

Menu Calendar Nutrient Analysis Report - August, 2018

Site: ALL

Date: 08/01/2018 - 08/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week A Wed - ServingDate: 08/22/2018								
Cheeseburger - LR-1147 (1 ea.)	1,000	320.00	13.00	5.45	0.00	557.00	30.00	20.50
Deli Sandwich - LR-1174 (1 ea.)	300	272.64	8.29	3.04	0.00	646.34	29.79	19.90
General Tso's Chicken - LR-1051 (1/2 c.)	900	200.00	4.00	1.00	0.00	510.00	26.00	14.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Rice Brown Cooked - LR-1422 (1/2 c.)	900	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Baked Beans - LR-1177 (1/2 c.)	1,000	135.56	1.08	0.00	0.00	162.78	26.01	7.58
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	200	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Strawberry Applesauce - LR-1049 (1 ea.)	800	50.00	0.00	0.00	0.00	0.00	14.00	0.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,800	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	400	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Lunch Elem Week A Thur - ServingDate: 08/23/2018								
BBQ Pork Sandwich - LR-1146 (1 ea.)	900	422.71	8.10	2.66	0.00	628.34	54.60	28.94
Deli Sandwich - LR-1174 (1 ea.)	300	272.64	8.29	3.04	0.00	646.34	29.79	19.90

Menu Calendar Nutrient Analysis Report - August, 2018

Site: ALL

Date: 08/01/2018 - 08/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week A Thur - ServingDate: 08/23/2018								
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Turkey, Bacon & Cheese Sandwich - LR- 1160 (1 ea.)	1,000	298.31	8.30	3.25	0.00	681.53	30.00	26.16
Baked Potato - LR-1178 (1 ea.)	1,000	84.50	2.50	0.50	0.00	49.00	13.00	2.30
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Peaches Diced - LR- 1306 (1/2 c.)	700	60.00	0.00	0.00	0.00	5.00	16.00	0.00
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Lunch Elem Week A Fri - ServingDate: 08/24/2018								
Chicken Nuggets - LR- 1141 (5 ea.)	1,500	184.28	10.02	1.64	0.00	332.10	9.62	13.67
Deli Wrap - LR-1183 (1 ea.)	300	232.64	9.29	4.04	0.00	561.34	20.79	17.90
Fettuccine Alfredo - LR- 1162 (2/3 c.)	400	397.95	11.41	6.25	0.00	778.54	52.53	19.51
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Dinner Roll - LR-1180 (1 ea.)	1,900	120.00	4.00	0.50	0.00	145.00	18.00	4.00

Menu Calendar Nutrient Analysis Report - August, 2018

Site: ALL

Date: 08/01/2018 - 08/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week A Fri - ServingDate: 08/24/2018								
Caesar Salad - LR-1179 (3/4 c.)	1,500	47.15	2.55	0.35	0.00	109.89	5.57	1.70
Salad Bar - LR-1175 (1 c.)	1,000	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	500	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Mixed Fruit - LR-1066 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, Fresh - LR- 1069 (1 ea.)	400	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Lunch Elem Week B Mon - ServingDate: 08/27/2018								
Chicken Drumsticks BBQ - LR-1496 (1 ea.)	900	140.00	8.00	2.00	0.00	570.00	6.00	12.00
Deli Sandwich - LR- 1174 (1 ea.)	300	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	300	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Cheese Pizza Slice - LR- 1087 (1 ea.)	1,000	310.00	12.00	6.00	0.00	360.00	30.00	22.00
Breadstick - LR-1364 (1 ea.)	1,000	132.18	1.74	0.00	0.00	160.25	25.00	4.00
Green Peas - LR-1061 (1/2 c.)	800	62.00	0.00	0.00	0.00	58.00	11.00	4.00
Salad Bar - LR-1175 (1 c.)	1,700	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	400	65.00	0.00	0.00	0.00	0.00	18.00	0.00

Menu Calendar Nutrient Analysis Report - August, 2018

Site: ALL

Date: 08/01/2018 - 08/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week B Mon - ServingDate: 08/27/2018								
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
Mandarin Oranges - LR-1070 (1/2 c.)	500	90.00	0.00	0.00	0.00	15.00	19.00	0.00
1% White Milk - LR-1116 (1 ea.)	380	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,700	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	400	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Lunch Elem Week B Tue - ServingDate: 08/28/2018								
Deli Sandwich - LR-1174 (1 ea.)	100	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Grilled Cheese Sandwich - LR-1062 (1 ea.)	1,000	280.00	9.91	5.56	0.00	580.79	30.96	18.55
Hamburger - LR-1151 (1 ea.)	1,200	280.00	10.00	3.70	0.00	417.00	29.00	17.00
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Roasted Butternut Squash - LR-1515 (2/3 c.)	1,000	176.10	6.95	1.31	0.00	282.75	32.95	1.95
Salad Bar - LR-1175 (1 c.)	1,500	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	600	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	1,000	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Mixed Fruit - LR-1066 (1/2 c.)	500	60.00	0.00	0.00	0.00	5.00	15.00	0.00

