

## Menu Calendar Nutrient Analysis Report - September, 2018

Site: ALL

Date: 09/01/2018 - 09/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week C Tue - ServingDate: 09/04/2018</b>								
Pepperoni Calzone - LR-1024 (1 ea.)	900	280.00	11.00	6.00	0.00	590.00	32.00	19.00
Chicken Drumstick - LR-1038 (1 ea.)	1,200	190.00	11.00	2.50	0.00	450.00	5.00	16.00
Deli Sandwich - LR-1174 (1 ea.)	200	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Banana Muffin - LR-1424 (1 ea.)	1,200	190.00	6.00	2.00	0.00	130.00	30.00	3.00
Salad Bar - LR-1175 (1 c.)	20	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Sweet Potato Fries - LR-1107 (2/3 c.)	35	114.00	4.00	0.70	0.00	168.00	17.40	1.30
Red Apples - LR-1030 (1 ea.)	200	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Mixed Fruit - LR-1066 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, Fresh - LR-1069 (1 ea.)	300	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	300	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week C Wed - ServingDate: 09/05/2018</b>								
Buffalo Chicken Pasta - LR-1189 (1 c.)	500	333.31	17.01	7.44	0.00	767.41	21.62	21.25
Deli Sandwich - LR-1174 (1 ea.)	400	272.64	8.29	3.04	0.00	646.34	29.79	19.90

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<b>Lunch Elem Week C Wed - ServingDate: 09/05/2018</b>								
Mini Corn Dogs - LR-1150 (6 ea.)	1,200	267.00	11.00	1.90	0.00	365.00	33.00	9.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	400	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Mini Pretzel - LR-1094 (1 ea.)	500	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Baked Beans - LR-1177 (1/2 c.)	100	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar - LR-1175 (1 c.)	20	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	700	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week C Thur - ServingDate: 09/06/2018</b>								
Chili with Toppings - LR-1192 (1 c.)	700	283.04	9.50	4.27	0.00	599.54	14.42	29.08
Deli Sandwich - LR-1174 (1 ea.)	300	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Hot Dog Sandwich - LR-1158 (1 ea.)	1,200	280.00	12.00	3.00	0.00	440.00	29.00	12.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	315.20	45.77	8.70

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week C Thur - ServingDate: 09/06/2018</b>								
Cornbread Loaf Mini - LR-1502 (1 ea.)	700	180.00	6.00	0.50	0.00	90.00	28.00	3.00
Buffalo Cauliflower - LR-1379 (1/2 c.)	250	33.02	1.85	0.70	0.00	222.69	4.19	1.40
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR- 1306 (1/2 c.)	400	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week C Fri - ServingDate: 09/07/2018</b>								
Cheesy Fish Sandwich - LR-1149 (1 ea.)	800	400.00	13.00	4.50	0.00	680.00	51.00	19.00
Chicken Patty Sandwich - LR-1139 (1 ea.)	1,200	334.00	10.00	2.50	0.00	558.00	41.00	20.00
Deli Sandwich - LR- 1174 (1 ea.)	300	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Mashed Potatoes - LR- 1196 (1/2 c.)	1,300	147.75	3.56	0.38	0.00	537.13	28.15	3.36
Salad Bar - LR-1175 (1 c.)	1,200	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00

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<b>Lunch Elem Week C Fri - ServingDate: 09/07/2018</b>								
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	600	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pearsauce - LR-1075 (1 ea.)	800	80.00	0.00	0.00	0.00	0.00	20.00	0.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,400	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Tartar Sauce - LR-1323 (1 ea.)	100	45.00	3.50	0.50	0.00	100.00	3.00	0.00
<b>Lunch Elem Week D Mon - ServingDate: 09/10/2018</b>								
BBQ Chicken Sandwich - LR-1156 (1 ea.)	500	315.25	8.00	1.50	0.00	692.13	40.02	20.00
Deli Sandwich - LR-1174 (1 ea.)	200	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	248.80	4.59	0.30	0.00	315.20	45.77	8.70
French Bread Pizza - LR-1089 (1 ea.)	1,600	310.00	11.00	6.00	0.00	380.00	33.00	23.00
Baked Beans - LR-1177 (1/2 c.)	1,000	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00

