

Menu Calendar Nutrient Analysis Report - August, 2018

Site: ALL

Date: 08/01/2018 - 08/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Breakfast Middle A Wed - ServingDate: 08/22/2018								
Banana Breakfast Bar - LR-1020 (1 ea.)	60	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Cinnamon Roll - LR- 1040 (1 ea.)	35	210.00	7.00	1.50	0.00	20.00	34.00	4.00
Mexican Egg Wrap - LR- 1365 (1 ea.)	45	193.84	8.64	3.38	0.00	283.14	21.11	7.79
Yogurt & Granola - LR- 1122 (1 ea.)	10	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	10	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	30	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	100	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	10	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Middle A Thu - ServingDate: 08/23/2018								
Blueberry Bread - LR- 1362 (1 slice)	35	270.00	9.00	2.00	0.00	190.00	43.00	6.00
CrunchMania - LR-1043 (1 Bag)	50	220.00	7.00	2.00	0.00	230.00	37.00	4.00
Mini Maple Pancakes - LR-1072 (1 pkg)	45	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Yogurt Parfait - LR- 1297 (1 ea.)	20	229.93	1.26	0.00	0.00	98.11	48.07	6.44
Red Apples - LR-1030 (1 ea.)	30	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	40	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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Breakfast Middle A Thu - ServingDate: 08/23/2018								
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Middle A Fri - ServingDate: 08/24/2018								
Bagel with Cream Cheese - LR-1120 (1 ea.)	15	230.00	9.00	5.00	0.00	300.00	30.00	7.00
Banana Breakfast Bar - LR-1020 (1 ea.)	50	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Pancake on a Sticks - LR-1001 (1 ea.)	70	200.00	10.00	2.50	0.00	310.00	17.00	7.00
Yogurt & Granola - LR-1122 (1 ea.)	15	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	40	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR-1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR-1069 (1 ea.)	30	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR-1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR-1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Middle B Mon - ServingDate: 08/27/2018								
Bagel with Cream Cheese - LR-1120 (1 ea.)	10	230.00	9.00	5.00	0.00	300.00	30.00	7.00
Banana Breakfast Bar - LR-1020 (1 ea.)	50	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Chicken Breakfast Sandwich - LR-1126 (1 ea.)	80	196.02	6.50	1.00	0.00	307.05	24.00	11.00
Yogurt & Granola - LR-1122 (1 ea.)	10	180.00	3.50	1.00	0.00	200.00	34.00	5.00

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Breakfast Middle B Mon - ServingDate: 08/27/2018								
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	75	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	40	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Middle B Tue - ServingDate: 08/28/2018								
Banana Bread - LR- 1265 (1 slice)	40	280.00	10.00	2.00	0.00	220.00	44.00	5.00
Strawberry Crisp Bar - LR-1360 (1 Bar)	20	250.00	8.00	2.50	0.00	75.00	41.00	4.00
Waffles Mini Maple - LR- 1442 (1 Bag)	60	200.00	5.00	1.00	0.00	170.00	37.00	4.00
Yogurt Parfait - LR- 1297 (1 ea.)	30	229.93	1.26	0.00	0.00	98.11	48.07	6.44
Red Apples - LR-1030 (1 ea.)	25	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	85	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	40	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Middle B Wed - ServingDate: 08/29/2018								
Apple Texas Toast - LR- 1016 (1 ea.)	70	260.00	6.00	1.00	0.00	290.00	45.00	8.00

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Breakfast Middle B Wed - ServingDate: 08/29/2018								
Banana Breakfast Bar - LR-1020 (1 ea.)	40	280.00	8.00	3.00	0.00	220.00	48.00	5.00
Cinnamon Roll - LR- 1040 (1 ea.)	30	210.00	7.00	1.50	0.00	20.00	34.00	4.00
Yogurt & Granola - LR- 1122 (1 ea.)	10	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	30	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	80	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	40	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Middle B Thu - ServingDate: 08/30/2018								
Blueberry Bread - LR- 1362 (1 slice)	20	270.00	9.00	2.00	0.00	190.00	43.00	6.00
Egg Cheese Breadstick - LR-1463 (1 ea.)	70	160.00	7.00	3.00	0.00	340.00	17.00	8.00
CrunchMania - LR-1043 (1 Bag)	50	220.00	7.00	2.00	0.00	230.00	37.00	4.00
Yogurt Parfait - LR- 1297 (1 ea.)	10	229.93	1.26	0.00	0.00	98.11	48.07	6.44
Red Apples - LR-1030 (1 ea.)	35	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	75	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	40	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Breakfast Middle B Thu - ServingDate: 08/30/2018								
Strawberry Milk - LR-1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Breakfast Middle B Fri - ServingDate: 08/31/2018								
Bagel with Cream Cheese - LR-1120 (1 ea.)	10	230.00	9.00	5.00	0.00	300.00	30.00	7.00
Banana Breakfast Bar - LR-1020 (1 ea.)	60	280.00	8.00	3.00	0.00	220.00	48.00	5.00
French Toast Sticks - LR-1046 (3 ea.)	70	160.00	3.50	1.00	0.00	270.00	23.00	8.00
Yogurt & Granola - LR- 1122 (1 ea.)	10	180.00	3.50	1.00	0.00	200.00	34.00	5.00
Red Apples - LR-1030 (1 ea.)	25	65.00	0.00	0.00	0.00	0.00	18.00	0.00
Banana - LR-1032 (1 ea.)	75	105.00	0.00	0.00	0.00	0.00	27.00	1.00
Variety of Juices - LR- 1118 (1 ea.)	150	60.00	0.00	0.00	0.00	10.50	14.90	0.10
Oranges, Fresh - LR- 1069 (1 ea.)	50	60.00	0.00	0.00	(M)	0.00	15.00	1.00
1% White Milk - LR- 1116 (1 ea.)	15	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Milk - LR- 1103 (1 ea.)	120	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Strawberry Milk - LR- 1104 (1 ea.)	15	110.00	0.00	0.00	0.00	125.00	19.00	8.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Breakfast

Site Group: Middle

Menu Line: Regular Breakfast

Serving Group: 6-8

Nutrients Option: Expanded