

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Breakfast Middle A Wed - ServingDate: 08/21/2019																	
Banana Breakfast Bar - LR-1020 (1 ea.)	60	280.00	8.00	3.00	0.00	15.00	220.00	48.00	3.00	23.00	5.00	1.80	20.00	0.00	0.00	(M)	(M)
Cinnamon Roll - LR-1040 (1 ea.)	35	210.00	7.00	1.50	0.00	0.00	20.00	34.00	3.00	8.00	4.00	1.80	40.00	2000.00	0.00	(M)	(M)
Mexican Egg Wrap - LR-1365 (1 ea.)	45	191.34	8.14	3.13	0.00	98.75	290.64	21.11	2.00	1.02	7.79	1.48	77.50	112.50	0.20	(M)	(M)
Yogurt & Granola - LR-1122 (1 ea.)	10	180.00	3.50	1.00	0.00	0.00	200.00	34.00	3.00	17.00	5.00	2.00	155.00	276.00	3.00	(M)	(M)
Red Apples - LR-1030 (1 ea.)	10	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	30	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	10	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Breakfast Middle A Thu - ServingDate: 08/22/2019																	
Blueberry Bread - LR-1362 (1 slice)	35	270.00	9.00	2.00	0.00	0.00	190.00	43.00	2.00	24.00	6.00	1.44	100.00	100.00	0.00	(M)	(M)
CrunchMania - LR-1043 (1 Bag)	50	220.00	7.00	2.00	0.00	0.00	230.00	37.00	2.00	12.00	4.00	1.44	150.00	750.00	0.00	(M)	(M)
Mini Maple Pancakes - LR-1072 (1 pkg)	45	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	4.00	2.70	60.00	500.00	0.00	(M)	(M)
Yogurt Parfait - LR-1297 (1 ea.)	20	229.93	1.26	0.00	0.00	3.75	98.11	48.07	2.32	31.42	6.44	0.77	919.31	89.55	41.00	(M)	(M)
Red Apples - LR-1030 (1 ea.)	30	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	40	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Breakfast Middle A Thu - ServingDate: 08/22/2019																	
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Breakfast Middle A Fri - ServingDate: 08/23/2019																	
Bagel with Cream Cheese - LR-1120 (1 ea.)	15	230.00	9.00	5.00	0.00	25.00	300.00	30.00	4.00	6.00	7.00	1.80	60.00	200.00	0.00	(M)	(M)
Banana Breakfast Bar - LR-1020 (1 ea.)	50	280.00	8.00	3.00	0.00	15.00	220.00	48.00	3.00	23.00	5.00	1.80	20.00	0.00	0.00	(M)	(M)
Pancake on a Sticks - LR-1001 (1 ea.)	70	200.00	10.00	2.50	0.00	25.00	310.00	17.00	3.00	4.00	7.00	1.80	20.00	0.00	0.00	(M)	(M)
Yogurt & Granola - LR-1122 (1 ea.)	15	180.00	3.50	1.00	0.00	0.00	200.00	34.00	3.00	17.00	5.00	2.00	155.00	276.00	3.00	(M)	(M)
Red Apples - LR-1030 (1 ea.)	40	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	30	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Breakfast Middle B Mon - ServingDate: 08/26/2019																	
Bagel with Cream Cheese - LR-1120 (1 ea.)	10	230.00	9.00	5.00	0.00	25.00	300.00	30.00	4.00	6.00	7.00	1.80	60.00	200.00	0.00	(M)	(M)
Banana Breakfast Bar - LR-1020 (1 ea.)	50	280.00	8.00	3.00	0.00	15.00	220.00	48.00	3.00	23.00	5.00	1.80	20.00	0.00	0.00	(M)	(M)
Chicken Breakfast Sandwich - LR-1126 (1 ea.)	80	210.00	8.50	1.00	0.00	20.00	320.00	24.00	3.00	2.00	11.00	2.16	20.00	0.00	42.00	(M)	(M)
Yogurt & Granola - LR-1122 (1 ea.)	10	180.00	3.50	1.00	0.00	0.00	200.00	34.00	3.00	17.00	5.00	2.00	155.00	276.00	3.00	(M)	(M)

