


**August/September Penn Harris Madison Middle School Menu**  
 Pay by credit card, submit meal applications, see nutritional information

**Meal Prices:**  
**Breakfast \$1.25**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast is served at Grissom and Schmucker.</b>  <b>Available Daily:</b> <b>Chef Salads, Sub Sandwiches and Wraps,</b> <b>Fresh Fruit, 100% Juice, Salad Bar, Low Fat</b> <b>White, Skim Strawberry and Chocolate Milk.</b>		<b>8/21</b>	<b>8/22</b>	<b>8/23</b>
		Mexican Egg Wrap	Mini Maple Pancakes	Pancake on a Stick
		General Tso's Chicken	BBQ Pork Sandwich	Chicken Nuggets
		Cheeseburger	Turkey Cheese Croissant	Fettuccine Alfredo
		Spicy Chicken Sandwich	Walking Taco	Vegetable Pizza
	Brown Rice	Baked Potato	Garlic Toast	
	Baked Beans	Peaches	Mixed Fruit	
	Strawberry Applesauce		Caesar Salad	
<b>8/26</b>	<b>8/27</b>	<b>8/28</b>	<b>8/29</b>	<b>8/30</b>
Breakfast Chicken Sandwich	Mini Maple Waffles	Apple Texas Toast	Egg Cheese Breadstick	French Toast Sticks
Chili w/ Toppings	Grilled Cheese Sandwich	Cheese Pizza Slice	Nacho Grande	Macaroni & Cheese
Hot Dog	Soft Shell Chicken Taco	BBQ Chicken Drumsticks	Crispy Pork Sandwich	BBQ Chicken Sandwich
Cheesy Garlic Bread	Philly Beef Pretzelwich	Cheeseburger Pasta	Turkey Bacon Sandwich	Coyote Quesadilla
Green Peas	Sliced Carrots	Garlic Toast/	Refried Beans	Mini Pretzel
Mandarin Oranges	Southwest Slaw	Lemon Zest Broccoli	Fruit Ice Cup	Green Beans
Corn Bread	Applesauce	Cantaloupe		Blueberries
<b>9/2</b>	<b>9/3</b>	<b>9/4</b>	<b>9/5</b>	<b>9/6</b>
	Mini Maple Pancakes	Mexican Egg Wrap	Cinnamon Bagel Stick	Breakfast Bites
Labor Day 	Pepperoni Calzone	Mini Corn Dogs	Sloppy Joe	Hot Ham & Cheese Sand.
	Chicken Drumstick	Hamburger	Tangerine Chicken	Cheesy Fish Sandwich
	Bean Burrito w/ Queso	Fish Nuggets w/ Pretzel	with Rice	BBQ Meatball Sub
	Banana Muffin	Buffalo Cauliflower	Garlic Chicken Pizza	Corn on the Cob
	Baked Sweet Potatoes	Applesauce	Edamame	Strawberries
	Watermelon		Peaches	
<b>9/9</b>	<b>9/10</b>	<b>9/11</b>	<b>9/12</b>	<b>9/13</b>
Mini Maple Waffles	Egg Cheese Breadstick	Egg Cheese Sandwich	Apple Texas Toast	Sausage Cheese Sand.
French Bread Pizza	Meatballs w/ Gravy	Sausage Patties	Baked Mostaccoli	Mozzarella Sticks
Chicken Taquitos	Chicken Nuggets	Cheese Omelet	Ham & Cheese Calzone	Cherry Chicken
Cheeseburger	Broccoli Cheese Soup	Corn Dog	Teriyaki Chicken Sand.	Buffalo Chicken Pizza
Baked Beans	Egg Noodles	Mini Maple Waffles	Broccoli Cuts w/ Cheese	Sweet Potato Fries
Caesar Salad	Green Beans	Tator Tots	Garlic Toast	Brown Rice
Pears	Sunset Fruit Salad	Applesauce	Pineapple	Kiwi Halves
<b>9/16</b>	<b>9/17</b>	<b>9/18</b>	<b>9/19</b>	<b>9/20</b>
French Toast Sticks	Egg, Cheese Wrap	Breakfast Pizza	Pancake on a Stick	Mini Blueberry Pancakes
Pepperoni Pizza Slice	Turkey & Noodles	Chicken Mini Tacos	Teriyaki Chicken	Spaghetti w/ Meat Sauce
Grilled Chicken Sandwich	Carnitas Street Tacos	General Tso's Chicken	Maxx Cheese Sticks	Fish Nuggets
Bean Burrito w/ Queso	Pepperjack Ham Pretzelwich	Meatball Sub	Hamburger	Spicy Chicken Sandwich
Green Peas	Sweet Potato Fries	Sesame Green Beans	Edamame	Garlic Toast
Fresh Grapes	Dinner Roll	Brown Rice	Vegetable Fried Rice	Caesar Salad
	Pear Apple Sauce	Mandarin Oranges	Peaches	Mixed Fruit
<b>9/23</b>	<b>9/24</b>	<b>9/25</b>	<b>9/26</b>	<b>9/27</b>
Apple Texas Toast	Cinnamon French Toast	Breakfast Chicken Sandwich	Mini Maple Waffles	Mexican Egg Wrap
Nacho Grande	Chicken Noodle Soup	Corn Dog	Turkey Burger	Cheese Pizza
Hot Dog	with Crackers	Chicken Fajitas	Veg. Mexican Pizza	BBQ Pork Rib Sandwich
White Bean Chicken Chili	Italian Turkey Panini	Hot Turkey Sandwich	Popcorn Chicken	Sweet Thai Chicken
Baked Beans	Hawaiian Pizza	Mashed Potatoes	Pretzel	Yakisoba Noodles
Breadstick	Mexican Corn/Broccoli Salad	Southwest Lentils	Lemon Zest Broccoli	Sweet Potato Fries
Applesauce	Pears	Pineapple	Watermelon	Cinnamon Apples