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<b>Lunch Elem Week D Mon - ServingDate: 09/10/2018</b>								
Diced Pears - LR-1074 (1/2 c.)	400	58.00	0.00	0.00	0.00	0.00	15.00	0.40
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week D Tue - ServingDate: 09/11/2018</b>								
Chicken Nuggets - LR-1141 (5 ea.)	1,800	184.28	10.02	1.64	0.00	332.10	9.62	13.67
Deli Sandwich - LR-1174 (1 ea.)	150	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Meatballs in Gravy - LR-1187 (4 ea.)	400	212.64	12.24	4.11	0.64	696.85	11.20	13.65
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	150	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Egg Noodles - LR-1309 (1/2 c.)	2,500	44.45	3.00	1.19	0.00	28.91	3.54	0.71
Green Beans - LR-1060 (1/2 c.)	1,000	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Sunset Fruit Salad new - LR-1352 (1/2 c.)	500	110.22	0.03	0.00	0.00	13.70	26.34	0.57
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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<b>Lunch Elem Week D Tue - ServingDate: 09/11/2018</b>								
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week D Wed - ServingDate: 09/12/2018</b>								
Mini Maple Pancakes - LR-1072 (1 pkg)	2,400	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Cheese Omelet - LR-1036 (1 ea.)	1,000	120.00	10.00	3.50	0.00	300.00	1.00	7.00
Deli Wrap - LR-1183 (1 ea.)	50	232.64	9.29	4.04	0.00	561.34	20.79	17.90
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	50	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Sausage Patties - LR-1336 (2 ea.)	1,400	120.00	8.00	2.00	0.00	180.00	0.00	12.00
Potato Tator Tots - LR-1411 (1/2 c.)	2,300	144.00	7.60	0.00	0.00	194.00	16.00	1.70
Salad Bar - LR-1175 (1 c.)	200	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	600	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00

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<b>Lunch Elem Week D Thur - ServingDate: 09/13/2018</b>								
Baked Mostaccoli - LR-1194 (1 c.)	1,000	322.45	7.55	3.14	0.00	594.75	33.52	25.44
Ham & Cheese Calzone - LR-1033 (1 ea.)	1,000	280.00	11.00	5.00	0.00	590.00	31.00	19.00
Deli Wrap - LR-1183 (1 ea.)	250	232.64	9.29	4.04	0.00	561.34	20.79	17.90
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	250	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Dinner Roll - LR-1180 (1 ea.)	1,000	120.00	4.00	0.50	0.00	145.00	18.00	4.00
Fresh Broccoli with Dip - LR-1195 (1/2 c.)	1,000	82.00	6.00	1.00	0.00	137.00	7.00	1.00
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR-1076 (1/2 c.)	500	70.00	0.00	0.00	0.00	0.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week D Fri - ServingDate: 09/14/2018</b>								
Cheesy Breadstick - LR-1028 (1 ea.)	1,100	280.00	11.00	6.00	0.00	460.00	30.00	16.00
Deli Sandwich - LR-1174 (1 ea.)	100	272.64	8.29	3.04	0.00	646.34	29.79	19.90

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<b>Lunch Elem Week D Fri - ServingDate: 09/14/2018</b>								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	100	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Flour Tortilla & Toppings - LR-1135 (1 ea.)	1,200	160.25	6.00	3.25	0.00	220.00	20.55	7.02
Candied Carrots - LR-1193 (3/4 c.)	1,500	93.39	3.72	0.52	0.00	118.25	18.85	0.11
Salad Bar - LR-1175 (1 c.)	1,000	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Cinnamon Apples - LR-1210 (1/2 c.)	900	66.59	0.00	0.00	0.00	2.64	17.37	0.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Chicken Taco Meat - LR-1163 (3 oz.)	1,200	97.78	3.00	1.00	0.00(M)	194.78	1.12	15.98
<b>Lunch Elem Week E Mond - ServingDate: 09/17/2018</b>								
Deli Sandwich - LR-1174 (1 ea.)	200	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Grilled Chicken Sandwich - LR-1153 (1 ea.)	600	268.00	8.00	1.50	0.00	511.00	29.00	20.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Pepperoni Pizza - LR-1090 (1 ea.)	1,500	310.00	11.00	6.00	0.00	470.00	30.00	23.00



## Menu Calendar Nutrient Analysis Report - September, 2018

Site: ALL

Date: 09/01/2018 - 09/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week E Mond - ServingDate: 09/17/2018</b>								
Green Peas - LR-1061 (1/2 c.)	1,000	62.00	0.00	0.00	0.00	58.00	11.00	4.00
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	250	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	700	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Strawberries - LR-1198 (1/2 c.)	950	102.14	0.00	0.00	0.00	0.00	26.10	0.00
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week E Tue - ServingDate: 09/18/2018</b>								
Deli Sandwich - LR- 1174 (1 ea.)	300	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Meatball Sub - LR-1200 (1 ea.)	900	337.37	11.42	4.19	0.46	508.97	38.59	18.77
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Turkey & Noodles - LR- 1199 (1 c.)	1,000	210.88	9.44	3.52	0.00	558.20	12.25	16.62
Dinner Roll - LR-1180 (1 ea.)	1,000	120.00	4.00	0.50	0.00	145.00	18.00	4.00
Sliced Carrots - LR- 1105 (1/2 c.)	1,000	27.00	1.00	0.00	0.00	43.00	6.00	0.00
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00

