

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Lunch Elem Week A Wed - ServingDate: 08/21/2019																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Cheeseburger - LR- 1147 (1 ea.)	1,000	305.00	12.50	4.95	0.00	41.50	642.00	28.00	3.00	3.00	21.50	3.00	170.00	0.00(M)	0.00(M)	(M)	(M)
Deli Sandwich - LR- 1174 (1 ea.)	300	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
General Tso's Chicken - LR-1051 (1/2 c.)	900	210.00	7.00	1.00	0.00	50.00	450.00	24.00	1.00	14.00	12.00	0.72	20.00	0.00	0.00	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Rice Brown Cooked - LR-1422 (1/2 c.)	900	27.36	0.16	0.00	0.00	0.00	0.80	5.92	0.32	0.00	0.64	0.12	3.20	0.00	0.00	0.00(M)	0.00(M)
Baked Beans - LR-1177 (1/2 c.)	1,000	135.56	1.08	0.00	0.00	0.00	162.78	26.01	5.42	9.70	7.58	1.64	46.58	155.37	0.08	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	200	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Strawberry Applesauce - LR-1049 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	11.00	0.00	0.00	0.00	0.00	60.00	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR- 1103 (1 ea.)	1,800	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR- 1104 (1 ea.)	400	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Lunch Elem Week A Thur - ServingDate: 08/22/2019																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Lunch Elem Week A Thur - ServingDate: 08/22/2019																	
BBQ Pork Sandwich - LR-1146 (1 ea.)	900	411.21	8.67	2.66	0.00	77.69	708.84	52.30	2.30	22.65	30.09	2.31	82.86	166.96 (M)	3.08(M)	(M)	(M)
Deli Sandwich - LR- 1174 (1 ea.)	300	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Turkey, Bacon & Cheese Sandwich - LR- 1160 (1 ea.)	1,000	293.02	7.30	3.18	0.00	47.17	695.09	30.00	3.00	2.00	26.10	2.11	95.00	0.00	0.00	(M)	(M)
Baked Potato - LR-1178 (1 ea.)	1,000	84.50	2.50	0.50	0.00	0.00	49.00	13.00	1.30	1.70	2.30	0.49	37.00	400.00	13.20	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Peaches Diced - LR- 1306 (1/2 c.)	700	60.00	0.00	0.00	0.00	0.00	5.00	16.00	2.00	12.00	0.00	0.24	8.00	0.00	2.50	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Lunch Elem Week A Fri - ServingDate: 08/23/2019																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Chicken Nuggets - LR- 1141 (5 ea.)	1,500	200.00	10.00	2.00	0.00	35.00	400.00	13.00	0.00	0.00	15.00	1.80	20.00	100.00	78.00	(M)	(M)
Deli Wrap - LR-1183 (1 ea.)	300	223.57	7.89	3.71	0.00	45.05	548.14	21.18	2.00	1.79	17.87	1.49	95.00	0.00	0.00	(M)	(M)

