

Menu Calendar Nutrient Analysis Report - December, 2019

Site: ALL
 Date: 12/01/2019 - 12/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week D Mon - ServingDate: 12/02/2019								
Cheeseburger - LR-1147 (1 ea.)	400	305.00	12.50	4.95	0.00	642.00	28.00	21.50
Chicken Salad Wrap - LR-1227 (1 ea.)	15	334.85	12.93	4.09	0.00	646.78	35.88	19.61
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
French Bread Pizza - LR-1089 (1 ea.)	500	310.00	11.00	6.00	0.00	380.00	33.00	23.00
Strawberry Spinach Salad - LR-1285 (1 ea.)	15	447.27	26.06	7.17	0.00	873.69	23.49	31.76
Chicken Taquitos - LR-1561 (2 ea.)	240	280.00	12.00	3.00	0.00	800.00	30.00	16.00
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Saltine Crackers - LR-1102 (2 pkg)	60	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Baked Beans - LR-1177 (1/2 c.)	500	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Caesar Salad - LR-1179 (3/4 c.)	600	52.93	2.70	0.38	0.00	115.08	6.41	1.67
Salad Bar MS - LR-1266 (1 ea.)	100	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	250	58.00	0.00	0.00	0.00	0.00	15.00	0.40
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Lunch MS Week D								
Mon - ServingDate: 12/02/2019								
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week D								
Tue - ServingDate: 12/03/2019								
Broccoli Cheese Soup - LR-1258 (1 c.)	200	275.35	15.86	8.33	0.00	1173.58	16.12	17.92
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	412.92	16.06	4.89	0.00	567.69	47.13	19.91
Chicken Nuggets - LR-1141 (5 ea.)	740	200.00	10.00	2.00	0.00	400.00	13.00	15.00
Italian Chef Salad - LR-1230 (1 ea.)	15	321.56	9.43	3.49	0.00	699.81	34.91	20.44
Meatballs in Gravy - LR-1187 (4 ea.)	200	212.64	12.24	4.11	0.64	696.85	11.20	13.65
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	9.75	5.00	0.00	553.06	17.44	8.42
Egg Noodles - LR-1309 (1 c.)	1,000	88.90	5.99	2.38	0.00	57.81	7.09	1.42
Saltine Crackers - LR-1102 (2 pkg)	400	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Green Beans - LR-1060 (1/2 c.)	200	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar MS - LR-1266 (1 ea.)	1,000	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Sunset Fruit Salad new - LR-1352 (1/2 c.)	300	68.75	0.03	0.00	0.00	9.37	16.43	0.39
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Lunch MS Week D Tue - ServingDate: 12/03/2019								
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week D Wed - ServingDate: 12/04/2019								
Mini Maple Waffles - LR-1563 (1 Bag)	1,200	200.00	5.00	1.50	0.00	220.00	35.00	4.00
California Club Wrap - LR-1224 (1 ea.)	15	326.04	12.06	3.43	0.00	799.93	30.22	25.04
Cheese Omelet - LR-1036 (1 ea.)	340	120.00	10.00	3.50	0.00	300.00	1.00	7.00
Corn Dog - LR-1564 (1 ea.)	300	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Fruit and Yogurt Plate - LR-1368 (1 ea.)	15	502.34	8.16	3.00	0.00	582.50	89.50	16.77
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Sausage Patties - LR-1336 (2 ea.)	500	120.00	8.00	2.00	0.00	160.00	0.00	12.00
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Potato Tator Tots - LR-1411 (1/2 c.)	1,000	144.00	7.60	0.00	0.00	194.00	16.00	1.70
Salad Bar MS - LR-1266 (1 ea.)	200	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	50	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	500	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	400	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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Lunch MS Week D Wed - ServingDate: 12/04/2019								
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week D Thu - ServingDate: 12/05/2019								
Baked Mostaccoli - LR-1194 (1 c.)	400	313.20	12.64	4.96	0.00	337.48	29.10	18.38
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	330.65	12.75	6.22	0.00	550.49	33.42	21.77
Chicken Wings - LR-1585 (5 ea.)	400	48.00	3.40	0.80	0.00	60.00	0.60	3.20
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	10	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Asian Chicken Shaker - LR-1367 (1 ea.)	15	390.45 (M)	17.90 (M)	2.05(M)	0.00(M)	588.56 (M)	32.31 (M)	24.93 (M)
Teriyaki Chicken Sandwich - LR-1246 (1 ea.)	340	302.51	10.50	2.50	0.00	926.82	29.50	24.83
Turkey Snack Pack - LR-1396 (1 ea.)	10	513.36	8.73	3.00	0.00(M)	921.54	86.20	25.27
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	10	269.82	6.49	2.25	0.00	744.34	30.18	22.12
Garlic Toast - LR-1050 (1 ea.)	430	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Broccoli Cuts with Cheese Sauce - LR-1271 (1/2 c.)	300	43.62	1.60	0.43	0.00	104.57	6.10	2.77
Salad Bar MS - LR-1266 (1 ea.)	900	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10

