.00	0.00(M)	9.00(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Chili Toppings - LR-1545 (1 c.)	700	68.75	4.54	3.00	0.00	15.00	111.50	2.67	0.00	1.00	4.03	0.01	130.00	112.50	0.00	(M)	(M)
Cornbread Loaf Mini - LR-1502 (1 ea.)	700	180.00	6.00	0.50	0.00	15.00	90.00	28.00	1.00	15.00	3.00	1.00	22.00	0.00	0.00	(M)	(M)
Buffalo Cauliflower - LR-1379 (1/2 c.)	250	33.02	1.85	0.70	0.00	0.00	222.69	4.19	1.81	1.40	1.40	0.25	13.96	262.50	34.74	0.00(M)	0.00(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Peaches Diced - LR-1306 (1/2 c.)	400	60.00	0.00	0.00	0.00	0.00	5.00	16.00	2.00	12.00	0.00	0.24	8.00	0.00	2.50	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>Lunch Elem Week C Fri - ServingDate: 09/06/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week C Fri - ServingDate: 09/06/2019</b>																	
Cheesy Fish Sandwich - LR-1149 (1 ea.)	800	390.00	13.50	4.50	0.00	60.00	750.00	49.00	2.00	4.00	20.00	1.00	216.00	200.00 (M)	0.00(M)	(M)	(M)
Chicken Patty Sandwich - LR-1139 (1 ea.)	1,200	340.00	12.50	2.50	0.00	35.00	650.00	39.00	4.00	3.00	21.00	2.80	86.00	100.00 (M)	78.00 (M)	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Mashed Potatoes - LR-1196 (1/2 c.)	1,300	69.12	1.72	0.19	0.00	0.00	250.12	13.06	0.78	0.78	1.56	0.28	0.00	112.50	2.75	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,200	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	600	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Strawberries - LR-1198 (1/2 c.)	800	102.14	0.00	0.00	0.00	0.00	0.00	26.10	3.40	19.29	0.00	0.94	20.43	56.75	51.53	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,400	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Tartar Sauce - LR-1323 (1 ea.)	100	60.00	6.00	6.00	0.00	5.00	130.00	2.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>Lunch Elem Week D Mon - ServingDate: 09/09/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
BBQ Chicken Sandwich - LR-1156 (1 ea.)	500	337.25	10.50	2.50	0.00	65.00	841.13	38.02	2.00	12.45	24.00	1.72	66.00	178.75 (M)	0.95(M)	(M)	(M)

## Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week D Mon - ServingDate: 09/09/2019</b>																	
Deli Sandwich - LR-1174 (1 ea.)	200	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
French Bread Pizza - LR-1089 (1 ea.)	1,600	310.00	11.00	6.00	0.00	30.00	380.00	33.00	3.00	4.00	23.00	1.80	500.00	500.00	15.00	(M)	(M)
Baked Beans - LR-1177 (1/2 c.)	1,000	135.56	1.08	0.00	0.00	0.00	162.78	26.01	5.42	9.70	7.58	1.64	46.58	155.37	0.08	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Diced Pears - LR-1074 (1/2 c.)	400	58.00	0.00	0.00	0.00	0.00	0.00	15.00	2.00	12.00	0.40	0.24	8.00	0.00	2.50	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>Lunch Elem Week D Tue - ServingDate: 09/10/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Chicken Nuggets - LR-1141 (5 ea.)	1,800	200.00	10.00	2.00	0.00	35.00	400.00	13.00	0.00	0.00	15.00	1.80	20.00	100.00	78.00	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	150	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Meatballs in Gravy - LR-1187 (4 ea.)	400	212.64	12.24	4.11	0.64	38.20	696.85	11.20	1.52	2.52	13.65	2.41	75.78	5.31	1.06	33.05 (M)	0.00(M)

## Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week D Tue - ServingDate: 09/10/2019</b>																	
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	150	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Egg Noodles - LR-1309 (1/2 c.)	2,500	44.45	3.00	1.19	0.00	4.78	28.91	3.54	0.09	0.18	0.71	0.45	3.54	135.42	0.00	(M)	(M)
Green Beans - LR-1060 (1/2 c.)	1,000	19.00	0.00	0.00	0.00	0.00	1.00	4.00	2.00	1.00	1.00	0.60	26.00	240.00	3.20	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Sunset Fruit Salad new - LR-1352 (1/2 c.)	500	68.75	0.03	0.00	0.00	0.00	9.37	16.43	1.36	14.85	0.39	4.01	300.44	408.80	156.89	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>Lunch Elem Week D Wed - ServingDate: 09/11/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Mini Maple Pancakes - LR-1072 (1 pkg)	2,400	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	4.00	2.70	60.00	500.00	0.00	(M)	(M)
Cheese Omelet - LR- 1036 (1 ea.)	1,000	120.00	10.00	3.50	0.00	165.00	300.00	1.00	0.00	0.00	7.00	1.08	80.00	0.00	0.00	(M)	(M)
Deli Wrap - LR-1183 (1 ea.)	50	223.57	7.89	3.71	0.00	45.05	548.14	21.18	2.00	1.79	17.87	1.49	95.00	0.00	0.00	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	50	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week D Wed - ServingDate: 09/11/2019</b>																	
Sausage Patties - LR-1336 (2 ea.)	1,400	120.00	8.00	2.00	0.00	60.00	160.00	0.00	0.00	(M)	12.00	1.44	40.00	0.00	0.00	(M)	(M)
Potato Tator Tots - LR-1411 (1/2 c.)	2,300	144.00	7.60	0.00	0.00	0.00	194.00	16.00	0.00	0.00	1.70	0.31	0.00	0.00	0.00	(M)	(M)
Salad Bar - LR-1175 (1 c.)	200	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Applesauce - LR-1017 (1/2 c.)	600	51.00	0.00	0.00	0.00	0.00	2.00	13.80	1.50	12.30	0.20	0.20	4.00	35.00	1.50	(M)	(M)
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>Lunch Elem Week D Thur - ServingDate: 09/12/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Baked Mostaccoli - LR-1194 (1 c.)	1,000	313.20	12.64	4.96	0.00	39.41	441.78	29.10	2.01	5.01	18.38	3.47	101.48	382.29	5.00	10.95 (M)	0.00(M)
Ham & Cheese Calzone - LR-1033 (1 ea.)	1,000	280.00	11.00	5.00	0.00	40.00	590.00	31.00	3.00	4.00	19.00	2.00	337.00	0.00	0.00	(M)	(M)
Deli Wrap - LR-1183 (1 ea.)	250	223.57	7.89	3.71	0.00	45.05	548.14	21.18	2.00	1.79	17.87	1.49	95.00	0.00	0.00	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	250	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Dinner Roll - LR-1180 (1 ea.)	1,000	100.00	4.00	0.50	0.00	0.00	190.00	14.00	1.00	1.00	3.00	1.00	36.00	300.00 (M)	0.00(M)	(M)	(M)

## Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week D Thur - ServingDate: 09/12/2019</b>																	
Fresh Broccoli with Dip - LR-1195 (1/2 c.)	1,000	82.00	6.00	1.00	0.00	5.00	137.00	7.00	0.00	3.00	1.00	0.36	20.00	1300.00	40.80	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Pineapple Chunks - LR-1076 (1/2 c.)	500	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	0.00	18.00	1000.00	0.00	600.00	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>Lunch Elem Week D Fri - ServingDate: 09/13/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Cheesy Breadstick - LR-1028 (1 ea.)	1,100	280.00	11.00	6.00	0.00	25.00	460.00	30.00	2.00	1.00	16.00	1.80	350.00	300.00	0.00	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	100	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	100	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Flour Tortilla & Toppings - LR-1135 (1 ea.)	1,200	169.57	7.44	4.46	0.00	14.81	223.83	20.54	2.02	1.53	5.98	1.63	118.59	253.18	3.06	(M)	(M)
Candied Carrots - LR-1193 (3/4 c.)	1,500	93.39	3.72	0.52	0.00	58.91	118.25	18.85	4.91	10.94	0.11	0.96	64.96	30391.09	7.59	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,000	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)



## Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week D Fri - ServingDate: 09/13/2019</b>																	
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Cinnamon Apples - LR-1210 (1/2 c.)	900	66.59	0.00	0.00	0.00	0.00	2.64	17.37	0.88	7.68	0.00	0.18	4.40	18.50	0.35	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Chicken Taco Meat - LR-1163 (3 oz.)	1,200	102.93	3.00	0.50	0.00(M)	69.92	319.64	0.13	0.00	0.00	18.98	0.36	0.00	17.37	0.00	0.00(M)	0.00(M)
<b>Lunch Elem Week E Mond - ServingDate: 09/16/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	200	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Grilled Chicken Sandwich - LR-1153 (1 ea.)	600	290.00	10.50	2.50	0.00	65.00	660.00	27.00	2.00	3.00	24.00	1.72	66.00	100.00(M)	0.00(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Pepperoni Pizza - LR-1090 (1 ea.)	1,500	310.00	11.00	6.00	0.00	35.00	470.00	30.00	3.00	6.00	23.00	2.70	350.00	400.00	9.00	(M)	(M)
Green Peas - LR-1061 (1/2 c.)	1,000	62.00	0.00	0.00	0.00	0.00	58.00	11.00	4.00	4.00	4.00	1.26	19.00	1680.00	7.90	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	250	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)

## Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week E Mond - ServingDate: 09/16/2019</b>																	
Variety of Juices - LR-1118 (1 ea.)	700	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Red Grapes - LR-1058 (1/2 c.)	950	45.00	0.00	0.00	0.00	0.00	7.50	12.00	0.50	10.00	0.00	0.00	1000.00	0.00	60.00	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>Lunch Elem Week E Tue - ServingDate: 09/17/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Meatball Sub - LR-1200 (1 ea.)	900	341.81	12.39	4.42	0.46	35.10	597.86	37.58	4.31	9.22	19.73	3.48	243.87	263.85(M)	3.89(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Turkey & Noodles - LR-1199 (1 c.)	1,000	210.13	9.50	3.52	0.00	59.69	558.20	12.37	0.61	0.44	16.78	1.61	8.86	275.27	0.00	0.00(M)	0.00(M)
Dinner Roll - LR-1180 (1 ea.)	1,000	100.00	4.00	0.50	0.00	0.00	190.00	14.00	1.00	1.00	3.00	1.00	36.00	300.00(M)	0.00(M)	(M)	(M)
Roasted Butternut Squash - LR-1515 (2/3 c.)	1,000	118.47	4.67	0.88	0.00	0.00	190.21	22.17	2.62	8.99	1.31	0.53	530.27	2038.40	23.58	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week E Tue - ServingDate: 09/17/2019</b>																	
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Pearsauce - LR-1075 (1 ea.)	500	80.00	0.00	0.00	0.00	0.00	0.00	20.00	3.00	12.00	0.00	0.00	0.00	0.00	60.00	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	300	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>Lunch Elem Week E Wed - ServingDate: 09/18/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
California Club Wrap - LR-1204 (1 ea.)	800	270.17	11.37	3.03	0.00	71.47	677.67	20.22	2.32	1.88	21.45	1.49	26.33	268.05	4.18	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Mini Chicken Taco - LR-1106 (3 ea.)	1,100	320.00	14.00	5.00	0.00	55.00	480.00	31.00	4.00	0.00	17.00	3.60	200.00	400.00	2.40	(M)	(M)
Broccoli Cuts - LR-1078 (1/2 c.)	1,000	26.00	0.00	0.00	0.00	0.00	22.00	5.00	3.00	1.00	3.00	0.72	50.00	175.00	4.80	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Mandarin Oranges - LR-1070 (1/2 c.)	500	90.00	0.00	0.00	0.00	0.00	15.00	19.00	1.00	18.00	0.00	0.72	0.00	0.00	18.00	(M)	(M)

## Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week E Wed - ServingDate: 09/18/2019</b>																	
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>Lunch Elem Week E Thur - ServingDate: 09/19/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Deli Sandwich - LR- 1174 (1 ea.)	300	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
MAXX Sticks - LR-1167 (2 ea.)	1,200	290.00	9.00	3.00	0.00	10.00	630.00	36.00	3.00	8.50	19.00	2.34	310.00	250.00	3.00	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Teriyaki Chicken - LR- 1053 (2 7/8 oz.)	700	146.00	2.50	1.00	0.00	53.00	414.00	14.00	0.00	14.00	15.00	1.08	20.00	100.00	0.00	(M)	(M)
Rice Brown Cooked - LR-1422 (1/2 c.)	700	27.36	0.16	0.00	0.00	0.00	0.80	5.92	0.32	0.00	0.64	0.12	3.20	0.00	0.00	0.00(M)	0.00(M)
Edamame - LR-1044 (1/2 c.)	1,000	100.00	4.00	1.00	0.00	0.00	5.00	7.00	4.00	3.00	9.00	1.80	60.00	0.00	9.00	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Peaches Diced - LR- 1306 (1/2 c.)	600	60.00	0.00	0.00	0.00	0.00	5.00	16.00	2.00	12.00	0.00	0.24	8.00	0.00	2.50	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week E Thur - ServingDate: 09/19/2019</b>																	
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>Lunch Elem Week E Fri - ServingDate: 09/20/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Deli Wrap - LR-1183 (1 ea.)	300	223.57	7.89	3.71	0.00	45.05	548.14	21.18	2.00	1.79	17.87	1.49	95.00	0.00	0.00	(M)	(M)
Fish Nuggets - LR-1168 (4 ea.)	800	240.00	10.00	1.50	0.00	40.00	730.00	22.00	2.00	1.00	15.00	1.80	20.00	0.00	0.00	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Spaghetti w/ Meat Sauce - LR-1208 (1 c.)	1,100	498.22	15.41	5.31	0.00	49.55	402.59	68.78	3.73	8.56	26.40	5.78	47.64	547.36	7.16	0.00(M)	0.00(M)
Garlic Toast - LR-1050 (1 ea.)	2,500	80.00	3.50	1.00	0.00	0.00	150.00	11.00	1.00	0.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Caesar Salad - LR-1179 (3/4 c.)	2,000	48.26	2.70	0.38	0.00	1.07	101.06	5.47	1.06	0.53	1.67	0.58	30.52	2935.39	12.77	(M)	(M)
Salad Bar - LR-1175 (1 c.)	500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Mixed Fruit - LR-1066 (1/2 c.)	500	60.00	0.00	0.00	0.00	0.00	5.00	15.00	1.00	12.00	0.00	0.36	6.00	12.00	3.90	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)

## Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week E Fri - ServingDate: 09/20/2019</b>																	
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,400	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Tartar Sauce - LR-1323 (1 ea.)	100	60.00	6.00	6.00	0.00	5.00	130.00	2.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>Lunch Elem Week F Mon - ServingDate: 09/23/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
BBQ Pork Sandwich - LR-1146 (1 ea.)	400	411.21	8.67	2.66	0.00	77.69	708.84	52.30	2.30	22.65	30.09	2.31	82.86	166.96 (M)	3.08(M)	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	150	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	150	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Popcorn Chicken - LR-1207 (14 ea.)	1,800	210.00	12.00	3.00	0.00	35.00	430.00	13.00	2.00	0.00	14.00	1.80	20.00	100.00	0.00	(M)	(M)
Cornbread Loaf Mini - LR-1502 (1 ea.)	1,800	180.00	6.00	0.50	0.00	15.00	90.00	28.00	1.00	15.00	3.00	1.00	22.00	0.00	0.00	(M)	(M)
Broccoli Cuts - LR-1078 (1/2 c.)	1,000	26.00	0.00	0.00	0.00	0.00	22.00	5.00	3.00	1.00	3.00	0.72	50.00	175.00	4.80	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Applesauce - LR-1017 (1/2 c.)	1,800	51.00	0.00	0.00	0.00	0.00	2.00	13.80	1.50	12.30	0.20	0.20	4.00	35.00	1.50	(M)	(M)
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)

## Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week F Mon - ServingDate: 09/23/2019</b>																	
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>Lunch Elem Week F Tue - ServingDate: 09/24/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Chicken Noodle Soup - LR-1201 (1 c.)	1,100	144.65	2.59	0.46	0.00	65.12	395.03	12.62	1.58	2.75	15.85	1.85	64.50	2504.30	59.92	0.00(M)	0.00(M)
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Hot Dog Sandwich - LR-1158 (1 ea.)	800	280.00	12.50	3.00	0.00	50.00	530.00	28.00	2.50	3.00	13.00	1.72	123.00	0.00(M)	9.00(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Saltine Crackers - LR-1102 (2 pkg)	1,000	100.00	3.00	0.00	0.00	0.00	120.00	14.00	0.00	0.00	2.00	0.72	40.00	1000.00	0.00	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Whole Kernel Corn - LR-1114 (1/2 c.)	1,000	67.00	1.00	0.00	0.00	0.00	1.00	16.00	2.00	3.00	2.00	0.39	2.00	164.00	2.90	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Diced Pears - LR-1074 (1/2 c.)	500	58.00	0.00	0.00	0.00	0.00	0.00	15.00	2.00	12.00	0.40	0.24	8.00	0.00	2.50	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week F Tue - ServingDate: 09/24/2019</b>																	
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>Lunch Elem Week F Wed - ServingDate: 09/25/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Corn Dog - LR-1142 (1 ea.)	1,200	240.00	8.00	2.50	0.00	40.00	390.00	30.00	5.00	5.00	9.00	1.80	80.00	0.00	0.00	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Flour Tortilla & Toppings - LR-1135 (1 ea.)	700	169.57	7.44	4.46	0.00	14.81	223.83	20.54	2.02	1.53	5.98	1.63	118.59	253.18	3.06	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Southwest Lentils - LR-1459 (1/2 c.)	300	141.37	1.46	0.08	0.00(M)	0.00	287.93	22.44	10.53	1.73	9.17	2.83	41.35	14391.00	72.33	0.00(M)	0.00(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Pineapple Chunks - LR-1076 (1/2 c.)	500	70.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	0.00	18.00	1000.00	0.00	600.00	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)



## Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week F Wed - ServingDate: 09/25/2019</b>																	
Chicken Fajitas Meat - LR-1171 (1 ea.)	700	120.02	2.54	0.51	0.00	66.08	681.42	5.08	0.37	0.89	17.52	1.33	34.89	36.21	8.83	(M)	(M)
<b>Lunch Elem Week F Thur - ServingDate: 09/26/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Cheeseburger Pasta - LR-1205 (1 c.)	700	294.73	14.31	5.70	0.00	42.13	432.11	24.12	1.93	5.04	16.55	3.06	103.06	601.00	9.61	(M)	(M)
Deli Sandwich - LR- 1174 (1 ea.)	300	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Nacho with Toppings - LR-1136 (1 ea.)	1,200	314.03	17.26	5.91	0.00	21.88	596.64	33.01	1.54	0.53	8.91	1.10	280.27	472.00	3.06	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Dinner Roll - LR-1180 (1 ea.)	700	100.00	4.00	0.50	0.00	0.00	190.00	14.00	1.00	1.00	3.00	1.00	36.00	300.00 (M)	0.00(M)	(M)	(M)
Celery Sticks with Dip - LR-1206 (1/2 c.)	1,200	78.50	6.00	1.00	0.00	5.00	175.00	7.00	1.00	4.00	0.50	0.09	25.00	325.00	1.80	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,300	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Watermelon - LR-1113 (1/2 c.)	1,200	54.00	0.00	0.00	0.00	0.00	0.00	13.50	0.81	13.50	0.81	48.60	1350.00	108000. 00	972.00	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)

## Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL

Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Lunch Elem Week F Thur - ServingDate: 09/26/2019</b>																	
Beef Taco Meat - LR-1134 (3 oz.)	1,200	182.06	13.41	5.03	0.00(M)	46.93	195.53	0.14	0.00	0.00	14.53	2.24	24.58	18.83	0.00	0.00(M)	0.00(M)
<b>Lunch Elem Week F Frid - ServingDate: 09/27/2019</b>																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	200	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Philly Pretzelwich - LR-1209 (1 ea.)	500	333.42	12.47	5.49	0.00	47.22	546.76	33.07	3.00	4.55	20.15	2.84	79.23	91.42	0.24	(M)	(M)
Cheese Pizza Slice - LR-1087 (1 ea.)	1,600	310.00	12.00	6.00	0.00	30.00	360.00	30.00	3.00	6.00	22.00	2.70	450.00	500.00	9.00	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Sweet Potato Fries Simplot - LR-1410 (3/4 c.)	1,000	150.00	6.00	0.75	0.00	0.00	145.00	23.00	3.00	9.00	2.00	0.54	20.00	1150.00	0.00	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Cinnamon Apples - LR-1210 (1/2 c.)	900	66.59	0.00	0.00	0.00	0.00	2.64	17.37	0.88	7.68	0.00	0.18	4.40	18.50	0.35	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	600	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)

## Legend

# Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL  
Date: 09/01/2019 - 09/30/2019

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Lunch  
Site Group: Elementary  
Menu Line: Regular Lunch  
Serving Group: K-5  
Nutrients Option: All