## Menu Calendar Nutrient Analysis Report - September, 2018

Site: ALL

Date: 09/01/2018 - 09/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week E Tue - ServingDate: 09/18/2018</b>								
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Blueberries - LR-1430 (1/2 c.)	500	40.00	0.00	0.00	0.00	2.00	10.00	0.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	300	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week E Wed - ServingDate: 09/19/2018</b>								
California Club Wrap - LR-1204 (1 ea.)	800	206.49	7.12	2.65	0.00	340.76	20.95	16.25
Deli Sandwich - LR-1174 (1 ea.)	300	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Mini Chicken Taco - LR-1106 (3 ea.)	1,100	320.00	14.00	5.00	0.00	480.00	31.00	17.00
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Winter Blend Vegetables - LR-1115 (1/2 c.)	1,000	15.00	0.00	0.00	0.00	11.00	2.20	1.10
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00

# Menu Calendar Nutrient Analysis Report - September, 2018

Site: ALL  
Date: 09/01/2018 - 09/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week E Wed - ServingDate: 09/19/2018</b>								
Mandarin Oranges - LR-1070 (1/2 c.)	500	90.00	0.00	0.00	0.00	15.00	19.00	0.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week E Thur - ServingDate: 09/20/2018</b>								
Deli Sandwich - LR-1174 (1 ea.)	300	272.64	8.29	3.04	0.00	646.34	29.79	19.90
MAXX Sticks - LR-1167 (2 ea.)	1,200	290.00	9.00	3.00	0.00	630.00	36.00	19.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Teriyaki Chicken - LR-1053 (2 7/8 oz.)	700	146.00	2.50	1.00	0.00	414.00	14.00	15.00
Rice Brown Cooked - LR-1422 (1/2 c.)	700	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Edamame - LR-1044 (1/2 c.)	1,000	100.00	4.00	1.00	0.00	5.00	7.00	9.00
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR-1306 (1/2 c.)	600	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00

## Menu Calendar Nutrient Analysis Report - September, 2018

Site: ALL

Date: 09/01/2018 - 09/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week E Thur - ServingDate: 09/20/2018</b>								
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week E Fri - ServingDate: 09/21/2018</b>								
Deli Wrap - LR-1183 (1 ea.)	300	232.64	9.29	4.04	0.00	561.34	20.79	17.90
Fish Nuggets - LR-1168 (4 ea.)	800	230.00	8.00	1.50	0.00	290.00	23.00	15.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Spaghetti w/ Meat Sauce - LR-1208 (1 c.)	1,100	461.77	7.01	2.30	0.00	488.41	71.89	30.55
Garlic Toast - LR-1050 (1 ea.)	2,500	109.63	4.80	1.37	0.00	205.56	15.07	2.74
Caesar Salad - LR-1179 (3/4 c.)	2,000	47.15	2.55	0.35	0.00	109.89	5.57	1.70
Salad Bar - LR-1175 (1 c.)	500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Mixed Fruit - LR-1066 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,400	7.60	0.16	0.02	0.00	63.50	1.28	0.00

## Menu Calendar Nutrient Analysis Report - September, 2018

Site: ALL

Date: 09/01/2018 - 09/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week E Fri - ServingDate: 09/21/2018</b>								
Tartar Sauce - LR-1323 (1 ea.)	100	45.00	3.50	0.50	0.00	100.00	3.00	0.00
<b>Lunch Elem Week F Mon - ServingDate: 09/24/2018</b>								
BBQ Pork Sandwich - LR-1146 (1 ea.)	400	422.71	8.10	2.66	0.00	628.34	54.60	28.94
Deli Sandwich - LR- 1174 (1 ea.)	150	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	150	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Popcorn Chicken - LR- 1207 (14 ea.)	1,800	173.00	8.40	1.40	0.00	349.00	9.60	14.70
Cornbread Loaf Mini - LR-1502 (1 ea.)	1,800	180.00	6.00	0.50	0.00	90.00	28.00	3.00
Broccoli Cuts - LR-1078 (1/2 c.)	1,000	26.00	0.00	0.00	0.00	22.00	5.00	3.00
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Applesauce - LR-1017 (1/2 c.)	1,800	51.00	0.00	0.00	0.00	2.00	13.80	0.20
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00