Menu Calendar Nutrient Analysis Report - August, 2018

Site: ALL

Date: 08/01/2018 - 08/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week B Tue - ServingDate: 08/28/2018								
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	330	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,800	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	350	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Lunch Elem Week B Wed - ServingDate: 08/29/2018								
Deli Sandwich - LR-1174 (1 ea.)	200	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Pizza Sub - LR-1161 (1 ea.)	200	345.70	12.80	4.74	0.00	901.90	33.74	20.07
Tangerine Chicken - LR-1054 (4 oz.)	1,900	190.00	4.00	1.00	0.00	380.00	25.00	14.00
Rice Brown Cooked - LR-1422 (1/2 c.)	200	42.75	0.25	0.00	0.00	1.25	9.25	1.00
Broccoli Cuts - LR-1078 (1/2 c.)	700	26.00	0.00	0.00	0.00	22.00	5.00	3.00
Salad Bar - LR-1175 (1 c.)	1,800	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	200	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	750	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Fruit Ice Cup - LR-1047 (1 ea.)	1,000	115.60	0.00	0.00	0.00	16.51	31.38	0.00
Variety of Juices - LR-1118 (1 ea.)	500	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - August, 2018

Site: ALL

Date: 08/01/2018 - 08/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week B Wed - ServingDate: 08/29/2018								
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Lunch Elem Week B Thur - ServingDate: 08/30/2018								
Crispy Pork Sandwich - LR-1152 (1 ea.)	500	410.00	19.00	5.00	0.00	510.00	39.00	21.00
Deli Sandwich - LR-1174 (1 ea.)	150	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Nacho with Toppings - LR-1136 (1 ea.)	1,700	314.03	17.26	5.91	0.00	596.64	33.01	8.91
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	150	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Refried Beans - LR-1184 (1/2 c.)	1,500	149.42	0.47	0.00	0.00	140.08	27.08	9.34
Salad Bar - LR-1175 (1 c.)	1,000	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Cantaloupe - LR-1035 (1/2 c.)	500	30.00	0.15	0.00	0.00	14.00	7.00	0.80
Variety of Juices - LR-1118 (1 ea.)	800	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	100	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00
Beef Taco Meat - LR-1134 (3 oz.)	1,200	132.68	5.45	2.18	0.00(M)	70.91	0.13	17.73

Menu Calendar Nutrient Analysis Report - August, 2018

Site: ALL

Date: 08/01/2018 - 08/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Lunch Elem Week B Fri - ServingDate: 08/31/2018								
Deli Sandwich - LR-1174 (1 ea.)	100	272.64	8.29	3.04	0.00	646.34	29.79	19.90
Hot Ham & Cheese Sandwich - LR-1159 (1 ea.)	900	306.91	11.26	4.39	0.00	533.62	31.64	19.19
Macaroni & Cheese - LR-1185 (1 c.)	1,300	389.66	18.85	9.79	0.00	752.53	34.69	21.96
Peanut Butter & Jelly Sandwich - LR-1173 (1 ea.)	200	248.80	4.59	0.30	0.00	315.20	45.77	8.70
Mini Pretzel - LR-1094 (1 ea.)	1,300	70.00	0.50	0.00	0.00	100.00	14.00	2.00
Green Beans - LR-1060 (1/2 c.)	500	19.00	0.00	0.00	0.00	1.00	4.00	1.00
Salad Bar - LR-1175 (1 c.)	2,000	73.50	3.83	0.85	0.00	106.82	5.89	2.76
Red Apples - LR-1030 (1 ea.)	300	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	800	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Blueberries - LR-1430 (1/2 c.)	300	40.00	0.00	0.00	0.00	2.00	10.00	0.00
Variety of Juices - LR-1118 (1 ea.)	900	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	200	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	280	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Fat Free White Milk - LR-1429 (1 ea.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	1,900	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	300	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Condiments - LR-1197 (1 pkg.)	2,500	7.60	0.16	0.02	0.00	63.50	1.28	0.00

Legend

(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - August, 2018

Site: ALL
Date: 08/01/2018 - 08/31/2018

Report Selections

Meal Type: Lunch
Site Group: Elementary
Menu Line: Regular Lunch
Serving Group: K-5
Nutrients Option: Expanded