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Lunch MS Week D Thu - ServingDate: 12/05/2019								
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR-1076 (1/2 c.)	250	70.00	0.00	0.00	0.00	0.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week D Fri - ServingDate: 12/06/2019								
Cherry Chicken - LR-1037 (1/2 c.)	500	200.00	4.00	1.00	0.00	350.00	27.00	13.00
Chicken Chef Salad - LR-1228 (1 ea.)	15	293.19	14.13	5.05	0.00	553.50	22.85	17.73
Chicken Fajita Wrap - LR-1225 (1 ea.)	15	379.32	14.05	6.38	0.00	628.16	40.52	24.28
Ham & Cheese Sub - LR-1218 (1 ea.)	15	279.74	8.24	2.83	0.00	699.21	31.37	19.76
Mozzarella Sticks - LR-1166 (5 ea.)	300	419.99	20.25	15.19	0.00	465.31	38.44	32.90
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Buffalo Pizza Slice - LR-1086 (1 ea.)	340	318.00	16.00	8.00	0.00	568.00	25.00	19.00
Rice Brown Cooked - LR-1422 (1/2 c.)	500	27.36	0.16	0.00	0.00	0.80	5.92	0.64
Saltine Crackers - LR-1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Salad Bar MS - LR-1266 (1 ea.)	800	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Sweet Potato Fries Simplot - LR-1410 (3/4 c.)	700	150.00	6.00	0.75	0.00	145.00	23.00	2.00

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Lunch MS Week D Fri - ServingDate: 12/06/2019								
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Kiwi Halves - LR-1064 (1 1/2 ea.)	250	69.00	0.00	0.00	0.00	3.00	16.50	1.50
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week E Mond - ServingDate: 12/09/2019								
Bean Burrito with Queso - LR-1251 (1 ea.)	200	452.39	18.89	10.43	0.00	830.90	48.49	21.18
Chicken Salad Wrap - LR-1227 (1 ea.)	15	334.85	12.93	4.09	0.00	646.78	35.88	19.61
Grilled Chicken Sandwich - LR-1153 (1 ea.)	340	290.00	10.50	2.50	0.00	660.00	27.00	24.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Pepperoni Pizza Slice - LR-1091 (1 ea.)	600	310.00	11.00	6.00	0.00	470.00	30.00	23.00
Strawberry Spinach Salad - LR-1285 (1 ea.)	15	447.27	26.06	7.17	0.00	873.69	23.49	31.76
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	259.90	4.75	1.67	0.00	789.48	29.00	24.48

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Lunch MS Week E Mond - ServingDate: 12/09/2019								
Saltine Crackers - LR-1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Green Peas - LR-1061 (1/2 c.)	300	62.00	0.00	0.00	0.00	58.00	11.00	4.00
Salad Bar MS - LR-1266 (1 ea.)	900	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Red Grapes - LR-1058 (1/2 c.)	300	45.00	0.00	0.00	0.00	7.50	12.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	15	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week E Tue - ServingDate: 12/10/2019								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	412.92	16.06	4.89	0.00	567.69	47.13	19.91
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Pepperjack Ham Pretzel - LR-1245 (1 ea.)	200	313.68	11.93	5.64	0.00	441.05	31.97	18.69
Pork Carnitas Street Taco - LR-1373 (1 serving)	450	446.55	18.78	9.14	0.00(M)	633.54	30.72	32.06
Asian Chicken Shaker - LR-1367 (1 ea.)	15	390.45 (M)	17.90 (M)	2.05(M)	0.00(M)	588.56 (M)	32.31 (M)	24.93 (M)