## Menu Calendar Nutrient Analysis Report - September, 2018

Site: ALL

Date: 09/01/2018 - 09/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week F Tue - ServingDate: 09/25/2018</b>								
Chicken Noodle Soup - LR-1201 (1 c.)	1,100	140.98	2.59	0.83	0.00	303.12	13.36	13.64
Deli Sandwich - LR- 1174 (1 ea.)	300	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Hot Dog Sandwich - LR- 1158 (1 ea.)	800	280.00	12.00	3.00	0.00	440.00	29.00	12.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Saltine Crackers - LR- 1102 (2 pkg)	1,000	50.00	1.50	0.00	0.00	60.00	7.00	1.00
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Whole Kernel Corn - LR-1114 (1/2 c.)	1,000	67.00	1.00	0.00	0.00	1.00	16.00	2.00
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Diced Pears - LR-1074 (1/2 c.)	500	58.00	0.00	0.00	0.00	0.00	15.00	0.40
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
<b>Lunch Elem Week F Wed - ServingDate: 09/26/2018</b>								
Corn Dog - LR-1142 (1 ea.)	1,200	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Deli Sandwich - LR- 1174 (1 ea.)	300	272.64	8.29	3.04	0.00	646.34	29.79	19.90

## Menu Calendar Nutrient Analysis Report - September, 2018

Site: ALL

Date: 09/01/2018 - 09/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week F Wed - ServingDate: 09/26/2018</b>								
Flour Tortilla & Toppings - LR-1135 (1 ea.)	700	160.25	6.00	3.25	0.00	220.00	20.55	7.02
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Southwest Lentils - LR-1459 (1/2 c.)	300	141.37	1.46	0.08	0.00(M)	287.93	22.44	9.17
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	700	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Pineapple Chunks - LR-1076 (1/2 c.)	500	70.00	0.00	0.00	0.00	0.00	16.00	0.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Chicken Fajitas Meat - LR-1171 (1 ea.)	700	118.44	2.54	0.51	0.00	322.84	4.42	16.56
<b>Lunch Elem Week F Thur - ServingDate: 09/27/2018</b>								
Cheeseburger Pasta - LR-1205 (1 c.)	700	327.55	12.53	5.96	0.00	481.98	24.95	26.10
Deli Sandwich - LR-1174 (1 ea.)	300	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Nacho with Toppings - LR-1136 (1 ea.)	1,200	314.03	17.26	5.91	0.00	596.64	33.01	8.91
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	315.20	45.77	8.70

## Menu Calendar Nutrient Analysis Report - September, 2018

Site: ALL

Date: 09/01/2018 - 09/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week F Thur - ServingDate: 09/27/2018</b>								
Dinner Roll - LR-1180 (1 ea.)	700	120.00	4.00	0.50	0.00	145.00	18.00	4.00
Celery Sticks with Dip - LR-1206 (1/2 c.)	1,200	78.50	6.00	1.00	0.00	175.00	7.00	0.50
Salad Bar - LR-1175 (1 c.)	1,300	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Watermelon - LR-1113 (1/2 c.)	1,200	54.00	0.00	0.00	0.00	0.00	13.50	0.81
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Beef Taco Meat - LR- 1134 (3 oz.)	0	132.68	5.45	2.18	0.00(M)	70.91	0.13	17.73
<b>Lunch Elem Week F Frid - ServingDate: 09/28/2018</b>								
Deli Sandwich - LR- 1174 (1 ea.)	200	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Philly Pretzelwich - LR- 1209 (1 ea.)	500	333.42	12.47	5.49	0.00	546.76	33.07	20.15
Cheese Pizza Slice - LR- 1087 (1 ea.)	1,600	310.00	12.00	6.00	0.00	360.00	30.00	22.00
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Sweet Potato Fries - LR-1107 (2/3 c.)	1,000	114.00	4.00	0.70	0.00	168.00	17.40	1.30



## Menu Calendar Nutrient Analysis Report - September, 2018

Site: ALL

Date: 09/01/2018 - 09/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Lunch Elem Week F Frid - ServingDate: 09/28/2018</b>								
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Cinnamon Apples - LR- 1210 (1/2 c.)	900	66.59	0.00	0.00	0.00	2.64	17.37	0.00
Variety of Juices - LR- 1118 (1 ea.)	600	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00

**Legend**

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Lunch

Site Group: Elementary

Menu Line: Regular Lunch

Serving Group: K-5

Nutrients Option: Expanded