

# Menu Calendar Nutrient Analysis Report - December, 2019

Site: ALL  
Date: 12/01/2019 - 12/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week D Mon - ServingDate: 12/02/2019</b>								
BBQ Chicken Sandwich - LR-1156 (1 ea.)	500	337.25	10.50	2.50	0.00	841.13	38.02	24.00
Deli Sandwich - LR-1174 (1 ea.)	200	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	315.20	39.77	4.70
French Bread Pizza - LR-1089 (1 ea.)	1,600	310.00	11.00	6.00	0.00	380.00	33.00	23.00
Baked Beans - LR-1177 (1/2 c.)	1,000	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	400	58.00	0.00	0.00	0.00	0.00	15.00	0.40
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch Elem Week D Tue - ServingDate: 12/03/2019</b>								
Chicken Nuggets - LR-1141 (5 ea.)	1,800	200.00	10.00	2.00	0.00	400.00	13.00	15.00
Deli Sandwich - LR-1174 (1 ea.)	150	253.57	7.39	2.71	0.00	703.14	28.18	20.87

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<b>Lunch Elem Week D Tue - ServingDate: 12/03/2019</b>								
Meatballs in Gravy - LR-1187 (4 ea.)	400	212.64	12.24	4.11	0.64	696.85	11.20	13.65
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	150	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Egg Noodles - LR-1309 (1/2 c.)	2,500	44.45	3.00	1.19	0.00	28.91	3.54	0.71
Green Beans - LR-1060 (1/2 c.)	1,000	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Sunset Fruit Salad new - LR-1352 (1/2 c.)	500	68.75	0.03	0.00	0.00	9.37	16.43	0.39
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch Elem Week D Wed - ServingDate: 12/04/2019</b>								
Mini Maple Pancakes - LR-1072 (1 pkg)	2,400	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Cheese Omelet - LR-1036 (1 ea.)	1,000	120.00	10.00	3.50	0.00	300.00	1.00	7.00
Deli Wrap - LR-1183 (1 ea.)	50	223.57	7.89	3.71	0.00	548.14	21.18	17.87

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week D Wed - ServingDate: 12/04/2019</b>								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	50	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Sausage Patties - LR-1336 (2 ea.)	1,400	120.00	8.00	2.00	0.00	160.00	0.00	12.00
Potato Tator Tots - LR-1411 (1/2 c.)	2,300	144.00	7.60	0.00	0.00	194.00	16.00	1.70
Salad Bar - LR-1175 (1 c.)	200	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	600	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch Elem Week D Thur - ServingDate: 12/05/2019</b>								
Baked Mostaccioli - LR-1194 (1 c.)	1,000	313.20	12.64	4.96	0.00	337.48	29.10	18.38
Ham & Cheese Calzone - LR-1033 (1 ea.)	1,000	280.00	11.00	5.00	0.00	590.00	31.00	19.00
Deli Wrap - LR-1183 (1 ea.)	250	223.57	7.89	3.71	0.00	548.14	21.18	17.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	250	208.80	3.59	0.30	0.00	315.20	39.77	4.70

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<b>Lunch Elem Week D Thur - ServingDate: 12/05/2019</b>								
Dinner Roll - LR-1180 (1 ea.)	1,000	100.00	4.00	0.50	0.00	190.00	14.00	3.00
Fresh Broccoli with Dip - LR-1195 (1/2 c.)	1,000	82.00	6.00	1.00	0.00	137.00	7.00	1.00
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR-1076 (1/2 c.)	500	70.00	0.00	0.00	0.00	0.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch Elem Week D Fri - ServingDate: 12/06/2019</b>								
Cheesy Breadstick - LR-1028 (1 ea.)	1,100	260.00	11.00	5.00	0.00	380.00	28.00	15.00
Deli Sandwich - LR-1174 (1 ea.)	100	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	100	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Flour Tortilla & Toppings - LR-1135 (1 ea.)	1,200	169.57	7.44	4.46	0.00	223.83	20.54	5.98
Candied Carrots - LR-1193 (3/4 c.)	1,500	94.19	3.72	0.52	0.00	119.96	18.85	0.06

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<b>Lunch Elem Week D</b>								
<b>Fri - ServingDate: 12/06/2019</b>								
Salad Bar - LR-1175 (1 c.)	1,000	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Cinnamon Apples - LR-1210 (1/2 c.)	900	66.59	0.00	0.00	0.00	2.64	17.37	0.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Chicken Taco Meat - LR-1163 (3 oz.)	1,200	102.93	3.00	0.50	0.00(M)	319.64	0.13	18.98
<b>Lunch Elem Week E</b>								
<b>Mond - ServingDate: 12/09/2019</b>								
Deli Sandwich - LR-1174 (1 ea.)	200	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Grilled Chicken Sandwich - LR-1153 (1 ea.)	600	290.00	10.50	2.50	0.00	660.00	27.00	24.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Pepperoni Pizza - LR-1090 (1 ea.)	1,500	310.00	11.00	6.00	0.00	470.00	30.00	23.00
Green Peas - LR-1061 (1/2 c.)	1,000	62.00	0.00	0.00	0.00	58.00	11.00	4.00
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	250	65.00	0.00	0.00	0.00	0.00	18.00	0.00