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Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Lunch Elem Week A Fri - ServingDate: 08/23/2019																	
Fettuccine Alfredo - LR-1162 (2/3 c.)	400	265.30	7.61	4.16	0.00	26.37	519.03	35.02	1.34	5.50	13.01	1.20	278.44	312.25	0.00	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Dinner Roll - LR-1180 (1 ea.)	1,900	100.00	4.00	0.50	0.00	0.00	190.00	14.00	1.00	1.00	3.00	1.00	36.00	300.00(M)	0.00(M)	(M)	(M)
Caesar Salad - LR-1179 (3/4 c.)	1,500	48.26	2.70	0.38	0.00	1.07	101.06	5.47	1.06	0.53	1.67	0.58	30.52	2935.39	12.77	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,000	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Mixed Fruit - LR-1066 (1/2 c.)	500	60.00	0.00	0.00	0.00	0.00	5.00	15.00	1.00	12.00	0.00	0.36	6.00	12.00	3.90	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	400	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Lunch Elem Week B Mon - ServingDate: 08/26/2019																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Chicken Drumsticks BBQ - LR-1496 (1 ea.)	900	140.00	8.00	2.00	0.00	40.00	570.00	6.00	0.00	1.00	12.00	0.72	0.00	100.00	0.00	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Lunch Elem Week B Mon - ServingDate: 08/26/2019																	
Cheese Pizza Slice - LR-1087 (1 ea.)	1,000	310.00	12.00	6.00	0.00	30.00	360.00	30.00	3.00	6.00	22.00	2.70	450.00	500.00	9.00	(M)	(M)
Breadstick - LR-1364 (1 ea.)	1,000	152.18	1.74	0.00	0.00	0.00	280.25	28.00	3.00	2.00	5.00	1.00	76.00	0.00(M)	0.00(M)	(M)	0.00(M)
Green Peas - LR-1061 (1/2 c.)	800	62.00	0.00	0.00	0.00	0.00	58.00	11.00	4.00	4.00	4.00	1.26	19.00	1680.00	7.90	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,700	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	400	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Mandarin Oranges - LR-1070 (1/2 c.)	500	90.00	0.00	0.00	0.00	0.00	15.00	19.00	1.00	18.00	0.00	0.72	0.00	0.00	18.00	(M)	(M)
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,700	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	400	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	380	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Lunch Elem Week B Tue - ServingDate: 08/27/2019																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	100	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Grilled Cheese Sandwich - LR-1062 (1 ea.)	1,000	280.00	9.91	5.56	0.00	31.85	580.79	30.96	3.00	5.65	18.55	1.64	465.89	523.96	0.00	(M)	(M)
Hamburger - LR-1151 (1 ea.)	1,200	270.00	10.50	3.70	0.00	34.00	487.00	27.00	3.00	3.00	18.00	3.00	95.00	0.00(M)	0.00(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)

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Lunch Elem Week B Tue - ServingDate: 08/27/2019																	
Sliced Carrots - LR-1105 (2/3 c.)	1,000	36.00	1.33	0.00	0.00	32.00	57.33	8.00	2.67	4.00	0.00	0.52	34.67	16476.01	2.27	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Kiwi Halves - LR-1064 (1 1/2 ea.)	500	69.00	0.00	0.00	0.00	0.00	3.00	16.50	3.00	10.50	1.50	0.27	45.00	75.00	108.00	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,800	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	350	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	330	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Lunch Elem Week B Wed - ServingDate: 08/28/2019																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	200	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Pizza Sub - LR-1161 (1 ea.)	200	323.20	11.05	4.24	0.00	63.06	829.40	34.49	3.50	7.50	20.07	1.98	113.00	0.00(M)	0.00(M)	(M)	(M)
Tangerine Chicken - LR-1054 (4 oz.)	1,900	190.00	4.00	1.00	0.00	45.00	380.00	25.00	2.00	13.00	14.00	1.44	0.00	0.00	0.00	(M)	(M)
Rice Brown Cooked - LR-1422 (1/2 c.)	200	27.36	0.16	0.00	0.00	0.00	0.80	5.92	0.32	0.00	0.64	0.12	3.20	0.00	0.00	0.00(M)	0.00(M)
Broccoli Cuts - LR-1078 (1/2 c.)	700	26.00	0.00	0.00	0.00	0.00	22.00	5.00	3.00	1.00	3.00	0.72	50.00	175.00	4.80	(M)	(M)