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Lunch MS Week E Tue - ServingDate: 12/10/2019								
Turkey & Noodles - LR-1199 (1 c.)	490	210.13	9.50	3.52	0.00	558.20	12.37	16.78
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	9.75	5.00	0.00	553.06	17.44	8.42
Dinner Roll - LR-1180 (1 ea.)	440	100.00	4.00	0.50	0.00	190.00	14.00	3.00
Salad Bar Mexican MS - LR-1356 (1 ea.)	600	81.26	3.79	2.53	0.00	135.75	7.47	4.25
Sweet Potato Fries Simplot - LR-1410 (3/4 c.)	600	150.00	6.00	0.75	0.00	145.00	23.00	2.00
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	250	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pearsauce - LR-1075 (1 ea.)	200	80.00	0.00	0.00	0.00	0.00	20.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week E Wedn - ServingDate: 12/11/2019								
California Club Wrap - LR-1224 (1 ea.)	15	326.04	12.06	3.43	0.00	799.93	30.22	25.04
Chicken Chef Salad - LR-1228 (1 ea.)	15	293.19	14.13	5.05	0.00	553.50	22.85	17.73
General Tso's Chicken - LR-1051 (1/2 c.)	440	210.00	7.00	1.00	0.00	450.00	24.00	12.00
Meatball Sub - LR-1200 (1 ea.)	200	341.81	12.39	4.42	0.46	597.86	37.58	19.73

Menu Calendar Nutrient Analysis Report - December, 2019

Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week E Wedn - ServingDate: 12/11/2019								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Chicken Taquitos - LR-1561 (2 ea.)	500	280.00	12.00	3.00	0.00	800.00	30.00	16.00
Turkey & Pepperjack Flatbread - LR-1369 (1 ea.)	15	329.40	10.75	4.42	0.00	821.53	33.84	24.90
Rice Brown Cooked - LR-1422 (1/2 c.)	440	27.36	0.16	0.00	0.00	0.80	5.92	0.64
Saltine Crackers - LR-1102 (2 pkg)	15	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Soy Glazed Green Beans - LR-1518 (1/2 c.)	100	81.18	5.00	1.10	0.00	197.17	4.97	1.47
Salad Bar MS - LR-1266 (1 ea.)	1,100	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Mandarin Oranges - LR-1070 (1/2 c.)	300	90.00	0.00	0.00	0.00	15.00	19.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week E Thur - ServingDate: 12/12/2019								
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	330.65	12.75	6.22	0.00	550.49	33.42	21.77

Menu Calendar Nutrient Analysis Report - December, 2019

Site: ALL
 Date: 12/01/2019 - 12/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week E Thur - ServingDate: 12/12/2019								
Hamburger - LR-1151 (1 ea.)	300	270.00	10.50	3.70	0.00	487.00	27.00	18.00
MAXX Sticks - LR-1167 (2 ea.)	500	290.00	9.00	3.00	0.00	630.00	36.00	19.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Teriyaki Chicken - LR- 1053 (2 7/8 oz.)	340	146.00	2.50	1.00	0.00	414.00	14.00	15.00
Turkey Snack Pack - LR-1396 (1 ea.)	15	513.36	8.73	3.00	0.00(M)	921.54	86.20	25.27
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	15	269.82	6.49	2.25	0.00	744.34	30.18	22.12
Confetti Asian Rice - LR-1566 (1/2 c.)	340	89.42	4.34	0.60	0.00	289.15	10.95	1.52
Edamame - LR-1044 (1/2 c.)	100	100.00	4.00	1.00	0.00	5.00	7.00	9.00
Salad Bar MS - LR-1266 (1 ea.)	1,100	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	150	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR- 1306 (1/2 c.)	200	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00