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<b>Lunch Elem Week E Mond - ServingDate: 12/09/2019</b>								
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	700	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Red Grapes - LR-1058 (1/2 c.)	950	45.00	0.00	0.00	0.00	7.50	12.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch Elem Week E Tue - ServingDate: 12/10/2019</b>								
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Meatball Sub - LR-1200 (1 ea.)	900	341.81	12.39	4.42	0.46	597.86	37.58	19.73
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Turkey & Noodles - LR-1199 (1 c.)	1,000	210.13	9.50	3.52	0.00	558.20	12.37	16.78
Dinner Roll - LR-1180 (1 ea.)	1,000	100.00	4.00	0.50	0.00	190.00	14.00	3.00
Roasted Butternut Squash - LR-1515 (2/3 c.)	1,000	117.84	4.67	0.88	0.00	187.84	22.26	1.31
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00

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<b>Lunch Elem Week E Tue - ServingDate: 12/10/2019</b>								
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pearsauce - LR-1075 (1 ea.)	500	80.00	0.00	0.00	0.00	0.00	20.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	300	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch Elem Week E Wed - ServingDate: 12/11/2019</b>								
California Club Wrap - LR-1204 (1 ea.)	800	256.04	10.56	3.43	0.00	684.93	20.22	23.04
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Chicken Taquitos - LR-1561 (2 ea.)	1,100	280.00	12.00	3.00	0.00	800.00	30.00	16.00
Broccoli Cuts - LR-1078 (1/2 c.)	1,000	26.00	0.00	0.00	0.00	22.00	5.00	3.00
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Mandarin Oranges - LR-1070 (1/2 c.)	500	90.00	0.00	0.00	0.00	15.00	19.00	0.00

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<b>Lunch Elem Week E Wed - ServingDate: 12/11/2019</b>								
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch Elem Week E Thur - ServingDate: 12/12/2019</b>								
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87
MAXX Sticks - LR-1167 (2 ea.)	1,200	290.00	9.00	3.00	0.00	630.00	36.00	19.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Teriyaki Chicken - LR-1053 (2 7/8 oz.)	700	146.00	2.50	1.00	0.00	414.00	14.00	15.00
Rice Brown Cooked - LR-1422 (1/2 c.)	700	27.36	0.16	0.00	0.00	0.80	5.92	0.64
Edamame - LR-1044 (1/2 c.)	1,000	100.00	4.00	1.00	0.00	5.00	7.00	9.00
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR-1306 (1/2 c.)	600	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00



# Menu Calendar Nutrient Analysis Report - December, 2019

Site: ALL  
Date: 12/01/2019 - 12/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week E Thur - ServingDate: 12/12/2019</b>								
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch Elem Week E Fri - ServingDate: 12/13/2019</b>								
Deli Wrap - LR-1183 (1 ea.)	300	223.57	7.89	3.71	0.00	548.14	21.18	17.87
Fish Nuggets - LR-1168 (4 ea.)	800	230.00	8.00	1.50	0.00	290.00	23.00	15.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Spaghetti w/ Meat Sauce - LR-1208 (1 c.)	1,100	442.56	12.97	4.42	0.00	211.04	63.58	22.91
Garlic Toast - LR-1050 (1 ea.)	2,500	80.00	3.50	1.00	0.00	150.00	11.00	2.00
Caesar Salad - LR-1179 (3/4 c.)	2,000	52.93	2.70	0.38	0.00	115.08	6.41	1.67
Salad Bar - LR-1175 (1 c.)	500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Mixed Fruit - LR-1066 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00

# Menu Calendar Nutrient Analysis Report - December, 2019

Site: ALL  
 Date: 12/01/2019 - 12/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week E Fri - ServingDate: 12/13/2019</b>								
Condiments - LR-1197 (1 pkg.)	2,400	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Tartar Sauce - LR-1323 (1 ea.)	100	45.00	3.50	0.50	0.00	100.00	3.00	0.00
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch Elem Week F Mon - ServingDate: 12/16/2019</b>								
BBQ Pork Sandwich - LR-1146 (1 ea.)	400	411.21	8.67	2.66	0.00	708.84	52.30	30.09
Deli Sandwich - LR-1174 (1 ea.)	150	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	150	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Popcorn Chicken - LR-1207 (14 ea.)	1,800	210.00	12.00	3.00	0.00	430.00	13.00	14.00
Cornbread Loaf Mini - LR-1502 (1 ea.)	1,800	180.00	6.00	0.50	0.00	90.00	28.00	3.00
Broccoli Cuts - LR-1078 (1/2 c.)	1,000	26.00	0.00	0.00	0.00	22.00	5.00	3.00
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	1,800	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00