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Lunch Elem Week B Wed - ServingDate: 08/28/2019																	
Salad Bar - LR-1175 (1 c.)	1,800	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	200	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)
Banana - LR-1032 (1 ea.)	750	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Cantaloupe - LR-1035 (1/2 c.)	1,000	30.00	0.15	0.00	0.00	0.00	14.00	7.00	0.80	7.00	0.80	0.00	0.00	1600.00	19.20	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Lunch Elem Week B Thur - ServingDate: 08/29/2019																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Crispy Pork Sandwich - LR-1152 (1 ea.)	500	400.00	19.50	5.00	0.00	40.00	580.00	37.00	4.00	4.00	22.00	3.00	106.00	0.00(M)	0.00(M)	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	150	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Nacho with Toppings - LR-1136 (1 ea.)	1,700	314.03	17.26	5.91	0.00	21.88	596.64	33.01	1.54	0.53	8.91	1.10	280.27	472.00	3.06	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	150	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Refried Beans - LR-1184 (1/2 c.)	1,500	149.42	0.47	0.00	0.00	0.00	140.08	27.08	9.34	0.00	9.34	2.14	47.17	0.00	0.82	(M)	(M)
Salad Bar - LR-1175 (1 c.)	1,000	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Lunch Elem Week B Thur - ServingDate: 08/29/2019																	
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Fruit Ice Cup - LR-1047 (1 ea.)	500	70.00	0.00	0.00	0.00	0.00	10.00	19.00	3.00	16.00	0.00	0.36	80.00	500.00	60.00	0.00	0.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Beef Taco Meat - LR-1134 (3 oz.)	1,200	182.06	13.41	5.03	0.00(M)	46.93	195.53	0.14	0.00	0.00	14.53	2.24	24.58	18.83	0.00	0.00(M)	0.00(M)
Lunch Elem Week B Fri - ServingDate: 08/30/2019																	
Marble Jack Cheese Stick - LR-1002 (1 stick.)	1	110.00	9.00	5.00	0.00	30.00	170.00	1.00	0.00	0.00	7.00	0.00	150.00	0.00	0.00	(M)	(M)
Deli Sandwich - LR-1174 (1 ea.)	100	253.57	7.39	2.71	0.00	45.05	703.14	28.18	2.00	3.79	20.87	1.41	141.00	0.00(M)	0.00(M)	(M)	(M)
Hot Ham & Cheese Sandwich - LR-1159 (1 ea.)	900	293.68	9.43	3.90	0.00	56.84	491.05	32.47	3.00	3.65	19.19	2.39	95.00	0.00	0.00	(M)	(M)
Macaroni & Cheese - LR-1185 (1 c.)	1,300	386.42	17.83	9.79	0.00	42.67	806.91	34.95	1.69	6.32	21.23	1.07	450.13	443.00	0.96	(M)	(M)
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	0.00	315.20	39.77	2.18	13.21	4.70	2.07	39.70	0.00(M)	0.00(M)	(M)	(M)
Mini Pretzel - LR-1094 (1 ea.)	1,300	70.00	0.50	0.00	0.00	0.00	100.00	14.00	1.00	0.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Green Beans - LR-1060 (1/2 c.)	500	19.00	0.00	0.00	0.00	0.00	1.00	4.00	2.00	1.00	1.00	0.60	26.00	240.00	3.20	(M)	(M)
Salad Bar - LR-1175 (1 c.)	2,000	78.35	4.56	1.46	0.00	11.06	109.25	5.89	0.82	3.25	2.27	0.34	65.09	1506.32	8.46	(M)	(M)
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	16.00	0.00	0.00	0.00	0.00	3.00	(M)	(M)

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL
 Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Lunch Elem Week B Fri - ServingDate: 08/30/2019																	
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	0.00	27.00	3.00	1.00	1.00	0.00	0.00	0.00	10.20	(M)	(M)
Blueberries - LR-1430 (1/2 c.)	300	40.00	0.00	0.00	0.00	0.00	2.00	10.00	3.00	5.00	0.00	(M)	(M)	(M)	(M)	(M)	(M)
Variety of Juices - LR-1118 (1 ea.)	900	60.00	0.00	0.00	0.00	0.00	10.50	14.90	0.00	13.80	0.10	0.00	18.00	450.00	38.40	(M)	(M)
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	0.00	15.00	3.00	12.00	1.00	0.00	60.00	300.00	78.00	0.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	0.20	63.50	1.28	0.00	1.24	0.00	0.00	0.00	0.00	0.00	(M)	(M)

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: Elementary
 Menu Line: Regular Lunch
 Serving Group: K-5
 Nutrients Option: All