Menu Calendar Nutrient Analysis Report - December, 2019

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week E Fri - ServingDate: 12/13/2019								
Chicken Chef Salad - LR-1228 (1 ea.)	15	293.19	14.13	5.05	0.00	553.50	22.85	17.73
Fish Nuggets - LR-1168 (4 ea.)	250	230.00	8.00	1.50	0.00	290.00	23.00	15.00
Ham & Cheese Sub - LR-1218 (1 ea.)	15	279.74	8.24	2.83	0.00	699.21	31.37	19.76
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Spaghetti w/ Meat Sauce - LR-1208 (1 c.)	500	442.56	12.97	4.42	0.00	211.04	63.58	22.91
Spicy Chicken Patty Sandwich - LR-1140 (1 ea.)	390	360.00	10.50	2.00	0.00	820.00	44.00	24.00
Vegetable Hummus Wrap - LR-1517 (1 ea.)	15	420.27	15.39	7.43	0.00	514.91	51.98	17.91
Garlic Toast - LR-1050 (1 ea.)	750	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Caesar Salad - LR-1179 (3/4 c.)	1,000	52.93	2.70	0.38	0.00	115.08	6.41	1.67
Salad Bar MS - LR-1266 (1 ea.)	200	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Mixed Fruit - LR-1066 (1/2 c.)	250	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00