# Menu Calendar Nutrient Analysis Report - December, 2019

Site: ALL  
 Date: 12/01/2019 - 12/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week F Mon - ServingDate: 12/16/2019</b>								
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch Elem Week F Tue - ServingDate: 12/17/2019</b>								
Chicken Noodle Soup - LR-1201 (1 c.)	1,100	144.65	2.59	0.46	0.00	395.03	12.62	15.85
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Hot Dog Sandwich - LR-1158 (1 ea.)	800	280.00	12.50	3.00	0.00	530.00	28.00	13.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Saltine Crackers - LR-1102 (2 pkg)	1,000	100.00	3.00	0.00	0.00	120.00	14.00	2.00
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Whole Kernel Corn - LR-1114 (1/2 c.)	1,000	67.00	1.00	0.00	0.00	1.00	16.00	2.00
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	500	58.00	0.00	0.00	0.00	0.00	15.00	0.40
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00

# Menu Calendar Nutrient Analysis Report - December, 2019

Site: ALL  
 Date: 12/01/2019 - 12/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week F Wed - ServingDate: 12/18/2019</b>								
Corn Dog - LR-1564 (1 ea.)	1,200	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Flour Tortilla & Toppings - LR-1135 (1 ea.)	700	169.57	7.44	4.46	0.00	223.83	20.54	5.98
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Southwest Lentils - LR-1459 (1/2 c.)	300	141.37	1.46	0.08	0.00(M)	22.43	22.44	9.17
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR-1076 (1/2 c.)	500	70.00	0.00	0.00	0.00	0.00	16.00	0.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
Chicken Fajitas Meat - LR-1171 (1 ea.)	700	120.02	2.54	0.51	0.00	681.42	5.08	17.52
<b>Lunch Elem Week F Thur - ServingDate: 12/19/2019</b>								
Cheeseburger Pasta - LR-1205 (1 c.)	700	294.73	14.31	5.70	0.00	232.98	24.12	16.55

# Menu Calendar Nutrient Analysis Report - December, 2019

Site: ALL  
 Date: 12/01/2019 - 12/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week F Thur - ServingDate: 12/19/2019</b>								
Deli Sandwich - LR-1174 (1 ea.)	300	253.57	7.39	2.71	0.00	703.14	28.18	20.87
Nacho with Toppings - LR-1136 (1 ea.)	1,200	311.39	17.13	5.13	0.00	602.21	28.12	8.87
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Dinner Roll - LR-1180 (1 ea.)	700	100.00	4.00	0.50	0.00	190.00	14.00	3.00
Celery Sticks with Dip - LR-1206 (1/2 c.)	1,200	78.50	6.00	1.00	0.00	175.00	7.00	0.50
Salad Bar - LR-1175 (1 c.)	1,300	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Watermelon - LR-1113 (1/2 c.)	1,200	54.00	0.00	0.00	0.00	0.00	13.50	0.81
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Beef Taco Meat - LR-1134 (3 oz.)	1,200	182.06	13.41	5.03	0.00(M)	195.53	0.14	14.53
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00
<b>Lunch Elem Week F Frid - ServingDate: 12/20/2019</b>								
Deli Sandwich - LR-1174 (1 ea.)	200	253.57	7.39	2.71	0.00	703.14	28.18	20.87

# Menu Calendar Nutrient Analysis Report - December, 2019

Site: ALL  
 Date: 12/01/2019 - 12/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week F Frid - ServingDate: 12/20/2019</b>								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	208.80	3.59	0.30	0.00	315.20	39.77	4.70
Philly Pretzelwich - LR-1209 (1 ea.)	500	333.42	12.47	5.49	0.00	546.76	33.07	20.15
Cheese Pizza Slice - LR-1087 (1 ea.)	1,600	310.00	12.00	6.00	0.00	360.00	30.00	22.00
Salad Bar - LR-1175 (1 c.)	1,500	78.35	4.56	1.46	0.00	108.03	5.89	2.27
Sweet Potato Fries Simplot - LR-1410 (3/4 c.)	1,000	150.00	6.00	0.75	0.00	145.00	23.00	2.00
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Sweet Cherries - LR-1586 (1/2 cup, thawe)	900	45.00	0.00	0.00	0.00	0.00	11.00	1.00
Variety of Juices - LR-1118 (1 ea.)	600	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Marble Cheese Stick - LR-1560 (1 stick.)	1	110.00	9.00	5.00	0.00	200.00	1.00	7.00

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Lunch  
 Site Group: Elementary  
 Menu Line: Regular Lunch  
 Serving Group: K-5  
 Nutrients Option: Expanded

# Menu Calendar Nutrient Analysis Report - December, 2019

Site: ALL  
Date: 12/01/2019 - 12/31/2019