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Breakfast Middle B Mon - ServingDate: 08/26/2019																	
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	75	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR- 1118 (1 ea.)	150	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR- 1069 (1 ea.)	40	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Chocolate Milk - LR- 1103 (1 ea.)	120	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR- 1104 (1 ea.)	15	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Breakfast Middle B Tue - ServingDate: 08/27/2019																	
Banana Bread - LR- 1265 (1 slice)	40	280.00	10.00	2.00	0.00	0.00	220.00	44.00	2.00	25.00	5.00	1.08	60.00	100.00	0.00	(M)	(M)
Cinnamon Crisp Bar - LR-1360 (1 Bar)	20	250.00	9.00	1.00	0.00	0.00	80.00	39.00	2.00	13.00	4.00	1.08	20.00	0.00	0.00	(M)	(M)
Waffles Mini Maple - LR- 1442 (1 Bag)	60	200.00	5.00	1.00	0.00	0.00	170.00	37.00	3.00	13.00	4.00	0.72	20.00	0.00	0.00	(M)	(M)
Yogurt Parfait - LR- 1297 (1 ea.)	30	229.93	1.26	0.00	0.00	3.75	98.11	48.07	2.32	31.42	6.44	0.77	919.31	89.55	41.00	(M)	(M)
Red Apples - LR-1030 (1 ea.)	25	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	85	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR- 1118 (1 ea.)	150	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR- 1069 (1 ea.)	40	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Chocolate Milk - LR- 1103 (1 ea.)	120	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR- 1104 (1 ea.)	15	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Breakfast Middle B Wed - ServingDate: 08/28/2019																	
Apple Texas Toast - LR- 1016 (1 ea.)	70	260.00	6.00	1.00	0.00	0.00	290.00	45.00	2.00	17.00	8.00	2.70	40.00	400.00	1.20	(M)	(M)

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Breakfast Middle B Wed - ServingDate: 08/28/2019																	
Banana Breakfast Bar - LR-1020 (1 ea.)	40	280.00	8.00	3.00	0.00	15.00	220.00	48.00	3.00	23.00	5.00	1.80	20.00	0.00	0.00	(M)	(M)
Cinnamon Roll - LR-1040 (1 ea.)	30	210.00	7.00	1.50	0.00	0.00	20.00	34.00	3.00	8.00	4.00	1.80	40.00	2000.00	0.00	(M)	(M)
Yogurt & Granola - LR-1122 (1 ea.)	10	180.00	3.50	1.00	0.00	0.00	200.00	34.00	3.00	17.00	5.00	2.00	155.00	276.00	3.00	(M)	(M)
Red Apples - LR-1030 (1 ea.)	30	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	40	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Breakfast Middle B Thu - ServingDate: 08/29/2019																	
Blueberry Bread - LR-1362 (1 slice)	20	270.00	9.00	2.00	0.00	0.00	190.00	43.00	2.00	24.00	6.00	1.44	100.00	100.00	0.00	(M)	(M)
Egg Cheese Breadstick - LR-1463 (1 ea.)	70	160.00	7.00	3.00	0.00	55.00	340.00	17.00	2.00	2.00	8.00	0.00	0.00	300.00	0.00	(M)	(M)
CrunchMania - LR-1043 (1 Bag)	50	220.00	7.00	2.00	0.00	0.00	230.00	37.00	2.00	12.00	4.00	1.44	150.00	750.00	0.00	(M)	(M)
Yogurt Parfait - LR-1297 (1 ea.)	10	229.93	1.26	0.00	0.00	3.75	98.11	48.07	2.32	31.42	6.44	0.77	919.31	89.55	41.00	(M)	(M)
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	75	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	40	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL
Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Breakfast Middle B Thu - ServingDate: 08/29/2019																	
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Breakfast Middle B Fri - ServingDate: 08/30/2019																	
Bagel with Cream Cheese - LR-1120 (1 ea.)	10	230.00	9.00	5.00	0.00	25.00	300.00	30.00	4.00	6.00	7.00	1.80	60.00	200.00	0.00	(M)	(M)
Banana Breakfast Bar - LR-1020 (1 ea.)	60	280.00	8.00	3.00	0.00	15.00	220.00	48.00	3.00	23.00	5.00	1.80	20.00	0.00	0.00	(M)	(M)
French Toast Sticks - LR-1046 (3 ea.)	70	160.00	3.50	1.00	0.00	105.00	270.00	23.00	2.00	8.00	8.00	1.08	60.00	0.00	0.00	(M)	(M)
Yogurt & Granola - LR-1122 (1 ea.)	10	180.00	3.50	1.00	0.00	0.00	200.00	34.00	3.00	17.00	5.00	2.00	155.00	276.00	3.00	(M)	(M)
Red Apples - LR-1030 (1 ea.)	25	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	75	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: Middle
Menu Line: Regular Breakfast
Serving Group: 6-8
Nutrients Option: All