Menu Calendar Nutrient Analysis Report - December, 2019

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week F Mon - ServingDate: 12/16/2019								
Chicken Salad Wrap - LR-1227 (1 ea.)	15	334.85	12.93	4.09	0.00	646.78	35.88	19.61
Hot Dog Sandwich - LR-1158 (1 ea.)	400	280.00	12.50	3.00	0.00	530.00	28.00	13.00
Nacho Grande MS - LR-1269 (1 ea.)	540	445.25	25.99	7.81	0.00(M)	733.80	33.02	16.78
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Strawberry Spinach Salad - LR-1285 (1 ea.)	15	447.27	26.06	7.17	0.00	873.69	23.49	31.76
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	259.90	4.75	1.67	0.00	789.48	29.00	24.48
White Bean Chicken Chili - LR-1262 (1 c.)	200	309.25	5.42	0.74	0.00	725.78	37.17	22.79
Breadstick - LR-1364 (1 ea.)	200	150.00	1.50	0.00	0.00	280.00	28.00	5.00
Baked Beans - LR-1177 (1/2 c.)	200	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar MS - LR-1266 (1 ea.)	1,000	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	250	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week F Tue - ServingDate: 12/17/2019								
Buffalo Chicken Wrap - LR-1223 (1 ea.)	15	412.92	16.06	4.89	0.00	567.69	47.13	19.91
Chicken Noodle Soup - LR-1201 (1 c.)	500	144.65	2.59	0.46	0.00	395.03	12.62	15.85
Italian Chef Salad - LR-1230 (1 ea.)	15	321.56	9.43	3.49	0.00	699.81	34.91	20.44
Italian Turkey Panini - LR-1401 (1 ea.)	200	316.74	9.63	3.32	0.00	844.17	31.17	25.68
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Hawaiian Pizza - LR-1371 (1 ea.)	440	340.00	15.00	9.00	0.00	501.00	31.00	20.00
Vegetable Sub - LR-1221 (1 ea.)	15	193.38	9.75	5.00	0.00	553.06	17.44	8.42
Saltine Crackers - LR-1102 (2 pkg)	500	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Broccoli Salad - LR-1255 (1/2 c.)	100	178.48	9.81	2.14	0.00	330.47	17.49	6.18
Mexican Corn - LR-1428 (1/2 c.)	150	82.32	2.69	0.73	0.00	18.92	15.58	1.95
Salad Bar MS - LR-1266 (1 ea.)	950	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	250	58.00	0.00	0.00	0.00	0.00	15.00	0.40
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week F Tue - ServingDate: 12/17/2019								
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week F Wed - ServingDate: 12/18/2019								
California Club Wrap - LR-1224 (1 ea.)	15	326.04	12.06	3.43	0.00	799.93	30.22	25.04
Chicken Chef Salad - LR-1228 (1 ea.)	15	293.19	14.13	5.05	0.00	553.50	22.85	17.73
Chicken Fajitas - LR-1170 (1 serving)	240	342.85	8.54	3.51	0.00	891.24	43.65	23.52
Corn Dog - LR-1564 (1 ea.)	500	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Hot Turkey Sandwich - LR-1272 (1 ea.)	400	251.04	5.68	1.28	0.00	901.34	26.94	22.42
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Turkey & Cheese Sub - LR-1219 (1 ea.)	15	259.90	4.75	1.67	0.00	789.48	29.00	24.48
Saltine Crackers - LR-1102 (2 pkg)	30	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Mashed Potatoes - LR-1196 (1/2 c.)	600	69.12	1.72	0.19	0.00	250.12	13.06	1.56
Salad Bar MS - LR-1266 (1 ea.)	600	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Southwest Lentils - LR-1459 (1/2 c.)	100	141.37	1.46	0.08	0.00(M)	22.43	22.44	9.17
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR-1076 (1/2 c.)	250	70.00	0.00	0.00	0.00	0.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week F Wed - ServingDate: 12/18/2019								
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week F Thu - ServingDate: 12/19/2019								
BBQ Pork Rib Sandwich - LR-1157 (1 ea.)	200	349.25	11.50	3.10	0.00	870.13	42.02	20.00
Chicken Ranchero Wrap - LR-1222 (1 ea.)	15	330.65	12.75	6.22	0.00	550.49	33.42	21.77
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Popcorn Chicken - LR-1207 (14 ea.)	800	210.00	12.00	3.00	0.00	430.00	13.00	14.00
Turkey Snack Pack - LR-1396 (1 ea.)	15	513.36	8.73	3.00	0.00(M)	921.54	86.20	25.27
Turkey, Ham & Cheese Sub - LR-1217 (1 ea.)	15	269.82	6.49	2.25	0.00	744.34	30.18	22.12
Mexican Pizza - LR-1241 (1 slice)	140	495.84	18.34	9.04	0.00	817.09	62.45	21.46
Mini Pretzel - LR-1094 (1 ea.)	900	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Lemon Zest Broccoli - LR-1378 (1/2 c.)	200	103.07	9.51	1.28	0.00	175.50	2.77	2.46
Salad Bar MS - LR-1266 (1 ea.)	1,000	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	450	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Watermelon - LR-1113 (1/2 c.)	300	54.00	0.00	0.00	0.00	0.00	13.50	0.81
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week F Thu - ServingDate: 12/19/2019								
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Lunch MS Week F Fri - ServingDate: 12/20/2019								
Chicken Fajita Wrap - LR-1225 (1 ea.)	15	379.32	14.05	6.38	0.00	628.16	40.52	24.28
Ham & Cheese Sub - LR-1218 (1 ea.)	15	279.74	8.24	2.83	0.00	699.21	31.37	19.76
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	15	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Cheese Pizza Slice - LR-1088 (1 ea.)	640	310.00	12.00	6.00	0.00	360.00	30.00	22.00
Asian Chicken Shaker - LR-1367 (1 ea.)	15	390.45 (M)	17.90 (M)	2.05(M)	0.00(M)	588.56 (M)	32.31 (M)	24.93 (M)
Sweet Thai Chicken - LR-1052 (2 7/8 oz.)	300	120.00	2.00	0.50	0.00	330.00	15.00	11.00
Turkey Burger - LR-1148 (1 ea.)	200	290.00	11.50	3.00	0.00	660.00	26.00	22.00
Teriyaki Edamame Noodles - LR-1565 (1/2 c.)	300	243.92	1.42	0.08	0.00	139.60	54.31	8.62
Salad Bar MS - LR-1266 (1 ea.)	800	75.83	3.79	2.53	0.00	113.13	5.71	3.64
Sweet Potato Fries Simplot - LR-1410 (3/4 c.)	400	150.00	6.00	0.75	0.00	145.00	23.00	2.00
Red Apples - LR-1030 (1 ea.)	150	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	200	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Sweet Cherries - LR-1586 (1/2 cup, thawe)	450	45.00	0.00	0.00	0.00	0.00	11.00	1.00
Variety of Juices - LR-1118 (1 ea.)	350	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00

Menu Calendar Nutrient Analysis Report - December, 2019

Site: ALL
 Date: 12/01/2019 - 12/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch MS Week F Fri - ServingDate: 12/20/2019								
Fat Free White Milk - LR-1429 (1 ea.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	200	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiment Station MS - LR-1267 (1 fl. oz.)	1,200	36.80	2.04	0.30	0.00	185.28	4.32	0.26
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: Middle
 Menu Line: Regular Lunch
 Serving Group: 6-8
 Nutrients Option: Expanded